

| Date | Start Time | End Time | Title | English Synopsis |
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| 20240901 | 05:05:00 | 06:00:00 | THE RED LIST - RHINOS | Since 2008 poachers have killed at least 5,940 African Rhinos... Rhino poaching is currently at a crisis point. By the end of 2015, the number of African Rhinos killed by poachers had increased for the sixth year in a row with at least 1,338 Rhinos killed by poachers across Africa in 2015. These statistics are compiled by International Union for Conservation of Nature (IUCN) Species Survival Commission's African Rhino Specialist Group (AfRSG). We head to the heart of the problem in South Africa, where we meet ordinary people going to extraordinary lengths to protect this species. 08 poachers have killed at least 5,940 African Rhinos... |
| 20240901 | 06:00:00 | 06:50:00 | DRONE WARS EP 10 | Competitors must design a drone that will catch a fish! |
| 20240901 | 06:50:00 | 07:35:00 | VISITING - COLOR | Color: "The quality of an object or substance with respect to light reflected by the object, usually determined visually by measurement of hue, saturation, and brightness of the reflected light; saturation or chroma." A very robotic description of an incredibly dynamic property of the universe. Earth is a varied landscape of extremes of millions of colors. Through the lens of the "Visitor" we experience our mosaic landscape from a sense of imagination and wonder. "Why do these colors exist?" "What properties in nature create the conditions that these colors live in?" Using a scientific and artistic viewpoint we explore environments around the world that display the palette of the Earth. Life and Death, artificial and natural, the colors of the Earth exposes the kaleidoscope of this planet like never before... |
| 20240901 | 07:35:00 | 08:00:00 | THE GLOBAL BARBER: NICKEL BROOK BREWING CO. / VINTAGE CAR CO. & BARBERSHOP - BURLINGTON, ONTARIO | The Global Barber visits Burlington, Ontario to hang-out with John Romano Founder of Nickel Brook Brewery and Jerry Filice of Village Cigar Co. & Barbershop. The guys all taste some unique, craft beers at Nickel Brook Brewing Co. #CafeDelBastardo #HeadStock #Metalhead. Then, Cedric and the crew head to Bad Axe Throwing for some fun, before heading to Jake's Grill & Oyster House for the area's best seafood! |
| 20240901 | 08:00:00 | 08:35:00 | EXOTIC ANIMAL MEAT IN TEXAS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240901 | 08:35:00 | 09:20:00 | ROAD LESS TRAVELED: RECAP | Season recap; once again, as is tradition, Jonathan recounts the tale of the season. From disasters to blunders to genuine moments, he meticulously goes through what he learned, revealing never before seen clips, shares his lessons learned, and much more! |
| 20240901 | 09:20:00 | 10:10:00 | SOUTH SEAS SPEARO - EP 4 | The team heads to Vava'u, the northernmost island chain of Tonga, for a week of open ocean bluewater spearfishing. The main target is giant dogtooth tuna, as well as the trophy bluewater pelagics. |
| 20240901 | 10:10:00 | 10:55:00 | PHOTO NUMBER 6, EP 7 | We leave the bright lights of Vegas and head for the scenic splendor of UTAH. First stop is the Dixie Rodeo in St George for a celebration of Americana and intense cowboy action. The dismay continues in an exploration of Ice Hockey at the training ground for the UTAH Grizzlies where Fletch is asked to be guest goalie for the day. The road trip ventures south to Monument Valley where Fletch fulfills a lifetime dream to photograph the magnificent scenery and meet with local Navajo residents to explore their connection with the land. |
| 20240901 | 10:55:00 | 11:25:00 | INDIA'S MEGA STREET FOOD FACTORIES. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240901 | 11:25:00 | 11:50:00 | BLUE WORLD - EXPLORING DEVIL'S HOLE CAVE IN NEVADA, USA | Would you believe that one of the largest aquifers in the United States is located directly beneath Death Valley? In the Season 6 premiere, Blue World is invited to join a team of scientists working at Devil's Hole Cave in Nevada and is afforded a once-in-a-lifetime permit from the National Park Service to dive in Devil's Hole Cave. Fewer than 20 people have ever been allowed to dive in this otherworldly cave system. |
| 20240901 | 11:50:00 | 12:20:00 | STREET FOOD BOSSES OF HONG KONG. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240901 | 12:20:00 | 12:45:00 | BLUE WORLD - MUCK DRIVING IN FLORIDA + ICELAND... THE WORLD'S CLEAREST WATER | Jonathan travels to Iceland to investigate a giant crack in the ground filled with frigid runoff from melting glaciers. It's rumored to be the clearest water in the world. Next, he heads down to sunny Florida, not to dive a coral reef or a spectacular shipwreck, but to dive in shallow, murky water under a busy bridge. This secret spot is home to some of the ocean's most remarkable, and weird, animals. |
| 20240901 | 12:45:00 | 13:10:00 | BLUE WORLD A RED SEA EXPEDITION | It's a Red Sea expedition! Blue World explores the reefs, and marine life of the Red Sea, both during the day, and at night. And you can't go to Egypt without a trip to the pyramids. It's a desert adventure! |
| 20240901 | 13:10:00 | 13:55:00 | BREAKING THE DAY, STREET ARTIST | With patrons like skateboarder Tony Hawk and hip-hop producer Swizz Beatz, Alex Yanes is a successful artist by any measure. But his latest piece is about more than making art for sale; it's about making art to give his daughter a better future. |
| 20240901 | 13:55:00 | 14:20:00 | AT HOME WITH DIDIAYER - THE BEST OF ART, EP 11 | On this special edition of AHWD, we serve up some of our favorite dishes created and prepared by celebrated chefs! |
| 20240901 | 14:20:00 | 14:45:00 | THE GLOBAL BARBER: WAHL EDUCATORS - TORONTO, CANADA | Ontario had just entered in to Phase 3 of the pandemic with barbershops and salons beginning to open. The Global Barber visits Fratelli's Salon in Thornhill, Ontario, to chat with the Education team from Wahl Canada, about their recommendations for self-care, during this challenging time of lockdowns. |
| 20240901 | 14:45:00 | 15:30:00 | CONFUCIUS WAS A FOODIE - SOUR, S3 EP 3 | According to science humans are the only mammals that are attracted to sour. Chinese medicinal believes says that 'sour' can help digestion and whet the appetite. In 3 traditional Chinese cuisines it is often used for balance but in south East Asian versions of Chinese dishes it is often quite forward even becoming part of the name of a dish particularly in traditional Peranakan Chinese cuisines. A cuisine (and a people) that Christine discovers for the first time. Christine joins Malaysian celebrity Chef Wan for a one of a kind experience, cooking in a traditional old Peranakan kitchen and making the food of Chef Wan's heritage. |
| 20240901 | 15:30:00 | 16:15:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our <u>travel series, which really turned out to be a Dream Journey.</u> I simply cannot wait for |
| 20240901 | 16:15:00 | 16:50:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240901 | 16:50:00 | 17:40:00 | ISLAND HUNTER - CALIFORNIA, EP 9 | A unique episode in it's own right, this episode features a road trip through California, Island Hunter style; however, the focus this time around is not necessarily on luxury, it's more about adventures and explorations on the road. Host Sophie Ashley tours around the Golden State, making stops in iconic destinations like San Francisco, Los Angeles, Monterey, and Santa Barbara. Her ride for the episode, true to the Island Hunter style is the iconic Aston Martin DB11 Volante; Whether it's hiking around the Golden Gate, top down on Highway 1, exploring wineries or chowing down tacos at a food truck in Los Angeles, this is the ultimate road trip through California! |
| 20240901 | 17:40:00 | 18:25:00 | ROAD LESS TRAVELED - SPECIAL, EP 10 | In this special, Jonathan Legg recounts his favorite moments, mishaps including getting arrested in Russia, but this episode is a bit different; In this special Jonathan places a particular emphasis on lessons learned; insight and knowledge as well as experiences gained on the Road less Traveled. |

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| 20240901 | 18:25:00 | 19:20:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240901 | 19:20:00 | 20:05:00 | INK THERAPY EP 13 | Old friends meet again and Katie is in for a few surprises in the season finale. |
| 20240901 | 20:05:00 | 21:00:00 | FOOD UNKNOWN - FINLAND, EP 2 | Finland is that one Nordic country that is never on the global cuisine radar. However, the reserved Finns have been quietly perfecting their craft of foraging culture and incorporating it into their unique cuisine. Jonathan Legg explores the entire expanse of the country to understand it's cuisine, and the ethos of the country's top chefs; from amazing locally sourced cuisine in Helsinki, to an expedition in Lapland to learn about foraging and the Finnish delicacy, reindeer! |
| 20240901 | 21:00:00 | 21:45:00 | INK THERAPY EP 11 | Linked by ink. Gil invites cast for album reveal. The return of a caterpillar's friend to get her first tattoo and Brandie's friend covers a painful scar after 30 years |
| 20240901 | 21:45:00 | 22:30:00 | INK THERAPY EP 12 | After 8 years of an "Ink Therapy" journey, Charlie's going to finally cover Brandie's last burn scar. |
| 20240901 | 22:30:00 | 23:20:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240901 | 23:20:00 | 23:55:00 | SUPER RARE KENYAN VILLAGE FEAST. FIRST TIME CAUGHT ON CAMERA. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240901 | 23:55:00 | 00:20:00 | THE GLOBAL BARBER: WEST PARK BARBERSHOP - CLEVELAND, OHIO, USA | The Global Barber visits West Park Barbershops in Cleveland, Ohio, USA. Host Cedric Small chats with multi-award winning Master Barber Patrick Burke about his start in the business, and how he's grown to own several businesses. While visiting Cleveland, Cedric checks-out the Rock & Roll Hall Of Fame's latest exhibits, and visits P.J. McIntyre's Irish Pub for some pints and a bite to eat. |
| 20240902 | 00:20:00 | 01:05:00 | PHOTO NUMBER 6, EP 4 | In Paris Fletch explores the city's hidden secrets with photographer Patrick Colpron, including a clandestine tour of an abandoned railway line that encircles the city. With the help of wedding photographer Pierre Torset, Fletch and Stig set about understanding why Paris is renowned as the City of Love and immerse themselves in the city's vibrant art scene with a visit to 59 Rivoli Artist Studios. Finally, no visit to France could be complete without a jaunt to Champagne for a feast fine food, wine and chocolate. |
| 20240902 | 01:05:00 | 01:30:00 | HOW IT'S MADE - THE CAR FACTORY, EP 3 | In the third episode of the set we visit Pruszków, near Warsaw, to see one of the most unusual scrap yards in the world. It's a place where elements of scrap metal are turned into unique works of art. The owner of the scrap yard, Mariusz Olejniczak, driven by his passion, has gathered together a unique collection of sculptures of the world's most iconic vehicles. |
| 20240902 | 01:30:00 | 02:25:00 | DRONE WARS - EP 3 | Teams must equip drones with poles able to grab rings attached to field goal posts. The top two teams compete in a medieval joust tournament for the top stop. |
| 20240902 | 02:25:00 | 03:20:00 | GOING BEYOND - KOH CHANG, EP 3 | We will get acquainted with the island of Koh Chang! Hitchhike in one of the biggest extreme-parks on the island and we'll have a lot of fun! We'll meet friendly elephants and take part in a photo session! Then we'll have a look at one of the coolest Thai boxing clubs and practice there with the masters of the sport. |
| 20240902 | 03:20:00 | 04:15:00 | THE ETHIOPIA: THE MYSTERY OF PHALLIC STONES | End of 2017, in Southern Ethiopia: a team of European and Ethiopian archeologists is at work on a newly discovered Megalithic site ten times bigger than the site of Stonehenge. In a steep constriction of the Rift Valley, several thousand large monoliths in unmistakable phallic forms can be found intact. Dating from 10th till 13th Century AD, their origin appears to be all the more mysterious. Find out the secrets of a lost civilization in the very heart of Ethiopia. |

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| 20240902 | 04:15:00 | 05:00:00 | DREAM JOURNEY EP 4 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our <u>travel series, which really turned out to be a Dream Journey</u> ! I simply cannot wait for |
| 20240902 | 05:00:00 | 06:00:00 | BREAKING THE DAY - EAGLE HUNTER, EP 3 | Sailau is one of the last Mongolian eagle hunters, a proud group of people who spend years bonding with their birds. But at 66 years old, Sailau must pass his knowledge on to the next generation, or this tradition may be lost forever. |
| 20240902 | 06:00:00 | 06:25:00 | BLUE WORLD COZUMEL & BAHAMAS | In the tropical paradise of Palau, the Blue World team explores World War II era shipwrecks. Then they travel to the Philippines in search of one of the rarest cephalopods in the world: the Mimic Octopus. |
| 20240902 | 06:25:00 | 07:00:00 | ASIA'S SCARIEST FOOD & WHERE TO FIND IT. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240902 | 07:00:00 | 07:45:00 | ISLAND HUNTER - BALI, EP 1 | Island Hunter is your insiders look into exotic island destinations around the world. Where to go? What to see? Island Hunter shows you how - Find the best spots to party, the hippest bars and lounges, the most luxurious resorts, and of course, the unique cuisines that define each of these paradise destinations. The host for every episode will be your conduit to getting an encyclopedic knowledge about the island; local cultures, secret hotspots, and much more! |
| 20240902 | 07:45:00 | 08:10:00 | HOW IT'S MADE - THE YACHT YARD, EP 1 | The series "How Do They Make It" is a journey into the world of complex mechanisms surrounding contemporary man. It's a story about places where exceptional things are being created to make our travel, communication, work, and life easier. In every program, we visit a new place. Our series is about creating unique products but also about the commitment, passion, and work of the people who create them. Each set consists of five episodes about the most interesting production micro-worlds and their operations. The themes of the sets are very diverse – ranging from the big car factory to the traditional glassworks. In the first episode of this set, we visit one of the biggest Polish yacht yards - Northmann shipyard in Węgorzewo. This shipyard produces the popular sailing yachts Maxus and motorized yachts Nexus. In the program, we talk about designing and building yachts. We then show the subsequent stages of their production process, we meet the people who make them and who sail in them. The episode will also have a special guest, namely Szymon Kuczynski – who has sailed round the globe in the smallest, six-meter Maxus 22 yacht, produced at this shipyard. |
| 20240902 | 08:10:00 | 09:05:00 | ROAD LESS TRAVELED MONTENEGRO | The land of mountains and pristine lakes! In this episode, Jonathan gets on a motorcycle to explore the countryside. He embarks on a Don-Quixote type journey, alluding to the origin story of author Miguel Cervantes and his 'supposed' stint in Montenegro, in a jail cell. Jonathan rides down the fantastically beautiful Kotor bay, learning about medieval armor and the city's history. While on his road trip, Jonathan also uncovers Tito's secret bunker, fully exploring the lavish estate on his own whims - as well as abandoned submarine silos, hidden bunkers from the Soviet era, and much more. No trip to Montenegro is complete without a visit to the countryside, this is where Jonathan comes across authentic cuisine, and a rescue mission with volunteers that patrol the harsh but beautiful mountains of Montenegro. |
| 20240902 | 09:05:00 | 09:55:00 | SKYSCRAPER IN 51 DAYS | A 40-meter high, 14-story apartment complex - erected in just 51 days. A construction boom in the Russian capital has been going on for years now. In 2017 the government decided to tear down communist apartment blocks (infamous for shoddy construction): around 4,000 buildings from the 1950s and 1960s are being replaced with modern high-rises. A politically significant infrastructure program - the pressure on construction companies is high. |
| 20240902 | 09:55:00 | 10:20:00 | BLUE WORLD GRAND CAYMAN & FLORIDA | In Florida, Blue World joins a shark researcher investigating the mysterious gathering of thousands of Blacktip sharks every spring, just offshore. Then Jonathan takes his family on a Grand Cayman diving trip where they meet stingrays and sea turtles. |

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| 20240902 | 10:20:00 | 11:15:00 | HORSES | No other animal has influenced our lives as much as the horse. Our entire history is indivisibly linked to this animal. This documentary portrays a relationship that goes far beyond what we imagine. Although the use of horses has fallen drastically since the start of the Industrial Revolution, our hearts still beat as one; when we look through their eyes we see ourselves. When we think of free- dom... of harmony... of beauty... of nobility... of strength... of speed... we think of horses as a reference point... HORSES |
| 20240902 | 11:15:00 | 11:40:00 | BLUE WORLD PALAU | The Blue World team travels to Palau on an adventure to explore reefs teeming with life, plus a mysterious lake filled with thousands of harmless non-stinging jellyfish. |
| 20240902 | 11:40:00 | 12:25:00 | EXTREME VIETNAMESE STREET FOOD. SURVIVING VIETNAM PART 1 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240902 | 12:25:00 | 12:50:00 | BLUE WORLD HUNTING FOR MEGALODON SHARK TEETH + AN UNDERWATER CORAL FARM IN THE CARIBBEAN | Blue World heads to a dark, murky river in South Carolina to hunt for Megalodon shark teeth on the river bed. It's some of the most dangerous, spooky diving ever! Then we travel to the warm, clear waters of Bonaire to volunteer on an underwater coral farm. |
| 20240902 | 12:50:00 | 13:35:00 | BREAKING THE DAY - SADDLE BRONC RIDER, EP 5 | The only female professional bronc rider in the world, Kaila Mussell is constantly defying the odds. But two years after breaking her neck in competition, Kaila is preparing to defy the longest odds of her life: getting back on the horse. |
| 20240902 | 13:35:00 | 14:00:00 | AT HOME WITH DIDIAYER - UTAH: LIFE ELEVATED, EP 9 | Life is Elevated in the great state of Utah! Didiayer goes food foraging and uncovers the history of the surrounding rock formations in Moab. Then, Christopher takes a memorable journey down the Colorado River! |
| 20240902 | 14:00:00 | 14:25:00 | THE GLOBAL BARBER: NIAGARA BARBER COMPANY - NIAGARA FALLS, NEW YORK, USA | The Global Barber visits The Niagara Barber Co. in Niagara Falls, New York, USA to work with Owner - Brad Inzinga and his crew for the day performing cuts and shaves for the local businessmen and students. After the work day is done, Cedric and the Niagara Barber Co. crew all head over to Rock Burger for a taste of the biggest burgers they've ever seen! |
| 20240902 | 14:25:00 | 15:10:00 | CONFUCIUS WAS A FOODIE - SALTY, S3 EP 1 | Most salt in Asia is produced through the evaporation of seawater in coastal areas. This episode sees Christine learning firsthand the very challenging 'how to' of harvesting sea salt in Thailand's dramatically beautiful salt fields. Cushing visits the area's most unusual market that is regularly disrupted by the MaeKlong Railway going right through it's center! She cooks alongside chefs preserving traditional Chinese cuisine in Bangkok and at Singapore's oldest Chinese restaurant, Spring Court, Christine discovers Singapore Chinese cuisine and meets with culinary legend; Madam Soon. |
| 20240902 | 15:10:00 | 15:55:00 | DREAM JOURNEY - CUNCUM - MEXICO, EP 1 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey! I simply cannot wait for |
| 20240902 | 15:55:00 | 16:25:00 | BONDI BOARDRIDERS | The Bondi Board Riders Club is what Australian sport is all about. |

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| 20240902 | 16:25:00 | 17:15:00 | ISLAND HUNTER - HONG KONG, EP 5 | Hong Kong is Asia's world city and this episode is a complete 360 from the melee of tropical island paradises. Hong Kong is famous for its skyscraper strewn skyline and in this episode, local girl Lesley Chiang is on a mission to show a different side of Hong Kong. Her journey starts off in Hong Kong bay where she gets a taste of the 5 star life at the Ritz Carlton. Pampering at the 108th floor spa, dining at Michelin 2 star rated Ting Lung Heen, and beyond! Lesley checks out the art scene of Soho, and PMQ, an establishment geared towards Hong Kong's budding arts and crafts talent. At night time local nightlife expert Johannes Pong shows Lesley the wild side of town as they bounce around the latest bars and clubs. When it's time to chow, Jowett Yu, a rising star in the culinary world shows Lesley his favorite hometown hang outs; roast geese to yummy sea food bites. Taking a break from Hong Kong island, Lesley also checks out the nearby Lantau island where she gets a taste of zen; from Hiking on the lantau trail to seeing the Tian tan Buddha - this feeling of zen continues as she checks out the colonial landmark turned boutique resort Tai O. It's an episode of fast paced modern life top |
| 20240902 | 17:15:00 | 18:05:00 | ROAD LESS TRAVELED - MEXICO, EP 8 | A continuation from the previous episode, Jonathan Legg's Mexico adventure takes a new turn; the continuous pumping of Mexico's lakes has caused not only a water shortage, but a seismic issue. He pinballs around the vast city to gain an understanding into this complex issue; a quest that leads him to NGOs to innovative solutions that can shed a light on this issue. Finally, he wraps up his adventure in the beautiful remote village of Oaxaca province where he undergoes a sacred mushroom ritual, administered by the same tribe that brought this knowledge and sacrament to worldwide attention. |
| 20240902 | 18:05:00 | 18:35:00 | A DIFFERENT KIND OF TEXAS BBQ. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240902 | 18:35:00 | 19:30:00 | GOING BEYOND - CHIANG MAI AND KOH PHANGAN, EP 5 | Going Beyond keeps on exploring Thailand. Next destination - Chiang Mai! We will meet unique tribe, in which women wear heavy pieces of iron instead of beads. We will observe a manufacturing process of a celadon - a rare type of ceramics. Moreover, we will surely tap into this process. Then we will head to the famous island of Koh Phangan to get to the most vibrant event of the month - a Full Moon Party, to see thousands of party animals getting hammered. And then we'll see them cleansing their souls after the feast... And bodies as well. Participating in mysterious rituals where shamans burn small holes in their clients' skin to inject the frog venom under it. |
| 20240902 | 19:30:00 | 20:15:00 | INK THERAPY - EP 1 | Meet the cast and staff at "Charlie's House of Tattoos". Starring ink masters, Charlie Hyde and Gil Canales, led by Brandie Phillips, Tina Behrens and Katie Behrens, we discover what makes them family and what inspires "Ink Therapy" |
| 20240902 | 20:15:00 | 21:00:00 | INK THERAPY - EP 2 | Charlie receives box seat tickets to a Dodger Game and can only take one extra person. Charlie relies on his favorite past time to pick the lucky winner |
| 20240902 | 21:00:00 | 21:25:00 | RVERS EP 9 | International RVing: Peter and John explain several of the unique aspects of RVing from driving to electrical to sewer while on a beautiful journey through Italy. RV Etiquette: Tom and Cait hilariously cover a pretty thorough list of very helpful "Do's" and not-so-nice "Don'ts" in this can't miss segment! On-The-Road: Heath and Alyssa Padgett (and their very special new addition) |
| 20240902 | 21:25:00 | 21:50:00 | RVERS EP 10 | RVing with Friends: Spending time with friends is great. But camping with them is pretty darn close to living together. The Geeks and Mortons find a way to strike a balance without striking each other! RV Electrical: Tom and John explain the basics of how different parts of the RV use power and how the sources of that power manage to keep up to the demand. Towing 101: Peter learns about the various ways RVers can bring their family car along for the ride. On-The-Road: Adam and Celine of The RVers Family |
| 20240902 | 21:50:00 | 22:40:00 | SOUTH SEAS SPEARO - EP 1 | Nat, Rochele and Tim embark on a mission to the remote Wanganella Banks, with the lofty aim of claiming a couple of new world records. But if finding a 100kg+ striped marlin sounds hard enough, stopping one is another matter altogether! |

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| 20240902 | 22:40:00 | 23:25:00 | THE RED LIST - AFRICAN PENGUINS | RhinThe African Penguin has been shifted from Vulnerable to Endangered on the IUCN Red List of Threatened Species, Birdlife International announced. African Penguins have been sliding towards extinction since industrial fishing started around the Cape. The last four years have seen a population crash. As the climate changes and fisheries transform the oceans, the world's African Penguins are in trouble. Young Penguins aren't able to take all the changes into account and are finding themselves 'trapped' in parts of the sea that can no longer support them even as better options are available.o poaching is currently at a crisis point. By the end of 2015, the number of African Rhinos killed by poachers had increased for the sixth year in a row with at least 1,338 Rhinos killed by poachers across Africa in 2015. These statistics are compiled by International Union for Conservation of Nature (IUCN) Species Survival Commission's African Rhino Specialist Group (AfRSG). |
| 20240902 | 23:25:00 | 23:50:00 | EXTREME SYRIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240902 | 23:50:00 | 00:25:00 | EXOTIC IRANIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240903 | 00:25:00 | 00:50:00 | HOW IT'S MADE - THE CAR FACTORY, EP 3 | In the third episode of the set we visit Pruszków, near Warsaw, to see one of the most unusual scrap yards in the world. It's a place where elements of scrap metal are turned into unique works of art. The owner of the scrap yard, Mariusz Olejniczak, driven by his passion, has gathered together a unique collection of sculptures of the world's most iconic vehicles. |
| 20240903 | 00:50:00 | 01:45:00 | DRONE WARS - EP 1 | Seven teams of two come from all over the world to compete. Their first challenge is designing a drone that guides them through a giant maze. |
| 20240903 | 01:45:00 | 02:40:00 | GOING BEYOND - BANGKOK, EP 1 | Going Beyond is wanderlust-filled hitchhiker Mariia Khandus's new travel project. She's journeyed around the world. Everybody knows that Thailand, Vietnam, and Indonesia are great places to relax with wonderful beaches and delicious fruits! But what do you know about the local people? The expats? About the real lives of those living in these exotic countries? In our trip we will discover it all, together! We visit the non-touristy places and show you the real Indochina! This is a set of stories of different people, through the prism of whom we show life in a country. It is a collection of diverse achievements, experiences and emotions. We are looking for the most interesting stories for you to keep expanding your own consciousness. Unbelievable panoramic views, interesting people, exciting stories and adventures – you'll see all of this in our travel show, Going Beyond! We will visit the Kingdom of Thailand and - most importantly - the city of Bangkok. We'll learn all about the authentic Thai massage, meet one of the most accomplished marathon runners in the world - who recently ran five thousand kilometers, see one of |
| 20240903 | 02:40:00 | 03:30:00 | GIANT RAILWAY | This 4K mini-series follows the largest and most impressive structures from around the world. The location: somewhere in India. The weather: steaming hot. Not your ideal preconditions for an outdoor project of impossible proportions: constructing a railway underpass in five hours. Is it even possible to build a complete railway underpass in that short amount of time? Provided 150 workers, six excavators, and two heavy-duty cranes, all work in perfect coordination and planning, it is. |
| 20240903 | 03:30:00 | 03:55:00 | BLUE WORLD A RED SEA EXPEDITION | It's a Red Sea expedition! Blue World explores the reefs, and marine life of the Red Sea, both during the day, and at night. And you can't go to Egypt without a trip to the pyramids. It's a desert adventure! |
| 20240903 | 03:55:00 | 04:20:00 | BLUE WORLD - EXUMA ISLANDS & MEXICO | In the Exuma Islands, Blue World experiences swimming pigs before exploring an underwater cave that vanishes under an island. Then they travel to the waters of Mexico to investigate reef sharks sleeping in caves...unknown anywhere else in the world. |

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| 20240903 | 04:20:00 | 04:55:00 | SURVIVING MANILA. PART 2 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240903 | 04:55:00 | 06:00:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240903 | 06:00:00 | 06:25:00 | THE GLOBAL BARBER: HAIR OF THE DOG BARBER & PUB - KINGSTON, ONTARIO, CANADA | The Global Barber visits Kingston, Ontario, Canada with "Hair Of The Dog" Barber & Pub Co-Owner Luke Chambers, for a couple days. Episode features the team all working together before heading to Union Kitchen & Cocktails for dinner and drinks. The boys from The Bearded Villains drop-in for a touch up, and later in the episode, Cedric and Luke take a bird's eye view of the area with 1000 Island Helicopter Tours. |
| 20240903 | 06:25:00 | 07:20:00 | FOOD UNKNOWN - FINLAND, EP 2 | Finland is that one Nordic country that is never on the global cuisine radar. However, the reserved Finns have been quietly perfecting their craft of foraging culture and incorporating it into their unique cuisine. Jonathan Legg explores the entire expanse of the country to understand it's cuisine, and the ethos of the country's top chefs; from amazing locally sourced cuisine in Helsinki, to an expedition in Lapland to learn about foraging and the Finnish delicacy, reindeer! |
| 20240903 | 07:20:00 | 08:05:00 | CONFUCIUS WAS A FOODIE - SPICY, S3 EP 5 | Despite popular belief 'spicy' in Chinese cuisines is not always hot! In various Chinese cuisines, spices are complex and varied. Chef Christine visits the Malaysian island of Penang, a location historically important to the story of spice trade with TV celebrity Che Wan for a fun and fact filled visit to the Tropical Spice Garden. At a picturesque mountain top plantation, they pick nutmeg and discover the unique uses of the fruit/spice particular only to this Malaysian island. |
| 20240903 | 08:05:00 | 08:55:00 | 600 POUND WATER BUFFALO | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240903 | 08:55:00 | 09:50:00 | ROAD LESS TRAVELED CARIBBEAN SPECIAL | Jonathan's Caribbean adventure starts in the US Virgin islands - a complete touristy haven, Jonathan digs deep to find the hidden stories of the islands. From the inception of the transatlantic slave trade right in the islands, linked to the production of sugar; Jonathan seeks out the story of the original island inhabitants, the Taino. A deep hike into the jungle reveals Taino Petroglyphs, and the story pivots to the Dominican Republic. In the DR, Jonathan tracks down the modern day Taino descendants, partakes in ceremonies, and starts a new adventure to learn the modern story of DR; Hanging out with tobacco dons, hunting the elusive lionfish, learning bachata, Jonathan pin balls around Dominican Republic learning the island nation's stories found only on the road less traveled. |
| 20240903 | 09:50:00 | 10:40:00 | ISLAND HUNTER - PUERTO RICO, EP 4 | Puerto Rico is one of the most popular vacation destinations for Americans, and it's easy to see why; everyone speaks English, it's easy to get to, and of course, it's still a part of the US! Host Liesel Hlista starts off her journey with a goal to feel at one with herself and the best way to do that is with a stint of yoga, atop a paddleboard. SUP yoga! Feeling centered, she begins exploring the island by taking a very detailed walking historical tour as well as a food tour. Bouncing around cantinas and trying out slushy drinks made with the local Don Q rum, Liesel gets a unique insight into old San Juan. To step up the action, Liesel also explores all the hands-on activities such as riding horseback on the beach, riding ATV's through the muddy swamps, and hiking through the super lush El Yunque rainforest. Luxurious resorts are only a stone's throw away - hopping islands, Liesel gets to experience the ultra modern and chic El Blok located in Vieques. Between stays at all the luxury boutique resorts, a common trend starts to appear, and that is the island's cuisine. Spanish influences, blended with American fine dining. Liesel gets a taste of the eclectic but high end cuisine spanning from top resorts |
| 20240903 | 10:40:00 | 11:30:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |

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| 20240903 | 11:30:00 | 12:00:00 | ASIA'S TOUGHEST WOMEN. COOKING EXOTIC MONGOLIAN FOOD NEVER SEEN BEFORE. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240903 | 12:00:00 | 12:25:00 | BLUE WORLD - GIANT PACIFIC OCTOPUS | In this epic octopus adventure, Jonathan visits two aquaria to learn about the Giant Pacific octopus, and then travels to Seattle, Washington (USA) to join the Seattle Aquarium dive team on an octopus survey. He meets the Giant Pacific Octopus, the world's largest octopus, and discovers how clever this huge invertebrate really is! |
| 20240903 | 12:25:00 | 12:50:00 | BLUE WORLD - TIGER SHARKS IN THE BAHAMAS + CRYSTAL CAVE OF ABACO, BAHAMAS | In the series pilot, host Jonathan Bird travels to the Bahamas, where diver interactions with Tiger sharks have become up close and personal. These large and dangerous animals are not only being hand-fed, but actually handled by divers. Jonathan learns how to flip a Tiger shark from experienced shark handlers. Next, Jonathan investigates the Crystal Cave of Abaco, Bahamas...considered the most highly-ornamented underwater cave in the world! |
| 20240903 | 12:50:00 | 13:15:00 | BLUE WORLD, THE AMAZING COMEBACK OF GRAY SEALS + SHARK PERFORMANCES IN THE PHILIPPINES | Gray seals look like cute swimming puppy dogs, and their story of recovery from the brink of extinction is one of the best examples of conservation in history. Blue World joins a team of seal researchers on Cape Cod, and dives with these adorable pups of the sea to tell their story. Then we travel to the town of Oslob in the Philippines, where the local people have switched from hunting whale sharks to getting them to perform for tourists, proving that sharks are worth more alive than dead. |
| 20240903 | 13:15:00 | 14:00:00 | BREAKING THE DAY - ADVENTURE PHOTOGRAPHER, EP 6 | As a nomadic adventure photographer, Krystle Wright is used to heading into the unknown. But her latest ambition to capture a rock climber on the famous Tasmanian spire, the Totem Pole, while suspended above the ocean, has never been done before. |
| 20240903 | 14:00:00 | 14:45:00 | PHOTO NUMBER 6, EP 8 | Fletch and Stig explore the diversity of this extraordinary North African country by journeying from Sea to Sand, beginning in the port of Essaouria, dominated by it's fishing industry and fortress battlements and made famous by the television series Game of Thrones and ending in the magnificent Sahara Desert to meet Bedouin nomads and explore its vast emptiness and lush oases. Along the way they take in the vibrant tourist mecca of Marrakesh, sampling the culinary and sensory delights of this magical city. |
| 20240903 | 14:45:00 | 15:30:00 | CONFUCIUS WAS A FOODIE - SWEET, S3 EP 2 | Chinese cuisines use sugar very differently from Western cuisines, and Christine starts her comparison in Paris and Athens where she looks at how Westerners interpret 'sweet'. Traditionally, for the Chinese, sugar is predominantly used to achieve balance, but the liberal use of sugars in South East Asia Chinese cuisines are a culinary surprise. 'Sweet' is most traditionally found in the simple and omnipresent ingredient rice, so Cushing is off to the rice paddies of Malaysia follow the process of planting and processing. |
| 20240903 | 15:30:00 | 16:15:00 | DREAM JOURNEY - HOLBOX ISLAND, EP 2 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey:) I simply cannot wait for more!" |
| 20240903 | 16:15:00 | 16:40:00 | AT HOME WITH DIDIAYER - NASHVILLE: MUSIC CITY USA, EP 4 | As we pull into Music City, we're already "making it"! Nashville's first woman mayor shares her insights on the future of the city. Phil Vassar turns an interview into a celebration of song. We "rough it" a couple nights at the Gaylord Opry, and interview the "interviewer"! Oh yeah, we also stop by Jack's place. Daniels that is. |

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| 20240903 | 16:40:00 | 17:30:00 | ISLAND HUNTER - PHILIPPINES, EP 8 | This Island Hunter episode explores one of Philippines 7000+ islands, and this particular island is voted by most travel publications to be the most beautiful in the world. We are of course talking about the island of Palawan. In this episode, Host Mizziel Serra starts of her exploration in the bustling city of Manila; she explores the walled city of Intramuros, the Spanish seat during their colonization, as well as Binondo, the world's oldest Chinatown! After meeting the gang at STKD SurfMoto, Mizziel gets hooked up with a customized Ducati Scrambler and she explores the island of Luzon on 2 wheels, where her journey ends up at the iconic Pico de Loro. From there, she ventures up to her final moto destination, the surf town of La Union, where she gets a hands on lesson with the local surfing champ. From here on, she island hops and explores the luxury side of Palawan Island. Mizziel gets to check out what the El Nido property has to offer travelers by exploring all 3 resorts in the protected Palawan Marine reserve. This is Philippines like you've never seen before! |
| 20240903 | 17:30:00 | 18:20:00 | ROAD LESS TRAVELED - CYPRUS, EP 9 | Jonathan Legg hops on 2 wheels to explore the beautiful Mediterranean island of Cyprus. Being in the birthplace of Aphrodite, what better theme than to embark on a mission to find out what Cypriots consider beautiful. Jonathan rides dirtbikes in the Troodos mountain ranges exploring ancient caves, wreck dives at one of the top 10 dive sites in the world, takes flight on a microlight, all in an effort to understand beauty. Between massage sessions at ancient hammams, to ancient Greek ruins and drinking the local moonshine, Zivania; this is an exploration of Cyprus found on the Road less Traveled. |
| 20240903 | 18:20:00 | 18:45:00 | HOW IT'S MADE EP 2 | In the second episode of the set we visit Piechowice near Jelenia Góra. This small mountain village is best known for almost two hundred years of production of traditional crystal glass. The Crystal Glassworks "Julia" is one of the few remaining crystal glassworks in the world. We show you how unique crystals are still being made, how they are extracted from melted glass, and how they are ornamented. |
| 20240903 | 18:45:00 | 19:30:00 | THE RED LIST - CHEETAHS | The world's fastest land mammal is racing toward extinction, with the latest Cheetah census suggesting that the big cats, which are already few in number, may decline by an additional 53 percent over the next 15 years. Cheetah has been driven out of 91 percent of its historic range—the big cats once roamed nearly all of Africa and much of Asia, but their population is now confined predominantly to six African countries: Angola, Namibia, Zimbabwe, Botswana, South Africa, and Mozambique. The species is already almost extinct in Asia, with fewer than 50 individuals remaining in one isolated pocket of Iran. Cheetahs are getting killed directly, and then also their prey species are getting killed in these savannah areas, so the Cheetahs having nothing to subsist on. |
| 20240903 | 19:30:00 | 20:15:00 | INK THERAPY - EP 3 | The cast tracks Charlie's progress as he works on getting his vintage '47 Cadillac running. |
| 20240903 | 20:15:00 | 21:00:00 | INK THERAPY - EP 4 | Katie and Tina go thrift shopping and decide to drag Gil along to help him prepare for his 9 year anniversary. |
| 20240903 | 21:00:00 | 21:25:00 | RVERS EP 11 | Disabled RVers: There are million excuses not to do something. Jim and Mica are an inspiring couple who teach us that none of them are enough to keep you from living and enjoying your life. Solar Power: Free, available, and very effective, John and Peter share the power of solar power. On-The-Road: Brian and Melissa of RV with Tito |
| 20240903 | 21:25:00 | 21:50:00 | RVERS EP 12 | Conquering Alaska: Tom and Cait take us through their epic Alaskan expedition as they live out the lifelong dream of many RVers in grand and spectacular fashion. RV Insurance: Anthony learns about the ins and outs RV insurance from the family that, well, invented it. On-The-Road: Mary Van Compernele (AKA Jason "Gone with the..." Wynn's mom) |
| 20240903 | 21:50:00 | 22:20:00 | \$100 SPRING ROLL VS \$1 SPRING ROLL. VIETNAM'S MOST DYNAMIC STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240903 | 22:20:00 | 23:10:00 | SOUTH SEAS SPEARO - EP 2 | The team assembles in the beautiful Coromandel Peninsula, where the plan is to head out to the Mercury Islands for a couple of days to target all manner of tasty table fish. |

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| 20240903 | 23:10:00 | 23:40:00 | RISKY THAI STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240903 | 23:40:00 | 00:15:00 | MINNESOTA FOOD THAT WILL KILL YOU. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240904 | 00:15:00 | 01:00:00 | CONFUCIUS WAS A FOODIE BITTER | The taste of Chinese medicinal herbs, bitter flavor is said to clear ""heat"", strengthen the stomach, and promote salivation. Bitterness is often found in Chinese cooking, but rarely used alone. Christine cooks a popular local bitter ingredient with Asian Food TV star Ili Sulaiman in Kuala Lumpur and makes a less than delicious visit to a Traditional Chinese Medicine shop, experiencing firsthand the power of bitter herbs. Christine is presented with a Chinese philosophy around bitter and learns how this philosophy applies to keeping Chinese heritage alive in Malaysia. The Chinese concept of "in bitter there is sweetness" is applied to immigration and restoration as Christine makes a memorial visit to Penang island where she meets the engaging and eccentric hotelier Christopher Ong. |
| 20240904 | 01:00:00 | 01:55:00 | DRONE WARS - EP 2 | A challenge of traditional drone racing separates the teams into racers and engineers, all on the backdrop of an abandoned military base. |
| 20240904 | 01:55:00 | 02:50:00 | GOING BEYOND - BANGKOK #2, EP 2 | We will visit the most incredible markets in Thailand. One of which is directly on the water ... And the second - on the rails of a fully-operating railway! Discover a teak factory, where Thai craftsmen make the most expensive wood products in the world. And in the end we'll ride on one of the biggest Ferris Wheels in Asia! |
| 20240904 | 02:50:00 | 03:45:00 | VIETNAM \$100 STREET FOOD CHALLENGE. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240904 | 03:45:00 | 04:35:00 | COSTA RICA: WILDLIFE UNDER THE RAINBOW | The tropical climate and contrasted topography of Costa Rica has fostered exceptional biodiversity, hosting wildlife from both North and South America. From the peaks of the volcanoes down to the Pacific and Caribbean shores, and amidst the dense Cloud forest, the country is home to the most remarkable mammals, beautiful birds, and astonishing reptiles...all in for a beauty contest! Watch the colorful Quetzal and Toucan, listen to the Spider Monkey. As Iguanas battle for the last mango the frogs respond to the Scarlet Macaw wake up call. |
| 20240904 | 04:35:00 | 05:25:00 | GIANT AIRCRAFT: MANUFACTURING AN AIRBUS 350 | Assembled in France using millions of components made throughout Europe, this 4K documentary follows the manufacturing process of the most modern commercial aircraft in the world. |
| 20240904 | 05:25:00 | 06:00:00 | BUGS ARE INVADING STREET FOOD IN ASIA. EXTREME VIETNAMESE STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240904 | 06:00:00 | 06:25:00 | THE GLOBAL BARBER: NICKEL BROOK BREWING CO. / VINTAGE CAR CO. & BARBERSHOP - BURLINGTON, ONTARIO | The Global Barber visits Burlington, Ontario to hang-out with John Romano Founder of Nickel Brook Brewery and Jerry Filice of Village Cigar Co. & Barbershop. The guys all taste some unique, craft beers at Nickel Brook Brewing Co. #CafeDelBastardo #HeadStock #Metalhead. Then, Cedric and the crew head to Bad Axe Throwing for some fun, before heading to Jake's Grill & Oyster House for the area's best seafood! |



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| 20240904 | 06:25:00 | 06:50:00 | HOW IT'S MADE - THE YACHT YARD, EP 1 | The series "How Do They Make It" is a journey into the world of complex mechanisms surrounding contemporary man. It's a story about places where exceptional things are being created to make our travel, communication, work, and life easier. In every program, we visit a new place. Our series is about creating unique products but also about the commitment, passion, and work of the people who create them. Each set consists of five episodes about the most interesting production micro-worlds and their operations. The themes of the sets are very diverse – ranging from the big car factory to the traditional glassworks. In the first episode of this set, we visit one of the biggest Polish yacht yards - Northmann shipyard in Węgorzewo. This shipyard produces the popular sailing yachts Maxus and motorized yachts Nexus. In the program, we talk about designing and building yachts. We then show the subsequent stages of their production process, we meet the people who make them and who sail in them. The episode will also have a special guest, namely Szymon Kuczynski – who has sailed round the globe in the smallest, six-meter Maxus 22 yacht, produced at this shipyard. |
| 20240904 | 06:50:00 | 07:35:00 | VISITING - COLOR | Color: "The quality of an object or substance with respect to light reflected by the object, usually determined visually by measurement of hue, saturation, and brightness of the reflected light; saturation or chroma." A very robotic description of an incredibly dynamic property of the universe. Earth is a varied landscape of extremes of millions of colors. Through the lens of the "Visitor" we experience our mosaic landscape from a sense of imagination and wonder. "Why do these colors exist?" "What properties in nature create the conditions that these colors live in?" Using a scientific and artistic viewpoint we explore environments around the world that display the palette of the Earth. Life and Death, artificial and natural, the colors of the Earth exposes the kaleidoscope of this planet like never before... |
| 20240904 | 07:35:00 | 08:00:00 | MAX FOODIE: PHILIPPINES PART 2 | The story of cacao is more akin to South America, but in this episode, Sashi tracks the story of cacao in the Philippines, the entry point of cacao in Asia. With his friend, Spanish chef, Chele Gonzalez, they embark on an anthropological exploration tracing how the ancestral varietal cacao (criollo) came to be in the Philippine islands. Visiting farms to mystical islands, to top kitchens in Manila, this is the 'never-before-told' tale of cacao in the Philippine islands. |
| 20240904 | 08:00:00 | 08:45:00 | ROAD LESS TRAVELED: RECAP | Season recap; once again, as is tradition, Jonathan recounts the tale of the season. From disasters to blunders to genuine moments, he meticulously goes through what he learned, revealing never before seen clips, shares his lessons learned, and much more! |
| 20240904 | 08:45:00 | 09:15:00 | BEHIND THE WINGS EP 1 | The Cessna 172 Skyhawk is the world's most widely produced aircraft with more than 44,000 units built. Join Behind the Wings host Matthew Burchette as he goes flying with a Metropolitan State University of Denver student over some of Denver's most popular landmarks, learns about the desperate need for airline pilots and gets a soup to nuts look at the 172 Skyhawk in Independence, Kansas. |
| 20240904 | 09:15:00 | 09:45:00 | \$100 SPRING ROLL VS \$1 SPRING ROLL. VIETNAM'S MOST DYNAMIC STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240904 | 09:45:00 | 10:15:00 | BLOOD RED JELLYFISH. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240904 | 10:15:00 | 11:05:00 | SOUTH SEAS SPEARO - EP 4 | The team heads to Vava'u, the northernmost island chain of Tonga, for a week of open ocean bluewater spearfishing. The main target is giant dogtooth tuna, as well as the trophy bluewater pelagics. |
| 20240904 | 11:05:00 | 11:55:00 | BREAKING THE DAY - FREE DIVER, EP 2 | At his life's lowest point, Stig Pryds discovered freediving, and it changed everything. Now in the sport's biggest competition, Vertical Blue, he is preparing to attempt his deepest dive yet, but failure could cost him his life. |
| 20240904 | 11:55:00 | 12:30:00 | SHOCKING DELICACY IN AFRICA. HERERO PEOPLE AND THE SMILEY. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240904 | 12:30:00 | 12:55:00 | BLUE WORLD - MUCK DRIVING IN FLORIDA + ICELAND... THE WORLD'S CLEAREST WATER | Jonathan travels to Iceland to investigate a giant crack in the ground filled with frigid runoff from melting glaciers. It's rumored to be the clearest water in the world. Next, he heads down to sunny Florida, not to dive a coral reef or a spectacular shipwreck, but to dive in shallow, murky water under a busy bridge. This secret spot is home to some of the ocean's most remarkable, and weird, animals. |
| 20240904 | 12:55:00 | 13:20:00 | BLUE WORLD A RED SEA EXPEDITION | It's a Red Sea expedition! Blue World explores the reefs, and marine life of the Red Sea, both during the day, and at night. And you can't go to Egypt without a trip to the pyramids. It's a desert adventure! |
| 20240904 | 13:20:00 | 14:05:00 | BREAKING THE DAY, STREET ARTIST | With patrons like skateboarder Tony Hawk and hip-hop producer Swizz Beatz, Alex Yanes is a successful artist by any measure. But his latest piece is about more than making art for sale; it's about making art to give his daughter a better future. |
| 20240904 | 14:05:00 | 14:30:00 | AT HOME WITH DIDIAYER - THE BEST OF ART, EP 11 | On this special edition of AHWD, we serve up some of our favorite dishes created and prepared by celebrated chefs! |
| 20240904 | 14:30:00 | 14:55:00 | THE GLOBAL BARBER: WAHL EDUCATORS - TORONTO, CANADA | Ontario had just entered in to Phase 3 of the pandemic with barbershops and salons beginning to open. The Global Barber visits Fratelli's Salon in Thornhill, Ontario, to chat with the Education team from Wahl Canada, about their recommendations for self-care, during this challenging time of lockdowns. |
| 20240904 | 14:55:00 | 15:40:00 | CONFUCIUS WAS A FOODIE - SOUR, S3 EP 3 | According to science humans are the only mammals that are attracted to sour. Chinese medicinal believes says that 'sour' can help digestion and whet the appetite. In 3 traditional Chinese cuisines it is often used for balance but in south East Asian versions of Chinese dishes it is often quite forward even becoming part of the name of a dish particularly in traditional Peranakan Chinese cuisines. A cuisine (and a people) that Christine discovers for the first time. Christine joins Malaysian celebrity Chef Wan for a one of a kind experience, cooking in a traditional old Peranakan kitchen and making the food of Chef Wan's heritage. |
| 20240904 | 15:40:00 | 16:25:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our <u>travel series, which really turned out to be a Dream Journey.</u> I simply cannot wait for |
| 20240904 | 16:25:00 | 17:00:00 | EXOTIC ANIMAL MEAT IN TEXAS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240904 | 17:00:00 | 17:50:00 | ISLAND HUNTER - CALIFORNIA, EP 9 | A unique episode in it's own right, this episode features a road trip through California, Island Hunter style; however, the focus this time around is not necessarily on luxury, it's more about adventures and explorations on the road. Host Sophie Ashley tours around the Golden State, making stops in iconic destinations like San Francisco, Los Angeles, Monterey, and Santa Barbara. Her ride for the episode, true to the Island Hunter style is the iconic Aston Martin DB11 Volante; Whether it's hiking around the Golden Gate, top down on Highway 1, exploring wineries or chowing down tacos at a food truck in Los Angeles, this is the ultimate road trip through California! |
| 20240904 | 17:50:00 | 18:35:00 | ROAD LESS TRAVELED - SPECIAL, EP 10 | In this special, Jonathan Legg recounts his favorite moments, mishaps including getting arrested in Russia, but this episode is a bit different; In this special Jonathan places a particular emphasis on lessons learned; insight and knowledge as well as experiences gained on the Road less Traveled. |

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| 20240904 | 18:35:00 | 19:30:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240904 | 19:30:00 | 20:15:00 | INK THERAPY - EP 5 | Brandie bonds with her son. Gil tattoos an art lover's original design while Charlie takes on a burn victim who needs a guardian angel. |
| 20240904 | 20:15:00 | 21:00:00 | INK THERAPY - EP 6 | It's a family affair Katie organizes pizza and games night with the cast. Both caterpillars bring their moms. |
| 20240904 | 21:00:00 | 21:25:00 | RVERS EP 14 | All About Towbars: Towbars allow your car to tag along with you on your RV trip when you need more nimble wheels for around town. Now What?: Tank dumping. Inverters: Many of the electrical items in an RV are designed to work on 12 volts. But many kitchen appliances and consumer electronics need household 120 volt. That's why you need an inverter! On The Road: Ken and Bernice. |
| 20240904 | 21:25:00 | 21:50:00 | RVERS EP 15 | Family RVing: Adam and Celine explain the many things to consider when RVing with school-aged kids for extended periods of time. Now What?: Overnighting at Walmart. RV Skirting: Yes, you can RV year-round in sub-freezing temperatures, but not without taking some extra steps to keep warm. |
| 20240904 | 21:50:00 | 22:15:00 | MAX FOODIE: SEYCHELLES | Seychelles is blossoming as the world's best beach destination; to find out why, Sashi heads there with a mission to understand gastronomy Seychellois. Octopus curry is the national dish and to find the very best in the island, Sashi finds himself at the Four Seasons in Mahe island to learn the ins and outs. Between the world's most gorgeous granitelined beaches, Sashi heads to the far out Desroches island where giant alibaba tortoises roam free - the culinary extravaganza continues there with beachside sunset barbecues and sushi platters with the island nations' seafood bounty. Experience the best of Seychelles in this episode! |
| 20240904 | 22:15:00 | 23:05:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240904 | 23:05:00 | 23:40:00 | SUPER RARE KENYAN VILLAGE FEAST. FIRST TIME CAUGHT ON CAMERA. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240904 | 23:40:00 | 00:25:00 | PHOTO NUMBER 6, EP 4 | In Paris Fletch explores the city's hidden secrets with photographer Patrick Colpron, including a clandestine tour of an abandoned railway line that encircles the city. With the help of wedding photographer Pierre Torset, Fletch and Stig set about understanding why Paris is renowned as the City of Love and immerse themselves in the city's vibrant art scene with a visit to 59 Rivoli Artist Studios. Finally, no visit to France could be complete without a jaunt to Champagne for a feast fine food, wine and chocolate. |
| 20240905 | 00:25:00 | 01:10:00 | CONFUCIUS WAS A FOODIE - SWEET, S3 EP 2 | Chinese cuisines use sugar very differently from Western cuisines, and Christine starts her comparison in Paris and Athens where she looks at how Westerners interpret 'sweet'. Traditionally, for the Chinese, sugar is predominantly used to achieve balance, but the liberal use of sugars in South East Asia Chinese cuisines are a culinary surprise. 'Sweet' is most traditionally found in the simple and omnipresent ingredient rice, so Cushing is off to the rice paddies of Malaysia follow the process of planting and processing. |
| 20240905 | 01:10:00 | 02:05:00 | DRONE WARS - EP 3 | Teams must equip drones with poles able to grab rings attached to field goal posts. The top two teams compete in a medieval joust tournament for the top stop. |

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| 20240905 | 02:05:00 | 03:00:00 | GOING BEYOND - KOH CHANG, EP 3 | We will get acquainted with the island of Koh Chang! Hitchhike in one of the biggest extreme-parks on the island and we'll have a lot of fun! We'll meet friendly elephants and take part in a photo session! Then we'll have a look at one of the coolest Thai boxing clubs and practice there with the masters of the sport. |
| 20240905 | 03:00:00 | 03:55:00 | WARRIORS FOR WILDLIFE, EP 1 | Get up close and personal with a group of International recruits as they tackle one of the toughest training courses on the planet, in order to become the next generation of Anti-Poaching Rangers, and help save endangered species from extinction. This returnable series, shot on 4k UHD over 5 weeks in three remote South Africa locations, gains exclusive access and gets close to the action and under the skin of these young people who are prepared to risk their own existence, to save the world's wildlife for future generations. Some recruits will succeed and some will have their dreams shattered and <u>not make it to phase two.</u> |
| 20240905 | 03:55:00 | 04:50:00 | MAX FOODIE, EP 9 | Hong Kong houses the world's highest number of millionaires and it's something that's not lost on you as venture to Asia's world city. In this episode, Sashi is on a quest to understand how Michelin rates and assesses the sheer depth of eateries in this metropolis. He will meet the top chefs of the city and understand their psyche, their trials and tribulations as they climbed their way to the top of the restaurant industry with 3 michelin stars. But it's not all high brow cuisine, Sashi will also dive deep into the old school neighborhoods, sampling the local fare and seek out how Michelin is rating Asia's <u>sheer depth of eateries.</u> |
| 20240905 | 04:50:00 | 05:25:00 | ASIA'S SCARIEST FOOD & WHERE TO FIND IT. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240905 | 05:25:00 | 06:00:00 | MAX FOODIE: NEVADA, EP 4 | This investigative mission starts off in the sin city atmosphere of the Vegas strip. After a gluttonous stint at a generic buffet, Liesel is inspired to do a road trip to find iconic gems in the state of Nevada. From ghost towns, to monstrous foodie challenges, to hole in the wall dive bars in the middle of nowhere, this trip has it all. Liesel finds the resurgence of Basque cuisine in Northern Nevada, and learns that Reno can do fine dining as well! A trip to Virginia city also reveals that the Silver State has some haunted bars where patrons from the 1800s are rumored to be still imbibing and spooking locals! It's a road <u>trip in every sense of the word!</u> |
| 20240905 | 06:00:00 | 06:25:00 | HOW IT'S MADE EP 2 | In the second episode of the set we visit Piechowice near Jelenia Góra. This small mountain village is best known for almost two hundred years of production of traditional crystal glass. The Crystal Glassworks "Julia" is one of the few remaining crystal glassworks in the world. We show you how unique crystals are still being made, how they are extracted from melted glass, and how they are ornamented. |
| 20240905 | 06:25:00 | 07:10:00 | VISITING - PRIMATE | Primate, a term that includes one of the most diverse classes of Mammals in the animal kingdom. It includes small arboreal tree dwelling monkeys, the great apes, all the way up to the very top of the Earth's food chain, the Human being. Traveling around the world, the Visitor views and interacts with Primates in their own environment, from the jungles of Africa, the rainforests of Southeast Asian, and even the great cities of humanity. In Primate we explore the story of us and our cousin's in nature through authoritative voices including Anthropologists, Zoologists, and even "common man". Exploring what a Primate is, how it has evolved, and how it interacts with its environment <u>steers the viewer to a unique understanding of what it is to be the greatest of all primates. a Human being.</u> |
| 20240905 | 07:10:00 | 07:35:00 | THE GLOBAL BARBER: BACK ALLEY BARBERSHOP | The Global Barber joins the barber team at Back Alley Barbershop in Niagara Falls, Ontario, Canada. While visiting Niagara Falls, Host Cedric Small and Back Alley Ower Rob "Brronx" Barranca take to the rapids of the Niagara River with Niagara Whirlpool Jet Boat Tours, before heading for dinner and drinks at Yank's Old Niagara Bar & Grill. |
| 20240905 | 07:35:00 | 08:30:00 | VOLCANO ADVENTURE - VOLCANO HUNTERS, EP 1 | Also known as "fire with a soul", the volcano is considered as God by the local people. Explorers attempt to access the fire of the earth that has never been reached by any other human being. At the heart of the volcano is the fiercest fire in the world, and there are brave people who dare to travel to the heart. Volcanologists aim to interpret volcanoes in collaboration with explorers. No other scholar's task is more dangerous than theirs. As it is impossible to predict when a volcano will erupt, there is never any single right answer. The documentary explores dangerous active volcanoes with the help <u>of volcanologists.</u> |
| 20240905 | 08:30:00 | 08:55:00 | AT HOME WITH DIDIAYER - THE BEST OF ART, EP 11 | On this special edition of AHWD, we serve up some of our favorite dishes created and prepared by celebrated chefs! |

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| 20240905 | 08:55:00 | 09:50:00 | WARRIORS FOR WILDLIFE, EP 3 | In the final episode they travel to the vast and beautiful Entibeni Reserve high on the stunning Waterberg Plateau. It is incredible rich in wildlife, elephant, rhino, and a plethora of animals all roam free, it's also Lion country. The recruits set up camp by a lake to tackle the last part of the grueling program, Faced with life or death prospect of being alone in the bush with lions. Intelligence alerts them of potential poacher incursion, they are sent to guard a Rhino orphanage, and in an incidents that becomes violent, they arrest two suspicious illegal immigrants. |
| 20240905 | 09:50:00 | 10:45:00 | BAZARUTO: THE DUGONG'S LAND | Karen Allen, a South-African woman scientist, is doing her utmost to save one of the most endangered sea mammal: the Dugong. On the Island of Bazaruto, off the coast of the canal of Mozambique, she works for an NGO at making the local population aware of the need to protect the endangered species and at controlling the respect of conservation rules. Will she herself manage to get close to a Dugong, known for being so timorous? |
| 20240905 | 10:45:00 | 11:40:00 | DRONE WARS EP 13 | Drone pilots and engineers come together to design, build and compete! Follow each team as they tailor make their drone and attempt to conquer ever-changing obstacles in this fast paced elimination tournament. Encounter new challenges and innovative designs in every episode. Losers crash... and winners take the cash! |
| 20240905 | 11:40:00 | 12:15:00 | EXOTIC IRANIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240905 | 12:15:00 | 12:50:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240905 | 12:50:00 | 14:15:00 | RESURRECTING A LEGEND | On the night of June 5th, 1944, a C-47 paratrooper aircraft, nicknamed That's All, Brother took off from England, to drop Allied fighting men into Normandy, to clear a passage for the tens of thousands of troops lying off the coast. |
| 20240905 | 14:15:00 | 15:10:00 | THE ETHIOPIA: THE MYSTERY OF PHALLIC STONES | End of 2017, in Southern Ethiopia: a team of European and Ethiopian archeologists is at work on a newly discovered Megalithic site ten times bigger than the site of Stonehenge. In a steep constriction of the Rift Valley, several thousand large monoliths in unmistakable phallic forms can be found intact. Dating from 10th till 13th Century AD, their origin appears to be all the more mysterious. Find out the secrets of a lost civilization in the very heart of Ethiopia. |
| 20240905 | 15:10:00 | 15:35:00 | AT HOME WITH DIDIAYER - SOCAL LOCALE, EP 6 | Back in Calli' exploring new places and faces! We step out into Borrego Springs starry desert night and catch sight of a landscape defined by time and adorned with one man's extraordinary mythical sculptures. |
| 20240905 | 15:35:00 | 16:20:00 | THE RED LIST - VULTURES | Six of Africa's 11 Vulture species – the continent's largest and most recognizable birds of prey – are now at a higher risk of extinction, according to the latest assessment of birds carried out by BirdLife International for the IUCN Red List of Threatened Species™. The main causes of the drop in African Vulture populations are thought to be indiscriminate poisonings, where the birds are drawn to poisoned baits, use of Vulture body parts in traditional medicine, and deliberate targeting by poachers, as the presence of Vultures can alert authorities to illegally killed big game carcasses. Robbing the African skies of one of their most iconic and spectacular groups of birds, the rapid decline of the continent's Vultures has profound consequences for its people – as Vultures help stop the spread of diseases by cleaning up rotting carcasses. |
| 20240905 | 16:20:00 | 17:15:00 | VOLCANO ADVENTURE - VOLCANO FANTASIA, EP 2 | The world most dangerous adventure! Explorers attempt to access the fire of the earth that has never been reached by any other human being. At the heart of the volcano is the fiercest fire in the world, and there are brave people who dare to travel to the heart. Volcanologists aim to interpret volcanoes in collaboration with explorers. No other scholar's task is more dangerous than theirs. As it is impossible to predict when a volcano will erupt, there is never any single right answer. The documentary explores dangerous active volcanoes with the help of volcanologists. |

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| 20240905 | 17:15:00 | 17:40:00 | THE GLOBAL BARBER: OLD-SCHOOL BARBERS - LUXEMBOURG | Host Cedric Small travels through Luxembourg on his way to France. On his way, he stops at The Old School Barbers (Lintgen location) to work with their team of Master Barbers for the day. Owner Tom Trummer, invites Cedric to cut and shave one of his best customers, Luxembourg's very own model, extreme athlete and music sensation Thierry Mersch! |
| 20240905 | 17:40:00 | 18:35:00 | WARRIORS FOR WILDLIFE, EP 2 | The Recruits meet for the first time as Cape Town International Airport, they have flown in from all over the world. They are taken by mini bus to the vast Rangers Reserve high in the Western Cape Mountains. At the reserve they will have no contact with outside world, and undergo the first part of a torturous training regime to turn them into qualified Anti Poaching Rangers. Some will succeed and some will have their dreams shattered and not make it to phase two. |
| 20240905 | 18:35:00 | 19:30:00 | GOING BEYOND - PATTAYA AND PHAI, EP 4 | We continue to explore Thailand and go to Pattaya. After, we visit the northern town Pai an ideal place to go for a ride on a moped for the first time! We stroll through a huge park and get acquainted with the rich history of Nong Nuch. We visit perhaps the only atelier of custom motorcycles in Thailand and spend an exciting day in the company of elephants. In the evening, we try durian in the one of Thailand's markets and get acquainted with local hippies. |
| 20240905 | 19:30:00 | 20:15:00 | INK THERAPY - EP 7 | Gil celebrates his anniversary with a special surprise. |
| 20240905 | 20:15:00 | 21:00:00 | INK THERAPY - EP 8 | It's guys versus girls as the staff has a water fight at the park. Gil tattoos criminologist who lost his baby brother while Charlie takes on a high school graduate who was suicidal. |
| 20240905 | 21:00:00 | 22:05:00 | ARTEMISIA GENTILESCHI, WARRIOR PAINTER | A Woman Artist, a Warrior Painter. The first in the History of Art. |
| 20240905 | 22:05:00 | 23:30:00 | CHAPTER ONE - THE KITEBOARD LEGACY BEGINS | The Kiteboard legacy begins. This full-length movie shot in 4K will unite the best riders in the world to show the beauty of the sport. |
| 20240905 | 23:30:00 | 00:05:00 | REAL JAMAICA STREET FOOD. THE WILD KINGSTON UNDERGROUND. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240906 | 00:05:00 | 00:50:00 | THE RED LIST - SOUTHERN GROUND HORNBILL | The charismatic Southern Ground-Hornbill is a bird that many people already know well. They are culturally important as the 'thunder' or 'rain' birds and are a flagship species for the savannah biome. At present, Southern Ground-Hornbills are considered within South Africa as 'Endangered', with their numbers outside of formally protected areas still declining. It is likely that the birds will soon meet the IUCN Red Data List Criteria as being 'Critically Endangered' in South Africa. It's estimated that only 1500 Ground-Hornbills are left in South Africa, of which half are safe within the protected areas. This means there are only an estimated 417 breeding groups in the whole of South Africa, data shows that, on average, only one chick is raised to adulthood every 9 years. The reasons for their decline are predominantly loss of habitat to croplands, bush-encroachment, overgrazing and plantations, loss of nesting trees, secondary poisoning and electrocution. |
| 20240906 | 00:50:00 | 01:20:00 | MAX FOODIE: MAURITIUS - CHAPTER 2 | Mauritius is the east African nation prosperously humming away, producing delicious African rum with it's abundant sugarcane supply; but the story is more than that! Sashi drives around this island nation to get the full culinary scene lowdown; from street food vibes in Port Louis, to stints with the best chefs on the island to what luxury resorts have on offer; explore Mauritius from the ground level and witness why this East African jewel of an island nation is drawing travelers from around the world! |
| 20240906 | 01:20:00 | 02:05:00 | THE RED LIST - CHEETAHS | The world's fastest land mammal is racing toward extinction, with the latest Cheetah census suggesting that the big cats, which are already few in number, may decline by an additional 53 percent over the next 15 years. Cheetah has been driven out of 91 percent of its historic range—the big cats once roamed nearly all of Africa and much of Asia, but their population is now confined predominantly to six African countries: Angola, Namibia, Zimbabwe, Botswana, South Africa, and Mozambique. The species is already almost extinct in Asia, with fewer than 50 individuals remaining in one isolated pocket of Iran. Cheetahs are getting killed directly, and then also their prey species are getting killed in these savannah areas, so the Cheetahs having nothing to subsist on. |

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| 20240906 | 02:05:00 | 02:50:00 | THE LAST DESCENT | Africa's largest hydroelectric dam will flood 280 km of Ethiopia's Blue Nile River to provide 80% of Ethiopia's electricity. Eco-explorers Ben Peters and Charlie Head paddle board this ancient river one last time – before it is lost forever – navigating uncharted territories and dangerous wildlife as they meet some of the 20,000 people who'll be affected and learn how they feel about this change. |
| 20240906 | 02:50:00 | 03:45:00 | FOOD UNKNOWN - FINLAND, EP 2 | Finland is that one Nordic country that is never on the global cuisine radar. However, the reserved Finns have been quietly perfecting their craft of foraging culture and incorporating it into their unique cuisine. Jonathan Legg explores the entire expanse of the country to understand it's cuisine, and the ethos of the country's top chefs; from amazing locally sourced cuisine in Helsinki, to an expedition in Lapland to learn about foraging and the Finnish delicacy, reindeer! |
| 20240906 | 03:45:00 | 04:10:00 | MAX FOODIE : ROME, EP 5 | Italy is a vacationer's paradise. The food, the people, the sights and sounds, the history! But are the tourists doing it right when it comes to the trying out authentic food in Rome? Liesel embarks on a mission to explore the street food of the city. With the help of her food journalist buddy, Saverio de Luca, Liesel sifts through pasticceri, food festivals, tourist hotspots, all in an effort to understand real Roman food. |
| 20240906 | 04:10:00 | 05:00:00 | VISITING - AUSTRALIA | As far back as 50,000 years ago, on a remote continent, a people thrived. Unseen by the "outside world", this place we would come to know as Australia sat untouched by an evolving world around it, until it was conquered by the peoples of a distant land. With its own unique thriving ecosystems and wildlife, Australia evolved on its own after the prehistory breakup of Pangea. Life that exists nowhere else in the world exists here to this day. From the world's largest coral reef, to vast deserts, and rainforests Australia would be a cornucopia of experiences unavailable anywhere else on planet earth to a visitor. Now populated by over 25 million people and thousands of unique species of animal and plant life Australia has a story all its own. Experience this varied cultural and geographic landscape through the lens of discovery, hearing from experts on both the geologic and natural history of this tucked away corner of the globe... |
| 20240906 | 05:00:00 | 06:00:00 | ISLAND HUNTER - BELIZE, EP 6 | Island Hunter showcases beautiful Belize; with hundreds of kilometers of coastline with the Caribbean sea, the 2nd largest barrier reef, and one of the best dive sites in the world, how could you not? In this episode, Dani Kristo is on a mission to showcase the best of Belize; she starts off her journey with some adventure at the Bocawina resort; the hub for adventure in Belize. Zip lining through the jungle canopies, Dani is charged up for the rest of her adventure. Checking out the fabled Xunantunich ruins near the Guatemalan border, a stay at the super lavish jungle eco resort, Blancaneaux, these stops define Belize. But it's more than just luxury destinations. To get a taste of culture, Dani gets the lead on Palmento grove, an authentic Garifuna enclave in the sleepy village of Hopkins. The theme of luxury living continues as Dani comes across Turtle Inn, a one of a kind all-inclusive resort at the coast of Placencia. But, for the ultimate in island paradise getaway, a 35 min boat ride from Turtle Inn, leads to Coral Caye. Here, Dani experiences what a private island experience is all about. This is Belize in it's truest form |
| 20240906 | 06:00:00 | 06:50:00 | CONFUCIUS WAS A FOODIE - THE ORIGIN OF 'CUISINE', S2 EP 7 | Is Chinese cuisine, with its Confucian structure, really the origin of the world's great cuisines? Christine challenges top chefs in France, England, Italy, Greece, the US and Canada. Working with academics, chefs, food historians, and experts, Chef Cushing really sticks her neck out as she ventures into high profile kitchens, searching for connections and roots that might trace back to Confucius. Christine's journey takes her to some of the most important culinary schools in the world like Le Cordon Bleu in Paris, and Alma Culinary Center in Parma, Italy. Significant and thought-provoking, this journey leads us to a deeper appreciation of our global connection to our stories, our cultures and our traditions, and how they are connected through food. We look at our world, it's ethnicities and its races through a foodie filter |

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| 20240906 | 06:50:00 | 07:25:00 | MAX FOODIE: BANGKOK | Sashi is in Bangkok, Thailand and exploring the stories of the city's brightest culinary stars. Chef Ton takes Sashi to his favorite hang out spots to eat around Bangkok. In the next episode, Sashi is hanging out at the illustrious Sukhothai where he's having lunch with Chef David Tamburini, the head honcho at La Scala. Sashi gets a taste of David's ethos of naturalmente, where David brings Sicilian home-grown authenticity to Asia. After a fantastic meal, Sashi meets back up with Chef Ton and they embark on a field trip to Koh Sichang. Chef Ton wants to illustrate the lengths he goes to, in order to support his suppliers like his fishermen. Sashi and Ton head into the Gulf of Thailand on a daring boat ride to catch a blue spotted grouper - a journey that showcases the arduous task of what it means to be an ethical chef. |
| 20240906 | 07:25:00 | 07:55:00 | BEHIND THE WINGS EP 1 | The Cessna 172 Skyhawk is the world's most widely produced aircraft with more than 44,000 units built. Join Behind the Wings host Matthew Burchette as he goes flying with a Metropolitan State University of Denver student over some of Denver's most popular landmarks, learns about the desperate need for airline pilots and gets a soup to nuts look at the 172 Skyhawk in Independence, Kansas. |
| 20240906 | 07:55:00 | 08:40:00 | CONFUCIUS WAS A FOODIE BITTER | The taste of Chinese medicinal herbs, bitter flavor is said to clear ""heat"", strengthen the stomach, and promote salivation. Bitterness is often found in Chinese cooking, but rarely used alone. Christine cooks a popular local bitter ingredient with Asian Food TV star Ili Sulaiman in Kuala Lumpur and makes a less than delicious visit to a Traditional Chinese Medicine shop, experiencing firsthand the power of bitter herbs. Christine is presented with a Chinese philosophy around bitter and learns how this philosophy applies to keeping Chinese heritage alive in Malaysia. The Chinese concept of "in bitter there is sweetness" is applied to immigration and restoration as Christine makes a memorial visit to Penang island where she meets the engaging and eccentric hotelier Christopher Ong. |
| 20240906 | 08:40:00 | 09:35:00 | ROAD LESS TRAVELED MONTENEGRO | The land of mountains and pristine lakes! In this episode, Jonathan gets on a motorcycle to explore the countryside. He embarks on a Don-Quixote type journey, alluding to the origin story of author Miguel Cervantes and his 'supposed' stint in Montenegro, in a jail cell. Jonathan rides down the fantastically beautiful Kotor bay, learning about medieval armor and the city's history. While on his road trip, Jonathan also uncovers Tito's secret bunker, fully exploring the lavish estate on his own whims - as well as abandoned submarine silos, hidden bunkers from the Soviet era, and much more. No trip to Montenegro is complete without a visit to the countryside, this is where Jonathan comes across authentic cuisine, and a rescue mission with volunteers that patrol the harsh but beautiful mountains of Montenegro. |
| 20240906 | 09:35:00 | 10:25:00 | SKYSCRAPER IN 51 DAYS | A 40-meter high, 14-story apartment complex - erected in just 51 days. A construction boom in the Russian capital has been going on for years now. In 2017 the government decided to tear down communist apartment blocks (infamous for shoddy construction): around 4,000 buildings from the 1950s and 1960s are being replaced with modern high-rises. A politically significant infrastructure program - the pressure on construction companies is high. |
| 20240906 | 10:25:00 | 11:10:00 | PHOTO NUMBER 6, EP 5 | Working on the theory that the finest travel experiences happen in your own backyard, Fletch sets out to explore his home state of Victoria. Beginning with the capital city Melbourne he takes us on tour of its iconic laneways and rooftops. Nothing beats travelling the scenic wonder that is the Great Ocean Road in a 1967 GTA Mustang convertible. The episode concludes back in the city with a behind-the-scenes look at the Melbourne Cricket Ground where Fletch explores every corner of the iconic sports stadium. |

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| 20240906 | 11:10:00 | 12:00:00 | ISLAND HUNTER - HONG KONG, EP 5 | Hong Kong is Asia's world city and this episode is a complete 360 from the melee of tropical island paradises. Hong Kong is famous for it's skyscraper strewn skyline and in this episode, local girl Lesley Chiang is on a mission to show a different side of Hong Kong. Her journey starts off in Hong Kong bay where she gets a taste of the 5 star life at the Ritz Carlton. Pampering at the 108th floor spa, dining at Michelin 2 star rated Ting Lung Heen, and beyond! Lesley checks out the art scene of Soho, and PMQ, an establishment geared towards Hong Kong's budding arts and crafts talent. At night time, local nightlife expert Johannes Pong shows Lesley the wild side of town as they bounce around the latest bars and clubs. When it's time to chow, Jowett Yu, a rising star in the culinary world shows Lesley his favorite hometown hang outs; roast geese to yummy sea food bites. Taking a break from Hong Kong island, Lesley also checks out the nearby Lantau island where she gets a taste of zen; from Hiking on the lantau trail to seeing the Tian tan Buddha - this feeling of zen continues as she checks out the colonial landmark turned boutique resort Tai O. It's an episode of fast paced modern life top |
| 20240906 | 12:00:00 | 12:45:00 | EXTREME VIETNAMESE STREET FOOD. SURVIVING VIETNAM PART 1 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240906 | 12:45:00 | 13:10:00 | BLUE WORLD HUNTING FOR MEGALODON SHARK TEETH + AN UNDERWATER CORAL FARM IN THE CARIBBEAN | Blue World heads to a dark, murky river in South Carolina to hunt for Megalodon shark teeth on the river bed. It's some of the most dangerous, spooky diving ever! Then we travel to the warm, clear waters of Bonaire to volunteer on an underwater coral farm. |
| 20240906 | 13:10:00 | 13:55:00 | BREAKING THE DAY - SADDLE BRONC RIDER, EP 5 | The only female professional bronc rider in the world, Kaila Mussell is constantly defying the odds. But two years after breaking her neck in competition, Kaila is preparing to defy the longest odds of her life: getting back on the horse. |
| 20240906 | 13:55:00 | 14:20:00 | AT HOME WITH DIDIAYER - UTAH: LIFE ELEVATED, EP 9 | Life is Elevated in the great state of Utah! Didiayer goes food foraging and uncovers the history of the surrounding rock formations in Moab. Then, Christopher takes a memorable journey down the Colorado River! |
| 20240906 | 14:20:00 | 14:45:00 | THE GLOBAL BARBER: NIAGARA BARBER COMPANY - NIAGARA FALLS, NEW YORK, USA | The Global Barber visits The Niagara Barber Co. in Niagara Falls, New York, USA to work with Owner - Brad Inzinga and his crew for the day performing cuts and shaves for the local businessmen and students. After the work day is done, Cedric and the Niagara Barber Co. crew all head over to Rock Burger for a taste of the biggest burgers they've ever seen! |
| 20240906 | 14:45:00 | 15:30:00 | CONFUCIUS WAS A FOODIE - SALTY, S3 EP 1 | Most salt in Asia is produced through the evaporation of seawater in coastal areas. This episode sees Christine learning firsthand the very challenging 'how to' of harvesting sea salt in Thailand's dramatically beautiful salt fields. Cushing visits the area's most unusual market that is regularly disrupted by the Maeklong Railway going right through it's center! She cooks alongside chefs preserving traditional Chinese cuisine in Bangkok and at Singapore's oldest Chinese restaurant, Spring Court, Christine discovers Singapore Chinese cuisine and meets with culinary legend; Madam Soon. |
| 20240906 | 15:30:00 | 16:15:00 | DREAM JOURNEY - CUNCUM - MEXICO, EP 1 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey. I simply cannot wait for |
| 20240906 | 16:15:00 | 16:45:00 | BONDI BOARDRIDERS | The Bondi Board Riders Club is what Australian sport is all about. |

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| 20240906 | 16:45:00 | 17:35:00 | ISLAND HUNTER - JAMAICA, EP 3 | Easy island vibes, lots of amazing local rum, brilliant natural landscapes and those amazing beaches! Of course, Island Hunter is in Jamaica! But in this episode, host Liesel Hlista shows you a different side of the Irie nation; away from the hordes of people unleashed via cruise liners! She starts off with a quick glimpse and an impromptu jam session at the birthplace of Bob Marley, Trench town, noshes on the most delicious ice cream this side of the hemisphere, and plunges into Mystic mountain's waterfalls. Jamaica is known for being the home of the all-inclusive resort and Liesel finds out exactly why that is - with stays at Ian Fleming inspired Golden eye Hotel as well as Sunset at the Palms! Lazy tubing down the river, limestone foot massages, topped up with historic food tours and experiencing local cuisines such as jerk chicken and the amazing seafood; this is Jamaica, Island Hunter style! |
| 20240906 | 17:35:00 | 18:25:00 | ROAD LESS TRAVELED - MEXICO, EP 8 | A continuation from the previous episode, Jonathan Legg's Mexico adventure takes a new turn; the continuous pumping of Mexico's lakes has caused not only a water shortage, but a seismic issue. He pinballs around the vast city to gain an understanding into this complex issue; a quest that leads him to NGOs to innovative solutions that can shed a light on this issue. Finally, he wraps up his adventure in the beautiful remote village of Oaxaca province where he undergoes a sacred mushroom ritual, administered by the same tribe that brought this knowledge and sacrament to worldwide attention. |
| 20240906 | 18:25:00 | 19:00:00 | INDIAN STREET FOOD \$100 CHALLENGE IN MUMBAI. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240906 | 19:00:00 | 19:30:00 | A DIFFERENT KIND OF TEXAS BBQ. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240906 | 19:30:00 | 20:15:00 | INK THERAPY - EP 9 | Date night with the Tina and her husband, breast cancer awareness, and new beginnings. Charlie and Katie are up to no good. |
| 20240906 | 20:15:00 | 21:00:00 | INK THERAPY - EP 10 | Brandie organizes a workout with the staff complete with a special surprise. Caterpillars include a cancer survivor and biker babe who survived a horrific motorcycle accident. |
| 20240906 | 21:00:00 | 22:05:00 | THE ROYAL ROADS OF THE INCAS | The Royal Roads of the Incas documents the rise of the greatest empire of the Americas. Who were they? Where did they come from? And how did they unify over 200 ethnicities into one nation? Through historical narrative and the voices of their descendances, we explore the fascinating world of Tawantinsuyu ~ the four quarters of the Incan empire. Our journey traces the ancient routes of the Indian civilisation, the rise of the Inca dynasty and their dramatic encounter with foreign invaders. |
| 20240906 | 22:05:00 | 22:55:00 | SOUTH SEAS SPEARO - EP 1 | Nat, Rochele and Tim embark on a mission to the remote Wanganella Banks, with the lofty aim of claiming a couple of new world records. But if finding a 100kg+ striped marlin sounds hard enough, stopping one is another matter altogether! |
| 20240906 | 22:55:00 | 23:40:00 | THE RED LIST - AFRICAN PENGUINS | RhinThe African Penguin has been shifted from Vulnerable to Endangered on the IUCN Red List of Threatened Species, Birdlife International announced. African Penguins have been sliding towards extinction since industrial fishing started around the Cape. The last four years have seen a population crash. As the climate changes and fisheries transform the oceans, the world's African Penguins are in trouble. Young Penguins aren't able to take all the changes into account and are finding themselves 'trapped' in parts of the sea that can no longer support them even as better options are available. o poaching is currently at a crisis point. By the end of 2015, the number of African Rhinos killed by poachers had increased for the sixth year in a row with at least 1,338 Rhinos killed by poachers across Africa in 2015. These statistics are compiled by International Union for Conservation of Nature (IUCN) Species Survival Commission's African Rhino Specialist Group (AfRSG). |
| 20240906 | 23:40:00 | 00:15:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240907 | 00:15:00 | 00:50:00 | EXOTIC IRANIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240907 | 00:50:00 | 01:45:00 | DRONE WARS - EP 1 | Seven teams of two come from all over the world to compete. Their first challenge is designing a drone that guides them through a giant maze. |
| 20240907 | 01:45:00 | 02:40:00 | GOING BEYOND - BANGKOK, EP 1 | Going Beyond is wanderlust-filled hitchhiker Mariia Khandus's new travel project. She's journeyed around the world. Everybody knows that Thailand, Vietnam, and Indonesia are great places to relax with wonderful beaches and delicious fruits! But what do you know about the local people? The expats? About the real lives of those living in these exotic countries? In our trip we will discover it all, together! We visit the non-touristy places and show you the real Indochina! This is a set of stories of different people, through the prism of whom we show life in a country. It is a collection of diverse achievements, experiences and emotions. We are looking for the most interesting stories for you to keep expanding your own consciousness. Unbelievable panoramic views, interesting people, exciting stories and adventures – you'll see all of this in our travel show, Going Beyond! We will visit the Kingdom of Thailand and - most importantly - the city of Bangkok. We'll learn all about the authentic Thai massage, meet one of the most accomplished marathon runners in the world - who recently ran five thousand kilometers - see one of |
| 20240907 | 02:40:00 | 03:30:00 | GIANT RAILWAY | This 4K mini-series follows the largest and most impressive structures from around the world. The location: somewhere in India. The weather: steaming hot. Not your ideal preconditions for an outdoor project of impossible proportions: constructing a railway underpass in five hours. Is it even possible to build a complete railway underpass in that short amount of time? Provided 150 workers, six excavators, and two heavy-duty cranes, all work in perfect coordination and planning, it is. |
| 20240907 | 03:30:00 | 04:15:00 | DREAM JOURNEY - CUNCUM - MEXICO, EP 1 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey. I simply cannot wait for |
| 20240907 | 04:15:00 | 05:05:00 | DRONE WARS - EP 9 | Teams are given objects and must make them fly and host a party. A spontaneous drone party commences with a multitude of guests! |
| 20240907 | 05:05:00 | 06:00:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240907 | 06:00:00 | 06:25:00 | THE GLOBAL BARBER: HAIR OF THE DOG BARBER & PUB - KINGSTON, ONTARIO, CANADA | The Global Barber visits Kingston, Ontario, Canada with "Hair Of The Dog" Barber & Pub Co-Owner Luke Chambers, for a couple days. Episode features the team all working together before heading to Union Kitchen & Cocktails for dinner and drinks. The boys from The Bearded Villains drop-in for a touch up, and later in the episode, Cedric and Luke take a bird's eye view of the area with 1000 Island Helicopter Tours. |

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| 20240907 | 06:25:00 | 06:50:00 | FOR FUN ONLY EP 5 | In the fifth episode of the set, we visit a place where you can practice one of the youngest and most incredible sports. Fly Spot in Katowice is one of the most modern centres in the world where you can fly in an air stream. We meet Maja Kuczyńska, the current World Champion in this discipline and assist with a unique show by the queen of Indoor Sky Diving. |
| 20240907 | 06:50:00 | 07:35:00 | CONFUCIUS WAS A FOODIE - SPICY, S3 EP 5 | Despite popular belief 'spicy' in Chinese cuisines is not always hot! In various Chinese cuisines, spices are complex and varied. Chef Christine visits the Malaysian island of Penang, a location historically important to the story of spice trade with TV celebrity Chef Wan for a fun and fact filled visit to the Tropical Spice Garden. At a picturesque mountain top plantation, they pick nutmeg and discover the unique uses of the fruit/spice particular only to this Malaysian island. |
| 20240907 | 07:35:00 | 08:25:00 | 600 POUND WATER BUFFALO | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240907 | 08:25:00 | 09:20:00 | ROAD LESS TRAVELED CARIBBEAN SPECIAL | Jonathan's Caribbean adventure starts in the US Virgin islands - a complete touristy haven, Jonathan digs deep to find the hidden stories of the islands. From the inception of the transatlantic slave trade right in the islands, linked to the production of sugar; Jonathan seeks out the story of the original island inhabitants, the Taino. A deep hike into the jungle reveals Taino Petroglyphs, and the story pivots to the Dominican Republic. In the DR, Jonathan tracks down the modern day Taino descendants, partakes in ceremonies, and starts a new adventure to learn the modern story of DR; Hanging out with tobacco dons, hunting the elusive lionfish, learning bachata, Jonathan pin balls around Dominican Republic learning the island nation's stories found only on the road less traveled. |
| 20240907 | 09:20:00 | 10:10:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240907 | 10:10:00 | 10:55:00 | PHOTO NUMBER 6, EP 6 | Starting in the City of Angels Fletch explores the quirky side of LA structural art and comes across a character bigger than the city itself. As an actor on an iconic television drama, Fletch feels compelled to experience a taste of Hollywood by auditioning for a role on US daytime soap opera the Bold and the Beautiful. On the road east, Fletch stops to explore Joshua Tree National park looking to capture the Milky Way in the night sky with help from photographer Pamela Ann Berry. Then on to Las Vegas where Fletch and Stig take in the glitz and the grunge of the world's most famous centre for gambling and entertainment. |
| 20240907 | 10:55:00 | 11:20:00 | MAX FOODIE: IRELAND | Admit it, first thing you relate with Dublin are the pubs. Sure, they are a staple and they serve some of the best brews in the world. And they come with an associated culture that is hard to rival. But what about the food? Does Dublin have a burgeoning foodie scene or is it all about the pint o' Guinness? Find out on this episode of Max Foodie as Liesel explores the breathtakingly beautiful country of Ireland. |
| 20240907 | 11:20:00 | 11:55:00 | SHOCKING DELICACY IN AFRICA. HERERO PEOPLE AND THE SMILEY. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240907 | 11:55:00 | 12:25:00 | SOCIAL FABRIC - COWBOY BOOTS, EP 6 | Real Cowboys (Boerne, TX): Showcasing a real life cowboy in Texas and the putting the boots' original purpose to use. Kyle visits Wheeler's Feed & Outfitters. Roman Cowboys (Rome, Italy): A quirky take on American cowboy culture in Rome. Kyle visits Texano Store. Heavy Metal (Kenya): One African heavy metal band's take on the greater symbolism of the cowboy boot. |
| 20240907 | 12:25:00 | 12:55:00 | BLOOD RED JELLYFISH. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240907 | 12:55:00 | 13:20:00 | BLUE WORLD - TIGER SHARKS IN THE BAHAMAS + CRYSTAL CAVE OF ABACO, BAHAMAS | In the series pilot, host Jonathan Bird travels to the Bahamas, where diver interactions with Tiger sharks have become up close and personal. These large and dangerous animals are not only being hand-fed, but actually handled by divers. Jonathan learns how to flip a Tiger shark from experienced shark handlers. Next, Jonathan investigates the Crystal Cave of Abaco, Bahamas...considered the most highly-ornamented underwater cave in the world! |
| 20240907 | 13:20:00 | 13:45:00 | BLUE WORLD, THE AMAZING COMEBACK OF GRAY SEALS + SHARK PERFORMANCES IN THE PHILIPPINES | Gray seals look like cute swimming puppy dogs, and their story of recovery from the brink of extinction is one of the best examples of conservation in history. Blue World joins a team of seal researchers on Cape Cod, and dives with these adorable pups of the sea to tell their story. Then we travel to the town of Oslob in the Philippines, where the local people have switched from hunting whale sharks to getting them to perform for tourists, proving that sharks are worth more alive than dead. |
| 20240907 | 13:45:00 | 14:30:00 | BREAKING THE DAY - ADVENTURE PHOTOGRAPHER, EP 6 | As a nomadic adventure photographer, Krystle Wright is used to heading into the unknown. But her latest ambition to capture a rock climber on the famous Tasmanian spire, the Totem Pole, while suspended above the ocean, has never been done before. |
| 20240907 | 14:30:00 | 15:15:00 | SEARCH FOR THE EDGE OF SPACE | The universe has long captivated us with its immense scales of distance and time. Many astronomers today have come to believe that what we can see represents only a small fraction of all there is. They are pioneering bold new theories that describe a cosmic landscape that extends far beyond the limits of our vision. What lies beyond the streams of galaxies that extend as far as our telescopes can see? Where does it all end? How do we fit within it? |
| 20240907 | 15:15:00 | 16:00:00 | CONFUCIUS WAS A FOODIE - SWEET, S3 EP 2 | Chinese cuisines use sugar very differently from Western cuisines, and Christine starts her comparison in Paris and Athens where she looks at how Westerners interpret 'sweet'. Traditionally, for the Chinese, sugar is predominantly used to achieve balance, but the liberal use of sugars in South East Asia Chinese cuisines are a culinary surprise. 'Sweet' is most traditionally found in the simple and omnipresent ingredient rice, so Christine is off to the rice paddies of Malaysia follow the process of planting and processing. |
| 20240907 | 16:00:00 | 16:45:00 | DREAM JOURNEY - HOLBOX ISLAND, EP 2 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey:) I simply cannot wait for more!" |
| 20240907 | 16:45:00 | 17:10:00 | AT HOME WITH DIDIAYER - NASHVILLE: MUSIC CITY USA, EP 4 | As we pull into Music City, we're already "making it"! Nashville's first woman mayor shares her insights on the future of the city. Phil Vassar turns an interview into a celebration of song. We "rough it" a couple nights at the Gaylord Opry, and interview the "interviewer"! Oh yeah, we also stop by Jack's place. Daniels that is. |
| 20240907 | 17:10:00 | 18:00:00 | ISLAND HUNTER - PHILIPPINES, EP 8 | This Island Hunter episode explores one of Philippines 7000+ islands, and this particular island is voted by most travel publications to be the most beautiful in the world. We are of course talking about the island of Palawan. In this episode, Host Mizziel Serra starts of her exploration in the bustling city of Manila; she explores the walled city of Intramuros, the Spanish seat during their colonization, as well as Binondo, the world's oldest Chinatown! After meeting the gang at STKD SurfMoto, Mizziel gets hooked up with a customized Ducati Scrambler and she explores the island of Luzon on 2 wheels, where her journey ends up at the iconic Pico de Loro. From there, she ventures up to her final moto destination, the surf town of La Union, where she gets a hands on lesson with the local surfing champ. From here on, she island hops and explores the luxury side of Palawan Island. Mizziel gets to check out what the El Nido property has to offer travelers by exploring all 3 resorts in the protected Palawan Marine reserve. This is Philippines like you've never seen before! |
| 20240907 | 18:00:00 | 18:50:00 | ROAD LESS TRAVELED - CYPRUS, EP 9 | Jonathan Legg hops on 2 wheels to explore the beautiful Mediterranean island of Cyprus. Being in the birthplace of Aphrodite, what better theme than to embark on a mission to find out what Cypriots consider beautiful. Jonathan rides dirtbikes in the Troodos mountain ranges exploring ancient caves, wreck dives at one of the top 10 dive sites in the world, takes flight on a microlight, all in an effort to understand beauty. Between massage sessions at ancient hammams, to ancient Greek ruins and drinking the local moonshine, Zivania; this is an exploration of Cyprus found on the Road less Traveled. |

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| 20240907 | 18:50:00 | 19:30:00 | BIZARRE BAHAMAS. PART 2 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240907 | 19:30:00 | 20:15:00 | INK THERAPY EP 11 | Linked by ink. Gil invites cast for album reveal. The return of a caterpillar's friend to get her first tattoo and Brandie's friend covers a painful scar after 30 years |
| 20240907 | 20:15:00 | 21:00:00 | INK THERAPY EP 12 | After 8 years of an "Ink Therapy" journey, Charlie's going to finally cover Brandie's last burn scar. |
| 20240907 | 21:00:00 | 21:25:00 | MAX FOODIE: SEYCHELLES | Seychelles is blossoming as the world's best beach destination; to find out why, Sashi heads there with a mission to understand gastronomy Seychellois. Octopus curry is the national dish and to find the very best in the island, Sashi finds himself at the Four Seasons in Mahe island to learn the ins and outs. Between the world's most gorgeous graniteline beaches, Sashi heads to the far out Desroches island where giant alibaba tortoises roam free - the culinary extravaganza continues there with beachside sunset barbecues and sushi platters with the island nations' seafood bounty. Experience the best of Seychelles in this episode! |
| 20240907 | 21:25:00 | 22:00:00 | EXOTIC IRANIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240907 | 22:00:00 | 22:50:00 | SOUTH SEAS SPEARO - EP 2 | The team assembles in the beautiful Coromandel Peninsula, where the plan is to head out to the Mercury Islands for a couple of days to target all manner of tasty table fish. |
| 20240907 | 22:50:00 | 23:20:00 | \$100 SPRING ROLL VS \$1 SPRING ROLL. VIETNAM'S MOST DYNAMIC STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240907 | 23:20:00 | 23:55:00 | MINNESOTA FOOD THAT WILL KILL YOU. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240907 | 23:55:00 | 00:30:00 | SURVIVING MANILA. PART 2 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240908 | 00:30:00 | 00:55:00 | FOR FUN ONLY EP 3 | In the third episode of the set we meet the real enthusiasts of off-road. Assisting in the training, preparations in the workshop, and participating in a cross-country rally, we learn how to prepare the car and the crew to get through the difficult terrain. We talk about the necessary skills, driving technique, and how to start such an extreme adventure by yourself. |
| 20240908 | 00:55:00 | 01:50:00 | DRONE WARS - EP 2 | A challenge of traditional drone racing separates the teams into racers and engineers, all on the backdrop of an abandoned military base. |
| 20240908 | 01:50:00 | 02:45:00 | GOING BEYOND - BANGKOK #2, EP 2 | We will visit the most incredible markets in Thailand. One of which is directly on the water ... And the second - on the rails of a fully-operating railway! Discover a teak factory, where Thai craftsmen make the most expensive wood products in the world. And in the end we'll ride on one of the biggest Ferris Wheels in Asia! |

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| 20240908 | 02:45:00 | 03:40:00 | VOLCANO ADVENTURE - VOLCANO FANTASIA, EP 2 | The world most dangerous adventure! Explorers attempt to access the fire of the earth that has never been reached by any other human being. At the heart of the volcano is the fiercest fire in the world, and there are brave people who dare to travel to the heart. Volcanologists aim to interpret volcanoes in collaboration with explorers. No other scholar's task is more dangerous than theirs. As it is impossible to predict when a volcano will erupt, there is never any single right answer. The documentary explores dangerous active volcanoes with the help of volcanologists. |
| 20240908 | 03:40:00 | 04:25:00 | DREAM JOURNEY - HOLBOX ISLAND, EP 2 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey:) I simply cannot wait for more!" |
| 20240908 | 04:25:00 | 05:00:00 | INDIAN STREET FOOD \$100 CHALLENGE IN MUMBAI. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240908 | 05:00:00 | 05:35:00 | BUGS ARE INVADING STREET FOOD IN ASIA. EXTREME VIETNAMESE STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240908 | 05:35:00 | 06:00:00 | HOW IT'S MADE - THE YACHT YARD, EP 1 | The series "How Do They Make It" is a journey into the world of complex mechanisms surrounding contemporary man. It's a story about places where exceptional things are being created to make our travel, communication, work, and life easier. In every program, we visit a new place. Our series is about creating unique products but also about the commitment, passion, and work of the people who create them. Each set consists of five episodes about the most interesting production micro-worlds and their operations. The themes of the sets are very diverse – ranging from the big car factory to the traditional glassworks. In the first episode of this set, we visit one of the biggest Polish yacht yards - Northmann shipyard in Węgorzewo. This shipyard produces the popular sailing yachts Maxus and motorized yachts Nexus. In the program, we talk about designing and building yachts. We then show the subsequent stages of their production process, we meet the people who make them and who sail in them. The episode will also have a special guest, namely Szymon Kuczynski – who has sailed round the globe in the smallest, six-meter Maxus 22 yacht, produced at this shipyard. |
| 20240908 | 06:00:00 | 06:50:00 | COSTA RICA: WILDLIFE UNDER THE RAINBOW | The tropical climate and contrasted topography of Costa Rica has fostered exceptional biodiversity, hosting wildlife from both North and South America. From the peaks of the volcanoes down to the Pacific and Caribbean shores, and amidst the dense Cloud forest, the country is home to the most remarkable mammals, beautiful birds, and astonishing reptiles...all in for a beauty contest! Watch the colorful Quetzal and Toucan, listen to the Spider Monkey. As Iguanas battle for the last mango the frogs respond to the Scarlet Macaw wake up call. |
| 20240908 | 06:50:00 | 07:35:00 | VISITING - COLOR | Color: "The quality of an object or substance with respect to light reflected by the object, usually determined visually by measurement of hue, saturation, and brightness of the reflected light; saturation or chroma." A very robotic description of an incredibly dynamic property of the universe. Earth is a varied landscape of extremes of millions of colors. Through the lens of the "Visitor" we experience our mosaic landscape from a sense of imagination and wonder. "Why do these colors exist?" "What properties in nature create the conditions that these colors live in?" Using a scientific and artistic viewpoint we explore environments around the world that display the palette of the Earth. Life and Death, artificial and natural, the colors of the Earth exposes the kaleidoscope of this planet like never before... |

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| 20240908 | 07:35:00 | 08:00:00 | THE GLOBAL BARBER: NICKEL BROOK BREWING CO. / VINTAGE CAR CO. & BARBERSHOP - BURLINGTON, ONTARIO | The Global Barber visits Burlington, Ontario to hang-out with John Romano Founder of Nickel Brook Brewery and Jerry Filice of Village Cigar Co. & Barbershop. The guys all taste some unique, craft beers at Nickel Brook Brewing Co. #CafeDelBastardo #HeadStock #Metalhead. Then, Cedric and the crew head to Bad Axe Throwing for some fun, before heading to Jake's Grill & Oyster House for the area's best seafood! |
| 20240908 | 08:00:00 | 08:35:00 | EXOTIC ANIMAL MEAT IN TEXAS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240908 | 08:35:00 | 09:20:00 | ROAD LESS TRAVELED: RECAP | Season recap; once again, as is tradition, Jonathan recounts the tale of the season. From disasters to blunders to genuine moments, he meticulously goes through what he learned, revealing never before seen clips, shares his lessons learned, and much more! |
| 20240908 | 09:20:00 | 10:10:00 | SOUTH SEAS SPEARO - EP 4 | The team heads to Vava'u, the northernmost island chain of Tonga, for a week of open ocean bluewater spearfishing. The main target is giant dogtooth tuna, as well as the trophy bluewater pelagics. |
| 20240908 | 10:10:00 | 10:55:00 | PHOTO NUMBER 6, EP 7 | We leave the bright lights of Vegas and head for the scenic splendor of UTAH. First stop is the Dixie Rodeo in St George for a celebration of Americana and intense cowboy action. The dismay continues in an exploration of Ice Hockey at the training ground for the UTAH Grizzlies where Fletch is asked to be guest goalie for the day. The road trip ventures south to Monument Valley where Fletch fulfills a lifetime dream to photograph the magnificent scenery and meet with local Navajo residents to explore their connection with the land. |
| 20240908 | 10:55:00 | 11:25:00 | INDIA'S MEGA STREET FOOD FACTORIES. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240908 | 11:25:00 | 11:50:00 | BLUE WORLD - EXPLORING DEVIL'S HOLE CAVE IN NEVADA, USA | Would you believe that one of the largest aquifers in the United States is located directly beneath Death Valley? In the Season 6 premiere, Blue World is invited to join a team of scientists working at Devil's Hole Cave in Nevada and is afforded a once-in-a-lifetime permit from the National Park Service to dive in Devil's Hole Cave. Fewer than 20 people have ever been allowed to dive in this otherworldly cave system. |
| 20240908 | 11:50:00 | 12:20:00 | STREET FOOD BOSSES OF HONG KONG. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240908 | 12:20:00 | 12:45:00 | BLUE WORLD - MUCK DRIVING IN FLORIDA + ICELAND... THE WORLD'S CLEAREST WATER | Jonathan travels to Iceland to investigate a giant crack in the ground filled with frigid runoff from melting glaciers. It's rumored to be the clearest water in the world. Next, he heads down to sunny Florida, not to dive a coral reef or a spectacular shipwreck, but to dive in shallow, murky water under a busy bridge. This secret spot is home to some of the ocean's most remarkable, and weird, animals. |
| 20240908 | 12:45:00 | 13:10:00 | BLUE WORLD A RED SEA EXPEDITION | It's a Red Sea expedition! Blue World explores the reefs, and marine life of the Red Sea, both during the day, and at night. And you can't go to Egypt without a trip to the pyramids. It's a desert adventure! |
| 20240908 | 13:10:00 | 13:55:00 | BREAKING THE DAY, STREET ARTIST | With patrons like skateboarder Tony Hawk and hip-hop producer Swizz Beatz, Alex Yanes is a successful artist by any measure. But his latest piece is about more than making art for sale; it's about making art to give his daughter a better future. |
| 20240908 | 13:55:00 | 14:20:00 | AT HOME WITH DIDIAYER - THE BEST OF ART, EP 11 | On this special edition of AHWD, we serve up some of our favorite dishes created and prepared by celebrated chefs! |
| 20240908 | 14:20:00 | 14:45:00 | THE GLOBAL BARBER: WAHL EDUCATORS - TORONTO, CANADA | Ontario had just entered in to Phase 3 of the pandemic with barbershops and salons beginning to open. The Global Barber visits Fratelli's Salon in Thornhill, Ontario, to chat with the Education team from Wahl Canada, about their recommendations for self-care, during this challenging time of lockdowns. |

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| 20240908 | 14:45:00 | 15:30:00 | CONFUCIUS WAS A FOODIE - SOUR, S3 EP 3 | According to science humans are the only mammals that are attracted to sour. Chinese medicinal believes says that 'sour' can help digestion and whet the appetite. In 3 traditional Chinese cuisines it is often used for balance but in south East Asian versions of Chinese dishes it is often quite forward even becoming part of the name of a dish particularly in traditional Peranakan Chinese cuisines. A cuisine (and a people) that Christine discovers for the first time. Christine joins Malaysian celebrity Chef Wan for a one of a kind experience, cooking in a traditional old Peranakan kitchen and making the food of Chef Wan's heritage. |
| 20240908 | 15:30:00 | 16:15:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey. I simply cannot wait for |
| 20240908 | 16:15:00 | 16:50:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240908 | 16:50:00 | 17:40:00 | ISLAND HUNTER - CALIFORNIA, EP 9 | A unique episode in it's own right, this episode features a road trip through California, Island Hunter style; however, the focus this time around is not necessarily on luxury, it's more about adventures and explorations on the road. Host Sophie Ashley tours around the Golden State, making stops in iconic destinations like San Francisco, Los Angeles, Monterey, and Santa Barbara. Her ride for the episode, true to the Island Hunter style is the iconic Aston Martin DB11 Volante; Whether it's hiking around the Golden Gate, top down on Highway 1, exploring wineries or chowing down tacos at a food truck in Los Angeles, this is the ultimate road trip through California! |
| 20240908 | 17:40:00 | 18:25:00 | ROAD LESS TRAVELED - SPECIAL, EP 10 | In this special, Jonathan Legg recounts his favorite moments, mishaps including getting arrested in Russia, but this episode is a bit different; In this special Jonathan places a particular emphasis on lessons learned; insight and knowledge as well as experiences gained on the Road less Traveled. |
| 20240908 | 18:25:00 | 19:20:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240908 | 19:20:00 | 20:05:00 | INK THERAPY EP 13 | Old friends meet again and Katie is in for a few surprises in the season finale. |
| 20240908 | 20:05:00 | 21:00:00 | ENDLESS WINTER: SURFING EUROPE, EP 2 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240908 | 21:00:00 | 21:30:00 | ASIA'S TOUGHEST WOMEN. COOKING EXOTIC MONGOLIAN FOOD NEVER SEEN BEFORE. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240908 | 21:30:00 | 22:00:00 | GIANT FREAKING CLAM. SOUTHEAST ASIA'S WILDEST SEAFOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240908 | 22:00:00 | 22:50:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240908 | 22:50:00 | 23:25:00 | SUPER RARE KENYAN VILLAGE FEAST. FIRST TIME CAUGHT ON CAMERA. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240908 | 23:25:00 | 23:50:00 | THE GLOBAL BARBER: WEST PARK BARBERSHOP - CLEVELAND, OHIO, USA | The Global Barber visits West Park Barbershops in Cleveland, Ohio, USA. Host Cedric Small chats with multi-award winning Master Barber Patrick Burke about his start in the business, and how he's grown to own several businesses. While visiting Cleveland, Cedric checks-out the Rock & Roll Hall Of Fame's latest exhibits, and visits P.J. McIntyre's Irish Pub for some pints and a bite to eat. |
| 20240908 | 23:50:00 | 00:35:00 | PHOTO NUMBER 6, EP 4 | In Paris Fletch explores the city's hidden secrets with photographer Patrick Colpron, including a clandestine tour of an abandoned railway line that encircles the city. With the help of wedding photographer Pierre Torset, Fletch and Stig set about understanding why Paris is renowned as the City of Love and immerse themselves in the city's vibrant art scene with a visit to 59 Rivoli Artist Studios. Finally, no visit to France could be complete without a jaunt to Champagne for a feast fine food, wine and chocolate. |
| 20240909 | 00:35:00 | 01:00:00 | HOW IT'S MADE - THE CAR FACTORY, EP 3 | In the third episode of the set we visit Pruszków, near Warsaw, to see one of the most unusual scrap yards in the world. It's a place where elements of scrap metal are turned into unique works of art. The owner of the scrap yard, Mariusz Olejniczak, driven by his passion, has gathered together a unique collection of sculptures of the world's most iconic vehicles. |
| 20240909 | 01:00:00 | 01:55:00 | DRONE WARS - EP 3 | Teams must equip drones with poles able to grab rings attached to field goal posts. The top two teams compete in a medieval joust tournament for the top stop. |
| 20240909 | 01:55:00 | 02:50:00 | GOING BEYOND - KOH CHANG, EP 3 | We will get acquainted with the island of Koh Chang! Hitchhike in one of the biggest extreme-parks on the island and we'll have a lot of fun! We'll meet friendly elephants and take part in a photo session! Then we'll have a look at one of the coolest Thai boxing clubs and practice there with the masters of the sport. |
| 20240909 | 02:50:00 | 03:45:00 | THE ETHIOPIA: THE MYSTERY OF PHALLIC STONES | End of 2017, in Southern Ethiopia: a team of European and Ethiopian archeologists is at work on a newly discovered Megalithic site ten times bigger than the site of Stonehenge. In a steep constriction of the Rift Valley, several thousand large monoliths in unmistakable phallic forms can be found intact. Dating from 10th till 13th Century AD, their origin appears to be all the more mysterious. Find out the secrets of a lost civilization in the very heart of Ethiopia. |
| 20240909 | 03:45:00 | 04:30:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey! I simply cannot wait for |

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| 20240909 | 04:30:00 | 06:00:00 | THE ROYAL ROADS OF THE INCAS | The Royal Roads of the Incas documents the rise of the greatest empire of the Americas. Who were they? Where did they come from? And how did they unify over 200 ethnicities into one nation? Through historical narrative and the voices of their descendances, we explore the fascinating world of Tawantinsuyu ~ the four quarters of the Incan empire. Our journey traces the ancient routes of the Indian civilisation, the rise of the Inca dynasty and their dramatic encounter with foreign invaders. |
| 20240909 | 06:00:00 | 06:25:00 | THE GLOBAL BARBER: HAIR OF THE DOG BARBER & PUB - KINGSTON, ONTARIO, CANADA | The Global Barber visits Kingston, Ontario, Canada with "Hair Of The Dog" Barber & Pub Co-Owner Luke Chambers, for a couple days. Episode features the team all working together before heading to Union Kitchen & Cocktails for dinner and drinks. The boys from The Bearded Villains drop-in for a touch up, and later in the episode, Cedric and Luke take a bird's eye view of the area with 1000 Island Helicopter Tours. |
| 20240909 | 06:25:00 | 07:20:00 | FOOD UNKNOWN - FINLAND, EP 2 | Finland is that one Nordic country that is never on the global cuisine radar. However, the reserved Finns have been quietly perfecting their craft of foraging culture and incorporating it into their unique cuisine. Jonathan Legg explores the entire expanse of the country to understand it's cuisine, and the ethos of the country's top chefs; from amazing locally sourced cuisine in Helsinki, to an expedition in Lapland to learn about foraging and the Finnish delicacy, reindeer! |
| 20240909 | 07:20:00 | 08:05:00 | CONFUCIUS WAS A FOODIE - SPICY, S3 EP 5 | Despite popular belief 'spicy' in Chinese cuisines is not always hot! In various Chinese cuisines, spices are complex and varied. Chef Christine visits the Malaysian island of Penang, a location historically important to the story of spice trade with TV celebrity Che Wan for a fun and fact filled visit to the Tropical Spice Garden. At a picturesque mountain top plantation, they pick nutmeg and discover the unique uses of the fruit/spice particular only to this Malaysian island. |
| 20240909 | 08:05:00 | 08:55:00 | 600 POUND WATER BUFFALO | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240909 | 08:55:00 | 09:50:00 | ROAD LESS TRAVELED CARIBBEAN SPECIAL | Jonathan's Caribbean adventure starts in the US Virgin islands - a complete touristy haven, Jonathan digs deep to find the hidden stories of the islands. From the inception of the transatlantic slave trade right in the islands, linked to the production of sugar; Jonathan seeks out the story of the original island inhabitants, the Taino. A deep hike into the jungle reveals Taino Petroglyphs, and the story pivots to the Dominican Republic. In the DR, Jonathan tracks down the modern day Taino descendants, partakes in ceremonies, and starts a new adventure to learn the modern story of DR; Hanging out with tobacco dons, hunting the elusive lionfish, learning bachata, Jonathan pin balls around Dominican Republic learning the island nation's stories found only on the road less traveled. |
| 20240909 | 09:50:00 | 10:40:00 | ISLAND HUNTER - PUERTO RICO, EP 4 | Puerto Rico is one of the most popular vacation destinations for Americans, and it's easy to see why; everyone speaks English, it's easy to get to, and of course, it's still a part of the US! Host Liesel Hlista starts off her journey with a goal to feel at one with herself and the best way to do that is with a stint of yoga, atop a paddleboard. SUP yoga! Feeling centered, she begins exploring the island by taking a very detailed walking historical tour as well as a food tour. Bouncing around cantinas and trying out slushy drinks made with the local Don Q rum, Liesel gets a unique insight into old San Juan. To step up the action, Liesel also explores all the hands-on activities such as riding horseback on the beach, riding ATV's through the muddy swamps, and hiking through the super lush El Yunque rainforest. Luxurious resorts are only a stone's throw away - hopping islands, Liesel gets to experience the ultra modern and chic El Blok located in Vieques. Between stays at all the luxury boutique resorts, a common trend starts to appear, and that is the island's cuisine. Spanish influences, blended with American fine dining. Liesel gets a taste of the eclectic but high end cuisine spanning from top resorts. |
| 20240909 | 10:40:00 | 11:30:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240909 | 11:30:00 | 12:00:00 | ASIA'S TOUGHEST WOMEN. COOKING EXOTIC MONGOLIAN FOOD NEVER SEEN BEFORE. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240909 | 12:00:00 | 12:25:00 | BLUE WORLD - GIANT PACIFIC OCTOPUS | In this epic octopus adventure, Jonathan visits two aquaria to learn about the Giant Pacific octopus, and then travels to Seattle, Washington (USA) to join the Seattle Aquarium dive team on an octopus survey. He meets the Giant Pacific Octopus, the world's largest octopus, and discovers how clever this huge invertebrate really is! |
| 20240909 | 12:25:00 | 12:50:00 | BLUE WORLD - TIGER SHARKS IN THE BAHAMAS + CRYSTAL CAVE OF ABACO, BAHAMAS | In the series pilot, host Jonathan Bird travels to the Bahamas, where diver interactions with Tiger sharks have become up close and personal. These large and dangerous animals are not only being hand-fed, but actually handled by divers. Jonathan learns how to flip a Tiger shark from experienced shark handlers. Next, Jonathan investigates the Crystal Cave of Abaco, Bahamas...considered the most highly-ornamented underwater cave in the world! |
| 20240909 | 12:50:00 | 13:15:00 | BLUE WORLD, THE AMAZING COMEBACK OF GRAY SEALS + SHARK PERFORMANCES IN THE PHILIPPINES | Gray seals look like cute swimming puppy dogs, and their story of recovery from the brink of extinction is one of the best examples of conservation in history. Blue World joins a team of seal researchers on Cape Cod, and dives with these adorable pups of the sea to tell their story. Then we travel to the town of Oslob in the Philippines, where the local people have switched from hunting whale sharks to getting them to perform for tourists, proving that sharks are worth more alive than dead. |
| 20240909 | 13:15:00 | 14:00:00 | BREAKING THE DAY - ADVENTURE PHOTOGRAPHER, EP 6 | As a nomadic adventure photographer, Krystle Wright is used to heading into the unknown. But her latest ambition to capture a rock climber on the famous Tasmanian spire, the Totem Pole, while suspended above the ocean, has never been done before. |
| 20240909 | 14:00:00 | 14:45:00 | PHOTO NUMBER 6, EP 8 | Fletch and Stig explore the diversity of this extraordinary North African country by journeying from Sea to Sand, beginning in the port of Essaouira, dominated by its fishing industry and fortress battlements and made famous by the television series Game of Thrones and ending in the magnificent Sahara Desert to meet Bedouin nomads and explore its vast emptiness and lush oases. Along the way they take in the vibrant tourist mecca of Marrakesh, sampling the culinary and sensory delights of this magical city. |
| 20240909 | 14:45:00 | 15:30:00 | CONFUCIUS WAS A FOODIE - SWEET, S3 EP 2 | Chinese cuisines use sugar very differently from Western cuisines, and Christine starts her comparison in Paris and Athens where she looks at how Westerners interpret 'sweet'. Traditionally, for the Chinese, sugar is predominantly used to achieve balance, but the liberal use of sugars in South East Asia Chinese cuisines are a culinary surprise. 'Sweet' is most traditionally found in the simple and omnipresent ingredient rice, so Cushing is off to the rice paddies of Malaysia follow the process of planting and processing. |
| 20240909 | 15:30:00 | 16:15:00 | DREAM JOURNEY - HOLBOX ISLAND, EP 2 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey :) I simply cannot wait for more!" |
| 20240909 | 16:15:00 | 16:40:00 | AT HOME WITH DIDIAYER - NASHVILLE: MUSIC CITY USA, EP 4 | As we pull into Music City, we're already "making it"! Nashville's first woman mayor shares her insights on the future of the city. Phil Vassar turns an interview into a celebration of song. We "rough it" a couple nights at the Gaylord Opry, and interview the "interviewer"! Oh yeah, we also stop by Jack's place. Daniels that is. |
| 20240909 | 16:40:00 | 17:30:00 | ISLAND HUNTER - PHILIPPINES, EP 8 | This Island Hunter episode explores one of Philippines 7000+ islands, and this particular island is voted by most travel publications to be the most beautiful in the world. We are of course talking about the island of Palawan. In this episode, Host Mizziel Serra starts of her exploration in the bustling city of Manila; she explores the walled city of Intramuros, the Spanish seat during their colonization, as well as Binondo, the world's oldest Chinatown! After meeting the gang at STKD SurfMoto, Mizziel gets hooked up with a customized Ducati Scrambler and she explores the island of Luzon on 2 wheels, where her journey ends up at the iconic Pico de Loro. From there, she ventures up to her final moto destination, the surf town of La Union, where she gets a hands on lesson with the local surfing champ. From here on, she island hops and explores the luxury side of Palawan Island. Mizziel gets to check out what the El Nido property has to offer travelers by exploring all 3 resorts in the protected Palawan Marine reserve. This is Philippines like you've never seen before! |

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| 20240909 | 17:30:00 | 18:20:00 | ROAD LESS TRAVELED - CYPRUS, EP 9 | Jonathan Legg hops on 2 wheels to explore the beautiful Mediterranean island of Cyprus. Being in the birthplace of Aphrodite, what better theme than to embark on a mission to find out what Cypriots consider beautiful. Jonathan rides dirtbikes in the Troodos mountain ranges exploring ancient caves, wreck dives at one of the top 10 dive sites in the world, takes flight on a microlight, all in an effort to understand beauty. Between massage sessions at ancient hammams, to ancient Greek ruins and drinking the local moonshine, Zivania; this is an exploration of Cyprus found on the Road less Traveled. |
| 20240909 | 18:20:00 | 18:45:00 | HOW IT'S MADE EP 2 | In the second episode of the set we visit Piechowice near Jelenia Góra. This small mountain village is best known for almost two hundred years of production of traditional crystal glass. The Crystal Glassworks "Julia" is one of the few remaining crystal glassworks in the world. We show you how unique crystals are still being made, how they are extracted from melted glass, and how they are ornamented. |
| 20240909 | 18:45:00 | 19:30:00 | THE RED LIST - CHEETAHS | The world's fastest land mammal is racing toward extinction, with the latest Cheetah census suggesting that the big cats, which are already few in number, may decline by an additional 53 percent over the next 15 years. Cheetah has been driven out of 91 percent of its historic range—the big cats once roamed nearly all of Africa and much of Asia, but their population is now confined predominantly to six African countries: Angola, Namibia, Zimbabwe, Botswana, South Africa, and Mozambique. The species is already almost extinct in Asia, with fewer than 50 individuals remaining in one isolated pocket of Iran. Cheetahs are getting killed directly, and then also their prey species are getting killed in these savannah areas, so the Cheetahs having nothing to subsist on. |
| 20240909 | 19:30:00 | 20:15:00 | INK THERAPY - EP 3 | The cast tracks Charlie's progress as he works on getting his vintage '47 Cadillac running. |
| 20240909 | 20:15:00 | 21:00:00 | INK THERAPY - EP 4 | Katie and Tina go thrift shopping and decide to drag Gil along to help him prepare for his 9 year anniversary. |
| 20240909 | 21:00:00 | 21:25:00 | RVERS EP 11 | Disabled RVers: There are million excuses not to do something. Jim and Mica are an inspiring couple who teach us that none of them are enough to keep you from living and enjoying your life. Solar Power: Free, available, and very effective, John and Peter share the power of solar power. On-The-Road: Brian and Melissa of RV with Tito |
| 20240909 | 21:25:00 | 21:50:00 | RVERS EP 12 | Conquering Alaska: Tom and Cait take us through their epic Alaskan expedition as they live out the lifelong dream of many RVers in grand and spectacular fashion. RV Insurance: Anthony learns about the ins and outs RV insurance from the family that, well, invented it. On-The-Road: Mary Van Compernele (AKA Jason "Gone with the..." Wynn's mom) |
| 20240909 | 21:50:00 | 22:20:00 | \$100 SPRING ROLL VS \$1 SPRING ROLL. VIETNAM'S MOST DYNAMIC STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240909 | 22:20:00 | 23:10:00 | SOUTH SEAS SPEARO - EP 2 | The team assembles in the beautiful Coromandel Peninsula, where the plan is to head out to the Mercury Islands for a couple of days to target all manner of tasty table fish. |
| 20240909 | 23:10:00 | 23:40:00 | RISKY THAI STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240909 | 23:40:00 | 00:15:00 | MINNESOTA FOOD THAT WILL KILL YOU. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240910 | 00:15:00 | 01:00:00 | CONFUCIUS WAS A FOODIE BITTER | The taste of Chinese medicinal herbs, bitter flavor is said to clear ""heat"", strengthen the stomach, and promote salivation. Bitterness is often found in Chinese cooking, but rarely used alone. Christine cooks a popular local bitter ingredient with Asian Food TV star Ili Sulaiman in Kuala Lumpur and makes a less than delicious visit to a Traditional Chinese Medicine shop, experiencing firsthand the power of bitter herbs. Christine is presented with a Chinese philosophy around bitter and learns how this philosophy applies to keeping Chinese heritage alive in Malaysia. The Chinese concept of "in bitter there is sweetness" is applied to immigration and restoration as Christine makes a memorial visit to Penang island where she meets the engaging and eccentric hotelier Christopher Ong. |
| 20240910 | 01:00:00 | 01:55:00 | DRONE WARS - EP 2 | A challenge of traditional drone racing separates the teams into racers and engineers, all on the backdrop of an abandoned military base. |
| 20240910 | 01:55:00 | 02:50:00 | GOING BEYOND - BANGKOK #2, EP 2 | We will visit the most incredible markets in Thailand. One of which is directly on the water ... And the second - on the rails of a fully-operating railway! Discover a teak factory, where Thai craftsmen make the most expensive wood products in the world. And in the end we'll ride on one of the biggest Ferris Wheels in Asia! |
| 20240910 | 02:50:00 | 03:45:00 | VIETNAM \$100 STREET FOOD CHALLENGE. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240910 | 03:45:00 | 04:35:00 | COSTA RICA: WILDLIFE UNDER THE RAINBOW | The tropical climate and contrasted topography of Costa Rica has fostered exceptional biodiversity, hosting wildlife from both North and South America. From the peaks of the volcanoes down to the Pacific and Caribbean shores, and amidst the dense Cloud forest, the country is home to the most remarkable mammals, beautiful birds, and astonishing reptiles...all in for a beauty contest! Watch the colorful Quetzal and Toucan, listen to the Spider Monkey. As Iguanas battle for the last mango the frogs respond to the Scarlet Macaw wake up call. |
| 20240910 | 04:35:00 | 05:25:00 | GIANT AIRCRAFT: MANUFACTURING AN AIRBUS 350 | Assembled in France using millions of components made throughout Europe, this 4K documentary follows the manufacturing process of the most modern commercial aircraft in the world. |
| 20240910 | 05:25:00 | 06:00:00 | BUGS ARE INVADING STREET FOOD IN ASIA. EXTREME VIETNAMESE STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240910 | 06:00:00 | 06:25:00 | THE GLOBAL BARBER: NICKEL BROOK BREWING CO. / VINTAGE CAR CO. & BARBERSHOP - BURLINGTON, ONTARIO | The Global Barber visits Burlington, Ontario to hang-out with John Romano Founder of Nickel Brook Brewery and Jerry Filice of Village Cigar Co. & Barbershop. The guys all taste some unique, craft beers at Nickel Brook Brewing Co. #CafeDelBastardo #HeadStock #Metalhead. Then, Cedric and the crew head to Bad Axe Throwing for some fun, before heading to Jake's Grill & Oyster House for the area's best seafood! |

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| 20240910 | 06:25:00 | 06:50:00 | HOW IT'S MADE - THE YACHT YARD, EP 1 | The series "How Do They Make It" is a journey into the world of complex mechanisms surrounding contemporary man. It's a story about places where exceptional things are being created to make our travel, communication, work, and life easier. In every program, we visit a new place. Our series is about creating unique products but also about the commitment, passion, and work of the people who create them. Each set consists of five episodes about the most interesting production micro-worlds and their operations. The themes of the sets are very diverse – ranging from the big car factory to the traditional glassworks. In the first episode of this set, we visit one of the biggest Polish yacht yards - Northmann shipyard in Węgorzewo. This shipyard produces the popular sailing yachts Maxus and motorized yachts Nexus. In the program, we talk about designing and building yachts. We then show the subsequent stages of their production process, we meet the people who make them and who sail in them. The episode will also have a special guest, namely Szymon Kuczynski – who has sailed round the globe in the smallest, six-meter Maxus 22 yacht, produced at this shipyard. |
| 20240910 | 06:50:00 | 07:35:00 | VISITING - COLOR | Color: "The quality of an object or substance with respect to light reflected by the object, usually determined visually by measurement of hue, saturation, and brightness of the reflected light; saturation or chroma." A very robotic description of an incredibly dynamic property of the universe. Earth is a varied landscape of extremes of millions of colors. Through the lens of the "Visitor" we experience our mosaic landscape from a sense of imagination and wonder. "Why do these colors exist?" "What properties in nature create the conditions that these colors live in?" Using a scientific and artistic viewpoint we explore environments around the world that display the palette of the Earth. Life and Death, artificial and natural, the colors of the Earth exposes the kaleidoscope of this planet like never before... |
| 20240910 | 07:35:00 | 08:00:00 | MAX FOODIE: PHILIPPINES PART 2 | The story of cacao is more akin to South America, but in this episode, Sashi tracks the story of cacao in the Philippines, the entry point of cacao in Asia. With his friend, Spanish chef, Chele Gonzalez, they embark on an anthropological exploration tracing how the ancestral varietal cacao (criollo) came to be in the Philippine islands. Visiting farms to mystical islands, to top kitchens in Manila, this is the 'never-before-told' tale of cacao in the Philippine islands. |
| 20240910 | 08:00:00 | 08:45:00 | ROAD LESS TRAVELED: RECAP | Season recap; once again, as is tradition, Jonathan recounts the tale of the season. From disasters to blunders to genuine moments, he meticulously goes through what he learned, revealing never before seen clips, shares his lessons learned, and much more! |
| 20240910 | 08:45:00 | 09:15:00 | BEHIND THE WINGS EP 1 | The Cessna 172 Skyhawk is the world's most widely produced aircraft with more than 44,000 units built. Join Behind the Wings host Matthew Burchette as he goes flying with a Metropolitan State University of Denver student over some of Denver's most popular landmarks, learns about the desperate need for airline pilots and gets a soup to nuts look at the 172 Skyhawk in Independence, Kansas. |
| 20240910 | 09:15:00 | 09:45:00 | \$100 SPRING ROLL VS \$1 SPRING ROLL. VIETNAM'S MOST DYNAMIC STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240910 | 09:45:00 | 10:15:00 | BLOOD RED JELLYFISH. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240910 | 10:15:00 | 11:05:00 | SOUTH SEAS SPEARO - EP 4 | The team heads to Vava'u, the northernmost island chain of Tonga, for a week of open ocean bluewater spearfishing. The main target is giant dogtooth tuna, as well as the trophy bluewater pelagics. |
| 20240910 | 11:05:00 | 11:55:00 | BREAKING THE DAY - FREE DIVER, EP 2 | At his life's lowest point, Stig Pryds discovered freediving, and it changed everything. Now in the sport's biggest competition, Vertical Blue, he is preparing to attempt his deepest dive yet, but failure could cost him his life. |
| 20240910 | 11:55:00 | 12:30:00 | SHOCKING DELICACY IN AFRICA. HERERO PEOPLE AND THE SMILEY. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240910 | 12:30:00 | 12:55:00 | BLUE WORLD - MUCK DRIVING IN FLORIDA + ICELAND... THE WORLD'S CLEAREST WATER | Jonathan travels to Iceland to investigate a giant crack in the ground filled with frigid runoff from melting glaciers. It's rumored to be the clearest water in the world. Next, he heads down to sunny Florida, not to dive a coral reef or a spectacular shipwreck, but to dive in shallow, murky water under a busy bridge. This secret spot is home to some of the ocean's most remarkable, and weird, animals. |
| 20240910 | 12:55:00 | 13:20:00 | BLUE WORLD A RED SEA EXPEDITION | It's a Red Sea expedition! Blue World explores the reefs, and marine life of the Red Sea, both during the day, and at night. And you can't go to Egypt without a trip to the pyramids. It's a desert adventure! |
| 20240910 | 13:20:00 | 14:05:00 | BREAKING THE DAY, STREET ARTIST | With patrons like skateboarder Tony Hawk and hip-hop producer Swizz Beatz, Alex Yanes is a successful artist by any measure. But his latest piece is about more than making art for sale; it's about making art to give his daughter a better future. |
| 20240910 | 14:05:00 | 14:30:00 | AT HOME WITH DIDIAYER - THE BEST OF ART, EP 11 | On this special edition of AHWD, we serve up some of our favorite dishes created and prepared by celebrated chefs! |
| 20240910 | 14:30:00 | 14:55:00 | THE GLOBAL BARBER: WAHL EDUCATORS - TORONTO, CANADA | Ontario had just entered in to Phase 3 of the pandemic with barbershops and salons beginning to open. The Global Barber visits Fratelli's Salon in Thornhill, Ontario, to chat with the Education team from Wahl Canada, about their recommendations for self-care, during this challenging time of lockdowns. |
| 20240910 | 14:55:00 | 15:40:00 | CONFUCIUS WAS A FOODIE - SOUR, S3 EP 3 | According to science humans are the only mammals that are attracted to sour. Chinese medicinal believes says that 'sour' can help digestion and whet the appetite. In 3 traditional Chinese cuisines it is often used for balance but in south East Asian versions of Chinese dishes it is often quite forward even becoming part of the name of a dish particularly in traditional Peranakan Chinese cuisines. A cuisine (and a people) that Christine discovers for the first time. Christine joins Malaysian celebrity Chef Wan for a one of a kind experience, cooking in a traditional old Peranakan kitchen and making the food of Chef Wan's heritage. |
| 20240910 | 15:40:00 | 16:25:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our <u>travel series, which really turned out to be a Dream Journey.</u> I simply cannot wait for |
| 20240910 | 16:25:00 | 17:00:00 | EXOTIC ANIMAL MEAT IN TEXAS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240910 | 17:00:00 | 17:50:00 | ISLAND HUNTER - CALIFORNIA, EP 9 | A unique episode in it's own right, this episode features a road trip through California, Island Hunter style; however, the focus this time around is not necessarily on luxury, it's more about adventures and explorations on the road. Host Sophie Ashley tours around the Golden State, making stops in iconic destinations like San Francisco, Los Angeles, Monterey, and Santa Barbara. Her ride for the episode, true to the Island Hunter style is the iconic Aston Martin DB11 Volante; Whether it's hiking around the Golden Gate, top down on Highway 1, exploring wineries or chowing down tacos at a food truck in Los Angeles, this is the ultimate road trip through California! |
| 20240910 | 17:50:00 | 18:35:00 | ROAD LESS TRAVELED - SPECIAL, EP 10 | In this special, Jonathan Legg recounts his favorite moments, mishaps including getting arrested in Russia, but this episode is a bit different; In this special Jonathan places a particular emphasis on lessons learned; insight and knowledge as well as experiences gained on the Road less Traveled. |

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| 20240910 | 18:35:00 | 19:30:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240910 | 19:30:00 | 20:15:00 | INK THERAPY - EP 5 | Brandie bonds with her son. Gil tattoos an art lover's original design while Charlie takes on a burn victim who needs a guardian angel. |
| 20240910 | 20:15:00 | 21:00:00 | INK THERAPY - EP 6 | It's a family affair Katie organizes pizza and games night with the cast. Both caterpillars bring their moms. |
| 20240910 | 21:00:00 | 21:25:00 | RVERS EP 14 | All About Towbars: Towbars allow your car to tag along with you on your RV trip when you need more nimble wheels for around town. Now What?: Tank dumping. Inverters: Many of the electrical items in an RV are designed to work on 12 volts. But many kitchen appliances and consumer electronics need household 120 volt. That's why you need an inverter! On The Road: Ken and Bernice. |
| 20240910 | 21:25:00 | 21:50:00 | RVERS EP 15 | Family RVing: Adam and Celine explain the many things to consider when RVing with school-aged kids for extended periods of time. Now What?: Overnighting at Walmart. RV Skirting: Yes, you can RV year-round in sub-freezing temperatures, but not without taking some extra steps to keep warm. |
| 20240910 | 21:50:00 | 22:15:00 | MAX FOODIE: SEYCHELLES | Seychelles is blossoming as the world's best beach destination; to find out why, Sashi heads there with a mission to understand gastronomy Seychellois. Octopus curry is the national dish and to find the very best in the island, Sashi finds himself at the Four Seasons in Mahe island to learn the ins and outs. Between the world's most gorgeous granitelined beaches, Sashi heads to the far out Desroches island where giant alibaba tortoises roam free - the culinary extravaganza continues there with beachside sunset barbecues and sushi platters with the island nations' seafood bounty. Experience the best of Seychelles in this episode! |
| 20240910 | 22:15:00 | 23:05:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240910 | 23:05:00 | 23:40:00 | SUPER RARE KENYAN VILLAGE FEAST. FIRST TIME CAUGHT ON CAMERA. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240910 | 23:40:00 | 00:25:00 | PHOTO NUMBER 6, EP 4 | In Paris Fletch explores the city's hidden secrets with photographer Patrick Colpron, including a clandestine tour of an abandoned railway line that encircles the city. With the help of wedding photographer Pierre Torset, Fletch and Stig set about understanding why Paris is renowned as the City of Love and immerse themselves in the city's vibrant art scene with a visit to 59 Rivoli Artist Studios. Finally, no visit to France could be complete without a jaunt to Champagne for a feast fine food, wine and chocolate. |
| 20240911 | 00:25:00 | 01:10:00 | CONFUCIUS WAS A FOODIE - SWEET, S3 EP 2 | Chinese cuisines use sugar very differently from Western cuisines, and Christine starts her comparison in Paris and Athens where she looks at how Westerners interpret 'sweet'. Traditionally, for the Chinese, sugar is predominantly used to achieve balance, but the liberal use of sugars in South East Asia Chinese cuisines are a culinary surprise. 'Sweet' is most traditionally found in the simple and omnipresent ingredient rice, so Cushing is off to the rice paddies of Malaysia follow the process of planting and processing. |
| 20240911 | 01:10:00 | 02:05:00 | DRONE WARS - EP 3 | Teams must equip drones with poles able to grab rings attached to field goal posts. The top two teams compete in a medieval joust tournament for the top stop. |

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| 20240911 | 02:05:00 | 03:00:00 | GOING BEYOND - KOH CHANG, EP 3 | We will get acquainted with the island of Koh Chang! Hitchhike in one of the biggest extreme-parks on the island and we'll have a lot of fun! We'll meet friendly elephants and take part in a photo session! Then we'll have a look at one of the coolest Thai boxing clubs and practice there with the masters of the sport. |
| 20240911 | 03:00:00 | 03:55:00 | WARRIORS FOR WILDLIFE, EP 1 | Get up close and personal with a group of International recruits as they tackle one of the toughest training courses on the planet, in order to become the next generation of Anti-Poaching Rangers, and help save endangered species from extinction. This returnable series, shot on 4k UHD over 5 weeks in three remote South Africa locations, gains exclusive access and gets close to the action and under the skin of these young people who are prepared to risk their own existence, to save the world's wildlife for future generations. Some recruits will succeed and some will have their dreams shattered and <u>not make it to phase two.</u> |
| 20240911 | 03:55:00 | 04:50:00 | MAX FOODIE, EP 9 | Hong Kong houses the world's highest number of millionaires and it's something that's not lost on you as venture to Asia's world city. In this episode, Sashi is on a quest to understand how Michelin rates and assesses the sheer depth of eateries in this metropolis. He will meet the top chefs of the city and understand their psyche, their trials and tribulations as they climbed their way to the top of the restaurant industry with 3 michelin stars. But it's not all high brow cuisine, Sashi will also dive deep into the old school neighborhoods, sampling the local fare and seek out how Michelin is rating Asia's <u>sheer depth of eateries.</u> |
| 20240911 | 04:50:00 | 05:25:00 | ASIA'S SCARIEST FOOD & WHERE TO FIND IT. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240911 | 05:25:00 | 06:00:00 | MAX FOODIE: NEVADA, EP 4 | This investigative mission starts off in the sin city atmosphere of the Vegas strip. After a gluttonous stint at a generic buffet, Liesel is inspired to do a road trip to find iconic gems in the state of Nevada. From ghost towns, to monstrous foodie challenges, to hole in the wall dive bars in the middle of nowhere, this trip has it all. Liesel finds the resurgence of Basque cuisine in Northern Nevada, and learns that Reno can do fine dining as well! A trip to Virginia city also reveals that the Silver State has some haunted bars where patrons from the 1800s are rumored to be still imbibing and spooking locals! It's a road <u>trip in every sense of the word!</u> |
| 20240911 | 06:00:00 | 06:25:00 | HOW IT'S MADE EP 2 | In the second episode of the set we visit Piechowice near Jelenia Góra. This small mountain village is best known for almost two hundred years of production of traditional crystal glass. The Crystal Glassworks "Julia" is one of the few remaining crystal glassworks in the world. We show you how unique crystals are still being made, how they are extracted from melted glass, and how they are ornamented. |
| 20240911 | 06:25:00 | 07:10:00 | VISITING - PRIMATE | Primate, a term that includes one of the most diverse classes of Mammals in the animal kingdom. It includes small arboreal tree dwelling monkeys, the great apes, all the way up to the very top of the Earth's food chain, the Human being. Traveling around the world, the Visitor views and interacts with Primates in their own environment, from the jungles of Africa, the rainforests of Southeast Asian, and even the great cities of humanity. In Primate we explore the story of us and our cousin's in nature through authoritative voices including Anthropologists, Zoologists, and even "common man". Exploring what a Primate is, how it has evolved, and how it interacts with its environment <u>steers the viewer to a unique understanding of what it is to be the greatest of all primates. a Human being.</u> |
| 20240911 | 07:10:00 | 07:35:00 | THE GLOBAL BARBER: BACK ALLEY BARBERSHOP | The Global Barber joins the barber team at Back Alley Barbershop in Niagara Falls, Ontario, Canada. While visiting Niagara Falls, Host Cedric Small and Back Alley Ower Rob "Brronx" Barranca take to the rapids of the Niagara River with Niagara Whirlpool Jet Boat Tours, before heading for dinner and drinks at Yank's Old Niagara Bar & Grill. |
| 20240911 | 07:35:00 | 08:30:00 | VOLCANO ADVENTURE - VOLCANO HUNTERS, EP 1 | Also known as "fire with a soul", the volcano is considered as God by the local people. Explorers attempt to access the fire of the earth that has never been reached by any other human being. At the heart of the volcano is the fiercest fire in the world, and there are brave people who dare to travel to the heart. Volcanologists aim to interpret volcanoes in collaboration with explorers. No other scholar's task is more dangerous than theirs. As it is impossible to predict when a volcano will erupt, there is never any single right answer. The documentary explores dangerous active volcanoes with the help <u>of volcanologists.</u> |
| 20240911 | 08:30:00 | 08:55:00 | AT HOME WITH DIDIAYER - THE BEST OF ART, EP 11 | On this special edition of AHWD, we serve up some of our favorite dishes created and prepared by celebrated chefs! |

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| 20240911 | 08:55:00 | 09:50:00 | WARRIORS FOR WILDLIFE, EP 3 | In the final episode they travel to the vast and beautiful Entibeni Reserve high on the stunning Waterberg Plateau. It is incredible rich in wildlife, elephant, rhino, and a plethora of animals all roam free, it's also Lion country. The recruits set up camp by a lake to tackle the last part of the grueling program, Faced with life or death prospect of being alone in the bush with lions. Intelligence alerts them of potential poacher incursion, they are sent to guard a Rhino orphanage, and in an incidents that becomes violent, they arrest two suspicious illegal immigrants. |
| 20240911 | 09:50:00 | 10:45:00 | BAZARUTO: THE DUGONG'S LAND | Karen Allen, a South-African woman scientist, is doing her utmost to save one of the most endangered sea mammal: the Dugong. On the Island of Bazaruto, off the coast of the canal of Mozambique, she works for an NGO at making the local population aware of the need to protect the endangered species and at controlling the respect of conservation rules. Will she herself manage to get close to a Dugong, known for being so timorous? |
| 20240911 | 10:45:00 | 11:40:00 | DRONE WARS EP 13 | Drone pilots and engineers come together to design, build and compete! Follow each team as they tailor make their drone and attempt to conquer ever-changing obstacles in this fast paced elimination tournament. Encounter new challenges and innovative designs in every episode. Losers crash... and winners take the cash! |
| 20240911 | 11:40:00 | 12:15:00 | EXOTIC IRANIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240911 | 12:15:00 | 12:50:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240911 | 12:50:00 | 14:15:00 | RESURRECTING A LEGEND | On the night of June 5th, 1944, a C-47 paratrooper aircraft, nicknamed That's All, Brother took off from England, to drop Allied fighting men into Normandy, to clear a passage for the tens of thousands of troops lying off the coast. |
| 20240911 | 14:15:00 | 15:10:00 | THE ETHIOPIA: THE MYSTERY OF PHALLIC STONES | End of 2017, in Southern Ethiopia: a team of European and Ethiopian archeologists is at work on a newly discovered Megalithic site ten times bigger than the site of Stonehenge. In a steep constriction of the Rift Valley, several thousand large monoliths in unmistakable phallic forms can be found intact. Dating from 10th till 13th Century AD, their origin appears to be all the more mysterious. Find out the secrets of a lost civilization in the very heart of Ethiopia. |
| 20240911 | 15:10:00 | 15:35:00 | AT HOME WITH DIDIAYER - SOCAL LOCALE, EP 6 | Back in Calli' exploring new places and faces! We step out into Borrego Springs starry desert night and catch sight of a landscape defined by time and adorned with one man's extraordinary mythical sculptures. |
| 20240911 | 15:35:00 | 16:20:00 | THE RED LIST - VULTURES | Six of Africa's 11 Vulture species – the continent's largest and most recognizable birds of prey – are now at a higher risk of extinction, according to the latest assessment of birds carried out by BirdLife International for the IUCN Red List of Threatened Species™. The main causes of the drop in African Vulture populations are thought to be indiscriminate poisonings, where the birds are drawn to poisoned baits, use of Vulture body parts in traditional medicine, and deliberate targeting by poachers, as the presence of Vultures can alert authorities to illegally killed big game carcasses. Robbing the African skies of one of their most iconic and spectacular groups of birds, the rapid decline of the continent's Vultures has profound consequences for its people – as Vultures help stop the spread of diseases by cleaning up rotting carcasses. |
| 20240911 | 16:20:00 | 17:15:00 | VOLCANO ADVENTURE - VOLCANO FANTASIA, EP 2 | The world most dangerous adventure! Explorers attempt to access the fire of the earth that has never been reached by any other human being. At the heart of the volcano is the fiercest fire in the world, and there are brave people who dare to travel to the heart. Volcanologists aim to interpret volcanoes in collaboration with explorers. No other scholar's task is more dangerous than theirs. As it is impossible to predict when a volcano will erupt, there is never any single right answer. The documentary explores dangerous active volcanoes with the help of volcanologists. |

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| 20240911 | 17:15:00 | 17:40:00 | THE GLOBAL BARBER: OLD-SCHOOL BARBERS - LUXEMBOURG | Host Cedric Small travels through Luxembourg on his way to France. On his way, he stops at The Old School Barbers (Lintgen location) to work with their team of Master Barbers for the day. Owner Tom Trummer, invites Cedric to cut and shave one of his best customers, Luxembourg's very own model, extreme athlete and music sensation Thierry Mersch! |
| 20240911 | 17:40:00 | 18:35:00 | WARRIORS FOR WILDLIFE, EP 2 | The Recruits meet for the first time as Cape Town International Airport, they have flown in from all over the world. They are taken by mini bus to the vast Rangers Reserve high in the Western Cape Mountains. At the reserve they will have no contact with outside world, and undergo the first part of a torturous training regime to turn them into qualified Anti Poaching Rangers. Some will succeed and some will have their dreams shattered and not make it to phase two. |
| 20240911 | 18:35:00 | 19:30:00 | GOING BEYOND - PATTAYA AND PHAI, EP 4 | We continue to explore Thailand and go to Pattaya. After, we visit the northern town Pai an ideal place to go for a ride on a moped for the first time! We stroll through a huge park and get acquainted with the rich history of Nong Nuch. We visit perhaps the only atelier of custom motorcycles in Thailand and spend an exciting day in the company of elephants. In the evening, we try durian in the one of Thailand's markets and get acquainted with local hippies. |
| 20240911 | 19:30:00 | 20:15:00 | INK THERAPY - EP 7 | Gil celebrates his anniversary with a special surprise. |
| 20240911 | 20:15:00 | 21:00:00 | INK THERAPY - EP 8 | It's guys versus girls as the staff has a water fight at the park. Gil tattoos criminologist who lost his baby brother while Charlie takes on a high school graduate who was suicidal. |
| 20240911 | 21:00:00 | 22:05:00 | ARTEMISIA GENTILESCHI, WARRIOR PAINTER | A Woman Artist, a Warrior Painter. The first in the History of Art. |
| 20240911 | 22:05:00 | 23:30:00 | CHAPTER ONE - THE KITEBOARD LEGACY BEGINS | The Kiteboard legacy begins. This full-length movie shot in 4K will unite the best riders in the world to show the beauty of the sport. |
| 20240911 | 23:30:00 | 00:05:00 | REAL JAMAICA STREET FOOD. THE WILD KINGSTON UNDERGROUND. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240912 | 00:05:00 | 00:50:00 | THE RED LIST - SOUTHERN GROUND HORNBILL | The charismatic Southern Ground-Hornbill is a bird that many people already know well. They are culturally important as the 'thunder' or 'rain' birds and are a flagship species for the savannah biome. At present, Southern Ground-Hornbills are considered within South Africa as 'Endangered', with their numbers outside of formally protected areas still declining. It is likely that the birds will soon meet the IUCN Red Data List Criteria as being 'Critically Endangered' in South Africa. It's estimated that only 1500 Ground-Hornbills are left in South Africa, of which half are safe within the protected areas. This means there are only an estimated 417 breeding groups in the whole of South Africa, data shows that, on average, only one chick is raised to adulthood every 9 years. The reasons for their decline are predominantly loss of habitat to croplands, bush-encroachment, overgrazing and plantations, loss of nesting trees, secondary poisoning and electrocution. |
| 20240912 | 00:50:00 | 01:20:00 | MAX FOODIE: MAURITIUS - CHAPTER 2 | Mauritius is the east African nation prosperously humming away, producing delicious African rum with it's abundant sugarcane supply; but the story is more than that! Sashi drives around this island nation to get the full culinary scene lowdown; from street food vibes in Port Louis, to stints with the best chefs on the island to what luxury resorts have on offer; explore Mauritius from the ground level and witness why this East African jewel of an island nation is drawing travelers from around the world! |
| 20240912 | 01:20:00 | 02:05:00 | THE RED LIST - CHEETAHS | The world's fastest land mammal is racing toward extinction, with the latest Cheetah census suggesting that the big cats, which are already few in number, may decline by an additional 53 percent over the next 15 years. Cheetah has been driven out of 91 percent of its historic range—the big cats once roamed nearly all of Africa and much of Asia, but their population is now confined predominantly to six African countries: Angola, Namibia, Zimbabwe, Botswana, South Africa, and Mozambique. The species is already almost extinct in Asia, with fewer than 50 individuals remaining in one isolated pocket of Iran. Cheetahs are getting killed directly, and then also their prey species are getting killed in these savannah areas, so the Cheetahs having nothing to subsist on. |

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| 20240912 | 02:05:00 | 02:50:00 | THE LAST DESCENT | Africa's largest hydroelectric dam will flood 280 km of Ethiopia's Blue Nile River to provide 80% of Ethiopia's electricity. Eco-explorers Ben Peters and Charlie Head paddle board this ancient river one last time – before it is lost forever – navigating uncharted territories and dangerous wildlife as they meet some of the 20,000 people who'll be affected and learn how they feel about this change. |
| 20240912 | 02:50:00 | 03:45:00 | FOOD UNKNOWN - FINLAND, EP 2 | Finland is that one Nordic country that is never on the global cuisine radar. However, the reserved Finns have been quietly perfecting their craft of foraging culture and incorporating it into their unique cuisine. Jonathan Legg explores the entire expanse of the country to understand it's cuisine, and the ethos of the country's top chefs; from amazing locally sourced cuisine in Helsinki, to an expedition in Lapland to learn about foraging and the Finnish delicacy, reindeer! |
| 20240912 | 03:45:00 | 04:10:00 | MAX FOODIE : ROME, EP 5 | Italy is a vacationer's paradise. The food, the people, the sights and sounds, the history! But are the tourists doing it right when it comes to the trying out authentic food in Rome? Liesel embarks on a mission to explore the street food of the city. With the help of her food journalist buddy, Saverio de Luca, Liesel sifts through pasticceri, food festivals, tourist hotspots, all in an effort to understand real Roman food. |
| 20240912 | 04:10:00 | 05:00:00 | VISITING - AUSTRALIA | As far back as 50,000 years ago, on a remote continent, a people thrived. Unseen by the "outside world", this place we would come to know as Australia sat untouched by an evolving world around it, until it was conquered by the peoples of a distant land. With its own unique thriving ecosystems and wildlife, Australia evolved on its own after the prehistory breakup of Pangea. Life that exists nowhere else in the world exists here to this day. From the world's largest coral reef, to vast deserts, and rainforests Australia would be a cornucopia of experiences unavailable anywhere else on planet earth to a visitor. Now populated by over 25 million people and thousands of unique species of animal and plant life Australia has a story all its own. Experience this varied cultural and geographic landscape through the lens of discovery, hearing from experts on both the geologic and natural history of this tucked away corner of the globe... |
| 20240912 | 05:00:00 | 06:00:00 | ISLAND HUNTER - BELIZE, EP 6 | Island Hunter showcases beautiful Belize; with hundreds of kilometers of coastline with the Caribbean sea, the 2nd largest barrier reef, and one of the best dive sites in the world, how could you not? In this episode, Dani Kristo is on a mission to showcase the best of Belize; she starts off her journey with some adventure at the Bocawina resort; the hub for adventure in Belize. Zip lining through the jungle canopies, Dani is charged up for the rest of her adventure. Checking out the fabled Xunantunich ruins near the Guatemalan border, a stay at the super lavish jungle eco resort, Blancaneaux, these stops define Belize. But it's more than just luxury destinations. To get a taste of culture, Dani gets the lead on Palmento grove, an authentic Garifuna enclave in the sleepy village of Hopkins. The theme of luxury living continues as Dani comes across Turtle Inn, a one of a kind all-inclusive resort at the coast of Placencia. But, for the ultimate in island paradise getaway, a 35 min boat ride from Turtle Inn, leads to Coral Caye. Here, Dani experiences what a private island experience is all about. This is Belize in it's truest form |
| 20240912 | 06:00:00 | 06:50:00 | CONFUCIUS WAS A FOODIE - THE ORIGIN OF 'CUISINE', S2 EP 7 | Is Chinese cuisine, with its Confucian structure, really the origin of the world's great cuisines? Christine challenges top chefs in France, England, Italy, Greece, the US and Canada. Working with academics, chefs, food historians, and experts, Chef Cushing really sticks her neck out as she ventures into high profile kitchens, searching for connections and roots that might trace back to Confucius. Christine's journey takes her to some of the most important culinary schools in the world like Le Cordon Bleu in Paris, and Alma Culinary Center in Parma, Italy. Significant and thought-provoking, this journey leads us to a deeper appreciation of our global connection to our stories, our cultures and our traditions, and how they are connected through food. We look at our world, it's ethnicities and its races through a foodie filter |

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| 20240912 | 06:50:00 | 07:25:00 | MAX FOODIE: BANGKOK | Sashi is in Bangkok, Thailand and exploring the stories of the city's brightest culinary stars. Chef Ton takes Sashi to his favorite hang out spots to eat around Bangkok. In the next episode, Sashi is hanging out at the illustrious Sukhothai where he's having lunch with Chef David Tamburini, the head honcho at La Scala. Sashi gets a taste of David's ethos of naturalmente, where David brings Sicilian home-grown authenticity to Asia. After a fantastic meal, Sashi meets back up with Chef Ton and they embark on a field trip to Koh Sichang. Chef Ton wants to illustrate the lengths he goes to, in order to support his suppliers like his fishermen. Sashi and Ton head into the Gulf of Thailand on a daring boat ride to catch a blue spotted grouper - a journey that showcases the arduous task of what it means to be an ethical chef. |
| 20240912 | 07:25:00 | 07:55:00 | BEHIND THE WINGS EP 1 | The Cessna 172 Skyhawk is the world's most widely produced aircraft with more than 44,000 units built. Join Behind the Wings host Matthew Burchette as he goes flying with a Metropolitan State University of Denver student over some of Denver's most popular landmarks, learns about the desperate need for airline pilots and gets a soup to nuts look at the 172 Skyhawk in Independence, Kansas. |
| 20240912 | 07:55:00 | 08:40:00 | CONFUCIUS WAS A FOODIE BITTER | The taste of Chinese medicinal herbs, bitter flavor is said to clear ""heat"", strengthen the stomach, and promote salivation. Bitterness is often found in Chinese cooking, but rarely used alone. Christine cooks a popular local bitter ingredient with Asian Food TV star Ili Sulaiman in Kuala Lumpur and makes a less than delicious visit to a Traditional Chinese Medicine shop, experiencing firsthand the power of bitter herbs. Christine is presented with a Chinese philosophy around bitter and learns how this philosophy applies to keeping Chinese heritage alive in Malaysia. The Chinese concept of "in bitter there is sweetness" is applied to immigration and restoration as Christine makes a memorial visit to Penang island where she meets the engaging and eccentric hotelier Christopher Ong. |
| 20240912 | 08:40:00 | 09:35:00 | ROAD LESS TRAVELED MONTENEGRO | The land of mountains and pristine lakes! In this episode, Jonathan gets on a motorcycle to explore the countryside. He embarks on a Don-Quixote type journey, alluding to the origin story of author Miguel Cervantes and his 'supposed' stint in Montenegro, in a jail cell. Jonathan rides down the fantastically beautiful Kotor bay, learning about medieval armor and the city's history. While on his road trip, Jonathan also uncovers Tito's secret bunker, fully exploring the lavish estate on his own whims - as well as abandoned submarine silos, hidden bunkers from the Soviet era, and much more. No trip to Montenegro is complete without a visit to the countryside, this is where Jonathan comes across authentic cuisine, and a rescue mission with volunteers that patrol the harsh but beautiful mountains of Montenegro. |
| 20240912 | 09:35:00 | 10:25:00 | SKYSCRAPER IN 51 DAYS | A 40-meter high, 14-story apartment complex - erected in just 51 days. A construction boom in the Russian capital has been going on for years now. In 2017 the government decided to tear down communist apartment blocks (infamous for shoddy construction): around 4,000 buildings from the 1950s and 1960s are being replaced with modern high-rises. A politically significant infrastructure program - the pressure on construction companies is high. |
| 20240912 | 10:25:00 | 11:10:00 | PHOTO NUMBER 6, EP 5 | Working on the theory that the finest travel experiences happen in your own backyard, Fletch sets out to explore his home state of Victoria. Beginning with the capital city Melbourne he takes us on tour of its iconic laneways and rooftops. Nothing beats travelling the scenic wonder that is the Great Ocean Road in a 1967 GTA Mustang convertible. The episode concludes back in the city with a behind-the-scenes look at the Melbourne Cricket Ground where Fletch explores every corner of the iconic sports stadium. |

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| 20240912 | 11:10:00 | 12:00:00 | ISLAND HUNTER - HONG KONG, EP 5 | Hong Kong is Asia's world city and this episode is a complete 360 from the melee of tropical island paradises. Hong Kong is famous for it's skyscraper strewn skyline and in this episode, local girl Lesley Chiang is on a mission to show a different side of Hong Kong. Her journey starts off in Hong Kong bay where she gets a taste of the 5 star life at the Ritz Carlton. Pampering at the 108th floor spa, dining at Michelin 2 star rated Ting Lung Heen, and beyond! Lesley checks out the art scene of Soho, and PMQ, an establishment geared towards Hong Kong's budding arts and crafts talent. At night time, local nightlife expert Johannes Pong shows Lesley the wild side of town as they bounce around the latest bars and clubs. When it's time to chow, Jowett Yu, a rising star in the culinary world shows Lesley his favorite hometown hang outs; roast geese to yummy sea food bites. Taking a break from Hong Kong island, Lesley also checks out the nearby Lantau island where she gets a taste of zen; from Hiking on the lantau trail to seeing the Tian tan Buddha - this feeling of zen continues as she checks out the colonial landmark turned boutique resort, Tai O. It's an episode of fast paced modern life, top |
| 20240912 | 12:00:00 | 12:45:00 | EXTREME VIETNAMESE STREET FOOD. SURVIVING VIETNAM PART 1 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240912 | 12:45:00 | 13:10:00 | BLUE WORLD HUNTING FOR MEGALODON SHARK TEETH + AN UNDERWATER CORAL FARM IN THE CARIBBEAN | Blue World heads to a dark, murky river in South Carolina to hunt for Megalodon shark teeth on the river bed. It's some of the most dangerous, spooky diving ever! Then we travel to the warm, clear waters of Bonaire to volunteer on an underwater coral farm. |
| 20240912 | 13:10:00 | 13:55:00 | BREAKING THE DAY - SADDLE BRONC RIDER, EP 5 | The only female professional bronc rider in the world, Kaila Mussell is constantly defying the odds. But two years after breaking her neck in competition, Kaila is preparing to defy the longest odds of her life: getting back on the horse. |
| 20240912 | 13:55:00 | 14:20:00 | AT HOME WITH DIDIAYER - UTAH: LIFE ELEVATED, EP 9 | Life is Elevated in the great state of Utah! Didiayer goes food foraging and uncovers the history of the surrounding rock formations in Moab. Then, Christopher takes a memorable journey down the Colorado River! |
| 20240912 | 14:20:00 | 14:45:00 | THE GLOBAL BARBER: NIAGARA BARBER COMPANY - NIAGARA FALLS, NEW YORK, USA | The Global Barber visits The Niagara Barber Co. in Niagara Falls, New York, USA to work with Owner - Brad Inzinga and his crew for the day performing cuts and shaves for the local businessmen and students. After the work day is done, Cedric and the Niagara Barber Co. crew all head over to Rock Burger for a taste of the biggest burgers they've ever seen! |
| 20240912 | 14:45:00 | 15:30:00 | CONFUCIUS WAS A FOODIE - SALTY, S3 EP 1 | Most salt in Asia is produced through the evaporation of seawater in coastal areas. This episode sees Christine learning firsthand the very challenging 'how to' of harvesting sea salt in Thailand's dramatically beautiful salt fields. Cushing visits the area's most unusual market that is regularly disrupted by the Maeklong Railway going right through it's center! She cooks alongside chefs preserving traditional Chinese cuisine in Bangkok and at Singapore's oldest Chinese restaurant, Spring Court, Christine discovers Singapore Chinese cuisine and meets with culinary legend; Madam Soon. |
| 20240912 | 15:30:00 | 16:15:00 | DREAM JOURNEY - CUNCUM - MEXICO, EP 1 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey. I simply cannot wait for |
| 20240912 | 16:15:00 | 16:45:00 | BONDI BOARDRIDERS | The Bondi Board Riders Club is what Australian sport is all about. |

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| 20240912 | 16:45:00 | 17:35:00 | ISLAND HUNTER - JAMAICA, EP 3 | Easy island vibes, lots of amazing local rum, brilliant natural landscapes and those amazing beaches! Of course, Island Hunter is in Jamaica! But in this episode, host Liesel Hlista shows you a different side of the Irie nation; away from the hordes of people unleashed via cruise liners! She starts off with a quick glimpse and an impromptu jam session at the birthplace of Bob Marley, Trench town, noshes on the most delicious ice cream this side of the hemisphere, and plunges into Mystic mountain's waterfalls. Jamaica is known for being the home of the all-inclusive resort and Liesel finds out exactly why that is - with stays at Ian Fleming inspired Golden eye Hotel as well as Sunset at the Palms! Lazy tubing down the river, limestone foot massages, topped up with historic food tours and experiencing local cuisines such as jerk chicken and the amazing seafood; this is Jamaica, Island Hunter style! |
| 20240912 | 17:35:00 | 18:25:00 | ROAD LESS TRAVELED - MEXICO, EP 8 | A continuation from the previous episode, Jonathan Legg's Mexico adventure takes a new turn; the continuous pumping of Mexico's lakes has caused not only a water shortage, but a seismic issue. He pinballs around the vast city to gain an understanding into this complex issue; a quest that leads him to NGOs to innovative solutions that can shed a light on this issue. Finally, he wraps up his adventure in the beautiful remote village of Oaxaca province where he undergoes a sacred mushroom ritual, administered by the same tribe that brought this knowledge and sacrament to worldwide attention. |
| 20240912 | 18:25:00 | 19:00:00 | INDIAN STREET FOOD \$100 CHALLENGE IN MUMBAI. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240912 | 19:00:00 | 19:30:00 | A DIFFERENT KIND OF TEXAS BBQ. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240912 | 19:30:00 | 20:15:00 | INK THERAPY - EP 9 | Date night with the Tina and her husband, breast cancer awareness, and new beginnings. Charlie and Katie are up to no good. |
| 20240912 | 20:15:00 | 21:00:00 | INK THERAPY - EP 10 | Brandie organizes a workout with the staff complete with a special surprise. Caterpillars include a cancer survivor and biker babe who survived a horrific motorcycle accident. |
| 20240912 | 21:00:00 | 22:05:00 | THE ROYAL ROADS OF THE INCAS | The Royal Roads of the Incas documents the rise of the greatest empire of the Americas. Who were they? Where did they come from? And how did they unify over 200 ethnicities into one nation? Through historical narrative and the voices of their descendances, we explore the fascinating world of Tawantinsuyu ~ the four quarters of the Incan empire. Our journey traces the ancient routes of the Indian civilisation, the rise of the Inca dynasty and their dramatic encounter with foreign invaders. |
| 20240912 | 22:05:00 | 22:55:00 | SOUTH SEAS SPEARO - EP 1 | Nat, Rochele and Tim embark on a mission to the remote Wanganella Banks, with the lofty aim of claiming a couple of new world records. But if finding a 100kg+ striped marlin sounds hard enough, stopping one is another matter altogether! |
| 20240912 | 22:55:00 | 23:40:00 | THE RED LIST - AFRICAN PENGUINS | RhinThe African Penguin has been shifted from Vulnerable to Endangered on the IUCN Red List of Threatened Species, Birdlife International announced. African Penguins have been sliding towards extinction since industrial fishing started around the Cape. The last four years have seen a population crash. As the climate changes and fisheries transform the oceans, the world's African Penguins are in trouble. Young Penguins aren't able to take all the changes into account and are finding themselves 'trapped' in parts of the sea that can no longer support them even as better options are available. o poaching is currently at a crisis point. By the end of 2015, the number of African Rhinos killed by poachers had increased for the sixth year in a row with at least 1,338 Rhinos killed by poachers across Africa in 2015. These statistics are compiled by International Union for Conservation of Nature (IUCN) Species Survival Commission's African Rhino Specialist Group (AfRSG). |
| 20240912 | 23:40:00 | 00:15:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240913 | 00:15:00 | 00:50:00 | EXOTIC IRANIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240913 | 00:50:00 | 01:45:00 | DRONE WARS - EP 1 | Seven teams of two come from all over the world to compete. Their first challenge is designing a drone that guides them through a giant maze. |
| 20240913 | 01:45:00 | 02:40:00 | GOING BEYOND - BANGKOK, EP 1 | Going Beyond is wanderlust-filled hitchhiker Mariia Khandus's new travel project. She's journeyed around the world. Everybody knows that Thailand, Vietnam, and Indonesia are great places to relax with wonderful beaches and delicious fruits! But what do you know about the local people? The expats? About the real lives of those living in these exotic countries? In our trip we will discover it all, together! We visit the non-touristy places and show you the real Indochina! This is a set of stories of different people, through the prism of whom we show life in a country. It is a collection of diverse achievements, experiences and emotions. We are looking for the most interesting stories for you to keep expanding your own consciousness. Unbelievable panoramic views, interesting people, exciting stories and adventures – you'll see all of this in our travel show, Going Beyond! We will visit the Kingdom of Thailand and - most importantly - the city of Bangkok. We'll learn all about the authentic Thai massage, meet one of the most accomplished marathon runners in the world - who recently ran five thousand kilometers - see one of |
| 20240913 | 02:40:00 | 03:30:00 | GIANT RAILWAY | This 4K mini-series follows the largest and most impressive structures from around the world. The location: somewhere in India. The weather: steaming hot. Not your ideal preconditions for an outdoor project of impossible proportions: constructing a railway underpass in five hours. Is it even possible to build a complete railway underpass in that short amount of time? Provided 150 workers, six excavators, and two heavy-duty cranes, all work in perfect coordination and planning, it is. |
| 20240913 | 03:30:00 | 04:15:00 | DREAM JOURNEY - CUNCUM - MEXICO, EP 1 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey:) I simply cannot wait for |
| 20240913 | 04:15:00 | 05:05:00 | DRONE WARS - EP 9 | Teams are given objects and must make them fly and host a party. A spontaneous drone party commences with a multitude of guests! |
| 20240913 | 05:05:00 | 06:00:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240913 | 06:00:00 | 06:25:00 | THE GLOBAL BARBER: HAIR OF THE DOG BARBER & PUB - KINGSTON, ONTARIO, CANADA | The Global Barber visits Kingston, Ontario, Canada with "Hair Of The Dog" Barber & Pub Co-Owner Luke Chambers, for a couple days. Episode features the team all working together before heading to Union Kitchen & Cocktails for dinner and drinks. The boys from The Bearded Villains drop-in for a touch up, and later in the episode, Cedric and Luke take a bird's eye view of the area with 1000 Island Helicopter Tours. |

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| 20240913 | 06:25:00 | 06:50:00 | FOR FUN ONLY EP 5 | In the fifth episode of the set, we visit a place where you can practice one of the youngest and most incredible sports. Fly Spot in Katowice is one of the most modern centres in the world where you can fly in an air stream. We meet Maja Kuczyńska, the current World Champion in this discipline and assist with a unique show by the queen of Indoor Sky Diving. |
| 20240913 | 06:50:00 | 07:35:00 | CONFUCIUS WAS A FOODIE - SPICY, S3 EP 5 | Despite popular belief 'spicy' in Chinese cuisines is not always hot! In various Chinese cuisines, spices are complex and varied. Chef Christine visits the Malaysian island of Penang, a location historically important to the story of spice trade with TV celebrity Chef Wan for a fun and fact filled visit to the Tropical Spice Garden. At a picturesque mountain top plantation, they pick nutmeg and discover the unique uses of the fruit/spice particular only to this Malaysian island. |
| 20240913 | 07:35:00 | 08:25:00 | 600 POUND WATER BUFFALO | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240913 | 08:25:00 | 09:20:00 | ROAD LESS TRAVELED CARIBBEAN SPECIAL | Jonathan's Caribbean adventure starts in the US Virgin islands - a complete touristy haven, Jonathan digs deep to find the hidden stories of the islands. From the inception of the transatlantic slave trade right in the islands, linked to the production of sugar; Jonathan seeks out the story of the original island inhabitants, the Taino. A deep hike into the jungle reveals Taino Petroglyphs, and the story pivots to the Dominican Republic. In the DR, Jonathan tracks down the modern day Taino descendants, partakes in ceremonies, and starts a new adventure to learn the modern story of DR; Hanging out with tobacco dons, hunting the elusive lionfish, learning bachata, Jonathan pin balls around Dominican Republic learning the island nation's stories found only on the road less traveled. |
| 20240913 | 09:20:00 | 10:10:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240913 | 10:10:00 | 10:55:00 | PHOTO NUMBER 6, EP 6 | Starting in the City of Angels Fletch explores the quirky side of LA structural art and comes across a character bigger than the city itself. As an actor on an iconic television drama, Fletch feels compelled to experience a taste of Hollywood by auditioning for a role on US daytime soap opera the Bold and the Beautiful. On the road east, Fletch stops to explore Joshua Tree National park looking to capture the Milky Way in the night sky with help from photographer Pamela Ann Berry. Then on to Las Vegas where Fletch and Stig take in the glitz and the grunge of the world's most famous centre for gambling and entertainment. |
| 20240913 | 10:55:00 | 11:20:00 | MAX FOODIE: IRELAND | Admit it, first thing you relate with Dublin are the pubs. Sure, they are a staple and they serve some of the best brews in the world. And they come with an associated culture that is hard to rival. But what about the food? Does Dublin have a burgeoning foodie scene or is it all about the pint o' Guinness? Find out on this episode of Max Foodie as Liesel explores the breathtakingly beautiful country of Ireland. |
| 20240913 | 11:20:00 | 11:55:00 | SHOCKING DELICACY IN AFRICA. HERERO PEOPLE AND THE SMILEY. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240913 | 11:55:00 | 12:25:00 | SOCIAL FABRIC - COWBOY BOOTS, EP 6 | Real Cowboys (Boerne, TX): Showcasing a real life cowboy in Texas and the putting the boots' original purpose to use. Kyle visits Wheeler's Feed & Outfitters. Roman Cowboys (Rome, Italy): A quirky take on American cowboy culture in Rome. Kyle visits Texano Store. Heavy Metal (Kenya): One African heavy metal band's take on the greater symbolism of the cowboy boot. |
| 20240913 | 12:25:00 | 12:55:00 | BLOOD RED JELLYFISH. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240913 | 12:55:00 | 13:20:00 | BLUE WORLD - TIGER SHARKS IN THE BAHAMAS + CRYSTAL CAVE OF ABACO, BAHAMAS | In the series pilot, host Jonathan Bird travels to the Bahamas, where diver interactions with Tiger sharks have become up close and personal. These large and dangerous animals are not only being hand-fed, but actually handled by divers. Jonathan learns how to flip a Tiger shark from experienced shark handlers. Next, Jonathan investigates the Crystal Cave of Abaco, Bahamas...considered the most highly-ornamented underwater cave in the world! |
| 20240913 | 13:20:00 | 13:45:00 | BLUE WORLD, THE AMAZING COMEBACK OF GRAY SEALS + SHARK PERFORMANCES IN THE PHILIPPINES | Gray seals look like cute swimming puppy dogs, and their story of recovery from the brink of extinction is one of the best examples of conservation in history. Blue World joins a team of seal researchers on Cape Cod, and dives with these adorable pups of the sea to tell their story. Then we travel to the town of Oslob in the Philippines, where the local people have switched from hunting whale sharks to getting them to perform for tourists, proving that sharks are worth more alive than dead. |
| 20240913 | 13:45:00 | 14:30:00 | BREAKING THE DAY - ADVENTURE PHOTOGRAPHER, EP 6 | As a nomadic adventure photographer, Krystle Wright is used to heading into the unknown. But her latest ambition to capture a rock climber on the famous Tasmanian spire, the Totem Pole, while suspended above the ocean, has never been done before. |
| 20240913 | 14:30:00 | 15:15:00 | SEARCH FOR THE EDGE OF SPACE | The universe has long captivated us with its immense scales of distance and time. Many astronomers today have come to believe that what we can see represents only a small fraction of all there is. They are pioneering bold new theories that describe a cosmic landscape that extends far beyond the limits of our vision. What lies beyond the streams of galaxies that extend as far as our telescopes can see? Where does it all end? How do we fit within it? |
| 20240913 | 15:15:00 | 16:00:00 | CONFUCIUS WAS A FOODIE - SWEET, S3 EP 2 | Chinese cuisines use sugar very differently from Western cuisines, and Christine starts her comparison in Paris and Athens where she looks at how Westerners interpret 'sweet'. Traditionally, for the Chinese, sugar is predominantly used to achieve balance, but the liberal use of sugars in South East Asia Chinese cuisines are a culinary surprise. 'Sweet' is most traditionally found in the simple and omnipresent ingredient rice, so Cushing is off to the rice paddies of Malaysia follow the process of planting and processing. |
| 20240913 | 16:00:00 | 16:45:00 | DREAM JOURNEY - HOLBOX ISLAND, EP 2 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey:) I simply cannot wait for more!" |
| 20240913 | 16:45:00 | 17:10:00 | AT HOME WITH DIDIAYER - NASHVILLE: MUSIC CITY USA, EP 4 | As we pull into Music City, we're already "making it"! Nashville's first woman mayor shares her insights on the future of the city. Phil Vassar turns an interview into a celebration of song. We "rough it" a couple nights at the Gaylord Opry, and interview the "interviewer"! Oh yeah, we also stop by Jack's place. Daniels that is. |
| 20240913 | 17:10:00 | 18:00:00 | ISLAND HUNTER - PHILIPPINES, EP 8 | This Island Hunter episode explores one of Philippines 7000+ islands, and this particular island is voted by most travel publications to be the most beautiful in the world. We are of course talking about the island of Palawan. In this episode, Host Mizziel Serra starts of her exploration in the bustling city of Manila; she explores the walled city of Intramuros, the Spanish seat during their colonization, as well as Binondo, the world's oldest Chinatown! After meeting the gang at STKD SurfMoto, Mizziel gets hooked up with a customized Ducati Scrambler and she explores the island of Luzon on 2 wheels, where her journey ends up at the iconic Pico de Loro. From there, she ventures up to her final moto destination, the surf town of La Union, where she gets a hands on lesson with the local surfing champ. From here on, she island hops and explores the luxury side of Palawan Island. Mizziel gets to check out what the El Nido property has to offer travelers by exploring all 3 resorts in the protected Palawan Marine reserve. This is Philippines like you've never seen before! |
| 20240913 | 18:00:00 | 18:50:00 | ROAD LESS TRAVELED - CYPRUS, EP 9 | Jonathan Legg hops on 2 wheels to explore the beautiful Mediterranean island of Cyprus. Being in the birthplace of Aphrodite, what better theme than to embark on a mission to find out what Cypriots consider beautiful. Jonathan rides dirtbikes in the Troodos mountain ranges exploring ancient caves, wreck dives at one of the top 10 dive sites in the world, takes flight on a microlight, all in an effort to understand beauty. Between massage sessions at ancient hammams, to ancient Greek ruins and drinking the local moonshine, Zivania; this is an exploration of Cyprus found on the Road less Traveled. |

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| 20240913 | 18:50:00 | 19:30:00 | BIZARRE BAHAMAS. PART 2 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240913 | 19:30:00 | 20:15:00 | INK THERAPY EP 11 | Linked by ink. Gil invites cast for album reveal. The return of a caterpillar's friend to get her first tattoo and Brandie's friend covers a painful scar after 30 years |
| 20240913 | 20:15:00 | 21:00:00 | INK THERAPY EP 12 | After 8 years of an "Ink Therapy" journey, Charlie's going to finally cover Brandie's last burn scar. |
| 20240913 | 21:00:00 | 21:25:00 | MAX FOODIE: SEYCHELLES | Seychelles is blossoming as the world's best beach destination; to find out why, Sashi heads there with a mission to understand gastronomy Seychellois. Octopus curry is the national dish and to find the very best in the island, Sashi finds himself at the Four Seasons in Mahe island to learn the ins and outs. Between the world's most gorgeous graniteline beaches, Sashi heads to the far out Desroches island where giant alibaba tortoises roam free - the culinary extravaganza continues there with beachside sunset barbecues and sushi platters with the island nations' seafood bounty. Experience the best of Seychelles in this episode! |
| 20240913 | 21:25:00 | 22:00:00 | EXOTIC IRANIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240913 | 22:00:00 | 22:50:00 | SOUTH SEAS SPEARO - EP 2 | The team assembles in the beautiful Coromandel Peninsula, where the plan is to head out to the Mercury Islands for a couple of days to target all manner of tasty table fish. |
| 20240913 | 22:50:00 | 23:20:00 | \$100 SPRING ROLL VS \$1 SPRING ROLL. VIETNAM'S MOST DYNAMIC STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240913 | 23:20:00 | 23:55:00 | MINNESOTA FOOD THAT WILL KILL YOU. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240913 | 23:55:00 | 00:30:00 | SURVIVING MANILA. PART 2 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240914 | 00:30:00 | 00:55:00 | FOR FUN ONLY EP 3 | In the third episode of the set we meet the real enthusiasts of off-road. Assisting in the training, preparations in the workshop, and participating in a cross-country rally, we learn how to prepare the car and the crew to get through the difficult terrain. We talk about the necessary skills, driving technique, and how to start such an extreme adventure by yourself. |
| 20240914 | 00:55:00 | 01:50:00 | DRONE WARS - EP 2 | A challenge of traditional drone racing separates the teams into racers and engineers, all on the backdrop of an abandoned military base. |
| 20240914 | 01:50:00 | 02:45:00 | GOING BEYOND - BANGKOK #2, EP 2 | We will visit the most incredible markets in Thailand. One of which is directly on the water ... And the second - on the rails of a fully-operating railway! Discover a teak factory, where Thai craftsmen make the most expensive wood products in the world. And in the end we'll ride on one of the biggest Ferris Wheels in Asia! |

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| 20240914 | 02:45:00 | 03:40:00 | VOLCANO ADVENTURE - VOLCANO FANTASIA, EP 2 | The world most dangerous adventure! Explorers attempt to access the fire of the earth that has never been reached by any other human being. At the heart of the volcano is the fiercest fire in the world, and there are brave people who dare to travel to the heart. Volcanologists aim to interpret volcanoes in collaboration with explorers. No other scholar's task is more dangerous than theirs. As it is impossible to predict when a volcano will erupt, there is never any single right answer. The documentary explores dangerous active volcanoes with the help of volcanologists. |
| 20240914 | 03:40:00 | 04:25:00 | DREAM JOURNEY - HOLBOX ISLAND, EP 2 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey:) I simply cannot wait for more!" |
| 20240914 | 04:25:00 | 05:00:00 | INDIAN STREET FOOD \$100 CHALLENGE IN MUMBAI. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240914 | 05:00:00 | 05:35:00 | BUGS ARE INVADING STREET FOOD IN ASIA. EXTREME VIETNAMESE STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240914 | 05:35:00 | 06:00:00 | HOW IT'S MADE - THE YACHT YARD, EP 1 | The series "How Do They Make It" is a journey into the world of complex mechanisms surrounding contemporary man. It's a story about places where exceptional things are being created to make our travel, communication, work, and life easier. In every program, we visit a new place. Our series is about creating unique products but also about the commitment, passion, and work of the people who create them. Each set consists of five episodes about the most interesting production micro-worlds and their operations. The themes of the sets are very diverse – ranging from the big car factory to the traditional glassworks. In the first episode of this set, we visit one of the biggest Polish yacht yards - Northmann shipyard in Węgorzewo. This shipyard produces the popular sailing yachts Maxus and motorized yachts Nexus. In the program, we talk about designing and building yachts. We then show the subsequent stages of their production process, we meet the people who make them and who sail in them. The episode will also have a special guest, namely Szymon Kuczynski – who has sailed round the globe in the smallest, six-meter Maxus 22 yacht, produced at this shipyard. |
| 20240914 | 06:00:00 | 06:50:00 | COSTA RICA: WILDLIFE UNDER THE RAINBOW | The tropical climate and contrasted topography of Costa Rica has fostered exceptional biodiversity, hosting wildlife from both North and South America. From the peaks of the volcanoes down to the Pacific and Caribbean shores, and amidst the dense Cloud forest, the country is home to the most remarkable mammals, beautiful birds, and astonishing reptiles...all in for a beauty contest! Watch the colorful Quetzal and Toucan, listen to the Spider Monkey. As Iguanas battle for the last mango the frogs respond to the Scarlet Macaw wake up call. |
| 20240914 | 06:50:00 | 07:35:00 | VISITING - COLOR | Color: "The quality of an object or substance with respect to light reflected by the object, usually determined visually by measurement of hue, saturation, and brightness of the reflected light; saturation or chroma." A very robotic description of an incredibly dynamic property of the universe. Earth is a varied landscape of extremes of millions of colors. Through the lens of the "Visitor" we experience our mosaic landscape from a sense of imagination and wonder. "Why do these colors exist?" "What properties in nature create the conditions that these colors live in?" Using a scientific and artistic viewpoint we explore environments around the world that display the palette of the Earth. Life and Death, artificial and natural, the colors of the Earth exposes the kaleidoscope of this planet like never before... |

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| 20240914 | 07:35:00 | 08:00:00 | THE GLOBAL BARBER: NICKEL BROOK BREWING CO. / VINTAGE CAR CO. & BARBERSHOP - BURLINGTON, ONTARIO | The Global Barber visits Burlington, Ontario to hang-out with John Romano Founder of Nickel Brook Brewery and Jerry Filice of Village Cigar Co. & Barbershop. The guys all taste some unique, craft beers at Nickel Brook Brewing Co. #CafeDelBastardo #HeadStock #Metalhead. Then, Cedric and the crew head to Bad Axe Throwing for some fun, before heading to Jake's Grill & Oyster House for the area's best seafood! |
| 20240914 | 08:00:00 | 08:35:00 | EXOTIC ANIMAL MEAT IN TEXAS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240914 | 08:35:00 | 09:20:00 | ROAD LESS TRAVELED: RECAP | Season recap; once again, as is tradition, Jonathan recounts the tale of the season. From disasters to blunders to genuine moments, he meticulously goes through what he learned, revealing never before seen clips, shares his lessons learned, and much more! |
| 20240914 | 09:20:00 | 10:10:00 | SOUTH SEAS SPEARO - EP 4 | The team heads to Vava'u, the northernmost island chain of Tonga, for a week of open ocean bluewater spearfishing. The main target is giant dogtooth tuna, as well as the trophy bluewater pelagics. |
| 20240914 | 10:10:00 | 10:55:00 | PHOTO NUMBER 6, EP 7 | We leave the bright lights of Vegas and head for the scenic splendor of UTAH. First stop is the Dixie Rodeo in St George for a celebration of Americana and intense cowboy action. The dismay continues in an exploration of Ice Hockey at the training ground for the UTAH Grizzlies where Fletch is asked to be guest goalie for the day. The road trip ventures south to Monument Valley where Fletch fulfills a lifetime dream to photograph the magnificent scenery and meet with local Navajo residents to explore their connection with the land. |
| 20240914 | 10:55:00 | 11:25:00 | INDIA'S MEGA STREET FOOD FACTORIES. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240914 | 11:25:00 | 11:50:00 | BLUE WORLD - EXPLORING DEVIL'S HOLE CAVE IN NEVADA, USA | Would you believe that one of the largest aquifers in the United States is located directly beneath Death Valley? In the Season 6 premiere, Blue World is invited to join a team of scientists working at Devil's Hole Cave in Nevada and is afforded a once-in-a-lifetime permit from the National Park Service to dive in Devil's Hole Cave. Fewer than 20 people have ever been allowed to dive in this otherworldly cave system. |
| 20240914 | 11:50:00 | 12:20:00 | STREET FOOD BOSSES OF HONG KONG. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240914 | 12:20:00 | 12:45:00 | BLUE WORLD - MUCK DRIVING IN FLORIDA + ICELAND... THE WORLD'S CLEAREST WATER | Jonathan travels to Iceland to investigate a giant crack in the ground filled with frigid runoff from melting glaciers. It's rumored to be the clearest water in the world. Next, he heads down to sunny Florida, not to dive a coral reef or a spectacular shipwreck, but to dive in shallow, murky water under a busy bridge. This secret spot is home to some of the ocean's most remarkable, and weird, animals. |
| 20240914 | 12:45:00 | 13:10:00 | BLUE WORLD A RED SEA EXPEDITION | It's a Red Sea expedition! Blue World explores the reefs, and marine life of the Red Sea, both during the day, and at night. And you can't go to Egypt without a trip to the pyramids. It's a desert adventure! |
| 20240914 | 13:10:00 | 13:55:00 | BREAKING THE DAY, STREET ARTIST | With patrons like skateboarder Tony Hawk and hip-hop producer Swizz Beatz, Alex Yanes is a successful artist by any measure. But his latest piece is about more than making art for sale; it's about making art to give his daughter a better future. |
| 20240914 | 13:55:00 | 14:20:00 | AT HOME WITH DIDIAYER - THE BEST OF ART, EP 11 | On this special edition of AHWD, we serve up some of our favorite dishes created and prepared by celebrated chefs! |
| 20240914 | 14:20:00 | 14:45:00 | THE GLOBAL BARBER: WAHL EDUCATORS - TORONTO, CANADA | Ontario had just entered in to Phase 3 of the pandemic with barbershops and salons beginning to open. The Global Barber visits Fratelli's Salon in Thornhill, Ontario, to chat with the Education team from Wahl Canada, about their recommendations for self-care, during this challenging time of lockdowns. |

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| 20240914 | 14:45:00 | 15:30:00 | CONFUCIUS WAS A FOODIE - SOUR, S3 EP 3 | According to science humans are the only mammals that are attracted to sour. Chinese medicinal believes says that 'sour' can help digestion and whet the appetite. In 3 traditional Chinese cuisines it is often used for balance but in south East Asian versions of Chinese dishes it is often quite forward even becoming part of the name of a dish particularly in traditional Peranakan Chinese cuisines. A cuisine (and a people) that Christine discovers for the first time. Christine joins Malaysian celebrity Chef Wan for a one of a kind experience, cooking in a traditional old Peranakan kitchen and making the food of Chef Wan's heritage. |
| 20240914 | 15:30:00 | 16:15:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey. I simply cannot wait for |
| 20240914 | 16:15:00 | 16:50:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240914 | 16:50:00 | 17:40:00 | ISLAND HUNTER - CALIFORNIA, EP 9 | A unique episode in it's own right, this episode features a road trip through California, Island Hunter style; however, the focus this time around is not necessarily on luxury, it's more about adventures and explorations on the road. Host Sophie Ashley tours around the Golden State, making stops in iconic destinations like San Francisco, Los Angeles, Monterey, and Santa Barbara. Her ride for the episode, true to the Island Hunter style is the iconic Aston Martin DB11 Volante; Whether it's hiking around the Golden Gate, top down on Highway 1, exploring wineries or chowing down tacos at a food truck in Los Angeles, this is the ultimate road trip through California! |
| 20240914 | 17:40:00 | 18:25:00 | ROAD LESS TRAVELED - SPECIAL, EP 10 | In this special, Jonathan Legg recounts his favorite moments, mishaps including getting arrested in Russia, but this episode is a bit different; In this special Jonathan places a particular emphasis on lessons learned; insight and knowledge as well as experiences gained on the Road less Traveled. |
| 20240914 | 18:25:00 | 19:20:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240914 | 19:20:00 | 20:05:00 | INK THERAPY EP 13 | Old friends meet again and Katie is in for a few surprises in the season finale. |
| 20240914 | 20:05:00 | 21:00:00 | ENDLESS WINTER: SURFING EUROPE, EP 2 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240914 | 21:00:00 | 21:30:00 | ASIA'S TOUGHEST WOMEN. COOKING EXOTIC MONGOLIAN FOOD NEVER SEEN BEFORE. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240914 | 21:30:00 | 22:00:00 | GIANT FREAKING CLAM. SOUTHEAST ASIA'S WILDEST SEAFOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240914 | 22:00:00 | 22:50:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240914 | 22:50:00 | 23:25:00 | SUPER RARE KENYAN VILLAGE FEAST. FIRST TIME CAUGHT ON CAMERA. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240914 | 23:25:00 | 23:50:00 | THE GLOBAL BARBER: WEST PARK BARBERSHOP - CLEVELAND, OHIO, USA | The Global Barber visits West Park Barbershops in Cleveland, Ohio, USA. Host Cedric Small chats with multi-award winning Master Barber Patrick Burke about his start in the business, and how he's grown to own several businesses. While visiting Cleveland, Cedric checks-out the Rock & Roll Hall Of Fame's latest exhibits, and visits P.J. McIntyre's Irish Pub for some pints and a bite to eat. |
| 20240914 | 23:50:00 | 00:35:00 | PHOTO NUMBER 6, EP 4 | In Paris Fletch explores the city's hidden secrets with photographer Patrick Colpron, including a clandestine tour of an abandoned railway line that encircles the city. With the help of wedding photographer Pierre Torset, Fletch and Stig set about understanding why Paris is renowned as the City of Love and immerse themselves in the city's vibrant art scene with a visit to 59 Rivoli Artist Studios. Finally, no visit to France could be complete without a jaunt to Champagne for a feast fine food, wine and chocolate. |
| 20240915 | 00:35:00 | 01:00:00 | HOW IT'S MADE - THE CAR FACTORY, EP 3 | In the third episode of the set we visit Pruszków, near Warsaw, to see one of the most unusual scrap yards in the world. It's a place where elements of scrap metal are turned into unique works of art. The owner of the scrap yard, Mariusz Olejniczak, driven by his passion, has gathered together a unique collection of sculptures of the world's most iconic vehicles. |
| 20240915 | 01:00:00 | 01:55:00 | DRONE WARS - EP 3 | Teams must equip drones with poles able to grab rings attached to field goal posts. The top two teams compete in a medieval joust tournament for the top stop. |
| 20240915 | 01:55:00 | 02:50:00 | GOING BEYOND - KOH CHANG, EP 3 | We will get acquainted with the island of Koh Chang! Hitchhike in one of the biggest extreme-parks on the island and we'll have a lot of fun! We'll meet friendly elephants and take part in a photo session! Then we'll have a look at one of the coolest Thai boxing clubs and practice there with the masters of the sport. |
| 20240915 | 02:50:00 | 03:45:00 | THE ETHIOPIA: THE MYSTERY OF PHALLIC STONES | End of 2017, in Southern Ethiopia: a team of European and Ethiopian archeologists is at work on a newly discovered Megalithic site ten times bigger than the site of Stonehenge. In a steep constriction of the Rift Valley, several thousand large monoliths in unmistakable phallic forms can be found intact. Dating from 10th till 13th Century AD, their origin appears to be all the more mysterious. Find out the secrets of a lost civilization in the very heart of Ethiopia. |
| 20240915 | 03:45:00 | 04:30:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey! I simply cannot wait for |

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| 20240915 | 04:30:00 | 05:35:00 | THE ROYAL ROADS OF THE INCAS | The Royal Roads of the Incas documents the rise of the greatest empire of the Americas. Who were they? Where did they come from? And how did they unify over 200 ethnicities into one nation? Through historical narrative and the voices of their descendances, we explore the fascinating world of Tawantinsuyu ~ the four quarters of the Incan empire. Our journey traces the ancient routes of the Indian civilisation, the rise of the Inca dynasty and their dramatic encounter with foreign invaders. |
| 20240915 | 05:35:00 | 06:00:00 | THE GLOBAL BARBER: BLACK COMB BARBER & SHAVE PARLOUR - BLENHEIM, ONTARIO, CANADA | The Global Barber visits Blenheim, Ontario, to work with Master Barber Gregory Dennis at Black Comb Barber & Shave Parlour. While visiting "The Classic Car Capital of Canada," visits with Mr. Rob Myers of RM Sotheby's Classic Cars to check out his multi-million dollar car collection. Rob Myers is a man who's devoted his entire career to the Classic Car Industry. |
| 20240915 | 06:00:00 | 06:55:00 | MAX FOODIE, EP 9 | Hong Kong houses the world's highest number of millionaires and it's something that's not lost on you as venture to Asia's world city. In this episode, Sashi is on a quest to understand how Michelin rates and assesses the sheer depth of eateries in this metropolis. He will meet the top chefs of the city and understand their psyche, their trials and tribulations as they climbed their way to the top of the restaurant industry with 3 michelin stars. But it's not all high brow cuisine, Sashi will also dive deep into the old school neighborhoods, sampling the local fare and seek out how Michelin is rating Asia's sheer depth of eateries. |
| 20240915 | 06:55:00 | 07:20:00 | THE GLOBAL BARBER: BACK ALLEY BARBERSHOP | The Global Barber joins the barber team at Back Alley Barbershop in Niagara Falls, Ontario, Canada. While visiting Niagara Falls, Host Cedric Small and Back Alley Ower Rob "Brronx" Barranca take to the rapids of the Niagara River with Niagara Whirlpool Jet Boat Tours, before heading for dinner and drinks at Yank's Old Niagara Bar & Grill. |
| 20240915 | 07:20:00 | 07:45:00 | HOW IT'S MADE EP 2 | In the second episode of the set we visit Piechowice near Jelenia Góra. This small mountain village is best known for almost two hundred years of production of traditional crystal glass. The Crystal Glassworks "Julia" is one of the few remaining crystal glassworks in the world. We show you how unique crystals are still being made, how they are extracted from melted glass, and how they are ornamented. |
| 20240915 | 07:45:00 | 08:30:00 | VISITING - PRIMATE | Primate, a term that includes one of the most diverse classes of Mammals in the animal kingdom. It includes small arboreal tree dwelling monkeys, the great apes, all the way up to the very top of the Earth's food chain, the Human being. Traveling around the world, the Visitor views and interacts with Primates in their own environment, from the jungles of Africa, the rainforests of Southeast Asian, and even the great cities of humanity. In Primate we explore the story of us and our cousin's in nature through authoritative voices including Anthropologists, Zoologists, and even "common man". Exploring what a Primate is, how it has evolved, and how it interacts with its environment steers the viewer to a unique understanding of what it is to be the greatest of all primates. a Human being. |
| 20240915 | 08:30:00 | 09:15:00 | ROAD LESS TRAVELED: INDIA - KOLKATA | Jonathan revisits Kolkata but with a deeper dive to understand the chaotic city. He comes across the spiritual hub of Kalighat where he ponders the meaning of the dancing Shiva, Nataraj. This sets him on a quest to ask gurus and people in the know about the link between dancing and divinity. Of course, this being Road less Traveled, Jonathan goes on a tangent where he discovers the story of the British East India trading company - a tale that takes him to Murshidabad and Plassey. Back in Kolkata, Jonathan chances upon the multitude of ethnic communities in Kolkata that are slowly dying out, including India's only Chinatown. |
| 20240915 | 09:15:00 | 10:05:00 | SOUTH SEAS SPEARO - EP 5 | Tim, Nat, Dwane, Kieran and Rochele set sail for the northernmost point of New Zealand, 50 miles off the tip of the mainland - the remote and revered Manawatāwhi AKA the Three Kings, home to world record kingfish, as well as a of feisty shark population! |
| 20240915 | 10:05:00 | 10:50:00 | PHOTO NUMBER 6, EP 8 | Fletch and Stig explore the diversity of this extraordinary North African country by journeying from Sea to Sand, beginning in the port of Essaouria, dominated by it's fishing industry and fortress battlements and made famous by the television series Game of Thrones and ending in the magnificent Sahara Desert to meet Bedouin nomads and explore its vast emptiness and lush oases. Along the way they take in the vibrant tourist mecca of Marrakesh, sampling the culinary and sensory delights of this magical city. |

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| 20240915 | 10:50:00 | 11:20:00 | THE MUTANT KARDASHIAN SHEEP OF UZBEKISTAN. COOKED 8 WAYS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240915 | 11:20:00 | 11:45:00 | BLUE WORLD COZUMEL & BAHAMAS | In the tropical paradise of Palau, the Blue World team explores World War II era shipwrecks. Then they travel to the Philippines in search of one of the rarest cephalopods in the world: the Mimic Octopus. |
| 20240915 | 11:45:00 | 12:15:00 | MAX FOODIE: INDIA PART 2 | It's an incalculable undertaking to understand the cuisine of India; the depth of it is simply massive. Over the next 2 episodes, Sashi will explore the country from coast to coast, to understand how the cuisine changes as the kilometers rack up; This episode starts off with a rendezvous with Mumbai's hottest chef, Prateek Sadhu. Sashi takes an inside look into how the city's most popular restaurant, Masque does their signature 8 hands collaborative event. With Prateek and his star studded guest chefs, Matt Orlando from Copenhagen and Ivan Brehm from Nouri in Singapore; the trio head to Delhi for an ingredients scoring mission. From biodynamic farms in the outskirts to the old Delhi markets hunting down spices - Sashi takes a detailed look at how these high end collaborations come together, from start to finish. |
| 20240915 | 12:15:00 | 12:40:00 | BLUE WORLD - TIGER SHARK AS A CAMERA OPERATOR + FLORIDA CAVE DIVING | Jonathan joins an expedition to recruit a new Blue World camera operator in the form of a 1,000 pound Tiger shark! Working with experienced shark handlers, he puts a camera on the dorsal fin of the shark to see what it can film all by itself. But will Jonathan get his camera back? Next, he joins an experienced cave diver to explore a famous underwater cave in Northern Florida (USA). |
| 20240915 | 12:40:00 | 13:05:00 | BLUE WORLD FAMILY ADVENTURES IN BONAIRE + ENDANGERED MANATEES IN FLORIDA WATERS | Blue World's host, Jonathan Bird, takes his family, including his recently scuba-certified 11 year old son, on a dive trip to Bonaire in the Caribbean for some underwater family adventures. The kids find out that scuba diving is a family sport! Then, in Florida, Jonathan checks in on the status of manatees after 45 years of protection. Are they making a comeback? |
| 20240915 | 13:05:00 | 13:50:00 | THE RED LIST - RHINOS | Since 2008 poachers have killed at least 5,940 African Rhinos...Rhino poaching is currently at a crisis point. By the end of 2015, the number of African Rhinos killed by poachers had increased for the sixth year in a row with at least 1,338 Rhinos killed by poachers across Africa in 2015. These statistics are compiled by International Union for Conservation of Nature (IUCN) Species Survival Commission's African Rhino Specialist Group (AfRSG). We head to the heart of the problem in South Africa, where we meet ordinary people going to extraordinary lengths to protect this species.08 poachers have killed at least 5,940 African Rhinos... |
| 20240915 | 13:50:00 | 14:15:00 | AT HOME WITH DIDIAYER - THE BEST OF RESORTS, EP 12 | On this special edition of AHWD, we share some of our favorite places to stay in America! |
| 20240915 | 14:15:00 | 14:40:00 | THE GLOBAL BARBER: REFINERY SALON & BARBER - NEWCASTLE, ONTARIO, CANADA | The Global Barber joins Benny "The Barber" Walsh for the day, working at Refinery Salon & Barber in Newcastle, Ontario, Canada. A nice surprise for Cedric when he finds that Benny set him up to cut Neil Sanderson's (Drummer for Three Days Grace) hair. While visiting Newcastle, Cedric takes to the water with Captain Dave Chatterton of Fish Finder Charters, in search of Salmon and Rainbow Trout. Brad Hopkins, bass player from "Chalk Circle" and Newcastle native, joins Cedric and Captain Dave for the trip on Lake Ontario in search of fish. After a long, hard day on the water, everyone heads to the Old Newcastle House Taps & Grill for some dinner and drinks. |

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| 20240915 | 14:40:00 | 15:25:00 | CONFUCIUS WAS A FOODIE BITTER | The taste of Chinese medicinal herbs, bitter flavor is said to clear ""heat"", strengthen the stomach, and promote salivation. Bitterness is often found in Chinese cooking, but rarely used alone. Christine cooks a popular local bitter ingredient with Asian Food TV star Ili Sulaiman in Kuala Lumpur and makes a less than delicious visit to a Traditional Chinese Medicine shop, experiencing firsthand the power of bitter herbs. Christine is presented with a Chinese philosophy around bitter and learns how this philosophy applies to keeping Chinese heritage alive in Malaysia. The Chinese concept of "in bitter there is sweetness" is applied to immigration and restoration as Christine makes a memorial visit to Penang island where she meets the engaging and eccentric hotelier Christopher Ong. |
| 20240915 | 15:25:00 | 16:10:00 | DREAM JOURNEY EP 4 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey! I simply cannot wait for |
| 20240915 | 16:10:00 | 16:35:00 | MAX FOODIE: THAILAND, EP 2 | Americans are accustomed to Thai food but what you get in mainland Thailand is quite different than the local Thai joint in California. Which is better? Liesel embarks on a mission in Bangkok to understand the essence of what true Thai food is all about... Has America adulterated the authentic Thai way of cooking to suit palates? Or does Thailand have a lock on authentic and lesser known herbs, spices and techniques that never migrated over to America? Original or an international reversion? Liesel pokes around touristic districts interviewing foreigners, samples breakfast at bustling neighborhood joints, and of course, it wouldn't be Thailand without a bug eating escapade! A look at an iconic locals-only farmers market sets Liesel on an objective to source hard to find Thai ingredients that might not make it across to America. Is this why the Thai dishes in US taste so different to what you get in Thailand? |
| 20240915 | 16:35:00 | 17:25:00 | ISLAND HUNTER - SEASON SPECIAL, EP 10 | Island Hunter explores exotic island destinations around the world, and over the course of the season, we've come across a tremendous variety of luxury resorts and hotels, spas, and of course, restaurants. In this special episode, Island Hunter awards the "best of" awards in the following categories; best bar/lounge, best hotel/resort, best spa, and best foodie destination. With such a line up of exotic locales around the world during season 1, this is the one to watch out for; find out what Island Hunter awards as the best of in this episode! |
| 20240915 | 17:25:00 | 18:15:00 | COLONY 8, ZHYTOMYR, UKRAINE | Ever wondered what really goes on behind the bars of the most dangerous prisons? Behind Bars takes you into prisons from around the world, and the true stories of inmates who find themselves inside maximum security lockdown, in the harshest conditions. Colony Eight – one of the toughest and most notorious prisons in Ukraine. It is said that no one has ever managed to escape from here! Over eight hundred prisoners are behind bars in Colony 8 under maximum security. Until twenty years ago, the guards even carried out death sentences at this prison. Not any more – the concept is now a different one. Plenty of "freedom" on the one hand, draconian punishment and military drill on the other. Combined with permanent supervision: Around seventy cameras in the buildings ensure that anything moving gets noticed. One section of the prison is particularly notorious – the wing for the one hundred and sixty lifers: If you end up in this wing, you have absolutely nothing to lose. Because in Ukraine, life imprisonment means literally being behind bars until you die. |

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| 20240915 | 18:15:00 | 19:00:00 | SEARCH FOR THE EDGE OF SPACE | The universe has long captivated us with its immense scales of distance and time. Many astronomers today have come to believe that what we can see represents only a small fraction of all there is. They are pioneering bold new theories that describe a cosmic landscape that extends far beyond the limits of our vision. What lies beyond the streams of galaxies that extend as far as our telescopes can see? Where does it all end? How do we fit within it? |
| 20240915 | 19:00:00 | 19:25:00 | MAX FOODIE: INDIA, EP 3 | Liesel pinballs around a city known for its gastronomy, the forgotten hub of British East India trading company, Kolkata. From trying out what the bustling city's vibrant street food scene has to offer, to the lesser known gems, including, venturing into India's only Chinatown and sampling their delicacies. A tale of walking food tours, hole in the wall joints serving up North Eastern dumplings, messy fish markets, and of course, the pride of Bengal, the Hilsa fish. Is Kolkata up to par with the other major metropolitan cities of India? This episode finds out exactly that! |
| 20240915 | 19:25:00 | 20:15:00 | CULINARY HEIGHTS - SIDNEY SCHUTTE, EP 12 | Sidney Schutte, chef of the 2-star restaurant "Librije's Zusje", and Hangar-7 executive chef Martin Klein jointly create a top-class menu for the "Ikarus" restaurant. In Amsterdam, Martin Klein immersed himself in the world of his future guest chef Sidney Schutte. Martin Klein is amazed by rare delicacies such as duck tongues and silver ear mushrooms in dessert. The two also visit some of Rubble's best suppliers and travel across the country: from oyster farming in southern Zeeland to farm cheese dairy on a tiny river island near Amsterdam. |
| 20240915 | 20:15:00 | 21:00:00 | THE RED LIST - CHEETAHS | The world's fastest land mammal is racing toward extinction, with the latest Cheetah census suggesting that the big cats, which are already few in number, may decline by an additional 53 percent over the next 15 years. Cheetah has been driven out of 91 percent of its historic range—the big cats once roamed nearly all of Africa and much of Asia, but their population is now confined predominantly to six African countries: Angola, Namibia, Zimbabwe, Botswana, South Africa, and Mozambique. The species is already almost extinct in Asia, with fewer than 50 individuals remaining in one isolated pocket of Iran. Cheetahs are getting killed directly, and then also their prey species are getting killed in these savannah areas, so the Cheetahs having nothing to subsist on. |
| 20240915 | 21:00:00 | 21:25:00 | MAX FOODIE: SEYCHELLES | Seychelles is blossoming as the world's best beach destination; to find out why, Sashi heads there with a mission to understand gastronomy Seychellois. Octopus curry is the national dish and to find the very best in the island, Sashi finds himself at the Four Seasons in Mahe island to learn the ins and outs. Between the world's most gorgeous graniteline beaches, Sashi heads to the far out Desroches island where giant alibaba tortoises roam free - the culinary extravaganza continues there with beachside sunset barbecues and sushi platters with the island nations' seafood bounty. Experience the best of Seychelles in this episode! |
| 20240915 | 21:25:00 | 22:00:00 | REAL JAMAICA STREET FOOD. THE WILD KINGSTON UNDERGROUND. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240915 | 22:00:00 | 22:50:00 | SOUTH SEAS SPEARO - EP 4 | The team heads to Vava'u, the northernmost island chain of Tonga, for a week of open ocean bluewater spearfishing. The main target is giant dogtooth tuna, as well as the trophy bluewater pelagics. |
| 20240915 | 22:50:00 | 23:40:00 | BREAKING THE DAY - EXPERIMENTAL TEST PILOT, EP 1 | Test pilot Elliot Seguin has always dreamed of building and flying his own experimental aircraft. His Quickie design is on the verge of completion, but when Elliot finds out he's going to be a father, he must decide if the risk is worth the reward. |
| 20240915 | 23:40:00 | 00:10:00 | MAX FOODIE: MAURITIUS - CHAPTER 2 | Mauritius is the east African nation prosperously humming away, producing delicious African rum with it's abundant sugarcane supply; but the story is more than that! Sashi drives around this island nation to get the full culinary scene lowdown; from street food vibes in Port Louis, to stints with the best chefs on the island to what luxury resorts have on offer; explore Mauritius from the ground level and witness why this East African jewel of an island nation is drawing travelers from around the world! |

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| 20240916 | 00:10:00 | 00:35:00 | THE GLOBAL BARBER: NIAGARA BARBER COMPANY - NIAGARA FALLS, NEW YORK, USA | The Global Barber visits The Niagara Barber Co. in Niagara Falls, New York, USA to work with Owner - Brad Inzinga and his crew for the day performing cuts and shaves for the local businessmen and students. After the work day is done, Cedric and the Niagara Barber Co. crew all head over to Rock Burger for a taste of the biggest burgers they've ever seen! |
| 20240916 | 00:35:00 | 01:00:00 | HOW IT'S MADE EP 5 | In the fifth and final episode of the set we visit one of the world's most modern car factories. We are in Tychy – where the local factory has been producing an automotive hit for the last 10 years – the tiny Fiat 500. The successor of the iconic Fiat 500 which motorized Europe in the 1960s and 1970s is an extremely modern car. We will witness the emergence of the two hundred millionth copy of this wonderful car. |
| 20240916 | 01:00:00 | 01:50:00 | DRONE WARS - EP 4 | An abandoned building is rigged with motion sensors and teams must sneak through without being seen. A team is eliminated from the competition. |
| 20240916 | 01:50:00 | 02:45:00 | GOING BEYOND - PATTAYA AND PHAI, EP 4 | We continue to explore Thailand and go to Pattaya. After, we visit the northern town Pai an ideal place to go for a ride on a moped for the first time! We stroll through a huge park and get acquainted with the rich history of Nong Nuch. We visit perhaps the only atelier of custom motorcycles in Thailand and spend an exciting day in the company of elephants. In the evening, we try durian in the one of Thailand's markets and get acquainted with local hippies. |
| 20240916 | 02:45:00 | 03:40:00 | WARRIORS FOR WILDLIFE, EP 2 | The Recruits meet for the first time as Cape Town International Airport, they have flown in from all over the world. They are taken by mini bus to the vast Rangers Reserve high in the Western Cape Mountains. At the reserve they will have no contact with outside world, and undergo the first part of a torturous training regime to turn them into qualified Anti Poaching Rangers. Some will succeed and some will have their dreams shattered and not make it to phase two. |
| 20240916 | 03:40:00 | 04:25:00 | DREAM JOURNEY EP 4 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our <u>travel series, which really turned out to be a Dream Journey.</u> I simply cannot wait for |
| 20240916 | 04:25:00 | 06:00:00 | RESURRECTING A LEGEND | On the night of June 5th, 1944, a C-47 paratrooper aircraft, nicknamed That's All, Brother took off from England, to drop Allied fighting men into Normandy, to clear a passage for the tens of thousands of troops lying off the coast. |
| 20240916 | 06:00:00 | 06:50:00 | DRONE WARS - EP 4 | An abandoned building is rigged with motion sensors and teams must sneak through without being seen. A team is eliminated from the competition. |
| 20240916 | 06:50:00 | 07:25:00 | ASIA'S SCARIEST FOOD & WHERE TO FIND IT. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240916 | 07:25:00 | 08:10:00 | ISLAND HUNTER - BALI, EP 1 | Island Hunter is your insiders look into exotic island destinations around the world. Where to go? What to see? Island Hunter shows you how - Find the best spots to party, the hippest bars and lounges, the most luxurious resorts, and of course, the unique cuisines that define each of these paradise destinations. The host for every episode will be your conduit to getting an encyclopedic knowledge about the island; local cultures, secret hotspots, and much more! |

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| 20240916 | 08:10:00 | 08:35:00 | HOW IT'S MADE EP 5 | In the fifth and final episode of the set we visit one of the world's most modern car factories. We are in Tychy – where the local factory has been producing an automotive hit for the last 10 years – the tiny Fiat 500. The successor of the iconic Fiat 500 which motorized Europe in the 1960s and 1970s is an extremely modern car. We will witness the emergence of the two hundred millionth copy of this wonderful car. |
| 20240916 | 08:35:00 | 09:30:00 | ROAD LESS TRAVELED MONTENEGRO | The land of mountains and pristine lakes! In this episode, Jonathan gets on a motorcycle to explore the countryside. He embarks on a Don-Quixote type journey, alluding to the origin story of author Miguel Cervantes and his 'supposed' stint in Montenegro, in a jail cell. Jonathan rides down the fantastically beautiful Kotor bay, learning about medieval armor and the city's history. While on his road trip, Jonathan also uncovers Tito's secret bunker, fully exploring the lavish estate on his own whims - as well as abandoned submarine silos, hidden bunkers from the Soviet era, and much more. No trip to Montenegro is complete without a visit to the countryside, this is where Jonathan comes across authentic cuisine, and a rescue mission with volunteers that patrol the harsh but beautiful mountains of Montenegro. |
| 20240916 | 09:30:00 | 10:20:00 | SKYSCRAPER IN 51 DAYS | A 40-meter high, 14-story apartment complex - erected in just 51 days. A construction boom in the Russian capital has been going on for years now. In 2017 the government decided to tear down communist apartment blocks (infamous for shoddy construction): around 4,000 buildings from the 1950s and 1960s are being replaced with modern high-rises. A politically significant infrastructure program - the pressure on construction companies is high. |
| 20240916 | 10:20:00 | 10:45:00 | BLUE WORLD GRAND CAYMAN & FLORIDA | In Florida, Blue World joins a shark researcher investigating the mysterious gathering of thousands of Blacktip sharks every spring, just offshore. Then Jonathan takes his family on a Grand Cayman diving trip where they meet stingrays and sea turtles. |
| 20240916 | 10:45:00 | 11:40:00 | HORSES | No other animal has influenced our lives as much as the horse. Our entire history is indivisibly linked to this animal. This documentary portrays a relationship that goes far beyond what we imagine. Although the use of horses has fallen drastically since the start of the Industrial Revolution, our hearts still beat as one; when we look through their eyes we see ourselves. When we think of free- dom... of harmony... of beauty... of nobility... of strength... of speed... we think of horses as a reference point... HORSES |
| 20240916 | 11:40:00 | 12:05:00 | BLUE WORLD PALAU | The Blue World team travels to Palau on an adventure to explore reefs teeming with life, plus a mysterious lake filled with thousands of harmless non-stinging jellyfish. |
| 20240916 | 12:05:00 | 12:50:00 | EXTREME VIETNAMESE STREET FOOD. SURVIVING VIETNAM PART 1 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240916 | 12:50:00 | 13:15:00 | BLUE WORLD HUNTING FOR MEGALODON SHARK TEETH + AN UNDERWATER CORAL FARM IN THE CARIBBEAN | Blue World heads to a dark, murky river in South Carolina to hunt for Megalodon shark teeth on the river bed. It's some of the most dangerous, spooky diving ever! Then we travel to the warm, clear waters of Bonaire to volunteer on an underwater coral farm. |
| 20240916 | 13:15:00 | 14:00:00 | BREAKING THE DAY - SADDLE BRONC RIDER, EP 5 | The only female professional bronc rider in the world, Kaila Mussell is constantly defying the odds. But two years after breaking her neck in competition, Kaila is preparing to defy the longest odds of her life: getting back on the horse. |
| 20240916 | 14:00:00 | 14:25:00 | AT HOME WITH DIDIAYER - UTAH: LIFE ELEVATED, EP 9 | Life is Elevated in the great state of Utah! Didiayer goes food foraging and uncovers the history of the surrounding rock formations in Moab. Then, Christopher takes a memorable journey down the Colorado River! |
| 20240916 | 14:25:00 | 14:50:00 | THE GLOBAL BARBER: NIAGARA BARBER COMPANY - NIAGARA FALLS, NEW YORK, USA | The Global Barber visits The Niagara Barber Co. in Niagara Falls, New York, USA to work with Owner - Brad Inzinga and his crew for the day performing cuts and shaves for the local businessmen and students. After the work day is done, Cedric and the Niagara Barber Co. crew all head over to Rock Burger for a taste of the biggest burgers they've ever seen! |

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| 20240916 | 14:50:00 | 15:35:00 | CONFUCIUS WAS A FOODIE - SALTY, S3 EP 1 | Most salt in Asia is produced through the evaporation of seawater in coastal areas. This episode sees Christine learning firsthand the very challenging 'how to' of harvesting sea salt in Thailand's dramatically beautiful salt fields. Cushing visits the area's most unusual market that is regularly disrupted by the Maeklong Railway going right through it's center! She cooks alongside chefs preserving traditional Chinese cuisine in Bangkok and at Singapore's oldest Chinese restaurant, Spring Court, Christine discovers Singapore Chinese cuisine and meets with culinary legend; Madam Soon. |
| 20240916 | 15:35:00 | 16:20:00 | DREAM JOURNEY - CUNCUM - MEXICO, EP 1 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey:) I simply cannot wait for |
| 20240916 | 16:20:00 | 16:50:00 | BONDI BOARDRIDERS | The Bondi Board Riders Club is what Australian sport is all about. |
| 20240916 | 16:50:00 | 17:40:00 | ISLAND HUNTER - HONG KONG, EP 5 | Hong Kong is Asia's world city and this episode is a complete 360 from the melee of tropical island paradises. Hong Kong is famous for it's skyscraper strewn skyline and in this episode, local girl Lesley Chiang is on a mission to show a different side of Hong Kong. Her journey starts off in Hong Kong bay where she gets a taste of the 5 star life at the Ritz Carlton. Pampering at the 108th floor spa, dining at Michelin 2 star rated Ting Lung Heen, and beyond! Lesley checks out the art scene of Soho, and PMQ, an establishment geared towards Hong Kong's budding arts and crafts talent. At night time, local nightlife expert Johannes Pong shows Lesley the wild side of town as they bounce around the latest bars and clubs. When it's time to chow, Jowett Yu, a rising star in the culinary world shows Lesley his favorite hometown hang outs; roast geese to yummy sea food bites. Taking a break from Hong Kong island, Lesley also checks out the nearby Lantau island where she gets a taste of zen; from Hiking on the lantau trail to seeing the Tian tan Buddha - this feeling of zen continues as she checks out the colonial landmark turned boutique resort, Tai O. It's an episode of fast paced modern life, top |
| 20240916 | 17:40:00 | 18:15:00 | MAX FOODIE: BANGKOK | Sashi is in Bangkok, Thailand and exploring the stories of the city's brightest culinary stars. Chef Ton takes Sashi to his favorite hang out spots to eat around Bangkok. In the next episode, Sashi is hanging out at the illustrious Sukhothai where he's having lunch with Chef David Tamburini, the head honcho at La Scala. Sashi gets a taste of David's ethos of naturalmente, where David brings Sicilian home-grown authenticity to Asia. After a fantastic meal, Sashi meets back up with Chef Ton and they embark on a field trip to Koh Sichang. Chef Ton wants to illustrate the lengths he goes to, in order to support his suppliers like his fishermen. Sashi and Ton head into the Gulf of Thailand on a daring boat ride to catch a blue spotted grouper - a journey that showcases the arduous task of what it means to be an ethical chef. |
| 20240916 | 18:15:00 | 18:40:00 | HOW IT'S MADE - THE CAR FACTORY, EP 3 | In the third episode of the set we visit Pruszków, near Warsaw, to see one of the most unusual scrap yards in the world. It's a place where elements of scrap metal are turned into unique works of art. The owner of the scrap yard, Mariusz Olejniczak, driven by his passion, has gathered together a unique collection of sculptures of the world's most iconic vehicles. |
| 20240916 | 18:40:00 | 19:05:00 | HOW IT'S MADE EP 4 | In the fourth episode of the set, we visit a legendary guitar producer. The Mayones company based in Gdansk has been producing exceptional electric guitars, the dream of many musicians, since 1982. "Mayones" is a small family business where instruments are manufactured by hand, with great attention paid to both detail and quality. |
| 20240916 | 19:05:00 | 19:40:00 | TWISTED CUBAN LECHON IN CUBA. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240916 | 19:40:00 | 20:10:00 | BLOOD RED JELLYFISH. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240916 | 20:10:00 | 20:35:00 | FOR FUN ONLY - JUMPING OVER THE LIMITS, EP 1 | In this series of programs with the common title "FOR FUN", we talk about people who have run away[escaped?] from everyday life to the world of their passions. The first set in the series is devoted to sports activities – from the very popular horse riding, through off-road, to ballooning and gliding. |
| 20240916 | 20:35:00 | 21:00:00 | FOR FUN ONLY - CHASING THE WIND BALLOONS, EP 2 | In the next episode we meet people who are passionate about hot air ballooning. At the balloon festival in Szczecinek, we meet dozens of crews for whom ballooning is the major part of life. We will learn how to fly a hot air balloon and why this sport gives people such a unique experience. |
| 20240916 | 21:00:00 | 21:50:00 | ISLAND HUNTER - JAMAICA, EP 3 | Easy island vibes, lots of amazing local rum, brilliant natural landscapes and those amazing beaches! Of course, Island Hunter is in Jamaica! But in this episode, host Liesel Hlista shows you a different side of the Irie nation; away from the hordes of people unleashed via cruise liners! She starts off with a quick glimpse and an impromptu jam session at the birthplace of Bob Marley, Trench town, noshes on the most delicious ice cream this side of the hemisphere, and plunges into Mystic mountain's waterfalls. Jamaica is known for being the home of the all-inclusive resort and Liesel finds out exactly why that is - with stays at Ian Fleming inspired Golden eye Hotel as well as Sunset at the Palms! Lazy tubing down the river, limestone foot massages, topped up with historic food tours and experiencing local cuisines such as jerk chicken and the amazing seafood; this is Jamaica, Island Hunter style! |
| 20240916 | 21:50:00 | 22:35:00 | INK THERAPY - EP 5 | Brandie bonds with her son. Gil tattoos an art lover's original design while Charlie takes on a burn victim who needs a guardian angel. |
| 20240916 | 22:35:00 | 23:20:00 | INK THERAPY - EP 6 | It's a family affair Katie organizes pizza and games night with the cast. Both caterpillars bring their moms. |
| 20240916 | 23:20:00 | 23:45:00 | THE GLOBAL BARBER: DAPPER HOUSE BARBER & SHOP - MICHIGAN, USA | The Global Barber in Royal Oak, Michigan, USA. Cedric Small spends the day working and chatting with shop owner Sean Klosky and his team of of barbers at Dapper House Barber & Shop. |
| 20240916 | 23:45:00 | 00:35:00 | CONFUCIUS WAS A FOODIE - THE ORIGIN OF 'CUISINE', S2 EP 7 | Is Chinese cuisine, with its Confucian structure, really the origin of the world's great cuisines? Christine challenges top chefs in France, England, Italy, Greece, the US and Canada. Working with academics, chefs, food historians, and experts, Chef Cushing really sticks her neck out as she ventures into high profile kitchens, searching for connections and roots that might trace back to Confucius. Christine's journey takes her to some of the most important culinary schools in the world like Le Cordon Bleu in Paris, and Alma Culinary Center in Parma, Italy. Significant and thought-provoking, this journey leads us to a deeper appreciation of our global connection to our stories, our cultures and our traditions, and how they are connected through food. We look at our world, it's ethnicities and its races through a foodie filter. |
| 20240917 | 00:35:00 | 01:40:00 | GOING BEYOND - KOH PHANGAN, EP 6 | Going Beyond continues its exploration of Thailand! Our next destination - Koh Phangan one of the most beautiful islands in the Kingdom, where travelers from all over the world flock to do yoga together with people sharing spiritual affinity, to visit a traditional herbal sauna, or dance at sundown! We will tell you about a perfect accommodation on the island! |
| 20240917 | 01:40:00 | 02:25:00 | BREAKING THE DAY - SADDLE BRONC RIDER, EP 5 | The only female professional bronc rider in the world, Kaila Mussell is constantly defying the odds. But two years after breaking her neck in competition, Kaila is preparing to defy the longest odds of her life: getting back on the horse. |

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| 20240917 | 02:25:00 | 03:15:00 | ENDLESS WINTER: SURFING EUROPE, EP 2 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240917 | 03:15:00 | 04:05:00 | CONFUCIUS WAS A FOODIE - SALTY, S3 EP 1 | Most salt in Asia is produced through the evaporation of seawater in coastal areas. This episode sees Christine learning firsthand the very challenging 'how to' of harvesting sea salt in Thailand's dramatically beautiful salt fields. Cushing visits the area's most unusual market that is regularly disrupted by the Maeklong Railway going right through it's center! She cooks alongside chefs preserving traditional Chinese cuisine in Bangkok and at Singapore's oldest Chinese restaurant, Spring Court, Christine discovers Singapore Chinese cuisine and meets with culinary legend; Madam Soon. |
| 20240917 | 04:05:00 | 05:00:00 | WARRIORS FOR WILDLIFE, EP 1 | Get up close and personal with a group of International recruits as they tackle one of the toughest training courses on the planet, in order to become the next generation of Anti-Poaching Rangers, and help save endangered species from extinction. This returnable series, shot on 4k UHD over 5 weeks in three remote South Africa locations, gains exclusive access and gets close to the action and under the skin of these young people who are prepared to risk their own existence, to save the world's wildlife for future generations. Some recruits will succeed and some will have their dreams shattered and not make it to phase two. |
| 20240917 | 05:00:00 | 05:30:00 | MAX FOODIE: MAURITIUS - CHAPTER 1 | Mauritius is the east African nation prosperously humming away, producing delicious African rum with it's abundant sugarcane supply; but the story is more than that! Sashi drives around this island nation to get the full culinary scene lowdown; from street food vibes in Port Louis, to stints with the best chefs on the island to what luxury resorts have on offer; explore Mauritius from the ground level and witness why this East African jewel of an island nation is drawing travelers from around the world! |
| 20240917 | 05:30:00 | 06:00:00 | MAX FOODIE: MAURITIUS - CHAPTER 2 | Mauritius is the east African nation prosperously humming away, producing delicious African rum with it's abundant sugarcane supply; but the story is more than that! Sashi drives around this island nation to get the full culinary scene lowdown; from street food vibes in Port Louis, to stints with the best chefs on the island to what luxury resorts have on offer; explore Mauritius from the ground level and witness why this East African jewel of an island nation is drawing travelers from around the world! |
| 20240917 | 06:00:00 | 06:50:00 | DRONE WARS - EP 5 | Teams design a drone to find a person lost in the forest... but the person lost in the forest is one member of their team. They are timed on successfully escaping the woods |
| 20240917 | 06:50:00 | 07:45:00 | FOOD UNKNOWN - FINLAND, EP 2 | Finland is that one Nordic country that is never on the global cuisine radar. However, the reserved Finns have been quietly perfecting their craft of foraging culture and incorporating it into their unique cuisine. Jonathan Legg explores the entire expanse of the country to understand it's cuisine, and the ethos of the country's top chefs; from amazing locally sourced cuisine in Helsinki, to an expedition in Lapland to learn about foraging and the Finnish delicacy, reindeer! |
| 20240917 | 07:45:00 | 08:30:00 | CONFUCIUS WAS A FOODIE - SPICY, S3 EP 5 | Despite popular belief 'spicy' in Chinese cuisines is not always hot! In various Chinese cuisines, spices are complex and varied. Chef Christine visits the Malaysian island of Penang, a location historically important to the story of spice trade with TV celebrity Che Wan for a fun and fact filled visit to the Tropical Spice Garden. At a picturesque mountain top plantation, they pick nutmeg and discover the unique uses of the fruit/spice particular only to this Malaysian island. |
| 20240917 | 08:30:00 | 09:20:00 | 600 POUND WATER BUFFALO | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240917 | 09:20:00 | 10:15:00 | ROAD LESS TRAVELED CARIBBEAN SPECIAL | Jonathan's Caribbean adventure starts in the US Virgin islands - a complete touristy haven, Jonathan digs deep to find the hidden stories of the islands. From the inception of the transatlantic slave trade right in the islands, linked to the production of sugar; Jonathan seeks out the story of the original island inhabitants, the Taino. A deep hike into the jungle reveals Taino Petroglyphs, and the story pivots to the Dominican Republic. In the DR, Jonathan tracks down the modern day Taino descendants, partakes in ceremonies, and starts a new adventure to learn the modern story of DR; Hanging out with tobacco dons, hunting the elusive lionfish, learning bachata, Jonathan pin balls around Dominican Republic learning the island nation's stories found only on the road less traveled. |
| 20240917 | 10:15:00 | 11:05:00 | ISLAND HUNTER - PUERTO RICO, EP 4 | Puerto Rico is one of the most popular vacation destinations for Americans, and it's easy to see why; everyone speaks English, it's easy to get to, and of course, it's still a part of the US! Host Liesel Hlista starts off her journey with a goal to feel at one with herself and the best way to do that is with a stint of yoga, atop a paddleboard. SUP yoga! Feeling centered, she begins exploring the island by taking a very detailed walking historical tour as well as a food tour. Bouncing around cantinas and trying out slushy drinks made with the local Don Q rum, Liesel gets a unique insight into old San Juan. To step up the action, Liesel also explores all the hands-on activities such as riding horseback on the beach, riding ATV's through the muddy swamps, and hiking through the super lush El Yunque rainforest. Luxurious resorts are only a stone's throw away - hopping islands, Liesel gets to experience the ultra modern and chic El Blok located in Vieques. Between stays at all the luxury boutique resorts, a common trend starts to appear, and that is the island's cuisine. Spanish influences, blended with American fine dining. Liesel gets a taste of the eclectic but high end cuisine spanning from top resorts |
| 20240917 | 11:05:00 | 11:55:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240917 | 11:55:00 | 12:25:00 | ASIA'S TOUGHEST WOMEN. COOKING EXOTIC MONGOLIAN FOOD NEVER SEEN BEFORE. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240917 | 12:25:00 | 12:50:00 | BLUE WORLD - GIANT PACIFIC OCTOPUS | In this epic octopus adventure, Jonathan visits two aquaria to learn about the Giant Pacific octopus, and then travels to Seattle, Washington (USA) to join the Seattle Aquarium dive team on an octopus survey. He meets the Giant Pacific Octopus, the world's largest octopus, and discovers how clever this huge invertebrate really is! |
| 20240917 | 12:50:00 | 13:15:00 | BLUE WORLD - TIGER SHARKS IN THE BAHAMAS + CRYSTAL CAVE OF ABACO, BAHAMAS | In the series pilot, host Jonathan Bird travels to the Bahamas, where diver interactions with Tiger sharks have become up close and personal. These large and dangerous animals are not only being hand-fed, but actually handled by divers. Jonathan learns how to flip a Tiger shark from experienced shark handlers. Next, Jonathan investigates the Crystal Cave of Abaco, Bahamas...considered the most highly-ornamented underwater cave in the world! |
| 20240917 | 13:15:00 | 13:40:00 | BLUE WORLD, THE AMAZING COMEBACK OF GRAY SEALS + SHARK PERFORMANCES IN THE PHILIPPINES | Gray seals look like cute swimming puppy dogs, and their story of recovery from the brink of extinction is one of the best examples of conservation in history. Blue World joins a team of seal researchers on Cape Cod, and dives with these adorable pups of the sea to tell their story. Then we travel to the town of Oslob in the Philippines, where the local people have switched from hunting whale sharks to getting them to perform for tourists, proving that sharks are worth more alive than dead. |
| 20240917 | 13:40:00 | 14:25:00 | BREAKING THE DAY - ADVENTURE PHOTOGRAPHER, EP 6 | As a nomadic adventure photographer, Krystle Wright is used to heading into the unknown. But her latest ambition to capture a rock climber on the famous Tasmanian spire, the Totem Pole, while suspended above the ocean, has never been done before. |
| 20240917 | 14:25:00 | 15:10:00 | PHOTO NUMBER 6, EP 8 | Fletch and Stig explore the diversity of this extraordinary North African country by journeying from Sea to Sand, beginning in the port of Essaouira, dominated by it's fishing industry and fortress battlements and made famous by the television series Game of Thrones and ending in the magnificent Sahara Desert to meet Bedouin nomads and explore its vast emptiness and lush oases. Along the way they take in the vibrant tourist mecca of Marrakesh, sampling the culinary and sensory delights of this magical city. |

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| 20240917 | 15:10:00 | 15:55:00 | CONFUCIUS WAS A FOODIE - SWEET, S3 EP 2 | Chinese cuisines use sugar very differently from Western cuisines, and Christine starts her comparison in Paris and Athens where she looks at how Westerners interpret 'sweet'. Traditionally, for the Chinese, sugar is predominantly used to achieve balance, but the liberal use of sugars in South East Asia Chinese cuisines are a culinary surprise. 'Sweet' is most traditionally found in the simple and omnipresent ingredient rice, so Cushing is off to the rice paddies of Malaysia follow the process of planting and processing. |
| 20240917 | 15:55:00 | 16:40:00 | DREAM JOURNEY - HOLBOX ISLAND, EP 2 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey:) I simply cannot wait for more!" |
| 20240917 | 16:40:00 | 17:05:00 | AT HOME WITH DIDIAYER - NASHVILLE: MUSIC CITY USA, EP 4 | As we pull into Music City, we're already "making it"! Nashville's first woman mayor shares her insights on the future of the city. Phil Vassar turns an interview into a celebration of song. We "rough it" a couple nights at the Gaylord Opry, and interview the "interviewer"! Oh yeah, we also stop by Jack's place. Daniels that is. |
| 20240917 | 17:05:00 | 17:55:00 | ISLAND HUNTER - PHILIPPINES, EP 8 | This Island Hunter episode explores one of Philippines 7000+ islands, and this particular island is voted by most travel publications to be the most beautiful in the world. We are of course talking about the island of Palawan. In this episode, Host Mizziel Serra starts of her exploration in the bustling city of Manila; she explores the walled city of Intramuros, the Spanish seat during their colonization, as well as Binondo, the world's oldest Chinatown! After meeting the gang at STKD SurfMoto, Mizziel gets hooked up with a customized Ducati Scrambler and she explores the island of Luzon on 2 wheels, where her journey ends up at the iconic Pico de Loro. From there, she ventures up to her final moto destination, the surf town of La Union, where she gets a hands on lesson with the local surfing champ. From here on, she island hops and explores the luxury side of Palawan Island. Mizziel gets to check out what the El Nido property has to offer travelers by exploring all 3 resorts in the protected Palawan Marine reserve. This is Philippines like you've never seen before! |
| 20240917 | 17:55:00 | 18:20:00 | HOW IT'S MADE EP 4 | In the fourth episode of the set, we visit a legendary guitar producer. The Mayones company based in Gdansk has been producing exceptional electric guitars, the dream of many musicians, since 1982. "Mayones" is a small family business where instruments are manufactured by hand, with great attention paid to both detail and quality. |
| 20240917 | 18:20:00 | 18:45:00 | HOW IT'S MADE EP 5 | In the fifth and final episode of the set we visit one of the world's most modern car factories. We are in Tychy – where the local factory has been producing an automotive hit for the last 10 years – the tiny Fiat 500. The successor of the iconic Fiat 500 which motorized Europe in the 1960s and 1970s is an extremely modern car. We will witness the emergence of the two hundred millionth copy of this wonderful car. |
| 20240917 | 18:45:00 | 19:35:00 | ROAD LESS TRAVELED - CYPRUS, EP 9 | Jonathan Legg hops on 2 wheels to explore the beautiful Mediterranean island of Cyprus. Being in the birthplace of Aphrodite, what better theme than to embark on a mission to find out what Cypriots consider beautiful. Jonathan rides dirtbikes in the Troodos mountain ranges exploring ancient caves, wreck dives at one of the top 10 dive sites in the world, takes flight on a microlight, all in an effort to understand beauty. Between massage sessions at ancient hammams, to ancient Greek ruins and drinking the local moonshine, Zivania; this is an exploration of Cyprus found on the Road less Traveled. |
| 20240917 | 19:35:00 | 20:10:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240917 | 20:10:00 | 20:35:00 | FOR FUN ONLY - CHASING THE WIND BALLOONS, EP 2 | In the next episode we meet people who are passionate about hot air ballooning. At the balloon festival in Szczecinek, we meet dozens of crews for whom ballooning is the major part of life. We will learn how to fly a hot air balloon and why this sport gives people such a unique experience. |

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| 20240917 | 20:35:00 | 21:00:00 | FOR FUN ONLY EP 3 | In the third episode of the set we meet the real enthusiasts of off-road. Assisting in the training, preparations in the workshop, and participating in a cross-country rally, we learn how to prepare the car and the crew to get through the difficult terrain. We talk about the necessary skills, driving technique, and how to start such an extreme adventure by yourself. |
| 20240917 | 21:00:00 | 21:50:00 | ISLAND HUNTER - PHILIPPINES, EP 8 | This Island Hunter episode explores one of Philippines 7000+ islands, and this particular island is voted by most travel publications to be the most beautiful in the world. We are of course talking about the island of Palawan. In this episode, Host Mizziel Serra starts of her exploration in the bustling city of Manila; she explores the walled city of Intramuros, the Spanish seat during their colonization, as well as Binondo, the world's oldest Chinatown! After meeting the gang at STKD SurfMoto, Mizziel gets hooked up with a customized Ducati Scrambler and she explores the island of Luzon on 2 wheels, where her journey ends up at the iconic Pico de Loro. From there, she ventures up to her final moto destination, the surf town of La Union, where she gets a hands on lesson with the local surfing champ. From here on, she island hops and explores the luxury side of Palawan Island. Mizziel gets to check out what the El Nido property has to offer travelers by exploring all 3 resorts in the protected Palawan Marine reserve. This is Philippines like you've never seen before! |
| 20240917 | 21:50:00 | 22:35:00 | INK THERAPY - EP 6 | It's a family affair Katie organizes pizza and games night with the cast. Both caterpillars bring their moms. |
| 20240917 | 22:35:00 | 23:20:00 | INK THERAPY - EP 7 | Gil celebrates his anniversary with a special surprise. |
| 20240917 | 23:20:00 | 23:45:00 | THE GLOBAL BARBER: DEADLEAF DISTINGUISHED GENTLEMAN BARBER, PUB & HABERDASHERY - NAPANEE, ONTARIO, CANADA | The Global Barber spends the day working the team at DDG, before heading-out to taste some wines at 33 Vines Winery and then going for a boat cruise up the river. |
| 20240917 | 23:45:00 | 00:30:00 | CONFUCIUS WAS A FOODIE BITTER | The taste of Chinese medicinal herbs, bitter flavor is said to clear ""heat"", strengthen the stomach, and promote salivation. Bitterness is often found in Chinese cooking, but rarely used alone. Christine cooks a popular local bitter ingredient with Asian Food TV star Ili Sulaiman in Kuala Lumpur and makes a less than delicious visit to a Traditional Chinese Medicine shop, experiencing firsthand the power of bitter herbs. Christine is presented with a Chinese philosophy around bitter and learns how this philosophy applies to keeping Chinese heritage alive in Malaysia. The Chinese concept of "in bitter there is sweetness" is applied to immigration and restoration as Christine makes a memorial visit to Penang island where she meets the engaging and eccentric hotelier Christopher Ong. |
| 20240918 | 00:30:00 | 01:25:00 | GOING BEYOND - PATTAYA AND PHAI, EP 4 | We continue to explore Thailand and go to Pattaya. After, we visit the northern town Pai an ideal place to go for a ride on a moped for the first time! We stroll through a huge park and get acquainted with the rich history of Nong Nuch. We visit perhaps the only atelier of custom motorcycles in Thailand and spend an exciting day in the company of elephants. In the evening, we try durian in the one of Thailand's markets and get acquainted with local hippies. |
| 20240918 | 01:25:00 | 02:10:00 | BREAKING THE DAY, STREET ARTIST | With patrons like skateboarder Tony Hawk and hip-hop producer Swizz Beatz, Alex Yanes is a successful artist by any measure. But his latest piece is about more than making art for sale; it's about making art to give his daughter a better future. |

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| 20240918 | 02:10:00 | 03:05:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240918 | 03:05:00 | 04:00:00 | WARRIORS FOR WILDLIFE, EP 1 | Get up close and personal with a group of International recruits as they tackle one of the toughest training courses on the planet, in order to become the next generation of Anti-Poaching Rangers, and help save endangered species from extinction. This returnable series, shot on 4k UHD over 5 weeks in three remote South Africa locations, gains exclusive access and gets close to the action and under the skin of these young people who are prepared to risk their own existence, to save the world's wildlife for future generations. Some recruits will succeed and some will have their dreams shattered and <u>not make it to phase two.</u> |
| 20240918 | 04:00:00 | 04:55:00 | WARRIORS FOR WILDLIFE, EP 2 | The Recruits meet for the first time as Cape Town International Airport, they have flown in from all over the world. They are taken by mini bus to the vast Rangers Reserve high in the Western Cape Mountains. At the reserve they will have no contact with outside world, and undergo the first part of a torturous training regime to turn them into qualified Anti Poaching Rangers. Some will succeed and some will have their dreams shattered and <u>not make it to phase two.</u> |
| 20240918 | 04:55:00 | 05:25:00 | MAX FOODIE: MALDIVES SPECIAL - CHAPTER 1 | There is no where else on the planet like the island nation of Maldives. To showcase this, Sashi is on a mission to explore the epitome of luxury travel, hitting up the most well known brands in Maldives to learn their individual culinary stories. From underground wine cellars to iconic meals on sandbars, to underwater restaurants. Sashi is exploring the very pinnacle of Maldivian hospitality and luxury - a theme which the nation promotes. Luxury travel at it's finest - experience the very upper echelon of luxury culinary travel on these episodes! |
| 20240918 | 05:25:00 | 06:00:00 | MAX FOODIE: PHILIPPINES, EP 1 | Maximum Foodie is a food and travel series in search of stories and experiences on the cutting edge of the culinary world; Max Foodie showcases the best chefs in different countries, tackles the most interesting culinary topics that thrill, fascinate and intrigue food lovers worldwide. It is a series full of hands on exploration, spanning across all the continents and proving that food is the common thread that unites us all! |
| 20240918 | 06:00:00 | 06:50:00 | DRONE WARS - EP 6 | The six remaining teams split into two groups and play the first ever game of Drone Ball. |
| 20240918 | 06:50:00 | 07:35:00 | VISITING - COLOR | Color: "The quality of an object or substance with respect to light reflected by the object, usually determined visually by measurement of hue, saturation, and brightness of the reflected light; saturation or chroma." A very robotic description of an incredibly dynamic property of the universe. Earth is a varied landscape of extremes of millions of colors. Through the lens of the "Visitor" we experience our mosaic landscape from a sense of imagination and wonder. "Why do these colors exist?" "What properties in nature create the conditions that these colors live in?" Using a scientific and artistic viewpoint we explore environments around the world that display the palette of the Earth. Life and Death, artificial and natural, the colors of the Earth exposes the kaleidoscope of this <u>planet like never before...</u> |
| 20240918 | 07:35:00 | 08:00:00 | MAX FOODIE: PHILIPPINES PART 2 | The story of cacao is more akin to South America, but in this episode, Sashi tracks the story of cacao in the Philippines, the entry point of cacao in Asia. With his friend, Spanish chef, Chele Gonzalez, they embark on an anthropological exploration tracing how the ancestral varietal cacao (crillio) came to be in the Philippine islands. Visiting farms to mystical islands, to top kitchens in Manila, this is the 'never-before-told' tale of cacao in the Philippine islands. |
| 20240918 | 08:00:00 | 08:45:00 | ROAD LESS TRAVELED RECAP | A Season's worth of recap, usually reserved for the tail end of our season! This is the hidden insight into the gears and operations of Road less Traveled. Jonathan walks the viewers through his most memorable moments of the season, details never before discussed, and also screening of completely UN-aired segments. This is a must watch for any die-hard RLT fan! |
| 20240918 | 08:45:00 | 09:15:00 | BEHIND THE WINGS EP 1 | The Cessna 172 Skyhawk is the world's most widely produced aircraft with more than 44,000 units built. Join Behind the Wings host Matthew Burchette as he goes flying with a Metropolitan State University of Denver student over some of Denver's most popular landmarks, learns about the desperate need for airline pilots and gets a soup to nuts look at the 172 Skyhawk in Independence, Kansas. |

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| 20240918 | 09:15:00 | 09:45:00 | \$100 SPRING ROLL VS \$1 SPRING ROLL. VIETNAM'S MOST DYNAMIC STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240918 | 09:45:00 | 10:15:00 | BLOOD RED JELLYFISH. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240918 | 10:15:00 | 11:05:00 | SOUTH SEAS SPEARO - EP 4 | The team heads to Vava'u, the northernmost island chain of Tonga, for a week of open ocean bluewater spearfishing. The main target is giant dogtooth tuna, as well as the trophy bluewater pelagics. |
| 20240918 | 11:05:00 | 11:55:00 | BREAKING THE DAY - FREE DIVER, EP 2 | At his life's lowest point, Stig Pryds discovered freediving, and it changed everything. Now in the sport's biggest competition, Vertical Blue, he is preparing to attempt his deepest dive yet, but failure could cost him his life. |
| 20240918 | 11:55:00 | 12:30:00 | SHOCKING DELICACY IN AFRICA. HERERO PEOPLE AND THE SMILEY. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240918 | 12:30:00 | 12:55:00 | BLUE WORLD - MUCK DRIVING IN FLORIDA + ICELAND... THE WORLD'S CLEAREST WATER | Jonathan travels to Iceland to investigate a giant crack in the ground filled with frigid runoff from melting glaciers. It's rumored to be the clearest water in the world. Next, he heads down to sunny Florida, not to dive a coral reef or a spectacular shipwreck, but to dive in shallow, murky water under a busy bridge. This secret spot is home to some of the ocean's most remarkable, and weird, animals. |
| 20240918 | 12:55:00 | 13:20:00 | BLUE WORLD A RED SEA EXPEDITION | It's a Red Sea expedition! Blue World explores the reefs, and marine life of the Red Sea, both during the day, and at night. And you can't go to Egypt without a trip to the pyramids. It's a desert adventure! |
| 20240918 | 13:20:00 | 14:05:00 | BREAKING THE DAY, STREET ARTIST | With patrons like skateboarder Tony Hawk and hip-hop producer Swizz Beatz, Alex Yanes is a successful artist by any measure. But his latest piece is about more than making art for sale; it's about making art to give his daughter a better future. |
| 20240918 | 14:05:00 | 14:30:00 | AT HOME WITH DIDIAYER - THE BEST OF ART, EP 11 | On this special edition of AHWD, we serve up some of our favorite dishes created and prepared by celebrated chefs! |
| 20240918 | 14:30:00 | 14:55:00 | THE GLOBAL BARBER: WAHL EDUCATORS - TORONTO, CANADA | Ontario had just entered in to Phase 3 of the pandemic with barbershops and salons beginning to open. The Global Barber visits Fratelli's Salon in Thornhill, Ontario, to chat with the Education team from Wahl Canada, about their recommendations for self-care, during this challenging time of lockdowns. |
| 20240918 | 14:55:00 | 15:40:00 | CONFUCIUS WAS A FOODIE - SOUR, S3 EP 3 | According to science humans are the only mammals that are attracted to sour. Chinese medicinal believes says that 'sour' can help digestion and whet the appetite. In 3 traditional Chinese cuisines it is often used for balance but in south East Asian versions of Chinese dishes it is often quite forward even becoming part of the name of a dish particularly in traditional Peranakan Chinese cuisines. A cuisine (and a people) that Christine discovers for the first time. Christine joins Malaysian celebrity Chef Wan for a one of a kind experience, cooking in a traditional old Peranakan kitchen and making the food of Chef Wan's heritage. |
| 20240918 | 15:40:00 | 16:25:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey;) I simply cannot wait for |

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| 20240918 | 16:25:00 | 17:00:00 | EXOTIC ANIMAL MEAT IN TEXAS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240918 | 17:00:00 | 17:50:00 | ISLAND HUNTER - CALIFORNIA, EP 9 | A unique episode in it's own right, this episode features a road trip through California, Island Hunter style; however, the focus this time around is not necessarily on luxury, it's more about adventures and explorations on the road. Host Sophie Ashley tours around the Golden State, making stops in iconic destinations like San Francisco, Los Angeles, Monterey, and Santa Barbara. Her ride for the episode, true to the Island Hunter style is the iconic Aston Martin DB11 Volante; Whether it's hiking around the Golden Gate, top down on Highway 1, exploring wineries or chowing down tacos at a food truck in Los Angeles, this is the ultimate road trip through California! |
| 20240918 | 17:50:00 | 18:35:00 | ROAD LESS TRAVELED - SPECIAL, EP 10 | In this special, Jonathan Legg recounts his favorite moments, mishaps including getting arrested in Russia, but this episode is a bit different; In this special Jonathan places a particular emphasis on lessons learned; insight and knowledge as well as experiences gained on the Road less Traveled. |
| 20240918 | 18:35:00 | 19:20:00 | VISITING - CIVILIZATION | Through the eons, knowledge begets knowledge, from stone carvings and nomadic hunter-gatherer herds; the kingdom of man has risen to the technological heights of modern life. In "Civilization" we explore through the unique lens of the Visitor, "the history of us". From the ancient and extinct cultures of Egypt and Machu Picchu, through the sprawling metropolis of the world's great cities of today, this kingdom has ebbed and flowed for many millennia. The kingdom of man has seen wars, unspeakable atrocities, and struggle; it's also the source of all of our achievements and advancements. Through expert analysis we will pierce the veil of humanity through the Visitor for the first time... |
| 20240918 | 19:20:00 | 20:10:00 | VISITING - AUSTRALIA | As far back as 50,000 years ago, on a remote continent, a people thrived. Unseen by the "outside world", this place we would come to know as Australia sat untouched by an evolving world around it, until it was conquered by the peoples of a distant land. With its own unique thriving ecosystems and wildlife, Australia evolved on its own after the prehistory breakup of Pangea. Life that exists nowhere else in the world exists here to this day. From the world's largest coral reef, to vast deserts, and rainforests Australia would be a cornucopia of experiences unavailable anywhere else on planet earth to a visitor. Now populated by over 25 million people and thousands of unique species of animal and plant life Australia has a story all its own. Experience this varied cultural and geographic landscape through the lens of discovery, hearing from experts on both the geologic and natural history of this tucked away corner of the globe... |
| 20240918 | 20:10:00 | 20:35:00 | FOR FUN ONLY EP 3 | In the third episode of the set we meet the real enthusiasts of off-road. Assisting in the training, preparations in the workshop, and participating in a cross-country rally, we learn how to prepare the car and the crew to get through the difficult terrain. We talk about the necessary skills, driving technique, and how to start such an extreme adventure by yourself. |
| 20240918 | 20:35:00 | 21:00:00 | FOR FUN ONLY EP 4 | In the fourth episode of the set, we visit the airport in Biala Podlaska. Here, one of the world's best aerobatic pilots – Maciej Pośpieszyński, is busy with his training. Our champion will show us the most spectacular displays of aerial and glider aerobatics and will advise us on how to learn to glide. |
| 20240918 | 21:00:00 | 21:50:00 | ISLAND HUNTER - PUERTO RICO, EP 4 | Puerto Rico is one of the most popular vacation destinations for Americans, and it's easy to see why; everyone speaks English, it's easy to get to, and of course, it's still a part of the US! Host Liesel Hlista starts off her journey with a goal to feel at one with herself and the best way to do that is with a stint of yoga, atop a paddleboard. SUP yoga! Feeling centered, she begins exploring the island by taking a very detailed walking historical tour as well as a food tour. Bouncing around cantinas and trying out slushy drinks made with the local Don Q rum, Liesel gets a unique insight into old San Juan. To step up the action, Liesel also explores all the hands-on activities such as riding horseback on the beach, riding ATV's through the muddy swamps, and hiking through the super lush El Yunque rainforest. Luxurious resorts are only a stone's throw away - hopping islands, Liesel gets to experience the ultra modern and chic El Blok located in Vieques. Between stays at all the luxury boutique resorts, a common trend starts to appear, and that is the island's cuisine. Spanish influences, blended with American fine dining. Liesel gets a taste of the eclectic but high end cuisine spanning from top resorts. |
| 20240918 | 21:50:00 | 22:35:00 | INK THERAPY - EP 7 | Gil celebrates his anniversary with a special surprise. |

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| 20240918 | 22:35:00 | 23:20:00 | INK THERAPY - EP 8 | It's guys versus girls as the staff has a water fight at the park. Gil tattoos criminologist who lost his baby brother while Charlie takes on a high school graduate who was suicidal. |
| 20240918 | 23:20:00 | 00:15:00 | FOOD UNKNOWN - FINLAND, EP 2 | Finland is that one Nordic country that is never on the global cuisine radar. However, the reserved Finns have been quietly perfecting their craft of foraging culture and incorporating it into their unique cuisine. Jonathan Legg explores the entire expanse of the country to understand it's cuisine, and the ethos of the country's top chefs; from amazing locally sourced cuisine in Helsinki, to an expedition in Lapland to learn about foraging and the Finnish delicacy, reindeer! |
| 20240919 | 00:15:00 | 01:05:00 | FOOD UNKNOWN - MEXICO, EP 4 | Jonathan Legg is from California and he thinks he knows Mexican cuisine. This notion gets shattered as he experiences the onslaught of food in Mexico city! Between trying scorpion tacos and dodging shady markets in San Juan, he learns the dark art of sacred drinks, like pulque and mezcal, now turned into social libations. His journey also takes him to Oaxaca where he gets the low down on the fabled Mole sauce, and a long haul to a remote village reveals a secret ceremony that has origins of dark arts! |
| 20240919 | 01:05:00 | 01:55:00 | AMERICAN EATS PAKISTAN. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240919 | 01:55:00 | 02:40:00 | THE RED LIST - AFRICAN PENGUINS | RhinThe African Penguin has been shifted from Vulnerable to Endangered on the IUCN Red List of Threatened Species, Birdlife International announced. African Penguins have been sliding towards extinction since industrial fishing started around the Cape. The last four years have seen a population crash. As the climate changes and fisheries transform the oceans, the world's African Penguins are in trouble. Young Penguins aren't able to take all the changes into account and are finding themselves 'trapped' in parts of the sea that can no longer support them even as better options are available.o poaching is currently at a crisis point. By the end of 2015, the number of African Rhinos killed by poachers had increased for the sixth year in a row with at least 1,338 Rhinos killed by poachers across Africa in 2015. These statistics are compiled by International Union for Conservation of Nature (IUCN) Species Survival Commission's African Rhino Specialist Group (AfRSG). |
| 20240919 | 02:40:00 | 03:10:00 | SOCIAL FABRIC - CRAZY PANTS, EP 8 | Jay Kos (New York, New York): Spending time with designer Jay Kos who has taken pant design to a unique and lucrative new level. Print All Over Me (Brooklyn, NY): An adventure into the world of DIY Clothing, specifically pants. Tobi Pants (Tokyo, Japan): An introduction to the Japanese construction pants and their manifestation into streetwear. |
| 20240919 | 03:10:00 | 04:05:00 | WARRIORS FOR WILDLIFE, EP 2 | The Recruits meet for the first time as Cape Town International Airport, they have flown in from all over the world. They are taken by mini bus to the vast Rangers Reserve high in the Western Cape Mountains. At the reserve they will have no contact with outside world, and undergo the first part of a torturous training regime to turn them into qualified Anti Poaching Rangers. Some will succeed and some will have their dreams shattered and not make it to phase two. |
| 20240919 | 04:05:00 | 05:00:00 | WARRIORS FOR WILDLIFE, EP 3 | In the final episode they travel to the vast and beautiful Entibeni Reserve high on the stunning Waterberg Plateau. It is incredible rich in wildlife, elephant, rhino, and a plethora of animals all roam free, it's also Lion country. The recruits set up camp by a lake to tackle the last part of the grueling program, Faced with life or death prospect of being alone in the bush with lions. Intelligence alerts them of potential poacher incursion, they are sent to guard a Rhino orphanage, and in an incidents that becomes violent, they arrest two suspicious illegal immigrants. |
| 20240919 | 05:00:00 | 05:35:00 | MAX FOODIE: MALDIVES SPECIAL - CHAPTER 2 | There is no where else on the planet like the island nation of Maldives. To showcase this, Sashi is on a mission to explore the epitome of luxury travel, hitting up the most well known brands in Maldives to learn their individual culinary stories. From underground wine cellars to iconic meals on sandbars, to underwater restaurants. Sashi is exploring the very pinnacle of Maldivian hospitality and luxury - a theme which the nation promotes. Luxury travel at it's finest - experience the very upper echelon of luxury culinary travel on these episodes! |

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| 20240919 | 05:35:00 | 06:00:00 | MAX FOODIE: THAILAND, EP 2 | Americans are accustomed to Thai food but what you get in mainland Thailand is quite different than the local Thai joint in California. Which is better? Liesel embarks on a mission in Bangkok to understand the essence of what true Thai food is all about... Has America adulterated the authentic Thai way of cooking to suit palates? Or does Thailand have a lock on authentic and lesser known herbs, spices and techniques that never migrated over to America? Original or an international reversion? Liesel pokes around touristic districts interviewing foreigners, samples breakfast at bustling neighborhood joints, and of course, it wouldn't be Thailand without a bug eating escapade! A look at an iconic locals-only farmers market sets Liesel on an objective to source hard to find Thai ingredients that might not make it across to America. Is this why the Thai dishes in US taste so different to what you get in Thailand? |
| 20240919 | 06:00:00 | 06:50:00 | DRONE WARS - EP 7 | A "pirate" ship will be stationed in the water with treasure on it. Teams must fly to the ship and retrieve as much coin as possible. |
| 20240919 | 06:50:00 | 07:35:00 | VISITING - PRIMATE | Primate, a term that includes one of the most diverse classes of Mammals in the animal kingdom. It includes small arboreal tree dwelling monkeys, the great apes, all the way up to the very top of the Earth's food chain, the Human being. Traveling around the world, the Visitor views and interacts with Primates in their own environment, from the jungles of Africa, the rainforests of Southeast Asian, and even the great cities of humanity. In Primate we explore the story of us and our cousin's in nature through authoritative voices including Anthropologists, Zoologists, and even "common man". Exploring what a Primate is, how it has evolved, and how it interacts with its environment steers the viewer to a unique understanding of what it is to be the greatest of all primates. <u>a Human being.</u> |
| 20240919 | 07:35:00 | 08:00:00 | THE GLOBAL BARBER: BACK ALLEY BARBERSHOP | The Global Barber joins the barber team at Back Alley Barbershop in Niagara Falls, Ontario, Canada. While visiting Niagara Falls, Host Cedric Small and Back Alley Owner Rob "Brronx" Barranca take to the rapids of the Niagara River with Niagara Whirlpool Jet Boat Tours, before heading for dinner and drinks at Yank's Old Niagara Bar & Grill. |
| 20240919 | 08:00:00 | 08:55:00 | VOLCANO ADVENTURE - VOLCANO HUNTERS, EP 1 | Also known as "fire with a soul", the volcano is considered as God by the local people. Explorers attempt to access the fire of the earth that has never been reached by any other human being. At the heart of the volcano is the fiercest fire in the world, and there are brave people who dare to travel to the heart. Volcanologists aim to interpret volcanoes in collaboration with explorers. No other scholar's task is more dangerous than theirs. As it is impossible to predict when a volcano will erupt, there is never any single right answer. The documentary explores dangerous active volcanoes with the help of volcanologists. |
| 20240919 | 08:55:00 | 09:20:00 | AT HOME WITH DIDIAYER - THE BEST OF ART, EP 11 | On this special edition of AHWD, we serve up some of our favorite dishes created and prepared by celebrated chefs! |
| 20240919 | 09:20:00 | 10:15:00 | WARRIORS FOR WILDLIFE, EP 3 | In the final episode they travel to the vast and beautiful Entibeni Reserve high on the stunning Waterberg Plateau. It is incredible rich in wildlife, elephant, rhino, and a plethora of animals all roam free, it's also Lion country. The recruits set up camp by a lake to tackle the last part of the grueling program, Faced with life or death prospect of being alone in the bush with lions. Intelligence alerts them of potential poacher incursion, they are sent to guard a Rhino orphanage, and in an incidents that becomes violent, they arrest two suspicious illegal immigrants. |
| 20240919 | 10:15:00 | 11:10:00 | BAZARUTO: THE DUGONG'S LAND | Karen Allen, a South-African woman scientist, is doing her utmost to save one of the most endangered sea mammal: the Dugong. On the Island of Bazaruto, off the coast of the canal of Mozambique, she works for an NGO at making the local population aware of the need to protect the endangered species and at controlling the respect of conservation rules. Will she herself manage to get close to a Dugong, known for being so timorous? |
| 20240919 | 11:10:00 | 12:05:00 | DRONE WARS EP 13 | Drone pilots and engineers come together to design, build and compete! Follow each team as they tailor make their drone and attempt to conquer ever-changing obstacles in this fast paced elimination tournament. Encounter new challenges and innovative designs in every episode. Losers crash... and winners take the cash! |
| 20240919 | 12:05:00 | 12:40:00 | EXOTIC IRANIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240919 | 12:40:00 | 13:15:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240919 | 13:15:00 | 14:40:00 | RESURRECTING A LEGEND | On the night of June 5th, 1944, a C-47 paratrooper aircraft, nicknamed That's All, Brother took off from England, to drop Allied fighting men into Normandy, to clear a passage for the tens of thousands of troops lying off the coast. |
| 20240919 | 14:40:00 | 15:35:00 | THE ETHIOPIA: THE MYSTERY OF PHALLIC STONES | End of 2017, in Southern Ethiopia: a team of European and Ethiopian archeologists is at work on a newly discovered Megalithic site ten times bigger than the site of Stonehenge. In a steep constriction of the Rift Valley, several thousand large monoliths in unmistakable phallic forms can be found intact. Dating from 10th till 13th Century AD, their origin appears to be all the more mysterious. Find out the secrets of a lost civilization in the very heart of Ethiopia. |
| 20240919 | 15:35:00 | 16:00:00 | AT HOME WITH DIDIAYER - SOCAL LOCALE, EP 6 | Back in Cali' exploring new places and faces! We step out into Borrego Springs starry desert night and catch sight of a landscape defined by time and adorned with one man's extraordinary mythical sculptures. |
| 20240919 | 16:00:00 | 16:45:00 | THE RED LIST - VULTURES | Six of Africa's 11 Vulture species – the continent's largest and most recognizable birds of prey – are now at a higher risk of extinction, according to the latest assessment of birds carried out by BirdLife International for the IUCN Red List of Threatened Species™. The main causes of the drop in African Vulture populations are thought to be indiscriminate poisonings, where the birds are drawn to poisoned baits, use of Vulture body parts in traditional medicine, and deliberate targeting by poachers, as the presence of Vultures can alert authorities to illegally killed big game carcasses. Robbing the African skies of one of their most iconic and spectacular groups of birds, the rapid decline of the continent's Vultures has profound consequences for its people – as Vultures help stop the spread of diseases by cleaning up rotting carcasses. |
| 20240919 | 16:45:00 | 17:40:00 | VOLCANO ADVENTURE - VOLCANO FANTASIA, EP 2 | The world most dangerous adventure! Explorers attempt to access the fire of the earth that has never been reached by any other human being. At the heart of the volcano is the fiercest fire in the world, and there are brave people who dare to travel to the heart. Volcanologists aim to interpret volcanoes in collaboration with explorers. No other scholar's task is more dangerous than theirs. As it is impossible to predict when a volcano will erupt, there is never any single right answer. The documentary explores dangerous active volcanoes with the help of volcanologists. |
| 20240919 | 17:40:00 | 18:05:00 | THE GLOBAL BARBER: OLD-SCHOOL BARBERS - LUXEMBOURG | Host Cedric Small travels through Luxembourg on his way to France. On his way, he stops at The Old School Barbers (Lintgen location) to work with their team of Master Barbers for the day. Owner Tom Trummer, invites Cedric to cut and shave one of his best customers, Luxembourg's very own model, extreme athlete and music sensation Thierry Mersch! |
| 20240919 | 18:05:00 | 19:00:00 | WARRIORS FOR WILDLIFE, EP 2 | The Recruits meet for the first time as Cape Town International Airport, they have flown in from all over the world. They are taken by mini bus to the vast Rangers Reserve high in the Western Cape Mountains. At the reserve they will have no contact with outside world, and undergo the first part of a torturous training regime to turn them into qualified Anti Poaching Rangers. Some will succeed and some will have their dreams shattered and not make it to phase two. |
| 20240919 | 19:00:00 | 19:45:00 | VISITING - PRIMATE | Primate, a term that includes one of the most diverse classes of Mammals in the animal kingdom. It includes small arboreal tree dwelling monkeys, the great apes, all the way up to the very top of the Earth's food chain, the Human being. Traveling around the world, the Visitor views and interacts with Primates in their own environment, from the jungles of Africa, the rainforests of Southeast Asian, and even the great cities of humanity. In Primate we explore the story of us and our cousin's in nature through authoritative voices including Anthropologists, Zoologists, and even "common man". Exploring what a Primate is, how it has evolved, and how it interacts with its environment steers the viewer to a unique understanding of what it is to be the greatest of all primates, a Human being. |

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| 20240919 | 19:45:00 | 20:10:00 | MAX FOODIE: NEVADA, EP 4 | This investigative mission starts off in the sin city atmosphere of the Vegas strip. After a gluttonous stint at a generic buffet, Liesel is inspired to do a road trip to find iconic gems in the state of Nevada. From ghost towns, to monstrous foodie challenges, to hole in the wall dive bars in the middle of nowhere, this trip has it all. Liesel finds the resurgence of Basque cuisine in Northern Nevada, and learns that Reno can do fine dining as well! A trip to Virginia city also reveals that the Silver State has some haunted bars where patrons from the 1800s are rumored to be still imbibing and spooking locals! It's a road trip in every sense of the word! |
| 20240919 | 20:10:00 | 20:35:00 | FOR FUN ONLY EP 4 | In the fourth episode of the set, we visit the airport in Biala Podlaska. Here, one of the world's best aerobatic pilots – Maciej Pośpieszyński, is busy with his training. Our champion will show us the most spectacular displays of aerial and glider aerobatics and will advise us on how to learn to glide. |
| 20240919 | 20:35:00 | 21:00:00 | FOR FUN ONLY EP 5 | In the fifth episode of the set, we visit a place where you can practice one of the youngest and most incredible sports. Fly Spot in Katowice is one of the most modern centres in the world where you can fly in an air stream. We meet Maja Kuczyńska, the current World Champion in this discipline and assist with a unique show by the queen of Indoor Sky Diving. |
| 20240919 | 21:00:00 | 21:50:00 | ISLAND HUNTER - SEASON SPECIAL, EP 10 | Island Hunter explores exotic island destinations around the world, and over the course of the season, we've come across a tremendous variety of luxury resorts and hotels, spas, and of course, restaurants. In this special episode, Island Hunter awards the "best of" awards in the following categories; best bar/lounge, best hotel/resort, best spa, and best foodie destination. With such a line up of exotic locales around the world during season 1, this is the one to watch out for; find out what Island Hunter awards as the best of in this episode! |
| 20240919 | 21:50:00 | 22:35:00 | INK THERAPY - EP 8 | It's guys versus girls as the staff has a water fight at the park. Gil tattoos criminologist who lost his baby brother while Charlie takes on a high school graduate who was suicidal. |
| 20240919 | 22:35:00 | 23:20:00 | INK THERAPY - EP 9 | Date night with the Tina and her husband, breast cancer awareness, and new beginnings. Charlie and Katie are up to no good. |
| 20240919 | 23:20:00 | 00:10:00 | FOOD UNKNOWN: IRELAND | It's the birthplace of Halloween, but the ghosts and ghouls which have canvassed the world have not scared up much interest in Irish cuisine. Mounting a classic motorcycle Jonathan tours a land of mystic traditions, boisterous locals, and iconic scenery. The world's most magnetic pub culture draws him in, border conflict pushes him out, and dark legends pull him around. It's an adventure soaked in rain, lore, and the food of ancestor's past. |
| 20240920 | 00:10:00 | 01:05:00 | FOOD UNKNOWN - PHILIPPINES, EP 1 | Food Unknown takes a detailed look at well known and less popular destinations to gain an intimate level of understanding why their cuisine hasn't reigned supreme? The nation of 7,000 islands has no problems with beach, sun, or sea; but they suffer tremendously with cuisine image. Jonathan lands in Manila to discover the top chefs are well aware of the issue and, following their advice, he launches off on an expedition to find part of the solution. Driving from headhunting tribal villages, to step-back-in-time colonial towns, to restaurants in the shadow of the American military behemoth an intriguing story slowly pieces together. In the dense jungle one treasure stays buried while another comes literally out of the woodwork. But danger always lurks.. zombie moray eels, landslide prone passes, and forbidden fields behind the rice paddies. |
| 20240920 | 01:05:00 | 01:50:00 | THE RED LIST - CHEETAHS | The world's fastest land mammal is racing toward extinction, with the latest Cheetah census suggesting that the big cats, which are already few in number, may decline by an additional 53 percent over the next 15 years. Cheetah has been driven out of 91 percent of its historic range—the big cats once roamed nearly all of Africa and much of Asia, but their population is now confined predominantly to six African countries: Angola, Namibia, Zimbabwe, Botswana, South Africa, and Mozambique. The species is already almost extinct in Asia, with fewer than 50 individuals remaining in one isolated pocket of Iran. Cheetahs are getting killed directly, and then also their prey species are getting killed in these savannah areas, so the Cheetahs having nothing to subsist on. |
| 20240920 | 01:50:00 | 02:35:00 | THE LAST DESCENT | Africa's largest hydroelectric dam will flood 280 km of Ethiopia's Blue Nile River to provide 80% of Ethiopia's electricity. Eco-explorers Ben Peters and Charlie Head paddle board this ancient river one last time – before it is lost forever – navigating uncharted territories and dangerous wildlife as they meet some of the 20,000 people who'll be affected and learn how they feel about this change. |

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| 20240920 | 02:35:00 | 03:30:00 | FOOD UNKNOWN - FINLAND, EP 2 | Finland is that one Nordic country that is never on the global cuisine radar. However, the reserved Finns have been quietly perfecting their craft of foraging culture and incorporating it into their unique cuisine. Jonathan Legg explores the entire expanse of the country to understand it's cuisine, and the ethos of the country's top chefs; from amazing locally sourced cuisine in Helsinki, to an expedition in Lapland to learn about foraging and the Finnish delicacy, reindeer! |
| 20240920 | 03:30:00 | 03:55:00 | MAX FOODIE: THAILAND | The story of cacao is more akin to South America, but in this episode, Sashi tracks the story of cacao in the Philippines, the entry point of cacao in Asia. With his friend, Spanish chef, Chele Gonzalez, they embark on an anthropological exploration tracing how the ancestral varietal cacao (criollo) came to be in the Philippine islands. Visiting farms to mystical islands, to top kitchens in Manila, this is the 'never-before-told' tale of cacao in the Philippine islands. |
| 20240920 | 03:55:00 | 04:45:00 | VISITING - AUSTRALIA | As far back as 50,000 years ago, on a remote continent, a people thrived. Unseen by the "outside world", this place we would come to know as Australia sat untouched by an evolving world around it, until it was conquered by the peoples of a distant land. With its own unique thriving ecosystems and wildlife, Australia evolved on its own after the prehistory breakup of Pangea. Life that exists nowhere else in the world exists here to this day. From the world's largest coral reef, to vast deserts, and rainforests Australia would be a cornucopia of experiences unavailable anywhere else on planet earth to a visitor. Now populated by over 25 million people and thousands of unique species of animal and plant life Australia has a story all its own. Experience this varied cultural and geographic landscape through the lens of discovery, hearing from experts on both the geologic and natural history of this tucked away corner of the globe... |
| 20240920 | 04:45:00 | 06:00:00 | ISLAND HUNTER - BELIZE, EP 6 | Island Hunter showcases beautiful Belize; with hundreds of kilometers of coastline with the Caribbean sea, the 2nd largest barrier reef, and one of the best dive sites in the world, how could you not? In this episode, Dani Kristo is on a mission to showcase the best of Belize; she starts off her journey with some adventure at the Bocawina resort; the hub for adventure in Belize. Zip lining through the jungle canopies, Dani is charged up for the rest of her adventure. Checking out the fabled Xunantunich ruins near the Guatemalan border, a stay at the super lavish jungle eco resort, Blancaneaux, these stops define Belize. But it's more than just luxury destinations. To get a taste of culture, Dani gets the lead on Palmento grove, an authentic Garifuna enclave in the sleepy village of Hopkins. The theme of luxury living continues as Dani comes across Turtle Inn, a one of a kind all-inclusive resort at the coast of Placencia. But, for the ultimate in island paradise getaway, a 35 min boat ride from Turtle Inn, leads to Coral Caye. Here, Dani experiences what a private island experience is all about. This is Belize in it's truest form |
| 20240920 | 06:00:00 | 06:55:00 | DRONE WARS - EP 8 | Teams build the strongest drones to carry the most amount of weight for their size. Who goes higher than the tower and who gets eliminated? |
| 20240920 | 06:55:00 | 07:30:00 | MAX FOODIE: BANGKOK | Sashi is in Bangkok, Thailand and exploring the stories of the city's brightest culinary stars. Chef Ton takes Sashi to his favorite hang out spots to eat around Bangkok. In the next episode, Sashi is hanging out at the illustrious Sukhothai where he's having lunch with Chef David Tamburini, the head honcho at La Scala. Sashi gets a taste of David's ethos of naturalmente, where David brings Sicilian home-grown authenticity to Asia. After a fantastic meal, Sashi meets back up with Chef Ton and they embark on a field trip to Koh Sichang. Chef Ton wants to illustrate the lengths he goes to, in order to support his suppliers like his fishermen. Sashi and Ton head into the Gulf of Thailand on a daring boat ride to catch a blue spotted grouper - a journey that showcases the arduous task of what it means to be an ethical chef. |
| 20240920 | 07:30:00 | 08:00:00 | BEHIND THE WINGS EP 1 | The Cessna 172 Skyhawk is the world's most widely produced aircraft with more than 44,000 units built. Join Behind the Wings host Matthew Burchette as he goes flying with a Metropolitan State University of Denver student over some of Denver's most popular landmarks, learns about the desperate need for airline pilots and gets a soup to nuts look at the 172 Skyhawk in Independence, Kansas. |

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| 20240920 | 08:00:00 | 08:45:00 | CONFUCIUS WAS A FOODIE BITTER | The taste of Chinese medicinal herbs, bitter flavor is said to clear ""heat"", strengthen the stomach, and promote salivation. Bitterness is often found in Chinese cooking, but rarely used alone. Christine cooks a popular local bitter ingredient with Asian Food TV star Ili Sulaiman in Kuala Lumpur and makes a less than delicious visit to a Traditional Chinese Medicine shop, experiencing firsthand the power of bitter herbs. Christine is presented with a Chinese philosophy around bitter and learns how this philosophy applies to keeping Chinese heritage alive in Malaysia. The Chinese concept of "in bitter there is sweetness" is applied to immigration and restoration as Christine makes a memorial visit to Penang island where she meets the engaging and eccentric hotelier Christopher Ong. |
| 20240920 | 08:45:00 | 09:40:00 | ROAD LESS TRAVELED MONTENEGRO | The land of mountains and pristine lakes! In this episode, Jonathan gets on a motorcycle to explore the countryside. He embarks on a Don-Quixote type journey, alluding to the origin story of author Miguel Cervantes and his 'supposed' stint in Montenegro, in a jail cell. Jonathan rides down the fantastically beautiful Kotor bay, learning about medieval armor and the city's history. While on his road trip, Jonathan also uncovers Tito's secret bunker, fully exploring the lavish estate on his own whims - as well as abandoned submarine silos, hidden bunkers from the Soviet era, and much more. No trip to Montenegro is complete without a visit to the countryside, this is where Jonathan comes across authentic cuisine, and a rescue mission with volunteers that patrol the harsh but beautiful mountains of Montenegro. |
| 20240920 | 09:40:00 | 10:30:00 | SKYSCRAPER IN 51 DAYS | A 40-meter high, 14-story apartment complex - erected in just 51 days. A construction boom in the Russian capital has been going on for years now. In 2017 the government decided to tear down communist apartment blocks (infamous for shoddy construction): around 4,000 buildings from the 1950s and 1960s are being replaced with modern high-rises. A politically significant infrastructure program - the pressure on construction companies is high. |
| 20240920 | 10:30:00 | 11:15:00 | PHOTO NUMBER 6, EP 5 | Working on the theory that the finest travel experiences happen in your own backyard, Fletch sets out to explore his home state of Victoria. Beginning with the capital city Melbourne he takes us on tour of its iconic laneways and rooftops. Nothing beats travelling the scenic wonder that is the Great Ocean Road in a 1967 GTA Mustang convertible. The episode concludes back in the city with a behind-the-scenes look at the Melbourne Cricket Ground where Fletch explores every corner of the iconic sports stadium. |
| 20240920 | 11:15:00 | 12:05:00 | ISLAND HUNTER - HONG KONG, EP 5 | Hong Kong is Asia's world city and this episode is a complete 360 from the melee of tropical island paradises. Hong Kong is famous for its skyscraper strewn skyline and in this episode, local girl Lesley Chiang is on a mission to show a different side of Hong Kong. Her journey starts off in Hong Kong bay where she gets a taste of the 5 star life at the Ritz Carlton. Pampering at the 108th floor spa, dining at Michelin 2 star rated Ting Lung Heen, and beyond! Lesley checks out the art scene of Soho, and PMQ, an establishment geared towards Hong Kong's budding arts and crafts talent. At night time, local nightlife expert Johannes Pong shows Lesley the wild side of town as they bounce around the latest bars and clubs. When it's time to chow, Jowett Yu, a rising star in the culinary world shows Lesley his favorite hometown hang outs; roast geese to yummy sea food bites. Taking a break from Hong Kong island, Lesley also checks out the nearby Lantau island where she gets a taste of zen; from Hiking on the Lantau trail to seeing the Tian tan Buddha - this feeling of zen continues as she checks out the colonial landmark turned boutique resort. Tai O. It's an episode of fast paced modern life. top |
| 20240920 | 12:05:00 | 12:50:00 | EXTREME VIETNAMESE STREET FOOD. SURVIVING VIETNAM PART 1 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240920 | 12:50:00 | 13:15:00 | BLUE WORLD HUNTING FOR MEGALODON SHARK TEETH + AN UNDERWATER CORAL FARM IN THE CARIBBEAN | Blue World heads to a dark, murky river in South Carolina to hunt for Megalodon shark teeth on the river bed. It's some of the most dangerous, spooky diving ever! Then we travel to the warm, clear waters of Bonaire to volunteer on an underwater coral farm. |

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| 20240920 | 13:15:00 | 14:00:00 | BREAKING THE DAY - SADDLE BRONC RIDER, EP 5 | The only female professional bronc rider in the world, Kaila Mussell is constantly defying the odds. But two years after breaking her neck in competition, Kaila is preparing to defy the longest odds of her life: getting back on the horse. |
| 20240920 | 14:00:00 | 14:25:00 | AT HOME WITH DIDIAYER - UTAH: LIFE ELEVATED, EP 9 | Life is Elevated in the great state of Utah! Didiayer goes food foraging and uncovers the history of the surrounding rock formations in Moab. Then, Christopher takes a memorable journey down the Colorado River! |
| 20240920 | 14:25:00 | 14:50:00 | THE GLOBAL BARBER: NIAGARA BARBER COMPANY - NIAGARA FALLS, NEW YORK, USA | The Global Barber visits The Niagara Barber Co. in Niagara Falls, New York, USA to work with Owner - Brad Inzinga and his crew for the day performing cuts and shaves for the local businessmen and students. After the work day is done, Cedric and the Niagara Barber Co. crew all head over to Rock Burger for a taste of the biggest burgers they've ever seen! |
| 20240920 | 14:50:00 | 15:35:00 | CONFUCIUS WAS A FOODIE - SALTY, S3 EP 1 | Most salt in Asia is produced through the evaporation of seawater in coastal areas. This episode sees Christine learning firsthand the very challenging 'how to' of harvesting sea salt in Thailand's dramatically beautiful salt fields. Cushing visits the area's most unusual market that is regularly disrupted by the Maeklong Railway going right through it's center! She cooks alongside chefs preserving traditional Chinese cuisine in Bangkok and at Singapore's oldest Chinese restaurant, Spring Court, Christine discovers Singapore Chinese cuisine and meets with culinary legend; Madam Soon. |
| 20240920 | 15:35:00 | 16:20:00 | DREAM JOURNEY - CUNCUM - MEXICO, EP 1 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey! I simply cannot wait for |
| 20240920 | 16:20:00 | 16:50:00 | BONDI BOARDRIDERS | The Bondi Board Riders Club is what Australian sport is all about. |
| 20240920 | 16:50:00 | 17:40:00 | ISLAND HUNTER - JAMAICA, EP 3 | Easy island vibes, lots of amazing local rum, brilliant natural landscapes and those amazing beaches! Of course, Island Hunter is in Jamaica! But in this episode, host Liesel Hlista shows you a different side of the Irie nation; away from the hordes of people unleashed via cruise liners! She starts off with a quick glimpse and an impromptu jam session at the birthplace of Bob Marley, Trench town, noshes on the most delicious ice cream this side of the hemisphere, and plunges into Mystic mountain's waterfalls. Jamaica is known for being the home of the all-inclusive resort and Liesel finds out exactly why that is - with stays at Ian Fleming inspired Golden eye Hotel as well as Sunset at the Palms! Lazy tubing down the river, limestone foot massages, topped up with historic food tours and experiencing local cuisines such as jerk chicken and the amazing seafood; this is Jamaica, Island Hunter style! |
| 20240920 | 17:40:00 | 18:30:00 | ROAD LESS TRAVELED - MEXICO, EP 8 | A continuation from the previous episode, Jonathan Legg's Mexico adventure takes a new turn; the continuous pumping of Mexico's lakes has caused not only a water shortage, but a seismic issue. He pinballs around the vast city to gain an understanding into this complex issue; a quest that leads him to NGOs to innovative solutions that can shed a light on this issue. Finally, he wraps up his adventure in the beautiful remote village of Oaxaca province where he undergoes a sacred mushroom ritual, administered by the same tribe that brought this knowledge and sacrament to worldwide attention. |
| 20240920 | 18:30:00 | 19:05:00 | INDIAN STREET FOOD \$100 CHALLENGE IN MUMBAI. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240920 | 19:05:00 | 20:00:00 | GOING BEYOND - CHIANG MAI AND KOH PHANGAN, EP 5 | Going Beyond keeps on exploring Thailand. Next destination - Chiang Mai! We will meet unique tribe, in which women wear heavy pieces of iron instead of beads. We will observe a manufacturing process of a celadon - a rare type of ceramics. Moreover, we will surely tap into this process. Then we will head to the famous island of Koh Phangan to get to the most vibrant event of the month - a Full Moon Party, to see thousands of party animals getting hammered. And then we'll see them cleansing their souls after the feast... And bodies as well. Participating in mysterious rituals where shamans burn small holes in their clients' skin to inject the frog venom under it. |
| 20240920 | 20:00:00 | 20:30:00 | MAX FOODIE: MAURITIUS - CHAPTER 1 | Mauritius is the east African nation prosperously humming away, producing delicious African rum with it's abundant sugarcane supply; but the story is more than that! Sashi drives around this island nation to get the full culinary scene lowdown; from street food vibes in Port Louis, to stints with the best chefs on the island to what luxury resorts have on offer; explore Mauritius from the ground level and witness why this East African jewel of an island nation is drawing travelers from around the world! |
| 20240920 | 20:30:00 | 21:00:00 | MAX FOODIE: INDIA PART 2 | It's an incalculable undertaking to understand the cuisine of India; the depth of it is simply massive. Over the next 2 episodes, Sashi will explore the country from coast to coast, to understand how the cuisine changes as the kilometers rack up; This episode starts off with a rendezvous with Mumbai's hottest chef, Prateek Sadhu. Sashi takes an inside look into how the city's most popular restaurant, Masque does their signature 8 hands collaborative event. With Prateek and his star studded guest chefs, Matt Orlando from Copenhagen and Ivan Brehm from Nouri in Singapore; the trio head to Delhi for an ingredients scoring mission. From biodynamic farms in the outskirts to the old Delhi markets hunting down spices - Sashi takes a detailed look at how these high end collaborations come together, from start to finish. |
| 20240920 | 21:00:00 | 21:45:00 | INK THERAPY - EP 9 | Date night with the Tina and her husband, breast cancer awareness, and new beginnings. Charlie and Katie are up to no good. |
| 20240920 | 21:45:00 | 22:30:00 | INK THERAPY - EP 10 | Brandie organizes a workout with the staff complete with a special surprise. Caterpillars include a cancer survivor and biker babe who survived a horrific motorcycle accident. |
| 20240920 | 22:30:00 | 23:35:00 | THE ROYAL ROADS OF THE INCAS | The Royal Roads of the Incas documents the rise of the greatest empire of the Americas. Who were they? Where did they come from? And how did they unify over 200 ethnicities into one nation? Through historical narrative and the voices of their descendances, we explore the fascinating world of Tawantinsuyu ~ the four quarters of the Incan empire. Our journey traces the ancient routes of the Indian civilisation, the rise of the Inca dynasty and their dramatic encounter with foreign invaders. |
| 20240920 | 23:35:00 | 00:10:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240921 | 00:10:00 | 00:45:00 | EXOTIC IRANIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240921 | 00:45:00 | 01:40:00 | DRONE WARS - EP 1 | Seven teams of two come from all over the world to compete. Their first challenge is designing a drone that guides them through a giant maze. |

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| 20240921 | 01:40:00 | 02:35:00 | GOING BEYOND - BANGKOK, EP 1 | <p>Going Beyond is wanderlust-filled hitchhiker Mariia Khandus's new travel project. She's journeyed around the world. Everybody knows that Thailand, Vietnam, and Indonesia are great places to relax with wonderful beaches and delicious fruits! But what do you know about the local people? The expats? About the real lives of those living in these exotic countries? In our trip we will discover it all, together! We visit the non-touristy places and show you the real Indochina! This is a set of stories of different people, through the prism of whom we show life in a country. It is a collection of diverse achievements, experiences and emotions. We are looking for the most interesting stories for you to keep expanding your own consciousness. Unbelievable panoramic views, interesting people, exciting stories and adventures – you'll see all of this in our travel show, Going Beyond!</p> <p>We will visit the Kingdom of Thailand and - most importantly - the city of Bangkok. We'll learn all about the authentic Thai massage, meet one of the most accomplished marathon runners in the world - who recently ran five thousand kilometers see one of</p> |
| 20240921 | 02:35:00 | 03:25:00 | GIANT RAILWAY | <p>This 4K mini-series follows the largest and most impressive structures from around the world.</p> <p>The location: somewhere in India. The weather: steaming hot. Not your ideal preconditions for an outdoor project of impossible proportions: constructing a railway underpass in five hours. Is it even possible to build a complete railway underpass in that short amount of time? Provided 150 workers, six excavators, and two heavy-duty cranes, all work in perfect coordination and planning, it is.</p> |
| 20240921 | 03:25:00 | 04:10:00 | DREAM JOURNEY - CUNCUM - MEXICO, EP 1 | <p>February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scubadiving and skydiving, (the Carribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey.) I simply cannot wait for</p> |
| 20240921 | 04:10:00 | 05:00:00 | DRONE WARS - EP 9 | <p>Teams are given objects and must make them fly and host a party. A spontaneous drone party commences with a multitude of guests!</p> |
| 20240921 | 05:00:00 | 06:00:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | <p>Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport.</p> |
| 20240921 | 06:00:00 | 06:50:00 | DRONE WARS - EP 9 | <p>Teams are given objects and must make them fly and host a party. A spontaneous drone party commences with a multitude of guests!</p> |
| 20240921 | 06:50:00 | 07:35:00 | CONFUCIUS WAS A FOODIE - SPICY, S3 EP 5 | <p>Despite popular belief 'spicy' in Chinese cuisines is not always hot! In various Chinese cuisines, spices are complex and varied. Chef Christine visits the Malaysian island of Penang, a location historically important to the story of spice trade with TV celebrity Che Wan for a fun and fact filled visit to the Tropical Spice Garden. At a picturesque mountain top plantation, they pick nutmeg and discover the unique uses of the fruit/spice particular only to this Malaysian island.</p> |
| 20240921 | 07:35:00 | 08:25:00 | 600 POUND WATER BUFFALO | <p>Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K.</p> |

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| 20240921 | 08:25:00 | 09:20:00 | ROAD LESS TRAVELED CARIBBEAN SPECIAL | Jonathan's Caribbean adventure starts in the US Virgin islands - a complete touristy haven, Jonathan digs deep to find the hidden stories of the islands. From the inception of the transatlantic slave trade right in the islands, linked to the production of sugar; Jonathan seeks out the story of the original island inhabitants, the Taino. A deep hike into the jungle reveals Taino Petroglyphs, and the story pivots to the Dominican Republic. In the DR, Jonathan tracks down the modern day Taino descendants, partakes in ceremonies, and starts a new adventure to learn the modern story of DR; Hanging out with tobacco dons, hunting the elusive lionfish, learning bachata, Jonathan pin balls around Dominican Republic learning the island nation's stories found only on the road less traveled. |
| 20240921 | 09:20:00 | 10:10:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240921 | 10:10:00 | 10:55:00 | PHOTO NUMBER 6, EP 6 | Starting in the City of Angels Fletch explores the quirky side of LA structural art and comes across a character bigger than the city itself. As an actor on an iconic television drama, Fletch feels compelled to experience a taste of Hollywood by auditioning for a role on US daytime soap opera the Bold and the Beautiful. On the road east, Fletch stops to explore Joshua Tree National park looking to capture the Milky Way in the night sky with help from photographer Pamela Ann Berry. Then on to Las Vegas where Fletch and Stig take in the glitz and the grunge of the world's most famous centre for gambling and entertainment. |
| 20240921 | 10:55:00 | 11:20:00 | MAX FOODIE: IRELAND | Admit it, first thing you relate with Dublin are the pubs. Sure, they are a staple and they serve some of the best brews in the world. And they come with an associated culture that is hard to rival. But what about the food? Does Dublin have a burgeoning foodie scene or is it all about the pint o' Guinness? Find out on this episode of Max Foodie as Liesel explores the breathtakingly beautiful country of Ireland. |
| 20240921 | 11:20:00 | 11:55:00 | SHOCKING DELICACY IN AFRICA. HERERO PEOPLE AND THE SMILEY. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240921 | 11:55:00 | 12:25:00 | SOCIAL FABRIC - COWBOY BOOTS, EP 6 | Real Cowboys (Boerne, TX): Showcasing a real life cowboy in Texas and the putting the boots' original purpose to use. Kyle visits Wheeler's Feed & Outfitters. Roman Cowboys (Rome, Italy): A quirky take on American cowboy culture in Rome. Kyle visits Texano Store. Heavy Metal (Kenya): One African heavy metal band's take on the greater symbolism of the cowboy boot. |
| 20240921 | 12:25:00 | 12:55:00 | BLOOD RED JELLYFISH. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240921 | 12:55:00 | 13:20:00 | BLUE WORLD - TIGER SHARKS IN THE BAHAMAS + CRYSTAL CAVE OF ABACO, BAHAMAS | In the series pilot, host Jonathan Bird travels to the Bahamas, where diver interactions with Tiger sharks have become up close and personal. These large and dangerous animals are not only being hand-fed, but actually handled by divers. Jonathan learns how to flip a Tiger shark from experienced shark handlers. Next, Jonathan investigates the Crystal Cave of Abaco, Bahamas...considered the most highly-ornamented underwater cave in the world! |
| 20240921 | 13:20:00 | 13:45:00 | BLUE WORLD, THE AMAZING COMEBACK OF GRAY SEALS + SHARK PERFORMANCES IN THE PHILIPPINES | Gray seals look like cute swimming puppy dogs, and their story of recovery from the brink of extinction is one of the best examples of conservation in history. Blue World joins a team of seal researchers on Cape Cod, and dives with these adorable pups of the sea to tell their story. Then we travel to the town of Oslob in the Philippines, where the local people have switched from hunting whale sharks to getting them to perform for tourists, proving that sharks are worth more alive than dead. |
| 20240921 | 13:45:00 | 14:30:00 | BREAKING THE DAY - ADVENTURE PHOTOGRAPHER, EP 6 | As a nomadic adventure photographer, Krystle Wright is used to heading into the unknown. But her latest ambition to capture a rock climber on the famous Tasmanian spire, the Totem Pole, while suspended above the ocean, has never been done before. |

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| 20240921 | 14:30:00 | 15:15:00 | SEARCH FOR THE EDGE OF SPACE | The universe has long captivated us with its immense scales of distance and time. Many astronomers today have come to believe that what we can see represents only a small fraction of all there is. They are pioneering bold new theories that describe a cosmic landscape that extends far beyond the limits of our vision. What lies beyond the streams of galaxies that extend as far as our telescopes can see? Where does it all end? How do we fit within it? |
| 20240921 | 15:15:00 | 16:00:00 | CONFUCIUS WAS A FOODIE - SWEET, S3 EP 2 | Chinese cuisines use sugar very differently from Western cuisines, and Christine starts her comparison in Paris and Athens where she looks at how Westerners interpret 'sweet'. Traditionally, for the Chinese, sugar is predominantly used to achieve balance, but the liberal use of sugars in South East Asia Chinese cuisines are a culinary surprise. 'Sweet' is most traditionally found in the simple and omnipresent ingredient rice, so Cushing is off to the rice paddies of Malaysia follow the process of planting and processing. |
| 20240921 | 16:00:00 | 16:45:00 | DREAM JOURNEY - HOLBOX ISLAND, EP 2 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey:) I simply cannot wait for more!" |
| 20240921 | 16:45:00 | 17:10:00 | AT HOME WITH DIDIAYER - NASHVILLE: MUSIC CITY USA, EP 4 | As we pull into Music City, we're already "making it"! Nashville's first woman mayor shares her insights on the future of the city. Phil Vassar turns an interview into a celebration of song. We "rough it" a couple nights at the Gaylord Opry, and interview the "interviewer"! Oh yeah, we also stop by Jack's place. Daniels that is. |
| 20240921 | 17:10:00 | 18:00:00 | ISLAND HUNTER - PHILIPPINES, EP 8 | This Island Hunter episode explores one of Philippines 7000+ islands, and this particular island is voted by most travel publications to be the most beautiful in the world. We are of course talking about the island of Palawan. In this episode, Host Mizziel Serra starts of her exploration in the bustling city of Manila; she explores the walled city of Intramuros, the Spanish seat during their colonization, as well as Binondo, the world's oldest Chinatown! After meeting the gang at STKD SurfMoto, Mizziel gets hooked up with a customized Ducati Scrambler and she explores the island of Luzon on 2 wheels, where her journey ends up at the iconic Pico de Loro. From there, she ventures up to her final moto destination, the surf town of La Union, where she gets a hands on lesson with the local surfing champ. From here on, she island hops and explores the luxury side of Palawan Island. Mizziel gets to check out what the El Nido property has to offer travelers by exploring all 3 resorts in the protected Palawan Marine reserve. This is Philippines like you've never seen before! |
| 20240921 | 18:00:00 | 18:50:00 | ROAD LESS TRAVELED - CYPRUS, EP 9 | Jonathan Legg hops on 2 wheels to explore the beautiful Mediterranean island of Cyprus. Being in the birthplace of Aphrodite, what better theme than to embark on a mission to find out what Cypriots consider beautiful. Jonathan rides dirtbikes in the Troodos mountain ranges exploring ancient caves, wreck dives at one of the top 10 dive sites in the world, takes flight on a microlight, all in an effort to understand beauty. Between massage sessions at ancient hammams, to ancient Greek ruins and drinking the local moonshine, Zivania; this is an exploration of Cyprus found on the Road less Traveled. |
| 20240921 | 18:50:00 | 19:45:00 | VOLCANO ADVENTURE - VOLCANO HUNTERS, EP 1 | Also known as "fire with a soul", the volcano is considered as God by the local people. Explorers attempt to access the fire of the earth that has never been reached by any other human being. At the heart of the volcano is the fiercest fire in the world, and there are brave people who dare to travel to the heart. Volcanologists aim to interpret volcanoes in collaboration with explorers. No other scholar's task is more dangerous than theirs. As it is impossible to predict when a volcano will erupt, there is never any single right answer. The documentary explores dangerous active volcanoes with the help of volcanologists. |
| 20240921 | 19:45:00 | 20:10:00 | MAX FOODIE: SEYCHELLES | Seychelles is blossoming as the world's best beach destination; to find out why, Sashi heads there with a mission to understand gastronomy Seychellois. Octopus curry is the national dish and to find the very best in the island, Sashi finds himself at the Four Seasons in Mahe island to learn the ins and outs. Between the world's most gorgeous granitelined beaches, Sashi heads to the far out Desroches island where giant alibaba tortoises roam free - the culinary extravaganza continues there with beachside sunset barbecues and sushi platters with the island nations' seafood bounty. Experience the best of Seychelles in this episode! |

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| 20240921 | 20:10:00 | 21:00:00 | FOOD UNKNOWN - MEXICO, EP 4 | Jonathan Legg is from California and he thinks he knows Mexican cuisine. This notion gets shattered as he experiences the onslaught of food in Mexico city! Between trying scorpion tacos and dodging shady markets in San Juan, he learns the dark art of sacred drinks, like pulque and mezcal, now turned into social libations. His journey also takes him to Oaxaca where he gets the low down on the fabled Mole sauce, and a long haul to a remote village reveals a secret ceremony that has origins of dark arts! |
| 20240921 | 21:00:00 | 21:45:00 | INK THERAPY - EP 10 | Brandie organizes a workout with the staff complete with a special surprise. Caterpillars include a cancer survivor and biker babe who survived a horrific motorcycle accident. |
| 20240921 | 21:45:00 | 22:30:00 | INK THERAPY EP 11 | Linked by ink. Gil invites cast for album reveal. The return of a caterpillar's friend to get her first tattoo and Brandie's friend covers a painful scar after 30 years |
| 20240921 | 22:30:00 | 23:20:00 | SOUTH SEAS SPEARO - EP 2 | The team assembles in the beautiful Coromandel Peninsula, where the plan is to head out to the Mercury Islands for a couple of days to target all manner of tasty table fish. |
| 20240921 | 23:20:00 | 23:55:00 | MINNESOTA FOOD THAT WILL KILL YOU. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240921 | 23:55:00 | 00:30:00 | SURVIVING MANILA. PART 2 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240922 | 00:30:00 | 01:25:00 | DRONE WARS - EP 2 | A challenge of traditional drone racing separates the teams into racers and engineers, all on the backdrop of an abandoned military base. |
| 20240922 | 01:25:00 | 02:20:00 | GOING BEYOND - BANGKOK #2, EP 2 | We will visit the most incredible markets in Thailand. One of which is directly on the water ... And the second - on the rails of a fully-operating railway! Discover a teak factory, where Thai craftsmen make the most expensive wood products in the world. And in the end we'll ride on one of the biggest Ferris Wheels in Asia! |
| 20240922 | 02:20:00 | 03:15:00 | VOLCANO ADVENTURE - VOLCANO FANTASIA, EP 2 | The world most dangerous adventure! Explorers attempt to access the fire of the earth that has never been reached by any other human being. At the heart of the volcano is the fiercest fire in the world, and there are brave people who dare to travel to the heart. Volcanologists aim to interpret volcanoes in collaboration with explorers. No other scholar's task is more dangerous than theirs. As it is impossible to predict when a volcano will erupt, there is never any single right answer. The documentary explores dangerous active volcanoes with the help of volcanologists. |
| 20240922 | 03:15:00 | 04:00:00 | DREAM JOURNEY - HOLBOX ISLAND, EP 2 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey:) I simply cannot wait for more!" |
| 20240922 | 04:00:00 | 04:35:00 | INDIAN STREET FOOD \$100 CHALLENGE IN MUMBAI. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240922 | 04:35:00 | 05:10:00 | BUGS ARE INVADING STREET FOOD IN ASIA. EXTREME VIETNAMESE STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240922 | 05:10:00 | 05:35:00 | HOW IT'S MADE - THE YACHT YARD, EP 1 | The series "How Do They Make It" is a journey into the world of complex mechanisms surrounding contemporary man. It's a story about places where exceptional things are being created to make our travel, communication, work, and life easier. In every program, we visit a new place. Our series is about creating unique products but also about the commitment, passion, and work of the people who create them. Each set consists of five episodes about the most interesting production micro-worlds and their operations. The themes of the sets are very diverse – ranging from the big car factory to the traditional glassworks. In the first episode of this set, we visit one of the biggest Polish yacht yards - Northmann shipyard in Węgorzewo. This shipyard produces the popular sailing yachts Maxus and motorized yachts Nexus. In the program, we talk about designing and building yachts. We then show the subsequent stages of their production process, we meet the people who make them and who sail in them. The episode will also have a special guest, namely Szymon Kuczynski – who has sailed round the globe in the smallest, six-meter Maxus 22 yacht, produced at this shipyard. |
| 20240922 | 05:35:00 | 06:00:00 | FOR FUN ONLY - CHASING THE WIND BALLOONS, EP 2 | In the next episode we meet people who are passionate about hot air ballooning. At the balloon festival in Szczecinek, we meet dozens of crews for whom ballooning is the major part of life. We will learn how to fly a hot air balloon and why this sport gives people such a unique experience. |
| 20240922 | 06:00:00 | 06:50:00 | DRONE WARS EP 10 | Competitors must design a drone that will catch a fish! |
| 20240922 | 06:50:00 | 07:35:00 | VISITING - COLOR | Color: "The quality of an object or substance with respect to light reflected by the object, usually determined visually by measurement of hue, saturation, and brightness of the reflected light; saturation or chroma." A very robotic description of an incredibly dynamic property of the universe. Earth is a varied landscape of extremes of millions of colors. Through the lens of the "Visitor" we experience our mosaic landscape from a sense of imagination and wonder. "Why do these colors exist?" "What properties in nature create the conditions that these colors live in?" Using a scientific and artistic viewpoint we explore environments around the world that display the palette of the Earth. Life and Death, artificial and natural, the colors of the Earth exposes the kaleidoscope of this planet like never before... |
| 20240922 | 07:35:00 | 08:00:00 | THE GLOBAL BARBER: NICKEL BROOK BREWING CO. / VINTAGE CAR CO. & BARBERSHOP - BURLINGTON, ONTARIO | The Global Barber visits Burlington, Ontario to hang-out with John Romano Founder of Nickel Brook Brewery and Jerry Filice of Village Cigar Co. & Barbershop. The guys all taste some unique, craft beers at Nickel Brook Brewing Co. #CafeDelBastardo #HeadStock #Metalhead. Then, Cedric and the crew head to Bad Axe Throwing for some fun, before heading to Jake's Grill & Oyster House for the area's best seafood! |
| 20240922 | 08:00:00 | 08:35:00 | EXOTIC ANIMAL MEAT IN TEXAS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240922 | 08:35:00 | 09:20:00 | ROAD LESS TRAVELED RECAP | A Season's worth of recap, usually reserved for the tail end of our season! This is the hidden insight into the gears and operations of Road less Traveled. Jonathan walks the viewers through his most memorable moments of the season, details never before discussed, and also screening of completely UN-aired segments. This is a must watch for any die-hard RLT fan! |
| 20240922 | 09:20:00 | 10:10:00 | SOUTH SEAS SPEARO - EP 4 | The team heads to Vava'u, the northernmost island chain of Tonga, for a week of open ocean bluewater spearfishing. The main target is giant dogtooth tuna, as well as the trophy bluewater pelagics. |
| 20240922 | 10:10:00 | 10:55:00 | PHOTO NUMBER 6, EP 7 | We leave the bright lights of Vegas and head for the scenic splendor of UTAH. First stop is the Dixie Rodeo in St George for a celebration of Americana and intense cowboy action. The dismay continues in an exploration of Ice Hockey at the training ground for the UTAH Grizzlies where Fletch is asked to be guest goalie for the day. The road trip ventures south to Monument Valley where Fletch fulfills a lifetime dream to photograph the magnificent scenery and meet with local Navajo residents to explore their connection with the land. |
| 20240922 | 10:55:00 | 11:25:00 | INDIA'S MEGA STREET FOOD FACTORIES. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240922 | 11:25:00 | 11:50:00 | BLUE WORLD - EXPLORING DEVIL'S HOLE CAVE IN NEVADA, USA | Would you believe that one of the largest aquifers in the United States is located directly beneath Death Valley? In the Season 6 premiere, Blue World is invited to join a team of scientists working at Devil's Hole Cave in Nevada and is afforded a once-in-a-lifetime permit from the National Park Service to dive in Devil's Hole Cave. Fewer than 20 people have ever been allowed to dive in this otherworldly cave system. |
| 20240922 | 11:50:00 | 12:20:00 | STREET FOOD BOSSES OF HONG KONG. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240922 | 12:20:00 | 12:45:00 | BLUE WORLD - MUCK DRIVING IN FLORIDA + ICELAND... THE WORLD'S CLEAREST WATER | Jonathan travels to Iceland to investigate a giant crack in the ground filled with frigid runoff from melting glaciers. It's rumored to be the clearest water in the world. Next, he heads down to sunny Florida, not to dive a coral reef or a spectacular shipwreck, but to dive in shallow, murky water under a busy bridge. This secret spot is home to some of the ocean's most remarkable, and weird, animals. |
| 20240922 | 12:45:00 | 13:10:00 | BLUE WORLD A RED SEA EXPEDITION | It's a Red Sea expedition! Blue World explores the reefs, and marine life of the Red Sea, both during the day, and at night. And you can't go to Egypt without a trip to the pyramids. It's a desert adventure! |
| 20240922 | 13:10:00 | 13:55:00 | BREAKING THE DAY, STREET ARTIST | With patrons like skateboarder Tony Hawk and hip-hop producer Swizz Beatz, Alex Yanes is a successful artist by any measure. But his latest piece is about more than making art for sale; it's about making art to give his daughter a better future. |
| 20240922 | 13:55:00 | 14:20:00 | AT HOME WITH DIDIAYER - THE BEST OF ART, EP 11 | On this special edition of AHWD, we serve up some of our favorite dishes created and prepared by celebrated chefs! |
| 20240922 | 14:20:00 | 14:45:00 | THE GLOBAL BARBER: WAHL EDUCATORS - TORONTO, CANADA | Ontario had just entered in to Phase 3 of the pandemic with barbershops and salons beginning to open. The Global Barber visits Fratelli's Salon in Thornhill, Ontario, to chat with the Education team from Wahl Canada, about their recommendations for self-care, during this challenging time of lockdowns. |
| 20240922 | 14:45:00 | 15:30:00 | CONFUCIUS WAS A FOODIE - SOUR, S3 EP 3 | According to science humans are the only mammals that are attracted to sour. Chinese medicinal believes says that 'sour' can help digestion and whet the appetite. In 3 traditional Chinese cuisines it is often used for balance but in south East Asian versions of Chinese dishes it is often quite forward even becoming part of the name of a dish particularly in traditional Peranakan Chinese cuisines. A cuisine (and a people) that Christine discovers for the first time. Christine joins Malaysian celebrity Chef Wan for a one of a kind experience, cooking in a traditional old Peranakan kitchen and making the food of Chef Wan's heritage. |
| 20240922 | 15:30:00 | 16:15:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey. I simply cannot wait for |
| 20240922 | 16:15:00 | 16:50:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240922 | 16:50:00 | 17:40:00 | ISLAND HUNTER - CALIFORNIA, EP 9 | A unique episode in it's own right, this episode features a road trip through California, Island Hunter style; however, the focus this time around is not necessarily on luxury, it's more about adventures and explorations on the road. Host Sophie Ashley tours around the Golden State, making stops in iconic destinations like San Francisco, Los Angeles, Monterey, and Santa Barbara. Her ride for the episode, true to the Island Hunter style is the iconic Aston Martin DB11 Volante; Whether it's hiking around the Golden Gate, top down on Highway 1, exploring wineries or chowing down tacos at a food truck in Los Angeles, this is the ultimate road trip through California! |
| 20240922 | 17:40:00 | 18:25:00 | ROAD LESS TRAVELED - SPECIAL, EP 10 | In this special, Jonathan Legg recounts his favorite moments, mishaps including getting arrested in Russia, but this episode is a bit different; In this special Jonathan places a particular emphasis on lessons learned; insight and knowledge as well as experiences gained on the Road less Traveled. |
| 20240922 | 18:25:00 | 19:20:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240922 | 19:20:00 | 20:05:00 | INK THERAPY EP 13 | Old friends meet again and Katie is in for a few surprises in the season finale. |
| 20240922 | 20:05:00 | 21:00:00 | FOOD UNKNOWN - FINLAND, EP 2 | Finland is that one Nordic country that is never on the global cuisine radar. However, the reserved Finns have been quietly perfecting their craft of foraging culture and incorporating it into their unique cuisine. Jonathan Legg explores the entire expanse of the country to understand it's cuisine, and the ethos of the country's top chefs; from amazing locally sourced cuisine in Helsinki, to an expedition in Lapland to learn about foraging and the Finnish delicacy, reindeer! |
| 20240922 | 21:00:00 | 21:45:00 | INK THERAPY EP 11 | Linked by ink. Gil invites cast for album reveal. The return of a caterpillar's friend to get her first tattoo and Brandie's friend covers a painful scar after 30 years |
| 20240922 | 21:45:00 | 22:30:00 | INK THERAPY EP 12 | After 8 years of an "Ink Therapy" journey, Charlie's going to finally cover Brandie's last burn scar. |
| 20240922 | 22:30:00 | 23:20:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240922 | 23:20:00 | 23:55:00 | SUPER RARE KENYAN VILLAGE FEAST. FIRST TIME CAUGHT ON CAMERA. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240922 | 23:55:00 | 00:20:00 | THE GLOBAL BARBER: WEST PARK BARBERSHOP - CLEVELAND, OHIO, USA | The Global Barber visits West Park Barbershops in Cleveland, Ohio, USA. Host Cedric Small chats with multi-award winning Master Barber Patrick Burke about his start in the business, and how he's grown to own several businesses. While visiting Cleveland, Cedric checks-out the Rock & Roll Hall Of Fame's latest exhibits, and visits P.J. McIntyre's Irish Pub for some pints and a bite to eat. |
| 20240923 | 00:20:00 | 01:05:00 | PHOTO NUMBER 6, EP 4 | In Paris Fletch explores the city's hidden secrets with photographer Patrick Colpron, including a clandestine tour of an abandoned railway line that encircles the city. With the help of wedding photographer Pierre Torset, Fletch and Stig set about understanding why Paris is renowned as the City of Love and immerse themselves in the city's vibrant art scene with a visit to 59 Rivoli Artist Studios. Finally, no visit to France could be complete without a jaunt to Champagne for a feast fine food, wine and chocolate. |
| 20240923 | 01:05:00 | 01:30:00 | HOW IT'S MADE - THE CAR FACTORY, EP 3 | In the third episode of the set we visit Pruszków, near Warsaw, to see one of the most unusual scrap yards in the world. It's a place where elements of scrap metal are turned into unique works of art. The owner of the scrap yard, Mariusz Olejniczak, driven by his passion, has gathered together a unique collection of sculptures of the world's most iconic vehicles. |
| 20240923 | 01:30:00 | 02:25:00 | DRONE WARS - EP 3 | Teams must equip drones with poles able to grab rings attached to field goal posts. The top two teams compete in a medieval joust tournament for the top stop. |
| 20240923 | 02:25:00 | 03:20:00 | GOING BEYOND - KOH CHANG, EP 3 | We will get acquainted with the island of Koh Chang! Hitchhike in one of the biggest extreme-parks on the island and we'll have a lot of fun! We'll meet friendly elephants and take part in a photo session! Then we'll have a look at one of the coolest Thai boxing clubs and practice there with the masters of the sport. |

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| 20240923 | 03:20:00 | 04:15:00 | THE ETHIOPIA: THE MYSTERY OF PHALLIC STONES | End of 2017, in Southern Ethiopia: a team of European and Ethiopian archeologists is at work on a newly discovered Megalithic site ten times bigger than the site of Stonehenge. In a steep constriction of the Rift Valley, several thousand large monoliths in unmistakable phallic forms can be found intact. Dating from 10th till 13th Century AD, their origin appears to be all the more mysterious. Find out the secrets of a lost civilization in the very heart of Ethiopia. |
| 20240923 | 04:15:00 | 05:00:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our <u>travel series, which really turned out to be a Dream Journey.</u> I simply cannot wait for |
| 20240923 | 05:00:00 | 06:00:00 | BREAKING THE DAY - EAGLE HUNTER, EP 3 | Sailau is one of the last Mongolian eagle hunters, a proud group of people who spend years bonding with their birds. But at 66 years old, Sailau must pass his knowledge on to the next generation, or this tradition may be lost forever. |
| 20240923 | 06:00:00 | 06:45:00 | EXTREME VIETNAMESE STREET FOOD. SURVIVING VIETNAM PART 1 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240923 | 06:45:00 | 07:10:00 | BLUE WORLD - SAND TIGER SHARKS + MARINE BIOLOGY IN TURKS & CAICOS | Jonathan heads down to the shipwrecks of North Carolina (USA) to observe how these wrecks have become home to thousands of animals, including Sand Tiger sharks. But instead of chasing all the fish, the sharks are protecting many of them! Then, Jonathan visits the School for Field Studies in the Turks & Caicos Islands to learn how college students conduct fieldwork in their pursuit of degrees in Marine Studies. He helps tag sharks, study conch and investigate marine protected areas! |
| 20240923 | 07:10:00 | 07:55:00 | BREAKING THE DAY - SADDLE BRONC RIDER, EP 5 | The only female professional bronc rider in the world, Kaila Mussell is constantly defying the odds. But two years after breaking her neck in competition, Kaila is preparing to defy the longest odds of her life: getting back on the horse. |
| 20240923 | 07:55:00 | 08:20:00 | AT HOME WITH DIDIAYER - UTAH: LIFE ELEVATED, EP 9 | Life is Elevated in the great state of Utah! Didiayer goes food foraging and uncovers the history of the surrounding rock formations in Moab. Then, Christopher takes a memorable journey down the Colorado River! |
| 20240923 | 08:20:00 | 08:45:00 | THE GLOBAL BARBER: NIAGARA BARBER COMPANY - NIAGARA FALLS, NEW YORK, USA | The Global Barber visits The Niagara Barber Co. in Niagara Falls, New York, USA to work with Owner - Brad Inzinga and his crew for the day performing cuts and shaves for the local businessmen and students. After the work day is done, Cedric and the Niagara Barber Co. crew all head over to Rock Burger for a taste of the biggest burgers they've ever seen! |
| 20240923 | 08:45:00 | 09:30:00 | CONFUCIUS WAS A FOODIE - SALTY, S3 EP 1 | Most salt in Asia is produced through the evaporation of seawater in coastal areas. This episode sees Christine learning firsthand the very challenging 'how to' of harvesting sea salt in Thailand's dramatically beautiful salt fields. Cushing visits the area's most unusual market that is regularly disrupted by the Maeklong Railway going right through it's center! She cooks alongside chefs preserving traditional Chinese cuisine in Bangkok and at Singapore's oldest Chinese restaurant, Spring Court, Christine discovers Singapore Chinese cuisine and meets with culinary legend; Madam Soon. |

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| 20240923 | 09:30:00 | 10:15:00 | DREAM JOURNEY - CUNCUM - MEXICO, EP 1 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our <u>travel series, which really turned out to be a Dream Journey</u> ! I simply cannot wait for |
| 20240923 | 10:15:00 | 10:45:00 | BONDI BOARDRIDERS | The Bondi Board Riders Club is what Australian sport is all about. |
| 20240923 | 10:45:00 | 11:35:00 | ISLAND HUNTER - BELIZE, EP 6 | Island Hunter showcases beautiful Belize; with hundreds of kilometers of coastline with the Caribbean sea, the 2nd largest barrier reef, and one of the best dive sites in the world, how could you not? In this episode, Dani Kristo is on a mission to showcase the best of Belize; she starts off her journey with some adventure at the Bocawina resort; the hub for adventure in Belize. Zip lining through the jungle canopies, Dani is charged up for the rest of her adventure. Checking out the fabled Xunantunich ruins near the Guatemalan border, a stay at the super lavish jungle eco resort, Blancaneaux, these stops define Belize. But it's more than just luxury destinations. To get a taste of culture, Dani gets the lead on Palmento grove, an authentic Garifuna enclave in the sleepy village of Hopkins. The theme of luxury living continues as Dani comes across Turtle Inn, a one of a kind all-inclusive resort at the coast of Placencia. But, for the ultimate in island paradise getaway, a 35 min boat ride from Turtle Inn, leads to Coral Caye. Here, Dani experiences what a private island experience is all about. This is Belize in it's truest form |
| 20240923 | 11:35:00 | 12:25:00 | ROAD LESS TRAVELED - MEXICO, EP 8 | A continuation from the previous episode, Jonathan Legg's Mexico adventure takes a new turn; the continuous pumping of Mexico's lakes has caused not only a water shortage, but a seismic issue. He pinballs around the vast city to gain an understanding into this complex issue; a quest that leads him to NGOs to innovative solutions that can shed a light on this issue. Finally, he wraps up his adventure in the beautiful remote village of Oaxaca province where he undergoes a sacred mushroom ritual, administered by the same tribe that brought this knowledge and sacrament to worldwide attention. |
| 20240923 | 12:25:00 | 12:50:00 | HOW IT'S MADE - THE YACHT YARD, EP 1 | The series "How Do They Make It" is a journey into the world of complex mechanisms surrounding contemporary man. It's a story about places where exceptional things are being created to make our travel, communication, work, and life easier. In every program, we visit a new place. Our series is about creating unique products but also about the commitment, passion, and work of the people who create them. Each set consists of five episodes about the most interesting production micro-worlds and their operations. The themes of the sets are very diverse – ranging from the big car factory to the traditional glassworks. In the first episode of this set, we visit one of the biggest Polish yacht yards - Northmann shipyard in Węgorzewo. This shipyard produces the popular sailing yachts Maxus and motorized yachts Nexus. In the program, we talk about designing and building yachts. We then show the subsequent stages of their production process, we meet the people who make them and who sail in them. The episode will also have a special guest, namely Szymon Kuczynski – who has sailed round the globe in the smallest, six-meter Maxus 22 yacht, produced at this shipyard. |
| 20240923 | 12:50:00 | 13:45:00 | WARRIORS FOR WILDLIFE, EP 3 | In the final episode they travel to the vast and beautiful Entibeni Reserve high on the stunning Waterberg Plateau. It is incredible rich in wildlife, elephant, rhino, and a plethora of animals all roam free, it's also Lion country. The recruits set up camp by a lake to tackle the last part of the grueling program, Faced with life or death prospect of being alone in the bush with lions. Intelligence alerts them of potential poacher incursion, they are sent to guard a Rhino orphanage, and in an incidents that becomes violent, they arrest two suspicious illegal immigrants. |
| 20240923 | 13:45:00 | 14:30:00 | INK THERAPY - EP 3 | The cast tracks Charlie's progress as he works on getting his vintage '47 Caddillac running. |
| 20240923 | 14:30:00 | 15:15:00 | INK THERAPY - EP 4 | Katie and Tina go thrift shopping and decide to drag Gil along to help him prepare for his 9 year anniversary. |

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| 20240923 | 15:15:00 | 15:40:00 | HOW IT'S MADE EP 5 | In the fifth and final episode of the set we visit one of the world's most modern car factories. We are in Tychy – where the local factory has been producing an automotive hit for the last 10 years – the tiny Fiat 500. The successor of the iconic Fiat 500 which motorized Europe in the 1960s and 1970s is an extremely modern car. We will witness the emergence of the two hundred millionth copy of this wonderful car. |
| 20240923 | 15:40:00 | 16:05:00 | RVERS EP 9 | International RVing: Peter and John explain several of the unique aspects of RVing from driving to electrical to sewer while on a beautiful journey through Italy. RV Etiquette: Tom and Cait hilariously cover a pretty thorough list of very helpful "Do's" and not-so-nice "Don'ts" in this can't miss segment! On-The-Road: Heath and Alyssa Padgett (and their very special new addition) |
| 20240923 | 16:05:00 | 16:30:00 | RVERS EP 10 | RVing with Friends: Spending time with friends is great. But camping with them is pretty darn close to living together. The Geeks and Mortons find a way to strike a balance without striking each other! RV Electrical: Tom and John explain the basics of how different parts of the RV use power and how the sources of that power manage to keep up to the demand. Towing 101: Peter learns about the various ways RVers can bring their family car along for the ride. On-The-Road: Adam and Celine of The Rvers Family |
| 20240923 | 16:30:00 | 17:20:00 | SOUTH SEAS SPEARO - EP 1 | Nat, Rochele and Tim embark on a mission to the remote Wanganella Banks, with the lofty aim of claiming a couple of new world records. But if finding a 100kg+ striped marlin sounds hard enough, stopping one is another matter altogether! |
| 20240923 | 17:20:00 | 18:05:00 | THE RED LIST - AFRICAN PENGUINS | RhinThe African Penguin has been shifted from Vulnerable to Endangered on the IUCN Red List of Threatened Species, Birdlife International announced. African Penguins have been sliding towards extinction since industrial fishing started around the Cape. The last four years have seen a population crash. As the climate changes and fisheries transform the oceans, the world's African Penguins are in trouble. Young Penguins aren't able to take all the changes into account and are finding themselves 'trapped' in parts of the sea that can no longer support them even as better options are available.o poaching is currently at a crisis point. By the end of 2015, the number of African Rhinos killed by poachers had increased for the sixth year in a row with at least 1,338 Rhinos killed by poachers across Africa in 2015. These statistics are compiled by International Union for Conservation of Nature (IUCN) Species Survival Commission's African Rhino Specialist Group (AfRSG). |
| 20240923 | 18:05:00 | 18:30:00 | EXTREME SYRIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240923 | 18:30:00 | 19:05:00 | EXOTIC IRANIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240923 | 19:05:00 | 20:00:00 | DRONE WARS - EP 1 | Seven teams of two come from all over the world to compete. Their first challenge is designing a drone that guides them through a giant maze. |
| 20240923 | 20:00:00 | 21:00:00 | 7 EMOTIONS 7 WONDERS - EP 1 | Colosseum in Italy, Machu Picchu in Peru, Petra in Jordan, Taj Mahal in India, Great wall in China, Chichen Itza in Mexico and Cristo Redentor in Brazil. These great cultural heritage's magnificent and mysterious will be maximized in detail with 4K. |
| 20240923 | 21:00:00 | 21:50:00 | GIANT RAILWAY | This 4K mini-series follows the largest and most impressive structures from around the world. The location: somewhere in India. The weather: steaming hot. Not your ideal preconditions for an outdoor project of impossible proportions: constructing a railway underpass in five hours. Is it even possible to build a complete railway underpass in that short amount of time? Provided 150 workers, six excavators, and two heavy-duty cranes, all work in perfect coordination and planning, it is. |
| 20240923 | 21:50:00 | 22:40:00 | DRONE WARS - EP 9 | Teams are given objects and must make them fly and host a party. A spontaneous drone party commences with a multitude of guests! |

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| 20240923 | 22:40:00 | 23:15:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240923 | 23:15:00 | 00:10:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240924 | 00:10:00 | 00:35:00 | THE GLOBAL BARBER: HAIR OF THE DOG BARBER & PUB - KINGSTON, ONTARIO, CANADA | The Global Barber visits Kingston, Ontario, Canada with "Hair Of The Dog" Barber & Pub Co-Owner Luke Chambers, for a couple days. Episode features the team all working together before heading to Union Kitchen & Cocktails for dinner and drinks. The boys from The Bearded Villains drop-in for a touch up, and later in the episode, Cedric and Luke take a bird's eye view of the area with 1000 Island Helicopter Tours. |
| 20240924 | 00:35:00 | 01:00:00 | FOR FUN ONLY EP 5 | In the fifth episode of the set, we visit a place where you can practice one of the youngest and most incredible sports. Fly Spot in Katowice is one of the most modern centres in the world where you can fly in an air stream. We meet Maja Kuczyńska, the current World Champion in this discipline and assist with a unique show by the queen of Indoor Sky Diving. |
| 20240924 | 01:00:00 | 01:45:00 | CONFUCIUS WAS A FOODIE - SPICY, S3 EP 5 | Despite popular belief 'spicy' in Chinese cuisines is not always hot! In various Chinese cuisines, spices are complex and varied. Chef Christine visits the Malaysian island of Penang, a location historically important to the story of spice trade with TV celebrity Che Wan for a fun and fact filled visit to the Tropical Spice Garden. At a picturesque mountain top plantation, they pick nutmeg and discover the unique uses of the fruit/spice particular only to this Malaysian island. |
| 20240924 | 01:45:00 | 02:35:00 | 600 POUND WATER BUFFALO | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240924 | 02:35:00 | 03:25:00 | BREAKING THE DAY - EXPERIMENTAL TEST PILOT, EP 1 | Test pilot Elliot Seguin has always dreamed of building and flying his own experimental aircraft. His Quickie design is on the verge of completion, but when Elliot finds out he's going to be a father, he must decide if the risk is worth the reward. |
| 20240924 | 03:25:00 | 04:20:00 | ROAD LESS TRAVELED MONTENEGRO | The land of mountains and pristine lakes! In this episode, Jonathan gets on a motorcycle to explore the countryside. He embarks on a Don-Quixote type journey, alluding to the origin story of author Miguel Cervantes and his 'supposed' stint in Montenegro, in a jail cell. Jonathan rides down the fantastically beautiful Kotor bay, learning about medieval armor and the city's history. While on his road trip, Jonathan also uncovers Tito's secret bunker, fully exploring the lavish estate on his own whims - as well as abandoned submarine silos, hidden bunkers from the Soviet era, and much more. No trip to Montenegro is complete without a visit to the countryside, this is where Jonathan comes across authentic cuisine, and a rescue mission with volunteers that patrol the harsh but beautiful mountains of Montenegro. |
| 20240924 | 04:20:00 | 05:15:00 | SKYSCRAPER IN 51 DAYS | A 40-meter high, 14-story apartment complex - erected in just 51 days. A construction boom in the Russian capital has been going on for years now. In 2017 the government decided to tear down communist apartment blocks (infamous for shoddy construction): around 4,000 buildings from the 1950s and 1960s are being replaced with modern high-rises. A politically significant infrastructure program - the pressure on construction companies is high. |

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| 20240924 | 05:15:00 | 06:00:00 | THE RED LIST - AFRICAN ELEPHANTS | In a single decade between 1979 and 1989, half of all Africa's Elephants were lost to the ivory trade. For the next decade the trade lay dormant and African Elephant populations began to recover. But a new crisis was brewing, fueled by demand for ivory particularly in China where a demographic and economic boom had taken place. Between 2002 and 2011 Maisels et al (2013) estimate that the world's forest Elephant population was reduced by 62%. Our research estimates that the number of Elephants killed for their ivory between 2010 and 2012 was 100 000. The demand for ivory in the far East is the primary driver of the killing. In the four years up to 2014 the wholesale price of raw ivory in China tripled, reaching a per kilo dollar price of \$2100.00 |
| 20240924 | 06:00:00 | 06:30:00 | A DIFFERENT KIND OF TEXAS BBQ. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240924 | 06:30:00 | 07:05:00 | REAL JAMAICA STREET FOOD. THE WILD KINGSTON UNDERGROUND. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240924 | 07:05:00 | 07:35:00 | RISKY THAI STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240924 | 07:35:00 | 08:00:00 | AT HOME WITH DIDIAYER - NASHVILLE: MUSIC CITY USA, EP 4 | As we pull into Music City, we're already "making it"! Nashville's first woman mayor shares her insights on the future of the city. Phil Vassar turns an interview into a celebration of song. We "rough it" a couple nights at the Gaylord Opry, and interview the "interviewer"! Oh yeah, we also stop by Jack's place. Daniels that is. |
| 20240924 | 08:00:00 | 08:45:00 | ROAD LESS TRAVELED: RECAP | Season recap; once again, as is tradition, Jonathan recounts the tale of the season. From disasters to blunders to genuine moments, he meticulously goes through what he learned, revealing never before seen clips, shares his lessons learned, and much more! |
| 20240924 | 08:45:00 | 09:10:00 | RVERS EP 4 | Choosing an RV – Towables: Yes, you CAN take it with you. Just hook it up to your bumper, right? Well, that depends. Anthony learns about towables, both massive and tiny. The Power of RV Batteries: Tom sciences things up as he teaches us about the many kinds of battery technologies and which are best for mobile living. RV Gear: Peter shows us why certain encountered gadgets can have you choosing between paying now... or paying later! On-The-Road: Technomadia's Cherie and Chris |
| 20240924 | 09:10:00 | 09:55:00 | THE RED LIST - SOUTHERN GROUND HORBILL | The charismatic Southern Ground-Hornbill is a bird that many people already know well. They are culturally important as the 'thunder' or 'rain' birds and are a flagship species for the savannah biome. At present, Southern Ground-Hornbills are considered within South Africa as 'Endangered', with their numbers outside of formally protected areas still declining. It is likely that the birds will soon meet the IUCN Red Data List Criteria as being 'Critically Endangered' in South Africa. It's estimated that only 1500 Ground-Hornbills are left in South Africa, of which half are safe within the protected areas. This means there are only an estimated 417 breeding groups in the whole of South Africa, data shows that, on average, only one chick is raised to adulthood every 9 years. The reasons for their decline are predominantly loss of habitat to croplands, bush-encroachment, overgrazing and plantations, loss of nesting trees, secondary poisoning and electrocution. |
| 20240924 | 09:55:00 | 10:50:00 | WARRIORS FOR WILDLIFE, EP 1 | Get up close and personal with a group of International recruits as they tackle one of the toughest training courses on the planet, in order to become the next generation of Anti-Poaching Rangers, and help save endangered species from extinction. This returnable series, shot on 4k UHD over 5 weeks in three remote South Africa locations, gains exclusive access and gets close to the action and under the skin of these young people who are prepared to risk their own existence, to save the world's wildlife for future generations. Some recruits will succeed and some will have their dreams shattered and not make it to phase two. |

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| 20240924 | 10:50:00 | 11:20:00 | MAX FOODIE: MAURITIUS - CHAPTER 2 | Mauritius is the east African nation prosperously humming away, producing delicious African rum with it's abundant sugarcane supply; but the story is more than that! Sashi drives around this island nation to get the full culinary scene lowdown; from street food vibes in Port Louis, to stints with the best chefs on the island to what luxury resorts have on offer; explore Mauritius from the ground level and witness why this East African jewel of an island nation is drawing travelers from around the world! |
| 20240924 | 11:20:00 | 11:55:00 | MAX FOODIE: BANGKOK | Sashi is in Bangkok, Thailand and exploring the stories of the city's brightest culinary stars. Chef Ton takes Sashi to his favorite hang out spots to eat around Bangkok. In the next episode, Sashi is hanging out at the illustrious Sukhothai where he's having lunch with Chef David Tamburini, the head honcho at La Scala. Sashi gets a taste of David's ethos of naturalmente, where David brings Sicilian home-grown authenticity to Asia. After a fantastic meal, Sashi meets back up with Chef Ton and they embark on a field trip to Koh Sichang. Chef Ton wants to illustrate the lengths he goes to, in order to support his suppliers like his fishermen. Sashi and Ton head into the Gulf of Thailand on a daring boat ride to catch a blue spotted grouper - a journey that showcases the arduous task of what it means to be an ethical chef. |
| 20240924 | 11:55:00 | 12:40:00 | PHOTO NUMBER 6, EP 7 | We leave the bright lights of Vegas and head for the scenic splendor of UTAH. First stop is the Dixie Rodeo in St George for a celebration of Americana and intense cowboy action. The dismay continues in an exploration of Ice Hockey at the training ground for the UTAH Grizzlies where Fletch is asked to be guest goalie for the day. The road trip ventures south to Monument Valley where Fletch fulfills a lifetime dream to photograph the magnificent scenery and meet with local Navajo residents to explore their connection with the land. |
| 20240924 | 12:40:00 | 13:05:00 | BLUE WORLD - MAYAN UNDERWORLD (YUCATAN, MEXICO) | Deep in the heart of Mexico's Yucatan, Jonathan is exploring remote cenotes in the jungle that were once used for Mayan rituals. Just reaching the surface of the water requires rappelling down from the forest above. But then, beneath the surface, he encounters strange alien life forms that live in total darkness, and the remains of humans and animal sacrifices from an ancient culture. |
| 20240924 | 13:05:00 | 13:30:00 | BLUE WORLD - FLOWER GARDEN BANKS + SEA HUNT FOREVER FESTIVAL | In the Flower Garden Banks National Marine Sanctuary, Jonathan investigates some of the densest coral reefs in the Caribbean as they spawn under cover of darkness. Then he heads over to Silver Springs for the Sea Hunt Forever Festival, celebrating the classic TV show Sea Hunt and the vintage scuba gear that was used on the program. |
| 20240924 | 13:30:00 | 14:20:00 | FOOD UNKNOWN: IRELAND | It's the birthplace of Halloween, but the ghosts and ghouls which have canvassed the world have not scared up much interest in Irish cuisine. Mounting a classic motorcycle Jonathan tours a land of mystic traditions, boisterous locals, and iconic scenery. The world's most magnetic pub culture draws him in, border conflict pushes him out, and dark legends pull him around. It's an adventure soaked in rain, lore, and the food of ancestor's past. |
| 20240924 | 14:20:00 | 14:55:00 | MINNESOTA FOOD THAT WILL KILL YOU. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240924 | 14:55:00 | 15:45:00 | ISLAND HUNTER - CALIFORNIA, EP 9 | A unique episode in it's own right, this episode features a road trip through California, Island Hunter style; however, the focus this time around is not necessarily on luxury, it's more about adventures and explorations on the road. Host Sophie Ashley tours around the Golden State, making stops in iconic destinations like San Francisco, Los Angeles, Monterey, and Santa Barbara. Her ride for the episode, true to the Island Hunter style is the iconic Aston Martin DB11 Volante; Whether it's hiking around the Golden Gate, top down on Highway 1, exploring wineries or chowing down tacos at a food truck in Los Angeles, this is the ultimate road trip through California! |
| 20240924 | 15:45:00 | 16:35:00 | DRONE WARS EP 10 | Competitors must design a drone that will catch a fish! |
| 20240924 | 16:35:00 | 17:20:00 | PHOTO NUMBER 6, EP 4 | In Paris Fletch explores the city's hidden secrets with photographer Patrick Colpron, including a clandestine tour of an abandoned railway line that encircles the city. With the help of wedding photographer Pierre Torset, Fletch and Stig set about understanding why Paris is renowned as the City of Love and immerse themselves in the city's vibrant art scene with a visit to 59 Rivoli Artist Studios. Finally, no visit to France could be complete without a jaunt to Champagne for a feast fine food, wine and chocolate. |

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| 20240924 | 17:20:00 | 18:05:00 | THE LAST DESCENT | Africa's largest hydroelectric dam will flood 280 km of Ethiopia's Blue Nile River to provide 80% of Ethiopia's electricity. Eco-explorers Ben Peters and Charlie Head paddle board this ancient river one last time – before it is lost forever – navigating uncharted territories and dangerous wildlife as they meet some of the 20,000 people who'll be affected and learn how they feel about this change. |
| 20240924 | 18:05:00 | 18:40:00 | LEGENDARY DAY TO NIGHT THAI STREET FOOD TOUR IN CHIANG MAI. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240924 | 18:40:00 | 19:35:00 | FOOD UNKNOWN - PHILIPPINES, EP 1 | Food Unknown takes a detailed look at well known and less popular destinations to gain an intimate level of understanding why their cuisine hasn't reigned supreme? The nation of 7,000 islands has no problems with beach, sun, or sea; but they suffer tremendously with cuisine image. Jonathan lands in Manila to discover the top chefs are well aware of the issue and, following their advice, he launches off on an expedition to find part of the solution. Driving from headhunting tribal villages, to step-back-in-time colonial towns, to restaurants in the shadow of the American military behemoth an intriguing story slowly pieces together. In the dense jungle one treasure stays buried while another comes literally out of the woodwork. But danger always lurks.. zombie moray eels, landslide prone passes, and forbidden fields behind the rice paddies. |
| 20240924 | 19:35:00 | 20:00:00 | MAX FOODIE: INDIA, EP 3 | Liesel pinballs around a city known for its gastronomy, the forgotten hub of British East India trading company, Kolkata. From trying out what the bustling city's vibrant street food scene has to offer, to the lesser known gems, including, venturing into India's only Chinatown and sampling their delicacies. A tale of walking food tours, hole in the wall joints serving up North Eastern dumplings, messy fish markets, and of course, the pride of Bengal, the Hilsa fish. Is Kolkata up to par with the other major metropolitan cities of India? This episode finds out exactly that! |
| 20240924 | 20:00:00 | 20:25:00 | MAX FOODIE: NEVADA, EP 4 | This investigative mission starts off in the sin city atmosphere of the Vegas strip. After a gluttonous stint at a generic buffet, Liesel is inspired to do a road trip to find iconic gems in the state of Nevada. From ghost towns, to monstrous foodie challenges, to hole in the wall dive bars in the middle of nowhere, this trip has it all. Liesel finds the resurgence of Basque cuisine in Northern Nevada, and learns that Reno can do fine dining as well! A trip to Virginia city also reveals that the Silver State has some haunted bars where patrons from the 1800s are rumored to be still imbibing and spooking locals! It's a road trip in every sense of the word! |
| 20240924 | 20:25:00 | 21:00:00 | MAX FOODIE: MALDIVES SPECIAL - CHAPTER 2 | There is no where else on the planet like the island nation of Maldives. To showcase this, Sashi is on a mission to explore the epitome of luxury travel, hitting up the most well known brands in Maldives to learn their individual culinary stories. From underground wine cellars to iconic meals on sandbars, to underwater restaurants. Sashi is exploring the very pinnacle of Maldivian hospitality and luxury - a theme which the nation promotes. Luxury travel at it's finest - experience the very upper echelon of luxury culinary travel on these episodes! |
| 20240924 | 21:00:00 | 21:50:00 | ISLAND HUNTER - SEASON SPECIAL, EP 10 | Island Hunter explores exotic island destinations around the world, and over the course of the season, we've come across a tremendous variety of luxury resorts and hotels, spas, and of course, restaurants. In this special episode, Island Hunter awards the "best of" awards in the following categories; best bar/lounge, best hotel/resort, best spa, and best foodie destination. With such a line up of exotic locales around the world during season 1, this is the one to watch out for; find out what Island Hunter awards as the best of in this episode! |
| 20240924 | 21:50:00 | 22:35:00 | INK THERAPY - EP 9 | Date night with the Tina and her husband, breast cancer awareness, and new beginnings. Charlie and Katie are up to no good. |
| 20240924 | 22:35:00 | 23:20:00 | INK THERAPY - EP 10 | Brandie organizes a workout with the staff complete with a special surprise. Caterpillars include a cancer survivor and biker babe who survived a horrific motorcycle accident. |

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| 20240924 | 23:20:00 | 00:10:00 | COSTA RICA: WILDLIFE UNDER THE RAINBOW | The tropical climate and contrasted topography of Costa Rica has fostered exceptional biodiversity, hosting wildlife from both North and South America. From the peaks of the volcanoes down to the Pacific and Caribbean shores, and amidst the dense Cloud forest, the country is home to the most remarkable mammals, beautiful birds, and astonishing reptiles...all in for a beauty contest! Watch the colorful Quetzal and Toucan, listen to the Spider Monkey. As Iguanas battle for the last mango the frogs respond to the Scarlet Macaw wake up call. |
| 20240925 | 00:10:00 | 01:05:00 | GOING BEYOND - PATTAYA AND PHAI, EP 4 | We continue to explore Thailand and go to Pattaya. After, we visit the northern town Pai an ideal place to go for a ride on a moped for the first time! We stroll through a huge park and get acquainted with the rich history of Nong Nuch. We visit perhaps the only atelier of custom motorcycles in Thailand and spend an exciting day in the company of elephants. In the evening, we try durian in the one of Thailand's markets and get acquainted with local hippies. |
| 20240925 | 01:05:00 | 01:30:00 | HOW IT'S MADE - THE YACHT YARD, EP 1 | The series "How Do They Make It" is a journey into the world of complex mechanisms surrounding contemporary man. It's a story about places where exceptional things are being created to make our travel, communication, work, and life easier. In every program, we visit a new place. Our series is about creating unique products but also about the commitment, passion, and work of the people who create them. Each set consists of five episodes about the most interesting production micro-worlds and their operations. The themes of the sets are very diverse – ranging from the big car factory to the traditional glassworks. In the first episode of this set, we visit one of the biggest Polish yacht yards - Northmann shipyard in Węgorzewo. This shipyard produces the popular sailing yachts Maxus and motorized yachts Nexus. In the program, we talk about designing and building yachts. We then show the subsequent stages of their production process, we meet the people who make them and who sail in them. The episode will also have a special guest, namely Szymon Kuczynski – who has sailed round the globe in the smallest, six-meter Maxus 22 yacht, produced at this shipyard. |
| 20240925 | 01:30:00 | 01:55:00 | BLUE WORLD - GIANT PACIFIC OCTOPUS | In this epic octopus adventure, Jonathan visits two aquaria to learn about the Giant Pacific octopus, and then travels to Seattle, Washington (USA) to join the Seattle Aquarium dive team on an octopus survey. He meets the Giant Pacific Octopus, the world's largest octopus, and discovers how clever this huge invertebrate really is! |
| 20240925 | 01:55:00 | 02:50:00 | VOLCANO ADVENTURE - VOLCANO FANTASIA, EP 2 | The world most dangerous adventure! Explorers attempt to access the fire of the earth that has never been reached by any other human being. At the heart of the volcano is the fiercest fire in the world, and there are brave people who dare to travel to the heart. Volcanologists aim to interpret volcanoes in collaboration with explorers. No other scholar's task is more dangerous than theirs. As it is impossible to predict when a volcano will erupt, there is never any single right answer. The documentary explores dangerous active volcanoes with the help of volcanologists. |
| 20240925 | 02:50:00 | 03:40:00 | ISLAND HUNTER - JAMAICA, EP 3 | Easy island vibes, lots of amazing local rum, brilliant natural landscapes and those amazing beaches! Of course, Island Hunter is in Jamaica! But in this episode, host Liesel Hlista shows you a different side of the Irie nation; away from the hordes of people unleashed via cruise liners! She starts off with a quick glimpse and an impromptu jam session at the birthplace of Bob Marley, Trench town, noshes on the most delicious ice cream this side of the hemisphere, and plunges into Mystic mountain's waterfalls. Jamaica is known for being the home of the all-inclusive resort and Liesel finds out exactly why that is - with stays at Ian Fleming inspired Golden eye Hotel as well as Sunset at the Palms! Lazy tubing down the river, limestone foot massages, topped up with historic food tours and experiencing local cuisines such as jerk chicken and the amazing seafood; this is Jamaica, Island Hunter style! |
| 20240925 | 03:40:00 | 04:05:00 | RVERS EP 8 | Entertainment 101: Sure RVing is about the great outdoors, but Cherie and Chris explain how can you scratch that binge watching itch when rainy days keep you inside? Boondocking Newbies: Peter pulls the plug on Anthony and Matt as they embark on true off-the-grid RVing for the first time – a far cry from the constant full hook-ups Anthony has become accustomed to! On-The-Road: Authors Marc and Julie Bennett of RV Love |

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| 20240925 | 04:05:00 | 04:30:00 | MAX FOODIE: GREEK CULINARY CAPITAL | Greece's culinary capital needs no introduction. But Sashi sure does! He pinballs across the picturesque and historical city, sampling iconic frappe, getting hands on with Greek staple, bougatsa, making it from scratch! The journey heats up with cocktail culture at the city's iconic skybar - all the way to cocktails on a yacht! No trip to Greece is complete without a proper feast, and the feasts are a plenty on this episode! From getting a meal at Mamalouka, arguably, one of the hottest restaurant brands in Greece, to a real home-made extravaganza in the countryside nestled below Mt.Olympus, working with ingredients harkening back to the times of Alexander the Great. |
| 20240925 | 04:30:00 | 05:15:00 | CONFUCIUS WAS A FOODIE BITTER | The taste of Chinese medicinal herbs, bitter flavor is said to clear ""heat"", strengthen the stomach, and promote salivation. Bitterness is often found in Chinese cooking, but rarely used alone. Christine cooks a popular local bitter ingredient with Asian Food TV star Ili Sulaiman in Kuala Lumpur and makes a less than delicious visit to a Traditional Chinese Medicine shop, experiencing firsthand the power of bitter herbs. Christine is presented with a Chinese philosophy around bitter and learns how this philosophy applies to keeping Chinese heritage alive in Malaysia. The Chinese concept of "in bitter there is sweetness" is applied to immigration and restoration as Christine makes a memorial visit to Penang island where she meets the engaging and eccentric hotelier Christopher Ong. |
| 20240925 | 05:15:00 | 06:00:00 | PHOTO NUMBER 6, EP 1 | Host Alan Fletcher travels to the Land of Fire and Ice where he kayaks on a glacial lagoon, hikes across a glacier to discover a hidden ice cave and chases down a pod of elusive Orca in seas off Olasvik. Along with his director Stig, Fletch tours this tiny Island's spectacular waterfalls and scenic wonders all the while hoping for a glimpse of the legendary Northern Lights. Finally they explore Iceland's capital, Reykjavik taking in the city's landmarks, it's quirky side and it's celebrated nightlife. |
| 20240925 | 06:00:00 | 06:25:00 | RVERS EP 14 | All About Towbars: Towbars allow your car to tag along with you on your RV trip when you need more nimble wheels for around town. Now What?: Tank dumping. Inverters: Many of the electrical items in an RV are designed to work on 12 volts. But many kitchen appliances and consumer electronics need household 120 volt. That's why you need an inverter! On The Road: Ken and Bernice. |
| 20240925 | 06:25:00 | 06:50:00 | RVERS EP 15 | Family RVing: Adam and Celine explain the many things to consider when RVing with school-aged kids for extended periods of time. Now What?: Overnighting at Walmart. RV Skirting: Yes, you can RV year-round in sub-freezing temperatures, but not without taking some extra steps to keep warm. |
| 20240925 | 06:50:00 | 07:40:00 | ISLAND HUNTER - PHILIPPINES, EP 8 | This Island Hunter episode explores one of Philippines 7000+ islands, and this particular island is voted by most travel publications to be the most beautiful in the world. We are of course talking about the island of Palawan. In this episode, Host Mizziel Serra starts of her exploration in the bustling city of Manila; she explores the walled city of Intramuros, the Spanish seat during their colonization, as well as Binondo, the world's oldest Chinatown! After meeting the gang at STKD SurfMoto, Mizziel gets hooked up with a customized Ducati Scrambler and she explores the island of Luzon on 2 wheels, where her journey ends up at the iconic Pico de Loro. From there, she ventures up to her final moto destination, the surf town of La Union, where she gets a hands on lesson with the local surfing champ. From here on, she island hops and explores the luxury side of Palawan Island. Mizziel gets to check out what the El Nido property has to offer travelers by exploring all 3 resorts in the protected Palawan Marine reserve. This is Philippines like you've never seen before! |

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| 20240925 | 07:40:00 | 08:25:00 | DREAM JOURNEY - CUNCUM - MEXICO, EP 1 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our <u>travel series, which really turned out to be a Dream Journey</u> ! I simply cannot wait for |
| 20240925 | 08:25:00 | 09:00:00 | EXOTIC ANIMAL MEAT IN TEXAS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240925 | 09:00:00 | 09:50:00 | ROAD LESS TRAVELED - MEXICO, EP 8 | A continuation from the previous episode, Jonathan Legg's Mexico adventure takes a new turn; the continuous pumping of Mexico's lakes has caused not only a water shortage, but a seismic issue. He pinballs around the vast city to gain an understanding into this complex issue; a quest that leads him to NGOs to innovative solutions that can shed a light on this issue. Finally, he wraps up his adventure in the beautiful remote village of Oaxaca province where he undergoes a sacred mushroom ritual, administered by the same tribe that brought this knowledge and sacrament to worldwide attention. |
| 20240925 | 09:50:00 | 10:45:00 | WARRIORS FOR WILDLIFE, EP 2 | The Recruits meet for the first time as Cape Town International Airport, they have flown in from all over the world. They are taken by mini bus to the vast Rangers Reserve high in the Western Cape Mountains. At the reserve they will have no contact with outside world, and undergo the first part of a torturous training regime to turn them into qualified Anti Poaching Rangers. Some will succeed and some will have their dreams shattered and not make it to phase two. |
| 20240925 | 10:45:00 | 11:20:00 | SURVIVING MANILA. PART 2 | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240925 | 11:20:00 | 11:50:00 | SOCIAL FABRIC - BLING, EP 10 | The Bespoke Suit (London, England): A visit to Savile Row and an English manner to uncover the importance of an English hunting suit. The Dandy Suit (Los Angeles, CA): Modern dandyism explored through eyes of local Los Angeles designers and tailors. The Nudie Suit (Santa Clarita, CA): A look at the historical hollywood Nudie suit and how it's being integrated into modern fashion. |
| 20240925 | 11:50:00 | 12:20:00 | STREET FOOD BOSSES OF HONG KONG. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240925 | 12:20:00 | 12:45:00 | BLUE WORLD - SAND TIGER SHARKS + MARINE BIOLOGY IN TURKS & CAICOS | Jonathan heads down to the shipwrecks of North Carolina (USA) to observe how these wrecks have become home to thousands of animals, including Sand Tiger sharks. But instead of chasing all the fish, the sharks are protecting many of them! Then, Jonathan visits the School for Field Studies in the Turks & Caicos Islands to learn how college students conduct fieldwork in their pursuit of degrees in Marine Studies. He helps tag sharks, study conch and investigate marine protected areas! |
| 20240925 | 12:45:00 | 13:10:00 | BLUE WORLD - SHARK'S "TONIC IMMOBILITY" IN THE BAHAMAS + DIVING WITH NASA | In a shark-filled adventure, Jonathan travels to the Bahamas to meet Neal Harvey, a world-renown shark handler who will attempt to teach Jonathan how to put Caribbean Reef sharks into a relaxed state known as tonic immobility! Then, Jonathan heads to NASA's Neutral Buoyancy Lab in Houston, Texas (USA), where astronauts train for space walking underwater, in a giant pool about half the size of a soccer field. Jonathan gets a rare and fascinating look into this high-tech diving as he ventures underwater with the astronauts. |

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| 20240925 | 13:10:00 | 14:00:00 | FOOD UNKNOWN - MEXICO, EP 4 | Jonathan Legg is from California and he thinks he knows Mexican cuisine. This notion gets shattered as he experiences the onslaught of food in Mexico city! Between trying scorpion tacos and dodging shady markets in San Juan, he learns the dark art of sacred drinks, like pulque and mezcal, now turned into social libations. His journey also takes him to Oaxaca where he gets the low down on the fabled Mole sauce, and a long haul to a remote village reveals a secret ceremony that has origins of dark arts! |
| 20240925 | 14:00:00 | 14:35:00 | INDIAN STREET FOOD \$100 CHALLENGE IN MUMBAI. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240925 | 14:35:00 | 15:25:00 | ROAD LESS TRAVELED - IRELAND, EP 2 | A nation of gregarious people that loves their libations; a fantastic whiskey tasting at Teeling in Dublin makes Jonathan wonder, what happened to Irish whiskey? How did it lose the crown to Scotland? To find out, he gets an adventure bike and charts course on a new mission; to find out about the collapse and resurgence of Irish whiskey. His ride takes him from Dublin to the Wild Atlantic way; the sketchy yet unbelievably scenic roads reveal legendary pubs, road bowling, sheep herding and a bout with Santa Claus! Jonathan comes across many iconic distilleries and learns how to become a true whiskey connoisseur; braving the treacherous country roads and weaving in the story of each distillery, will Jonathan survive the treacherous country roads and learn the true story of Irish whiskey? This is Ireland explored the RLT way. |
| 20240925 | 15:25:00 | 16:15:00 | DRONE WARS - EP 5 | Teams design a drone to find a person lost in the forest... but the person lost in the forest is one member of their team. They are timed on successfully escaping the woods |
| 20240925 | 16:15:00 | 17:00:00 | PHOTO NUMBER 6, EP 6 | Starting in the City of Angels Fletch explores the quirky side of LA structural art and comes across a character bigger than the city itself. As an actor on an iconic television drama, Fletch feels compelled to experience a taste of Hollywood by auditioning for a role on US daytime soap opera the Bold and the Beautiful. On the road east, Fletch stops to explore Joshua Tree National park looking to capture the Milky Way in the night sky with help from photographer Pamela Ann Berry. Then on to Las Vegas where Fletch and Stig take in the glitz and the grunge of the world's most famous centre for gambling and entertainment. |
| 20240925 | 17:00:00 | 17:25:00 | MAX FOODIE: BELGRADE - BALKAN HOSPITALITY | Sashi starts the new season by heading to Europe, but not to a mainstream location; he heads to the Balkans to learn about Serbian cuisine and hospitality. From fish soups by the river, to making ajvar in the countryside, and plenty of rakia in between, Sashi hooks up with Belgrade's Best chef and herbalist to learn about everything from traditional kafana culture to haute cuisine. |
| 20240925 | 17:25:00 | 18:15:00 | CULINARY HEIGHTS - ISAAC MCHALE, EP 5 | The gastronomy scene in London is booming. One of the biggest stars at the moment is the Scotsman, Isaac McHale, with his restaurant "The Clove Club", which is ranked number 2 on the list of best restaurants in Great Britain. His exceptional cuisine, which draws upon traditional British dishes as the basis for exclusive fine-dining creations, has already catapulted him to place 26 in the world's 50 best restaurants. All good reason for Martin Klein, the Executive Chef of the "Ikarus" restaurant in the Salzburg Hangar-7, to visit the young star chef in the English capital. |
| 20240925 | 18:15:00 | 19:10:00 | GOING BEYOND - BANGKOK #2, EP 2 | We will visit the most incredible markets in Thailand. One of which is directly on the water ... And the second - on the rails of a fully-operating railway! Discover a teak factory, where Thai craftsmen make the most expensive wood products in the world. And in the end we'll ride on one of the biggest Ferris Wheels in Asia! |
| 20240925 | 19:10:00 | 19:35:00 | MAX FOODIE: EMILIA ROMAGNA, EP 6 | The region of Emilia Romagna is lush with gentle rolling hills where time honored ingredients like truffles, olives, and vast vineyards can be found. But this region is usually overshadowed by it's more famous neighboring cities, Florence and Venice. To understand the food of this region, Liesel explores the quaint sea-side town of Rimini and the hugely impressive Bologna. It's a tale of discovering local foodie passion that allows Liesel to hunt for truffles and try her hand in making her own gelato, a the world's only Gelato University! |

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| 20240925 | 19:35:00 | 20:10:00 | MAX FOODIE: BANGKOK | Sashi is in Bangkok, Thailand and exploring the stories of the city's brightest culinary stars. Chef Ton takes Sashi to his favorite hang out spots to eat around Bangkok. In the next episode, Sashi is hanging out at the illustrious Sukhothai where he's having lunch with Chef David Tamburini, the head honcho at La Scala. Sashi gets a taste of David's ethos of naturalmente, where David brings Sicilian home-grown authenticity to Asia. After a fantastic meal, Sashi meets back up with Chef Ton and they embark on a field trip to Koh Sichang. Chef Ton wants to illustrate the lengths he goes to, in order to support his suppliers like his fishermen. Sashi and Ton head into the Gulf of Thailand on a daring boat ride to catch a blue spotted grouper - a journey that showcases the arduous task of what it means to be an ethical chef. |
| 20240925 | 20:10:00 | 21:00:00 | GIANT RAILWAY | This 4K mini-series follows the largest and most impressive structures from around the world. The location: somewhere in India. The weather: steaming hot. Not your ideal preconditions for an outdoor project of impossible proportions: constructing a railway underpass in five hours. Is it even possible to build a complete railway underpass in that short amount of time? Provided 150 workers, six excavators, and two heavy-duty cranes, all work in perfect coordination and planning, it is. |
| 20240925 | 21:00:00 | 21:55:00 | BAZARUTO: THE DUGONG'S LAND | Karen Allen, a South-African woman scientist, is doing her utmost to save one of the most endangered sea mammal: the Dugong. On the Island of Bazaruto, off the coast of the canal of Mozambique, she works for an NGO at making the local population aware of the need to protect the endangered species and at controlling the respect of conservation rules. Will she herself manage to get close to a Dugong, known for being so timorous? |
| 20240925 | 21:55:00 | 22:40:00 | INK THERAPY EP 11 | Linked by ink. Gil invites cast for album reveal. The return of a caterpillar's friend to get her first tattoo and Brandie's friend covers a painful scar after 30 years |
| 20240925 | 22:40:00 | 23:25:00 | INK THERAPY EP 12 | After 8 years of an "Ink Therapy" journey, Charlie's going to finally cover Brandie's last burn scar. |
| 20240925 | 23:25:00 | 23:50:00 | AT HOME WITH DIDIAYER, S3 EP 1 | Didiayer will cook alongside celebrated chefs, discussing the influence of culinary arts and food in a particular region. From environmental to fundamental, these half-hour episodes will feature Oceania's most intriguing places to experience. In this episode, we head straight into the heart of New Zealand! We begin back in time, in an era of proud warriors and ancient traditions with Tamaki Māori Village, the most award-winning cultural attraction in New Zealand. Then we step through Hell's Gate and experience the country's most unique geothermal occurrence. And finally, arrive in Hobbiton. |
| 20240925 | 23:50:00 | 00:25:00 | MOST DANGEROUS FOOD IN AMERICA. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240926 | 00:25:00 | 01:00:00 | EXOTIC IRANIAN FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240926 | 01:00:00 | 01:30:00 | MAX FOODIE: MALDIVES SPECIAL - CHAPTER 1 | There is no where else on the planet like the island nation of Maldives. To showcase this, Sashi is on a mission to explore the epitome of luxury travel, hitting up the most well known brands in Maldives to learn their individual culinary stories. From underground wine cellars to iconic meals on sandbars, to underwater restaurants. Sashi is exploring the very pinnacle of Maldivian hospitality and luxury - a theme which the nation promotes. Luxury travel at it's finest - experience the very upper echelon of luxury culinary travel on these episodes! |
| 20240926 | 01:30:00 | 01:55:00 | BLUE WORLD - GIANT PACIFIC OCTOPUS | In this epic octopus adventure, Jonathan visits two aquaria to learn about the Giant Pacific octopus, and then travels to Seattle, Washington (USA) to join the Seattle Aquarium dive team on an octopus survey. He meets the Giant Pacific Octopus, the world's largest octopus, and discovers how clever this huge invertebrate really is! |

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| 20240926 | 01:55:00 | 02:45:00 | COLONY 8, ZHYTOMYR, UKRAINE | <p>Ever wondered what really goes on behind the bars of the most dangerous prisons? Behind Bars takes you into prisons from around the world, and the true stories of inmates who find themselves inside maximum security lockdown, in the harshest conditions.</p> <p>Colony Eight – one of the toughest and most notorious prisons in Ukraine. It is said that no one has ever managed to escape from here! Over eight hundred prisoners are behind bars in Colony 8 under maximum security. Until twenty years ago, the guards even carried out death sentences at this prison. Not any more – the concept is now a different one. Plenty of “freedom” on the one hand, draconian punishment and military drill on the other. Combined with permanent supervision: Around seventy cameras in the buildings ensure that anything moving gets noticed. One section of the prison is particularly notorious – the wing for the one hundred and sixty lifers: If you end up in this wing, you have absolutely nothing to lose. Because in Ukraine, life imprisonment means literally being behind bars until you die.</p> |
| 20240926 | 02:45:00 | 03:20:00 | REAL JAMAICA STREET FOOD. THE WILD KINGSTON UNDERGROUND. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240926 | 03:20:00 | 04:15:00 | THE ETHIOPIA: THE MYSTERY OF PHALLIC STONES | End of 2017, in Southern Ethiopia: a team of European and Ethiopian archeologists is at work on a newly discovered Megalithic site ten times bigger than the site of Stonehenge. In a steep constriction of the Rift Valley, several thousand large monoliths in unmistakable phallic forms can be found intact. Dating from 10th till 13th Century AD, their origin appears to be all the more mysterious. Find out the secrets of a lost civilization in the very heart of Ethiopia. |
| 20240926 | 04:15:00 | 04:40:00 | RVERS EP 12 | <p>Conquering Alaska: Tom and Cait take us through their epic Alaskan expedition as they live out the lifelong dream of many RVers in grand and spectacular fashion.</p> <p>RV Insurance: Anthony learns about the ins and outs RV insurance from the family that, well, invented it.</p> <p>On-The-Road: Mary Van Compernele (AKA Jason “Gone with the...” Wynn’s mom)</p> |
| 20240926 | 04:40:00 | 05:05:00 | MAX FOODIE: THAILAND | The story of cacao is more akin to South America, but in this episode, Sashi tracks the story of cacao in the Philippines, the entry point of cacao in Asia. With his friend, Spanish chef, Chele Gonzalez, they embark on an anthropological exploration tracing how the ancestral varietal cacao (criollo) came to be in the Philippine islands. Visiting farms to mystical islands, to top kitchens in Manila, this is the ‘never-before-told’ tale of cacao in the Philippine islands. |
| 20240926 | 05:05:00 | 06:00:00 | THE RED LIST - RHINOS | Since 2008 poachers have killed at least 5,940 African Rhinos...Rhino poaching is currently at a crisis point. By the end of 2015, the number of African Rhinos killed by poachers had increased for the sixth year in a row with at least 1,338 Rhinos killed by poachers across Africa in 2015. These statistics are compiled by International Union for Conservation of Nature (IUCN) Species Survival Commission’s African Rhino Specialist Group (AfRSG). We head to the heart of the problem in South Africa, where we meet ordinary people going to extraordinary lengths to protect this species. 08 poachers have killed at least 5,940 African Rhinos... |
| 20240926 | 06:00:00 | 06:30:00 | STREET FOOD BOSSES OF HONG KONG. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240926 | 06:30:00 | 06:55:00 | BLUE WORLD - MUCK DRIVING IN FLORIDA + ICELAND... THE WORLD'S CLEAREST WATER | Jonathan travels to Iceland to investigate a giant crack in the ground filled with frigid runoff from melting glaciers. It’s rumored to be the clearest water in the world. Next, he heads down to sunny Florida, not to dive a coral reef or a spectacular shipwreck, but to dive in shallow, murky water under a busy bridge. This secret spot is home to some of the ocean’s most remarkable, and weird, animals. |

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| 20240926 | 06:55:00 | 07:20:00 | BLUE WORLD - FLOWER GARDEN BANKS + SEA HUNT FOREVER FESTIVAL | In the Flower Garden Banks National Marine Sanctuary, Jonathan investigates some of the densest coral reefs in the Caribbean as they spawn under cover of darkness. Then he heads over to Silver Springs for the Sea Hunt Forever Festival, celebrating the classic TV show Sea Hunt and the vintage scuba gear that was used on the program. |
| 20240926 | 07:20:00 | 08:05:00 | BREAKING THE DAY, STREET ARTIST | With patrons like skateboarder Tony Hawk and hip-hop producer Swizz Beatz, Alex Yanes is a successful artist by any measure. But his latest piece is about more than making art for sale; it's about making art to give his daughter a better future. |
| 20240926 | 08:05:00 | 08:30:00 | AT HOME WITH DIDIAYER - THE BEST OF ART, EP 11 | On this special edition of AHWD, we serve up some of our favorite dishes created and prepared by celebrated chefs! |
| 20240926 | 08:30:00 | 08:55:00 | THE GLOBAL BARBER: WAHL EDUCATORS - TORONTO, CANADA | Ontario had just entered in to Phase 3 of the pandemic with barbershops and salons beginning to open. The Global Barber visits Fratelli's Salon in Thornhill, Ontario, to chat with the Education team from Wahl Canada, about their recommendations for self-care, during this challenging time of lockdowns. |
| 20240926 | 08:55:00 | 09:40:00 | CONFUCIUS WAS A FOODIE - SOUR, S3 EP 3 | According to science humans are the only mammals that are attracted to sour. Chinese medicinal believes says that 'sour' can help digestion and whet the appetite. In 3 traditional Chinese cuisines it is often used for balance but in south East Asian versions of Chinese dishes it is often quite forward even becoming part of the name of a dish particularly in traditional Peranakan Chinese cuisines. A cuisine (and a people) that Christine discovers for the first time. Christine joins Malaysian celebrity Chef Wan for a one of a kind experience, cooking in a traditional old Peranakan kitchen and making the food of Chef Wan's heritage. |
| 20240926 | 09:40:00 | 10:25:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scubadiving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our <u>travel series, which really turned out to be a Dream Journey</u> ! I simply cannot wait for Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240926 | 10:25:00 | 11:00:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | |
| 20240926 | 11:00:00 | 11:50:00 | ISLAND HUNTER - CALIFORNIA, EP 9 | A unique episode in it's own right, this episode features a road trip through California, Island Hunter style; however, the focus this time around is not necessarily on luxury, it's more about adventures and explorations on the road. Host Sophie Ashley tours around the Golden State, making stops in iconic destinations like San Francisco, Los Angeles, Monterey, and Santa Barbara. Her ride for the episode, true to the Island Hunter style is the iconic Aston Martin DB11 Volante; Whether it's hiking around the Golden Gate, top down on Highway 1, exploring wineries or chowing down tacos at a food truck in Los Angeles, this is the ultimate road trip through California! |
| 20240926 | 11:50:00 | 12:35:00 | ROAD LESS TRAVELED - SPECIAL, EP 10 | In this special, Jonathan Legg recounts his favorite moments, mishaps including getting arrested in Russia, but this episode is a bit different; In this special Jonathan places a particular emphasis on lessons learned; insight and knowledge as well as experiences gained on the Road less Traveled. |
| 20240926 | 12:35:00 | 13:00:00 | HOW IT'S MADE EP 4 | In the fourth episode of the set, we visit a legendary guitar producer. The Mayones company based in Gdansk has been producing exceptional electric guitars, the dream of many musicians, since 1982. "Mayones" is a small family business where instruments are manufactured by hand, with great attention paid to both detail and quality. |

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| 20240926 | 13:00:00 | 13:55:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240926 | 13:55:00 | 14:40:00 | INK THERAPY - EP 7 | Gil celebrates his anniversary with a special surprise. |
| 20240926 | 14:40:00 | 15:25:00 | INK THERAPY - EP 8 | It's guys versus girls as the staff has a water fight at the park. Gil tattoos criminologist who lost his baby brother while Charlie takes on a high school graduate who was suicidal. |
| 20240926 | 15:25:00 | 15:50:00 | RVERS EP 14 | All About Towbars: Towbars allow your car to tag along with you on your RV trip when you need more nimble wheels for around town. Now What?: Tank dumping. Inverters: Many of the electrical items in an RV are designed to work on 12 volts. But many kitchen appliances and consumer electronics need household 120 volt. That's why you need an inverter! On The Road: Ken and Bernice. |
| 20240926 | 15:50:00 | 16:15:00 | RVERS EP 15 | Family RVing: Adam and Celine explain the many things to consider when RVing with school-aged kids for extended periods of time. Now What?: Overnighting at Walmart. RV Skirting: Yes, you can RV year-round in sub-freezing temperatures, but not without taking some extra steps to keep warm. |
| 20240926 | 16:15:00 | 17:05:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240926 | 17:05:00 | 17:40:00 | SUPER RARE KENYAN VILLAGE FEAST. FIRST TIME CAUGHT ON CAMERA. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240926 | 17:40:00 | 18:05:00 | THE GLOBAL BARBER: WEST PARK BARBERSHOP - CLEVELAND, OHIO, USA | The Global Barber visits West Park Barbershops in Cleveland, Ohio, USA. Host Cedric Small chats with multi-award winning Master Barber Patrick Burke about his start in the business, and how he's grown to own several businesses. While visiting Cleveland, Cedric checks-out the Rock & Roll Hall Of Fame's latest exhibits, and visits P.J. McIntyre's Irish Pub for some pints and a bite to eat. |
| 20240926 | 18:05:00 | 18:50:00 | PHOTO NUMBER 6, EP 4 | In Paris Fletch explores the city's hidden secrets with photographer Patrick Colpron, including a clandestine tour of an abandoned railway line that encircles the city. With the help of wedding photographer Pierre Torset, Fletch and Stig set about understanding why Paris is renowned as the City of Love and immerse themselves in the city's vibrant art scene with a visit to 59 Rivoli Artist Studios. Finally, no visit to France could be complete without a jaunt to Champagne for a feast fine food, wine and chocolate. |
| 20240926 | 18:50:00 | 19:15:00 | HOW IT'S MADE - THE YACHT YARD, EP 1 | The series "How Do They Make It" is a journey into the world of complex mechanisms surrounding contemporary man. It's a story about places where exceptional things are being created to make our travel, communication, work, and life easier. In every program, we visit a new place. Our series is about creating unique products but also about the commitment, passion, and work of the people who create them. Each set consists of five episodes about the most interesting production micro-worlds and their operations. The themes of the sets are very diverse – ranging from the big car factory to the traditional glassworks. In the first episode of this set, we visit one of the biggest Polish yacht yards - Northmann shipyard in Węgorzewo. This shipyard produces the popular sailing yachts Maxus and motorized yachts Nexus. In the program, we talk about designing and building yachts. We then show the subsequent stages of their production process, we meet the people who make them and who sail in them. The episode will also have a special guest, namely Szymon Kuczynski – who has sailed round the globe in the smallest, six-meter Maxus 22 yacht, produced at this shipyard. |
| 20240926 | 19:15:00 | 20:10:00 | DRONE WARS - EP 3 | Teams must equip drones with poles able to grab rings attached to field goal posts. The top two teams compete in a medieval joust tournament for the top stop. |

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| 20240926 | 20:10:00 | 21:00:00 | COSTA RICA: WILDLIFE UNDER THE RAINBOW | The tropical climate and contrasted topography of Costa Rica has fostered exceptional biodiversity, hosting wildlife from both North and South America. From the peaks of the volcanoes down to the Pacific and Caribbean shores, and amidst the dense Cloud forest, the country is home to the most remarkable mammals, beautiful birds, and astonishing reptiles...all in for a beauty contest! Watch the colorful Quetzal and Toucan, listen to the Spider Monkey. As Iguanas battle for the last mango the frogs respond to the Scarlet Macaw wake up call. |
| 20240926 | 21:00:00 | 21:55:00 | THE ETHIOPIA: THE MYSTERY OF PHALLIC STONES | End of 2017, in Southern Ethiopia: a team of European and Ethiopian archeologists is at work on a newly discovered Megalithic site ten times bigger than the site of Stonehenge. In a steep constriction of the Rift Valley, several thousand large monoliths in unmistakable phallic forms can be found intact. Dating from 10th till 13th Century AD, their origin appears to be all the more mysterious. Find out the secrets of a lost civilization in the very heart of Ethiopia. |
| 20240926 | 21:55:00 | 22:40:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our <u>travel series, which really turned out to be a Dream Journey</u> ;) I simply cannot wait for |
| 20240926 | 22:40:00 | 23:35:00 | MAX FOODIE, EP 9 | Hong Kong houses the world's highest number of millionaires and it's something that's not lost on you as venture to Asia's world city. In this episode, Sashi is on a quest to understand how Michelin rates and assesses the sheer depth of eateries in this metropolis. He will meet the top chefs of the city and understand their psyche, their trials and tribulations as they climbed their way to the top of the restaurant industry with 3 michelin stars. But it's not all high brow cuisine, Sashi will also dive deep into the old school neighborhoods, sampling the local fare and seek out how Michelin is rating Asia's <u>sheer depth of eateries.</u> |
| 20240926 | 23:35:00 | 00:40:00 | THE ROYAL ROADS OF THE INCAS | The Royal Roads of the Incas documents the rise of the greatest empire of the Americas. Who were they? Where did they come from? And how did they unify over 200 ethnicities into one nation? Through historical narrative and the voices of their descendances, we explore the fascinating world of Tawantinsuyu ~ the four quarters of the Incan empire. Our journey traces the ancient routes of the Indian civilisation, the rise of the Inca dynasty and their dramatic encounter with foreign invaders. |
| 20240927 | 00:40:00 | 01:05:00 | THE GLOBAL BARBER: BACK ALLEY BARBERSHOP | The Global Barber joins the barber team at Back Alley Barbershop in Niagara Falls, Ontario, Canada. While visiting Niagara Falls, Host Cedric Small and Back Alley Ower Rob "Brronx" Barranca take to the rapids of the Niagara River with Niagara Whirlpool Jet Boat Tours, before heading for dinner and drinks at Yank's Old Niagara Bar & Grill. |
| 20240927 | 01:05:00 | 01:30:00 | HOW IT'S MADE EP 2 | In the second episode of the set we visit Piechowice near Jelenia Góra. This small mountain village is best known for almost two hundred years of production of traditional crystal glass. The Crystal Glassworks "Julia" is one of the few remaining crystal glassworks in the world. We show you how unique crystals are still being made, how they are extracted from melted glass, and how they are ornamented. |

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| 20240927 | 01:30:00 | 02:15:00 | VISITING - PRIMATE | Primate, a term that includes one of the most diverse classes of Mammals in the animal kingdom. It includes small arboreal tree dwelling monkeys, the great apes, all the way up to the very top of the Earth's food chain, the Human being. Traveling around the world, the Visitor views and interacts with Primates in their own environment, from the jungles of Africa, the rainforests of Southeast Asian, and even the great cities of humanity. In Primate we explore the story of us and our cousin's in nature through authoritative voices including Anthropologists, Zoologists, and even "common man". Exploring what a Primate is, how it has evolved, and how it interacts with its environment steers the viewer to a unique understanding of what it is to be the greatest of all primates. a Human being. |
| 20240927 | 02:15:00 | 02:50:00 | EXOTIC ANIMAL MEAT IN TEXAS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240927 | 02:50:00 | 03:35:00 | ROAD LESS TRAVELED RECAP | A Season's worth of recap, usually reserved for the tail end of our season! This is the hidden insight into the gears and operations of Road less Traveled. Jonathan walks the viewers through his most memorable moments of the season, details never before discussed, and also screening of completely UN-aired segments. This is a must watch for any die-hard RLT fan! |
| 20240927 | 03:35:00 | 04:25:00 | SOUTH SEAS SPEARO - EP 4 | The team heads to Vava'u, the northernmost island chain of Tonga, for a week of open ocean bluewater spearfishing. The main target is giant dogtooth tuna, as well as the trophy bluewater pelagics. |
| 20240927 | 04:25:00 | 05:10:00 | PHOTO NUMBER 6, EP 7 | We leave the bright lights of Vegas and head for the scenic splendor of UTAH. First stop is the Dixie Rodeo in St George for a celebration of Americana and intense cowboy action. The dismay continues in an exploration of Ice Hockey at the training ground for the UTAH Grizzlies where Fletch is asked to be guest goalie for the day. The road trip ventures south to Monument Valley where Fletch fulfills a lifetime dream to photograph the magnificent scenery and meet with local Navajo residents to explore their connection with the land. |
| 20240927 | 05:10:00 | 06:00:00 | INDIA'S MEGA STREET FOOD FACTORIES. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240927 | 06:00:00 | 06:30:00 | THE MUTANT KARDASHIAN SHEEP OF UZBEKISTAN. COOKED 8 WAYS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240927 | 06:30:00 | 06:55:00 | BLUE WORLD - TIGER SHARK AS A CAMERA OPERATOR + FLORIDA CAVE DIVING | Jonathan joins an expedition to recruit a new Blue World camera operator in the form of a 1,000 pound Tiger shark! Working with experienced shark handlers, he puts a camera on the dorsal fin of the shark to see what it can film all by itself. But will Jonathan get his camera back? Next, he joins an experienced cave diver to explore a famous underwater cave in Northern Florida (USA). |
| 20240927 | 06:55:00 | 07:20:00 | BLUE WORLD FAMILY ADVENTURES IN BONAIRE + ENDANGERED MANATEES IN FLORIDA WATERS | Blue World's host, Jonathan Bird, takes his family, including his recently scuba-certified 11 year old son, on a dive trip to Bonaire in the Caribbean for some underwater family adventures. The kids find out that scuba diving is a family sport! Then, in Florida, Jonathan checks in on the status of manatees after 45 years of protection. Are they making a comeback? |
| 20240927 | 07:20:00 | 08:05:00 | THE RED LIST - RHINOS | Since 2008 poachers have killed at least 5,940 African Rhinos...Rhino poaching is currently at a crisis point. By the end of 2015, the number of African Rhinos killed by poachers had increased for the sixth year in a row with at least 1,338 Rhinos killed by poachers across Africa in 2015. These statistics are compiled by International Union for Conservation of Nature (IUCN) Species Survival Commission's African Rhino Specialist Group (AfRSG). We head to the heart of the problem in South Africa, where we meet ordinary people going to extraordinary lengths to protect this species.08 poachers have killed at least 5,940 African Rhinos... |
| 20240927 | 08:05:00 | 08:30:00 | AT HOME WITH DIDIAYER - THE BEST OF RESORTS, EP 12 | On this special edition of AHWD, we share some of our favorite places to stay in America! |

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| 20240927 | 08:30:00 | 08:55:00 | THE GLOBAL BARBER: REFINERY SALON & BARBER - NEWCASTLE, ONTARIO, CANADA | The Global Barber joins Benny "The Barber" Walsh for the day, working at Refinery Salon & Barber in Newcastle, Ontario, Canada. A nice surprise for Cedric when he finds that Benny set him up to cut Neil Sanderson's (Drummer for Three Days Grace) hair. While visiting Newcastle, Cedric takes to the water with Captain Dave Chatterton of Fish Finder Charters, in search of Salmon and Rainbow Trout. Brad Hopkins, bass player from "Chalk Circle" and Newcastle native, joins Cedric and Captain Dave for the trip on Lake Ontario in search of fish. After a long, hard day on the water, everyone heads to the Old Newcastle House Taps & Grill for some dinner and drinks. |
| 20240927 | 08:55:00 | 09:40:00 | CONFUCIUS WAS A FOODIE BITTER | The taste of Chinese medicinal herbs, bitter flavor is said to clear ""heat"", strengthen the stomach, and promote salivation. Bitterness is often found in Chinese cooking, but rarely used alone. Christine cooks a popular local bitter ingredient with Asian Food TV star Ili Sulaiman in Kuala Lumpur and makes a less than delicious visit to a Traditional Chinese Medicine shop, experiencing firsthand the power of bitter herbs. Christine is presented with a Chinese philosophy around bitter and learns how this philosophy applies to keeping Chinese heritage alive in Malaysia. The Chinese concept of "in bitter there is sweetness" is applied to immigration and restoration as Christine makes a memorial visit to Penang island where she meets the engaging and eccentric hotelier Christopher Ong. |
| 20240927 | 09:40:00 | 10:25:00 | DREAM JOURNEY EP 4 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our <u>travel series, which really turned out to be a Dream Journey</u> .) I simply cannot wait for |
| 20240927 | 10:25:00 | 10:50:00 | MAX FOODIE: THAILAND, EP 2 | Americans are accustomed to Thai food but what you get in mainland Thailand is quite different than the local Thai joint in California. Which is better? Liesel embarks on a mission in Bangkok to understand the essence of what true Thai food is all about... Has America adulterated the authentic Thai way of cooking to suit palates? Or does Thailand have a lock on authentic and lesser known herbs, spices and techniques that never migrated over to America? Original or an international reversion? Liesel pokes around touristic districts interviewing foreigners, samples breakfast at bustling neighborhood joints, and of course, it wouldn't be Thailand without a bug eating escapade! A look at an iconic locals-only farmers market sets Liesel on an objective to source hard to find Thai ingredients that might not make it across to America. Is this why the Thai dishes in US taste so different to what you get in Thailand? |
| 20240927 | 10:50:00 | 11:40:00 | ISLAND HUNTER - SEASON SPECIAL, EP 10 | Island Hunter explores exotic island destinations around the world, and over the course of the season, we've come across a tremendous variety of luxury resorts and hotels, spas, and of course, restaurants. In this special episode, Island Hunter awards the "best of" awards in the following categories; best bar/lounge, best hotel/resort, best spa, and best foodie destination. With such a line up of exotic locales around the world during season 1, this is the one to watch out for; find out what Island Hunter awards as the best of in this episode! |

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| 20240927 | 11:40:00 | 12:30:00 | COLONY 8, ZHYTOMYR, UKRAINE | <p>Ever wondered what really goes on behind the bars of the most dangerous prisons? Behind Bars takes you into prisons from around the world, and the true stories of inmates who find themselves inside maximum security lockdown, in the harshest conditions.</p> <p>Colony Eight – one of the toughest and most notorious prisons in Ukraine. It is said that no one has ever managed to escape from here! Over eight hundred prisoners are behind bars in Colony 8 under maximum security. Until twenty years ago, the guards even carried out death sentences at this prison. Not any more – the concept is now a different one. Plenty of “freedom” on the one hand, draconian punishment and military drill on the other. Combined with permanent supervision: Around seventy cameras in the buildings ensure that anything moving gets noticed. One section of the prison is particularly notorious – the wing for the one hundred and sixty lifers: If you end up in this wing, you have absolutely nothing to lose. Because in Ukraine, life imprisonment means literally being behind bars until you die.</p> |
| 20240927 | 12:30:00 | 13:15:00 | SEARCH FOR THE EDGE OF SPACE | <p>The universe has long captivated us with its immense scales of distance and time. Many astronomers today have come to believe that what we can see represents only a small fraction of all there is. They are pioneering bold new theories that describe a cosmic landscape that extends far beyond the limits of our vision. What lies beyond the streams of galaxies that extend as far as our telescopes can see? Where does it all end? How do we fit within it?</p> |
| 20240927 | 13:15:00 | 13:40:00 | MAX FOODIE: INDIA, EP 3 | <p>Liesel pinballs around a city known for its gastronomy, the forgotten hub of British East India trading company, Kolkata. From trying out what the bustling city's vibrant street food scene has to offer, to the lesser known gems, including, venturing into India's only Chinatown and sampling their delicacies. A tale of walking food tours, hole in the wall joints serving up North Eastern dumplings, messy fish markets, and of course, the pride of Bengal, the Hilsa fish. Is Kolkata up to par with the other major metropolitan cities of India? This episode finds out exactly that!</p> |
| 20240927 | 13:40:00 | 14:05:00 | AT HOME WITH DIDIAYER - MEMORABLE MOMENTS, EP 13 | <p>On this special edition of AHWD, we share some of our favorite moments from season two!</p> |
| 20240927 | 14:05:00 | 14:50:00 | INK THERAPY - EP 9 | <p>Date night with the Tina and her husband, breast cancer awareness, and new beginnings. Charlie and Katie are up to no good.</p> |
| 20240927 | 14:50:00 | 15:35:00 | INK THERAPY - EP 10 | <p>Brandie organizes a workout with the staff complete with a special surprise. Caterpillars include a cancer survivor and biker babe who survived a horrific motorcycle accident.</p> |
| 20240927 | 15:35:00 | 16:00:00 | MAX FOODIE: SEYCHELLES | <p>Seychelles is blossoming as the world's best beach destination; to find out why, Sashi heads there with a mission to understand gastronomy Seychellois. Octopus curry is the national dish and to find the very best in the island, Sashi finds himself at the Four Seasons in Mahe island to learn the ins and outs. Between the world's most gorgeous graniteline beaches, Sashi heads to the far out Desroches island where giant alidabra tortoises roam free - the culinary extravaganza continues there with beachside sunset barbecues and sushi platters with the island nations' seafood bounty. Experience the best of Seychelles in this episode!</p> |
| 20240927 | 16:00:00 | 16:25:00 | RVERS EP 17 | <p>National Parks: Part of what makes RVing incredible is the ability to visit some of the most spectacular parts of the country for long enough to really take it all in, recharging your heart and soul!</p> <p>Now What?: Trip planning.</p> <p>RV Water Filtration: You never can know for sure the quality of the water you're getting at any given location. Utilizing the right filters can make virtually any water pure, clean, and delicious.</p> <p>Now What?: Arriving at night.</p> |
| 20240927 | 16:25:00 | 17:15:00 | BREAKING THE DAY - EXPERIMENTAL TEST PILOT, EP 1 | <p>Test pilot Elliot Seguin has always dreamed of building and flying his own experimental aircraft. His Quickie design is on the verge of completion, but when Elliot finds out he's going to be a father, he must decide if the risk is worth the reward.</p> |

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| 20240927 | 17:15:00 | 17:45:00 | MAX FOODIE: MAURITIUS - CHAPTER 2 | Mauritius is the east African nation prosperously humming away, producing delicious African rum with it's abundant sugarcane supply; but the story is more than that! Sashi drives around this island nation to get the full culinary scene lowdown; from street food vibes in Port Louis, to stints with the best chefs on the island to what luxury resorts have on offer; explore Mauritius from the ground level and witness why this East African jewel of an island nation is drawing travelers from around the world! |
| 20240927 | 17:45:00 | 18:35:00 | SOUTH SEAS SPEARO - EP 4 | The team heads to Vava'u, the northernmost island chain of Tonga, for a week of open ocean bluewater spearfishing. The main target is giant dogtooth tuna, as well as the trophy bluewater pelagics. |
| 20240927 | 18:35:00 | 19:00:00 | THE GLOBAL BARBER: NIAGARA BARBER COMPANY - NIAGARA FALLS, NEW YORK, USA | The Global Barber visits The Niagara Barber Co. in Niagara Falls, New York, USA to work with Owner - Brad Inzinga and his crew for the day performing cuts and shaves for the local businessmen and students. After the work day is done, Cedric and the Niagara Barber Co. crew all head over to Rock Burger for a taste of the biggest burgers they've ever seen! |
| 20240927 | 19:00:00 | 19:25:00 | HOW IT'S MADE EP 2 | In the second episode of the set we visit Piechowice near Jelenia Góra. This small mountain village is best known for almost two hundred years of production of traditional crystal glass. The Crystal Glassworks "Julia" is one of the few remaining crystal glassworks in the world. We show you how unique crystals are still being made, how they are extracted from melted glass, and how they are ornamented. |
| 20240927 | 19:25:00 | 20:15:00 | DRONE WARS - EP 4 | An abandoned building is rigged with motion sensors and teams must sneak through without being seen. A team is eliminated from the competition. |
| 20240927 | 20:15:00 | 21:00:00 | THE RED LIST - AFRICAN PENGUINS | RhinThe African Penguin has been shifted from Vulnerable to Endangered on the IUCN Red List of Threatened Species, Birdlife International announced. African Penguins have been sliding towards extinction since industrial fishing started around the Cape. The last four years have seen a population crash. As the climate changes and fisheries transform the oceans, the world's African Penguins are in trouble. Young Penguins aren't able to take all the changes into account and are finding themselves 'trapped' in parts of the sea that can no longer support them even as better options are available. o poaching is currently at a crisis point. By the end of 2015, the number of African Rhinos killed by poachers had increased for the sixth year in a row with at least 1,338 Rhinos killed by poachers across Africa in 2015. These statistics are compiled by International Union for Conservation of Nature (IUCN) Species Survival Commission's African Rhino Specialist Group (AfRSG). |
| 20240927 | 21:00:00 | 21:55:00 | WARRIORS FOR WILDLIFE, EP 2 | The Recruits meet for the first time as Cape Town International Airport, they have flown in from all over the world. They are taken by mini bus to the vast Rangers Reserve high in the Western Cape Mountains. At the reserve they will have no contact with outside world, and undergo the first part of a torturous training regime to turn them into qualified Anti Poaching Rangers. Some will succeed and some will have their dreams shattered and not make it to phase two. |
| 20240927 | 21:55:00 | 22:40:00 | DREAM JOURNEY EP 4 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey.) I simply cannot wait for |
| 20240927 | 22:40:00 | 00:05:00 | RESURRECTING A LEGEND | On the night of June 5th, 1944, a C-47 paratrooper aircraft, nicknamed That's All, Brother took off from England, to drop Allied fighting men into Normandy, to clear a passage for the tens of thousands of troops lying off the coast. |

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| 20240928 | 00:05:00 | 00:40:00 | LEGENDARY DAY TO NIGHT THAI STREET FOOD TOUR IN CHIANG MAI. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240928 | 00:40:00 | 01:05:00 | THE GLOBAL BARBER: WHISTLING DICK'S BARBER SHOP - LONDON, ONTARIO, CANADA | The Global Barber Cedric Small spends the day working with Greg & John, owners of Whistling Dick's Barbershop and the Mockingbird Speakeasy Bar in London, Ontario. After cutting hair for the day, the boys visit Powerhouse Brewery and Paradigm Spirits to sample some of the local beers and whiskey! |
| 20240928 | 01:05:00 | 01:30:00 | HOW IT'S MADE - THE CAR FACTORY, EP 3 | In the third episode of the set we visit Pruszków, near Warsaw, to see one of the most unusual scrap yards in the world. It's a place where elements of scrap metal are turned into unique works of art. The owner of the scrap yard, Mariusz Olejniczak, driven by his passion, has gathered together a unique collection of sculptures of the world's most iconic vehicles. |
| 20240928 | 01:30:00 | 02:15:00 | VISITING - CIVILIZATION | Through the eons, knowledge begets knowledge, from stone carvings and nomadic hunter-gatherer herds; the kingdom of man has risen to the technological heights of modern life. In "Civilization" we explore through the unique lens of the Visitor, "the history of us". From the ancient and extinct cultures of Egypt and Machu Picchu, through the sprawling metropolis of the world's great cities of today, this kingdom has ebbed and flowed for many millennia. The kingdom of man has seen wars, unspeakable atrocities, and struggle; it's also the source of all of our achievements and advancements. Through expert analysis we will pierce the veil of humanity through the Visitor for the first time... |
| 20240928 | 02:15:00 | 03:00:00 | THE RED LIST - AFRICAN ELEPHANTS | In a single decade between 1979 and 1989, half of all Africa's Elephants were lost to the ivory trade. For the next decade the trade lay dormant and African Elephant populations began to recover. But a new crisis was brewing, fueled by demand for ivory particularly in China where a demographic and economic boom had taken place. Between 2002 and 2011 Maisels et al (2013) estimate that the world's forest Elephant population was reduced by 62%. Our research estimates that the number of Elephants killed for their ivory between 2010 and 2012 was 100 000. The demand for ivory in the far East is the primary driver of the killing. In the four years up to 2014 the wholesale price of raw ivory in China tripled, reaching a per kilo dollar price of \$2100.00 |
| 20240928 | 03:00:00 | 03:45:00 | ROAD LESS TRAVELED: INDIA - KOLKATA | Jonathan revisits Kolkata but with a deeper dive to understand the chaotic city. He comes across the spiritual hub of Kalighat where he ponders the meaning of the dancing Shiva, Nataraj. This sets him on a quest to ask gurus and people in the know about the link between dancing and divinity. Of course, this being Road Less Traveled, Jonathan goes on a tangent where he discovers the story of the British East India trading company - a tale that takes him to Murshidabad and Plassey. Back in Kolkata, Jonathan chances upon the multitude of ethnic communities in Kolkata that are slowly dying out, including India's only Chinatown. |
| 20240928 | 03:45:00 | 04:35:00 | SOUTH SEAS SPEARO - EP 5 | Tim, Nat, Dwane, Kieran and Rochele set sail for the northernmost point of New Zealand, 50 miles off the tip of the mainland - the remote and revered Manawatāwhi AKA the Three Kings, home to world record kingfish, as well as a of feisty shark population! |
| 20240928 | 04:35:00 | 05:20:00 | PHOTO NUMBER 6, EP 8 | Fletch and Stig explore the diversity of this extraordinary North African country by journeying from Sea to Sand, beginning in the port of Essaouria, dominated by it's fishing industry and fortress battlements and made famous by the television series Game of Thrones and ending in the magnificent Sahara Desert to meet Bedouin nomads and explore its vast emptiness and lush oases. Along the way they take in the vibrant tourist mecca of Marrakesh, sampling the culinary and sensory delights of this magical city. |
| 20240928 | 05:20:00 | 06:00:00 | BLUE WORLD - CAVE TRAINING IN THE BAHAMAS | Cave diving is the most difficult and dangerous type of diving, so the training to become a certified cave diver is arduous. This episode documents Jonathan's actual cave training in the Bahamas and follows him as he learns how to dive safely in the overhead environment of a cave in an attempt to earn his full cave diver certification. |
| 20240928 | 06:00:00 | 06:30:00 | ASIA'S TOUGHEST WOMEN. COOKING EXOTIC MONGOLIAN FOOD NEVER SEEN BEFORE. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240928 | 06:30:00 | 06:55:00 | BLUE WORLD - TIGER SHARKS IN THE BAHAMAS + CRYSTAL CAVE OF ABACO, BAHAMAS | In the series pilot, host Jonathan Bird travels to the Bahamas, where diver interactions with Tiger sharks have become up close and personal. These large and dangerous animals are not only being hand-fed, but actually handled by divers. Jonathan learns how to flip a Tiger shark from experienced shark handlers. Next, Jonathan investigates the Crystal Cave of Abaco, Bahamas...considered the most highly-ornamented underwater cave in the world! |
| 20240928 | 06:55:00 | 07:20:00 | BLUE WORLD - MAYAN UNDERWORLD (YUCATAN, MEXICO) | Deep in the heart of Mexico's Yucatan, Jonathan is exploring remote cenotes in the jungle that were once used for Mayan rituals. Just reaching the surface of the water requires rappelling down from the forest above. But then, beneath the surface, he encounters strange alien life forms that live in total darkness, and the remains of humans and animal sacrifices from an ancient culture. |
| 20240928 | 07:20:00 | 08:05:00 | BREAKING THE DAY - ADVENTURE PHOTOGRAPHER, EP 6 | As a nomadic adventure photographer, Krystle Wright is used to heading into the unknown. But her latest ambition to capture a rock climber on the famous Tasmanian spire, the Totem Pole, while suspended above the ocean, has never been done before. |
| 20240928 | 08:05:00 | 08:50:00 | SEARCH FOR THE EDGE OF SPACE | The universe has long captivated us with its immense scales of distance and time. Many astronomers today have come to believe that what we can see represents only a small fraction of all there is. They are pioneering bold new theories that describe a cosmic landscape that extends far beyond the limits of our vision. What lies beyond the streams of galaxies that extend as far as our telescopes can see? Where does it all end? How do we fit within it? |
| 20240928 | 08:50:00 | 09:35:00 | CONFUCIUS WAS A FOODIE - SWEET, S3 EP 2 | Chinese cuisines use sugar very differently from Western cuisines, and Christine starts her comparison in Paris and Athens where she looks at how Westerners interpret 'sweet'. Traditionally, for the Chinese, sugar is predominantly used to achieve balance, but the liberal use of sugars in South East Asia Chinese cuisines are a culinary surprise. 'Sweet' is most traditionally found in the simple and omnipresent ingredient rice, so Cushing is off to the rice paddies of Malaysia follow the process of planting and processing. |
| 20240928 | 09:35:00 | 10:20:00 | DREAM JOURNEY - HOLBOX ISLAND, EP 2 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey :) I simply cannot wait for more!" |
| 20240928 | 10:20:00 | 10:45:00 | AT HOME WITH DIDIAYER - NASHVILLE: MUSIC CITY USA, EP 4 | As we pull into Music City, we're already "making it"! Nashville's first woman mayor shares her insights on the future of the city. Phil Vassar turns an interview into a celebration of song. We "rough it" a couple nights at the Gaylord Opry, and interview the "interviewer"! Oh yeah, we also stop by Jack's place. Daniels that is. |
| 20240928 | 10:45:00 | 11:35:00 | ISLAND HUNTER - PHILIPPINES, EP 8 | This Island Hunter episode explores one of Philippines 7000+ islands, and this particular island is voted by most travel publications to be the most beautiful in the world. We are of course talking about the island of Palawan. In this episode, Host Mizziel Serra starts of her exploration in the bustling city of Manila; she explores the walled city of Intramuros, the Spanish seat during their colonization, as well as Binondo, the world's oldest Chinatown! After meeting the gang at STKD SurfMoto, Mizziel gets hooked up with a customized Ducati Scrambler and she explores the island of Luzon on 2 wheels, where her journey ends up at the iconic Pico de Loro. From there, she ventures up to her final moto destination, the surf town of La Union, where she gets a hands on lesson with the local surfing champ. From here on, she island hops and explores the luxury side of Palawan Island. Mizziel gets to check out what the El Nido property has to offer travelers by exploring all 3 resorts in the protected Palawan Marine reserve. This is Philippines like you've never seen before! |
| 20240928 | 11:35:00 | 12:25:00 | ROAD LESS TRAVELED - CYPRUS, EP 9 | Jonathan Legg hops on 2 wheels to explore the beautiful Mediterranean island of Cyprus. Being in the birthplace of Aphrodite, what better theme than to embark on a mission to find out what Cypriots consider beautiful. Jonathan rides dirtbikes in the Troodos mountain ranges exploring ancient caves, wreck dives at one of the top 10 dive sites in the world, takes flight on a microlight, all in an effort to understand beauty. Between massage sessions at ancient hammams, to ancient Greek ruins and drinking the local moonshine, Zivania; this is an exploration of Cyprus found on the Road less Traveled. |

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| 20240928 | 12:25:00 | 12:50:00 | HOW IT'S MADE EP 2 | In the second episode of the set we visit Piechowice near Jelenia Góra. This small mountain village is best known for almost two hundred years of production of traditional crystal glass. The Crystal Glassworks "Julia" is one of the few remaining crystal glassworks in the world. We show you how unique crystals are still being made, how they are extracted from melted glass, and how they are ornamented. |
| 20240928 | 12:50:00 | 13:45:00 | VOLCANO ADVENTURE - VOLCANO HUNTERS, EP 1 | Also known as "fire with a soul", the volcano is considered as God by the local people. Explorers attempt to access the fire of the earth that has never been reached by any other human being. At the heart of the volcano is the fiercest fire in the world, and there are brave people who dare to travel to the heart. Volcanologists aim to interpret volcanoes in collaboration with explorers. No other scholar's task is more dangerous than theirs. As it is impossible to predict when a volcano will erupt, there is never any single right answer. The documentary explores dangerous active volcanoes with the help of volcanologists. |
| 20240928 | 13:45:00 | 14:30:00 | INK THERAPY - EP 5 | Brandie bonds with her son. Gil tattoos an art lover's original design while Charlie takes on a burn victim who needs a guardian angel. |
| 20240928 | 14:30:00 | 15:15:00 | INK THERAPY - EP 6 | It's a family affair Katie organizes pizza and games night with the cast. Both caterpillars bring their moms. |
| 20240928 | 15:15:00 | 15:40:00 | MAX FOODIE: SEYCHELLES | Seychelles is blossoming as the world's best beach destination; to find out why, Sashi heads there with a mission to understand gastronomy Seychellois. Octopus curry is the national dish and to find the very best in the island, Sashi finds himself at the Four Seasons in Mahe island to learn the ins and outs. Between the world's most gorgeous graniteline beaches, Sashi heads to the far out Desroches island where giant alibaba tortoises roam free - the culinary extravaganza continues there with beachside sunset barbecues and sushi platters with the island nations' seafood bounty. Experience the best of Seychelles in this episode! |
| 20240928 | 15:40:00 | 16:05:00 | RVERS EP 11 | Disabled RVers: There are million excuses not to do something. Jim and Mica are an inspiring couple who teach us that none of them are enough to keep you from living and enjoying your life. Solar Power: Free, available, and very effective, John and Peter share the power of solar power. On-The-Road: Brian and Melissa of RV with Tito |
| 20240928 | 16:05:00 | 16:30:00 | RVERS EP 12 | Conquering Alaska: Tom and Cait take us through their epic Alaskan expedition as they live out the lifelong dream of many RVers in grand and spectacular fashion. RV Insurance: Anthony learns about the ins and outs RV insurance from the family that, well, invented it. On-The-Road: Mary Van Comperrole (AKA Jason "Gone with the..." Wynn's mom) |
| 20240928 | 16:30:00 | 17:20:00 | SOUTH SEAS SPEARO - EP 2 | The team assembles in the beautiful Coromandel Peninsula, where the plan is to head out to the Mercury Islands for a couple of days to target all manner of tasty table fish. |
| 20240928 | 17:20:00 | 17:50:00 | \$100 SPRING ROLL VS \$1 SPRING ROLL. VIETNAM'S MOST DYNAMIC STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240928 | 17:50:00 | 18:25:00 | MINNESOTA FOOD THAT WILL KILL YOU. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240928 | 18:25:00 | 19:10:00 | CONFUCIUS WAS A FOODIE BITTER | The taste of Chinese medicinal herbs, bitter flavor is said to clear ""heat"", strengthen the stomach, and promote salivation. Bitterness is often found in Chinese cooking, but rarely used alone. Christine cooks a popular local bitter ingredient with Asian Food TV star Ili Sulaiman in Kuala Lumpur and makes a less than delicious visit to a Traditional Chinese Medicine shop, experiencing firsthand the power of bitter herbs. Christine is presented with a Chinese philosophy around bitter and learns how this philosophy applies to keeping Chinese heritage alive in Malaysia. The Chinese concept of "in bitter there is sweetness" is applied to immigration and restoration as Christine makes a memorial visit to Penang island where she meets the engaging and eccentric hotelier Christopher Ong. |
| 20240928 | 19:10:00 | 20:05:00 | DRONE WARS - EP 2 | A challenge of traditional drone racing separates the teams into racers and engineers, all on the backdrop of an abandoned military base. |
| 20240928 | 20:05:00 | 21:00:00 | GOING BEYOND - BANGKOK #2, EP 2 | We will visit the most incredible markets in Thailand. One of which is directly on the water ... And the second - on the rails of a fully-operating railway! Discover a teak factory, where Thai craftsmen make the most expensive wood products in the world. And in the end we'll ride on one of the biggest Ferris Wheels in Asia! |
| 20240928 | 21:00:00 | 21:55:00 | VIETNAM \$100 STREET FOOD CHALLENGE. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240928 | 21:55:00 | 22:45:00 | COSTA RICA: WILDLIFE UNDER THE RAINBOW | The tropical climate and contrasted topography of Costa Rica has fostered exceptional biodiversity, hosting wildlife from both North and South America. From the peaks of the volcanoes down to the Pacific and Caribbean shores, and amidst the dense Cloud forest, the country is home to the most remarkable mammals, beautiful birds, and astonishing reptiles...all in for a beauty contest! Watch the colorful Quetzal and Toucan, listen to the Spider Monkey. As Iguanas battle for the last mango the frogs respond to the Scarlet Macaw wake up call. |
| 20240928 | 22:45:00 | 23:35:00 | GIANT AIRCRAFT: MANUFACTURING AN AIRBUS 350 | Assembled in France using millions of components made throughout Europe, this 4K documentary follows the manufacturing process of the most modern commercial aircraft in the world. |
| 20240928 | 23:35:00 | 00:10:00 | BUGS ARE INVADING STREET FOOD IN ASIA. EXTREME VIETNAMESE STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240929 | 00:10:00 | 00:35:00 | THE GLOBAL BARBER: NICKEL BROOK BREWING CO. / VINTAGE CAR CO. & BARBERSHOP - BURLINGTON, ONTARIO | The Global Barber visits Burlington, Ontario to hang-out with John Romano Founder of Nickel Brook Brewery and Jerry Filice of Village Cigar Co. & Barbershop. The guys all taste some unique, craft beers at Nickel Brook Brewing Co. #CafeDelBastardo #HeadStock #Metalhead. Then, Cedric and the crew head to Bad Axe Throwing for some fun, before heading to Jake's Grill & Oyster House for the area's best seafood! |

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| 20240929 | 00:35:00 | 01:00:00 | HOW IT'S MADE - THE YACHT YARD, EP 1 | The series "How Do They Make It" is a journey into the world of complex mechanisms surrounding contemporary man. It's a story about places where exceptional things are being created to make our travel, communication, work, and life easier. In every program, we visit a new place. Our series is about creating unique products but also about the commitment, passion, and work of the people who create them. Each set consists of five episodes about the most interesting production micro-worlds and their operations. The themes of the sets are very diverse – ranging from the big car factory to the traditional glassworks. In the first episode of this set, we visit one of the biggest Polish yacht yards - Northmann shipyard in Węgorzewo. This shipyard produces the popular sailing yachts Maxus and motorized yachts Nexus. In the program, we talk about designing and building yachts. We then show the subsequent stages of their production process, we meet the people who make them and who sail in them. The episode will also have a special guest, namely Szymon Kuczynski – who has sailed round the globe in the smallest, six-meter Maxus 22 yacht, produced at this shipyard. |
| 20240929 | 01:00:00 | 01:45:00 | VISITING - COLOR | Color: "The quality of an object or substance with respect to light reflected by the object, usually determined visually by measurement of hue, saturation, and brightness of the reflected light; saturation or chroma." A very robotic description of an incredibly dynamic property of the universe. Earth is a varied landscape of extremes of millions of colors. Through the lens of the "Visitor" we experience our mosaic landscape from a sense of imagination and wonder. "Why do these colors exist?" "What properties in nature create the conditions that these colors live in?" Using a scientific and artistic viewpoint we explore environments around the world that display the palette of the Earth. Life and Death, artificial and natural, the colors of the Earth exposes the kaleidoscope of this planet like never before... |
| 20240929 | 01:45:00 | 02:15:00 | BEHIND THE WINGS EP 1 | The Cessna 172 Skyhawk is the world's most widely produced aircraft with more than 44,000 units built. Join Behind the Wings host Matthew Burchette as he goes flying with a Metropolitan State University of Denver student over some of Denver's most popular landmarks, learns about the desperate need for airline pilots and gets a soup to nuts look at the 172 Skyhawk in Independence, Kansas. |
| 20240929 | 02:15:00 | 02:40:00 | HOW IT'S MADE EP 5 | In the fifth and final episode of the set we visit one of the world's most modern car factories. We are in Tychy – where the local factory has been producing an automotive hit for the last 10 years – the tiny Fiat 500. The successor of the iconic Fiat 500 which motorized Europe in the 1960s and 1970s is an extremely modern car. We will witness the emergence of the two hundred millionth copy of this wonderful car. |
| 20240929 | 02:40:00 | 03:35:00 | ROAD LESS TRAVELED CARIBBEAN SPECIAL | Jonathan's Caribbean adventure starts in the US Virgin islands - a complete touristy haven, Jonathan digs deep to find the hidden stories of the islands. From the inception of the transatlantic slave trade right in the islands, linked to the production of sugar; Jonathan seeks out the story of the original island inhabitants, the Taino. A deep hike into the jungle reveals Taino Petroglyphs, and the story pivots to the Dominican Republic. In the DR, Jonathan tracks down the modern day Taino descendants, partakes in ceremonies, and starts a new adventure to learn the modern story of DR; Hanging out with tobacco dons, hunting the elusive lionfish, learning bachata, Jonathan pin balls around Dominican Republic learning the island nation's stories found only on the road less traveled. |
| 20240929 | 03:35:00 | 04:25:00 | ISLAND HUNTER - PUERTO RICO, EP 4 | Puerto Rico is one of the most popular vacation destinations for Americans, and it's easy to see why; everyone speaks English, it's easy to get to, and of course, it's still a part of the US! Host Liesel Hlista starts off her journey with a goal to feel at one with herself and the best way to do that is with a stint of yoga, atop a paddleboard. SUP yoga! Feeling centered, she begins exploring the island by taking a very detailed walking historical tour as well as a food tour. Bouncing around cantinas and trying out slushy drinks made with the local Don Q rum, Liesel gets a unique insight into old San Juan. To step up the action, Liesel also explores all the hands-on activities such as riding horseback on the beach, riding ATV's through the muddy swamps, and hiking through the super lush El Yunque rainforest. Luxurious resorts are only a stone's throw away - hopping islands, Liesel gets to experience the ultra modern and chic El Blok located in Vieques. Between stays at all the luxury boutique resorts, a common trend starts to appear, and that is the island's cuisine. Spanish influences, blended with American fine dining. Liesel gets a taste of the eclectic but high end cuisine spanning from top resorts. |
| 20240929 | 04:25:00 | 05:15:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |

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| 20240929 | 05:15:00 | 06:00:00 | FIVE NOODLES YOU'VE NEVER SEEN. ASIA'S BEST STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240929 | 06:00:00 | 06:35:00 | SHOCKING DELICACY IN AFRICA. HERERO PEOPLE AND THE SMILEY. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240929 | 06:35:00 | 07:00:00 | BLUE WORLD - MUCK DRIVING IN FLORIDA + ICELAND... THE WORLD'S CLEAREST WATER | Jonathan travels to Iceland to investigate a giant crack in the ground filled with frigid runoff from melting glaciers. It's rumored to be the clearest water in the world. Next, he heads down to sunny Florida, not to dive a coral reef or a spectacular shipwreck, but to dive in shallow, murky water under a busy bridge. This secret spot is home to some of the ocean's most remarkable, and weird, animals. |
| 20240929 | 07:00:00 | 07:25:00 | BLUE WORLD 4K SHARK ELECTROSENSOR Y SYSTEMS + HELMET DIVING + OIL RIGS | Jonathan joins shark researcher Dr. Stephen Kajiura to test how well wild sharks can detect electrical fields in their environment. Then, he heads to New Jersey (USA) to learn how to dive in the Mark V commercial diving helmet! Finally, he ends up in the Gulf of Mexico to learn how oil platforms can actually become a healthy artificial reef and attract marine life from miles around. |
| 20240929 | 07:25:00 | 08:10:00 | BREAKING THE DAY, STREET ARTIST | With patrons like skateboarder Tony Hawk and hip-hop producer Swizz Beatz, Alex Yanes is a successful artist by any measure. But his latest piece is about more than making art for sale; it's about making art to give his daughter a better future. |
| 20240929 | 08:10:00 | 08:35:00 | AT HOME WITH DIDIAYER - THE BEST OF ART, EP 11 | On this special edition of AHWD, we serve up some of our favorite dishes created and prepared by celebrated chefs! |
| 20240929 | 08:35:00 | 09:00:00 | THE GLOBAL BARBER: WAHL EDUCATORS - TORONTO, CANADA | Ontario had just entered in to Phase 3 of the pandemic with barbershops and salons beginning to open. The Global Barber visits Fratelli's Salon in Thornhill, Ontario, to chat with the Education team from Wahl Canada, about their recommendations for self-care, during this challenging time of lockdowns. |
| 20240929 | 09:00:00 | 09:45:00 | CONFUCIUS WAS A FOODIE - SOUR, S3 EP 3 | According to science humans are the only mammals that are attracted to sour. Chinese medicinal believes says that 'sour' can help digestion and whet the appetite. In 3 traditional Chinese cuisines it is often used for balance but in south East Asian versions of Chinese dishes it is often quite forward even becoming part of the name of a dish particularly in traditional Peranakan Chinese cuisines. A cuisine (and a people) that Christine discovers for the first time. Christine joins Malaysian celebrity Chef Wan for a one of a kind experience, cooking in a traditional old Peranakan kitchen and making the food of Chef Wan's heritage. |
| 20240929 | 09:45:00 | 10:30:00 | DREAM JOURNEY EP 3 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our travel series, which really turned out to be a Dream Journey. I simply cannot wait for |
| 20240929 | 10:30:00 | 11:05:00 | EXOTIC ANIMAL MEAT IN TEXAS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |

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| 20240929 | 11:05:00 | 11:55:00 | ISLAND HUNTER - CALIFORNIA, EP 9 | A unique episode in it's own right, this episode features a road trip through California, Island Hunter style; however, the focus this time around is not necessarily on luxury, it's more about adventures and explorations on the road. Host Sophie Ashley tours around the Golden State, making stops in iconic destinations like San Francisco, Los Angeles, Monterey, and Santa Barbara. Her ride for the episode, true to the Island Hunter style is the iconic Aston Martin DB11 Volante; Whether it's hiking around the Golden Gate, top down on Highway 1, exploring wineries or chowing down tacos at a food truck in Los Angeles, this is the ultimate road trip through California! |
| 20240929 | 11:55:00 | 12:40:00 | ROAD LESS TRAVELED - SPECIAL, EP 10 | In this special, Jonathan Legg recounts his favorite moments, mishaps including getting arrested in Russia, but this episode is a bit different; In this special Jonathan places a particular emphasis on lessons learned; insight and knowledge as well as experiences gained on the Road less Traveled. |
| 20240929 | 12:40:00 | 13:05:00 | HOW IT'S MADE EP 4 | In the fourth episode of the set, we visit a legendary guitar producer. The Mayones company based in Gdansk has been producing exceptional electric guitars, the dream of many musicians, since 1982. "Mayones" is a small family business where instruments are manufactured by hand, with great attention paid to both detail and quality. |
| 20240929 | 13:05:00 | 14:00:00 | ENDLESS WINTER: SURFING EUROPE, EP 1 | Three years after making their hit TV and cinema documentary about the history of British surfing, The Endless Winter crew are back on the road and this time they're heading South. Diverse coastlines, curious cultures and perfect waves awaited those who first explored the continent in the 1960s. 50 years later, we join a new generation of European surfers as they trace the steps of the pioneering few who first tackled Europe's waves and sculpted its extraordinary surf scene. British surfer Mark 'Egor' Harris travels to 7 European countries, tackling the best waves with local pro surfers and meeting the national heroes of the sport. |
| 20240929 | 14:00:00 | 14:45:00 | INK THERAPY - EP 7 | Gil celebrates his anniversary with a special surprise. |
| 20240929 | 14:45:00 | 15:30:00 | INK THERAPY - EP 8 | It's guys versus girls as the staff has a water fight at the park. Gil tattoos criminologist who lost his baby brother while Charlie takes on a high school graduate who was suicidal. |
| 20240929 | 15:30:00 | 15:55:00 | RVERS EP 14 | All About Towbars: Towbars allow your car to tag along with you on your RV trip when you need more nimble wheels for around town. Now What?: Tank dumping. Inverters: Many of the electrical items in an RV are designed to work on 12 volts. But many kitchen appliances and consumer electronics need household 120 volt. That's why you need an inverter! On The Road: Ken and Bernice. |
| 20240929 | 15:55:00 | 16:20:00 | RVERS EP 15 | Family RVing: Adam and Celine explain the many things to consider when RVing with school-aged kids for extended periods of time. Now What?: Overnighting at Walmart. RV Skirting: Yes, you can RV year-round in sub-freezing temperatures, but not without taking some extra steps to keep warm. |
| 20240929 | 16:20:00 | 17:10:00 | SOUTH SEAS SPEARO - EP 3 | The team cross the ditch to dive the rich waters of South Australia, hoping to encounter the gigantic schools of bluefin tuna that congregate at this time of year. Along with tuna, the lads get an introduction to the variety of other species on offer. |
| 20240929 | 17:10:00 | 17:45:00 | SUPER RARE KENYAN VILLAGE FEAST. FIRST TIME CAUGHT ON CAMERA. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240929 | 17:45:00 | 18:10:00 | THE GLOBAL BARBER: WEST PARK BARBERSHOP - CLEVELAND, OHIO, USA | The Global Barber visits West Park Barbershops in Cleveland, Ohio, USA. Host Cedric Small chats with multi-award winning Master Barber Patrick Burke about his start in the business, and how he's grown to own several businesses. While visiting Cleveland, Cedric checks-out the Rock & Roll Hall Of Fame's latest exhibits, and visits P.J. McIntyre's Irish Pub for some pints and a bite to eat. |
| 20240929 | 18:10:00 | 18:55:00 | PHOTO NUMBER 6, EP 4 | In Paris Fletch explores the city's hidden secrets with photographer Patrick Colpron, including a clandestine tour of an abandoned railway line that encircles the city. With the help of wedding photographer Pierre Torset, Fletch and Stig set about understanding why Paris is renowned as the City of Love and immerse themselves in the city's vibrant art scene with a visit to 59 Rivoli Artist Studios. Finally, no visit to France could be complete without a jaunt to Champagne for a feast fine food, wine and chocolate. |

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| 20240929 | 18:55:00 | 19:40:00 | CONFUCIUS WAS A FOODIE - SWEET, S3 EP 2 | Chinese cuisines use sugar very differently from Western cuisines, and Christine starts her comparison in Paris and Athens where she looks at how Westerners interpret 'sweet'. Traditionally, for the Chinese, sugar is predominantly used to achieve balance, but the liberal use of sugars in South East Asia Chinese cuisines are a culinary surprise. 'Sweet' is most traditionally found in the simple and omnipresent ingredient rice, so Cushing is off to the rice paddies of Malaysia follow the process of planting and processing. |
| 20240929 | 19:40:00 | 20:35:00 | DRONE WARS - EP 3 | Teams must equip drones with poles able to grab rings attached to field goal posts. The top two teams compete in a medieval joust tournament for the top stop. |
| 20240929 | 20:35:00 | 21:00:00 | BLUE WORLD - CAVE TRAINING IN THE BAHAMAS | Cave diving is the most difficult and dangerous type of diving, so the training to become a certified cave diver is arduous. This episode documents Jonathan's actual cave training in the Bahamas and follows him as he learns how to dive safely in the overhead environment of a cave in an attempt to earn his full cave diver certification. |
| 20240929 | 21:00:00 | 21:55:00 | WARRIORS FOR WILDLIFE, EP 1 | Get up close and personal with a group of International recruits as they tackle one of the toughest training courses on the planet, in order to become the next generation of Anti-Poaching Rangers, and help save endangered species from extinction. This returnable series, shot on 4k UHD over 5 weeks in three remote South Africa locations, gains exclusive access and gets close to the action and under the skin of these young people who are prepared to risk their own existence, to save the world's wildlife for future generations. Some recruits will succeed and some will have their dreams shattered and not make it to phase two. |
| 20240929 | 21:55:00 | 22:50:00 | MAX FOODIE, EP 9 | Hong Kong houses the world's highest number of millionaires and it's something that's not lost on you as venture to Asia's world city. In this episode, Sashi is on a quest to understand how Michelin rates and assesses the sheer depth of eateries in this metropolis. He will meet the top chefs of the city and understand their psyche, their trials and tribulations as they climbed their way to the top of the restaurant industry with 3 michelin stars. But it's not all high brow cuisine, Sashi will also dive deep into the old school neighborhoods, sampling the local fare and seek out how Michelin is rating Asia's sheer depth of eateries. |
| 20240929 | 22:50:00 | 23:55:00 | THE ROYAL ROADS OF THE INCAS | The Royal Roads of the Incas documents the rise of the greatest empire of the Americas. Who were they? Where did they come from? And how did they unify over 200 ethnicities into one nation? Through historical narrative and the voices of their descendances, we explore the fascinating world of Tawantinsuyu ~ the four quarters of the Incan empire. Our journey traces the ancient routes of the Indian civilisation, the rise of the Inca dynasty and their dramatic encounter with foreign invaders. |
| 20240929 | 23:55:00 | 00:20:00 | THE GLOBAL BARBER: BACK ALLEY BARBERSHOP | The Global Barber joins the barber team at Back Alley Barbershop in Niagara Falls, Ontario, Canada. While visiting Niagara Falls, Host Cedric Small and Back Alley Ower Rob "Brronx" Barranca take to the rapids of the Niagara River with Niagara Whirlpool Jet Boat Tours, before heading for dinner and drinks at Yank's Old Niagara Bar & Grill. |
| 20240930 | 00:20:00 | 00:55:00 | ASIA'S SCARIEST FOOD & WHERE TO FIND IT. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240930 | 00:55:00 | 01:20:00 | HOW IT'S MADE EP 2 | In the second episode of the set we visit Piechowice near Jelenia Góra. This small mountain village is best known for almost two hundred years of production of traditional crystal glass. The Crystal Glassworks "Julia" is one of the few remaining crystal glassworks in the world. We show you how unique crystals are still being made, how they are extracted from melted glass, and how they are ornamented. |
| 20240930 | 01:20:00 | 02:05:00 | VISITING - PRIMATE | Primate, a term that includes one of the most diverse classes of Mammals in the animal kingdom. It includes small arboreal tree dwelling monkeys, the great apes, all the way up to the very top of the Earth's food chain, the Human being. Traveling around the world, the Visitor views and interacts with Primates in their own environment, from the jungles of Africa, the rainforests of Southeast Asian, and even the great cities of humanity. In Primate we explore the story of us and our cousin's in nature through authoritative voices including Anthropologists, Zoologists, and even "common man". Exploring what a Primate is, how it has evolved, and how it interacts with its environment steers the viewer to a unique understanding of what it is to be the greatest of all primates, a Human being. |

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| 20240930 | 02:05:00 | 02:30:00 | MAX FOODIE: PHILIPPINES PART 2 | The story of cacao is more akin to South America, but in this episode, Sashi tracks the story of cacao in the Philippines, the entry point of cacao in Asia. With his friend, Spanish chef, Chele Gonzalez, they embark on an anthropological exploration tracing how the ancestral varietal cacao (criollo) came to be in the Philippine islands. Visiting farms to mystical islands, to top kitchens in Manila, this is the 'never-before-told' tale of cacao in the Philippine islands. |
| 20240930 | 02:30:00 | 03:15:00 | ROAD LESS TRAVELED: RECAP | Season recap; once again, as is tradition, Jonathan recounts the tale of the season. From disasters to blunders to genuine moments, he meticulously goes through what he learned, revealing never before seen clips, shares his lessons learned, and much more! |
| 20240930 | 03:15:00 | 03:45:00 | \$100 SPRING ROLL VS \$1 SPRING ROLL. VIETNAM'S MOST DYNAMIC STREET FOOD. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240930 | 03:45:00 | 04:15:00 | BLOOD RED JELLYFISH. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240930 | 04:15:00 | 05:05:00 | SOUTH SEAS SPEARO - EP 4 | The team heads to Vava'u, the northernmost island chain of Tonga, for a week of open ocean bluewater spearfishing. The main target is giant dogtooth tuna, as well as the trophy bluewater pelagics. |
| 20240930 | 05:05:00 | 06:00:00 | BREAKING THE DAY - FREE DIVER, EP 2 | At his life's lowest point, Stig Pryds discovered freediving, and it changed everything. Now in the sport's biggest competition, Vertical Blue, he is preparing to attempt his deepest dive yet, but failure could cost him his life. |
| 20240930 | 06:00:00 | 06:50:00 | MAAFUSHI CENTRAL PRISON, MALDIVES | The Maldives – THE ultimate holiday paradise in the Indian Ocean attracts more than 2 million visitors from all over the world – every year! But not on every island there is a party going on... Those caught by the police – inhabitants and tourists alike – end up in Maafushi Central Prison, located on Maafushi Island, about 30 kilometres away from the main island of Male. |
| 20240930 | 06:50:00 | 07:25:00 | EXOTIC ANIMAL MEAT IN TEXAS. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240930 | 07:25:00 | 08:20:00 | DRONE WARS - EP 1 | Seven teams of two come from all over the world to compete. Their first challenge is designing a drone that guides them through a giant maze. |
| 20240930 | 08:20:00 | 09:05:00 | INK THERAPY - EP 4 | Katie and Tina go thrift shopping and decide to drag Gil along to help him prepare for his 9 year anniversary. |
| 20240930 | 09:05:00 | 09:35:00 | ASIA'S BIZARRE DELIVERY FOOD. FOOD POISONING ALERT. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240930 | 09:35:00 | 10:00:00 | RVERS EP 1 | <p>The nomadic RV motoring lifestyle is more popular now than it's ever been. From millennials to retirees, the freedom, enrichment and sheer economics of RVing are among the most compelling reasons to travel by motor home. Unlike existing reality-style shows, "The RVers" focus is not on false drama but rather entertaining and useful information and a true depiction of the unique and modern RV lifestyle – a booming lifestyle craze based on the love of life on the road!</p> <p>Learning to Drive an RV – Part 1: Peter teaches Caitlin to drive a massive motorhome – his – with the naive hope that he'll get it back from the rookie driver unscathed.</p> <p>A Sense of Community: Tightly knit but dispersed, how meeting strangers can quickly turn to establishing lifelong friendships.</p> <p>On-The-Road: Pat and Chris and their unique Unicat</p> |

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| 20240930 | 10:00:00 | 10:45:00 | DREAM JOURNEY - CUNCUM - MEXICO, EP 1 | February 2017 saw me embark upon a travel expedition through Scotland, Poland, France, Mexico, Belize and, (alas!), back. Not only was it the first time I ventured out to Central America, but also the first time I seriously pushed my bravery boundaries to do a whole lot of things I'd never tried before. I defeated my life-long fear of scuba diving and skydiving, (the Caribbean vistas do help! - No danger I'd do that again in Aberdeen), I went zip-lining over a Mexican jungle, I tried habanero-packed streetfood, (failed at that miserably), and organic tequila, (managed that better;), I climbed a Maya pyramid in the middle of a Belizean rainforest and fed hibiscus flowers to a very extravagant donkey. Most importantly, however, I got to know some incredible people - from shamans, wanderers and artists to refugees, businesswomen and expat cowboys. And thanks to aaaaall of that, I also got to know a little bit more about myself for visiting the most remote corners of our planet reminds you how different and yet how similar we all are. I'm looking forward to sharing my incredible experience in 5 exciting episodes of our <u>travel series, which really turned out to be a Dream Journey</u> ! I simply cannot wait for |
| 20240930 | 10:45:00 | 11:20:00 | INDIAN STREET FOOD \$100 CHALLENGE IN MUMBAI. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240930 | 11:20:00 | 12:10:00 | COSTA RICA: WILDLIFE UNDER THE RAINBOW | The tropical climate and contrasted topography of Costa Rica has fostered exceptional biodiversity, hosting wildlife from both North and South America. From the peaks of the volcanoes down to the Pacific and Caribbean shores, and amidst the dense Cloud forest, the country is home to the most remarkable mammals, beautiful birds, and astonishing reptiles...all in for a beauty contest! Watch the colorful Quetzal and Toucan, listen to the Spider Monkey. As Iguanas battle for the last mango the frogs respond to the Scarlet Macaw wake up call. |
| 20240930 | 12:10:00 | 13:05:00 | FOOD UNKNOWN - FINLAND, EP 2 | Finland is that one Nordic country that is never on the global cuisine radar. However, the reserved Finns have been quietly perfecting their craft of foraging culture and incorporating it into their unique cuisine. Jonathan Legg explores the entire expanse of the country to understand it's cuisine, and the ethos of the country's top chefs; from amazing locally sourced cuisine in Helsinki, to an expedition in Lapland to learn about foraging and the Finnish delicacy, reindeer! |
| 20240930 | 13:05:00 | 13:30:00 | RVERS EP 2 | Learning to Drive an RV – Part 2: We find out how Caitlin does when she finally has the chance to drive Peter's home-on-wheels in busy Southern California traffic. Mobile Internet 101: Cherie and Chris uncover the (often very complicated) secrets of staying connected while roaming across the country. On-The-Road: Tom and Caitlin Morton |
| 20240930 | 13:30:00 | 13:55:00 | BLUE WORLD - CAVE TRAINING IN THE BAHAMAS | Cave diving is the most difficult and dangerous type of diving, so the training to become a certified cave diver is arduous. This episode documents Jonathan's actual cave training in the Bahamas and follows him as he learns how to dive safely in the overhead environment of a cave in an attempt to earn his full cave diver certification. |
| 20240930 | 13:55:00 | 14:20:00 | THE GLOBAL BARBER: TERRELL THE BARBER PART 2 OF 2 - CHATHAM-KENT, ONTARIO, CANADA | The Global Barber travels to the municipality of Chatham-Kent, Ontario to work with Terrell The Barber. As the only black barber in the entire area, Terrell takes Cedric on a tour of the local black museums, a journey through black history and the underground railroad, which helped Terrell's great grandparents, as well as many others, escape slavery in the USA. The boys also check out "Sons Of Kent Brewery" to taste some craft beers! |
| 20240930 | 14:20:00 | 15:15:00 | ROAD LESS TRAVELED CARIBBEAN SPECIAL | Jonathan's Caribbean adventure starts in the US Virgin islands - a complete touristy haven, Jonathan digs deep to find the hidden stories of the islands. From the inception of the transatlantic slave trade right in the islands, linked to the production of sugar; Jonathan seeks out the story of the original island inhabitants, the Taino. A deep hike into the jungle reveals Taino Petroglyphs, and the story pivots to the Dominican Republic. In the DR, Jonathan tracks down the modern day Taino descendants, partakes in ceremonies, and starts a new adventure to learn the modern story of DR; Hanging out with tobacco dons, hunting the elusive lionfish, learning bachata, Jonathan pin balls around Dominican Republic learning the island nation's stories found only on the road less traveled. |

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| 20240930 | 15:15:00 | 16:05:00 | ISLAND HUNTER - PUERTO RICO, EP 4 | Puerto Rico is one of the most popular vacation destinations for Americans, and it's easy to see why; everyone speaks English, it's easy to get to, and of course, it's still a part of the US! Host Liesel Hlista starts off her journey with a goal to feel at one with herself and the best way to do that is with a stint of yoga, atop a paddleboard. SUP yoga! Feeling centered, she begins exploring the island by taking a very detailed walking historical tour as well as a food tour. Bouncing around cantinas and trying out slushy drinks made with the local Don Q rum, Liesel gets a unique insight into old San Juan. To step up the action, Liesel also explores all the hands-on activities such as riding horseback on the beach, riding ATV's through the muddy swamps, and hiking through the super lush El Yunque rainforest. Luxurious resorts are only a stone's throw away - hopping islands, Liesel gets to experience the ultra modern and chic El Blok located in Vieques. Between stays at all the luxury boutique resorts, a common trend starts to appear, and that is the island's cuisine. Spanish influences, blended with American fine dining. Liesel gets a taste of the eclectic but high end cuisine spanning from top resorts |
| 20240930 | 16:05:00 | 16:55:00 | ROAD LESS TRAVELED - IRELAND, EP 2 | A nation of gregarious people that loves their libations; a fantastic whiskey tasting at Teeling in Dublin makes Jonathan wonder, what happened to Irish whiskey? How did it lose the crown to Scotland? To find out, he gets an adventure bike and charts course on a new mission; to find out about the collapse and resurgence of Irish whiskey. His ride takes him from Dublin to the Wild Atlantic way; the sketchy yet unbelievably scenic roads reveal legendary pubs, road bowling, sheep herding and a bout with Santa Claus! Jonathan comes across many iconic distilleries and learns how to become a true whiskey connoisseur; braving the treacherous country roads and weaving in the story of each distillery, will Jonathan survive the treacherous country roads and learn the true story of Irish whiskey? This is Ireland explored the RLT way. |
| 20240930 | 16:55:00 | 17:25:00 | BLOOD RED JELLYFISH. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240930 | 17:25:00 | 18:20:00 | DRONE WARS - EP 2 | A challenge of traditional drone racing separates the teams into racers and engineers, all on the backdrop of an abandoned military base. |
| 20240930 | 18:20:00 | 19:05:00 | SEARCH FOR THE EDGE OF SPACE | The universe has long captivated us with its immense scales of distance and time. Many astronomers today have come to believe that what we can see represents only a small fraction of all there is. They are pioneering bold new theories that describe a cosmic landscape that extends far beyond the limits of our vision. What lies beyond the streams of galaxies that extend as far as our telescopes can see? Where does it all end? How do we fit within it? |
| 20240930 | 19:05:00 | 19:30:00 | BLUE WORLD - MAYAN UNDERWORLD (YUCATAN, MEXICO) | Deep in the heart of Mexico's Yucatan, Jonathan is exploring remote cenotes in the jungle that were once used for Mayan rituals. Just reaching the surface of the water requires rappelling down from the forest above. But then, beneath the surface, he encounters strange alien life forms that live in total darkness, and the remains of humans and animal sacrifices from an ancient culture. |
| 20240930 | 19:30:00 | 19:55:00 | AT HOME WITH DIDIAYER, S3 EP 1 | Didiayer will cook alongside celebrated chefs, discussing the influence of culinary arts and food in a particular region. From environmental to fundamental, these half-hour episodes will feature Oceania's most intriguing places to experience. In this episode, we head straight into the heart of New Zealand! We begin back in time, in an era of proud warriors and ancient traditions with Tamaki Māori Village, the most award-winning cultural attraction in New Zealand. Then we step through Hell's Gate and experience the country's most unique geothermal occurrence. And finally, arrive in Hobbiton. |
| 20240930 | 19:55:00 | 20:30:00 | TWISTED CUBAN LECHON IN CUBA. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240930 | 20:30:00 | 21:00:00 | INDIAN FOOD COOKED WITH LOVE. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20240930 | 21:00:00 | 22:05:00 | ARTEMISIA GENTILESCHI, WARRIOR PAINTER | A Woman Artist, a Warrior Painter. The first in the History of Art. |

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| 20240930 | 22:05:00 | 22:30:00 | BLUE WORLD - TIGER SHARK AS A CAMERA OPERATOR + FLORIDA CAVE DIVING | Jonathan joins an expedition to recruit a new Blue World camera operator in the form of a 1,000 pound Tiger shark! Working with experienced shark handlers, he puts a camera on the dorsal fin of the shark to see what it can film all by itself. But will Jonathan get his camera back? Next, he joins an experienced cave diver to explore a famous underwater cave in Northern Florida (USA). |
| 20240930 | 22:30:00 | 22:55:00 | BLUE WORLD 4K SHARK ELECTROSENSOR Y SYSTEMS + HELMET DIVING + OIL RIGS | Jonathan joins shark researcher Dr. Stephen Kajiura to test how well wild sharks can detect electrical fields in their environment. Then, he heads to New Jersey (USA) to learn how to dive in the Mark V commercial diving helmet! Finally, he ends up in the Gulf of Mexico to learn how oil platforms can actually become a healthy artificial reef and attract marine life from miles around. |
| 20240930 | 22:55:00 | 23:40:00 | ROAD LESS TRAVELED - FINLAND, EP 1 | Road less Traveled is Jonathan Legg's uncharted adventure travel experiences from exotic destinations around the world Jonathan is in on a quest to uncover the Finnish psyche. What gives them their ultra calm demeanor? Starting out in the streets of Helsinki, Jonathan bounces around gothic shops to taxidermy centers, and eventually discovering just why the Finns love their murder mysteries! From there on, his journey takes him on a journey towards the Arctic circle where he learns about the Finnish affection for Argentine tango; lastly he chances upon 2 fantastic beats, the first they call reindeer, the latter, they call rally! |
| 20240930 | 23:40:00 | 00:30:00 | ISLAND HUNTER - JAMAICA, EP 3 | Easy island vibes, lots of amazing local rum, brilliant natural landscapes and those amazing beaches! Of course, Island Hunter is in Jamaica! But in this episode, host Liesel Hlista shows you a different side of the Irie nation; away from the hordes of people unleashed via cruise liners! She starts off with a quick glimpse and an impromptu jam session at the birthplace of Bob Marley, Trench town, noshes on the most delicious ice cream this side of the hemisphere, and plunges into Mystic mountain's waterfalls. Jamaica is known for being the home of the all-inclusive resort and Liesel finds out exactly why that is - with stays at Ian Fleming inspired Golden eye Hotel as well as Sunset at the Palms! Lazy tubing down the river, limestone foot massages, topped up with historic food tours and experiencing local cuisines such as jerk chicken and the amazing seafood; this is Jamaica, Island Hunter style! |
| 20241001 | 00:30:00 | 01:05:00 | MINNESOTA FOOD THAT WILL KILL YOU. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20241001 | 01:05:00 | 01:35:00 | SOCIAL FABRIC - BLING, EP 10 | The Bespoke Suit (London, England): A visit to Savile Row and an English manner to uncover the importance of an English hunting suit. The Dandy Suit (Los Angeles, CA): Modern dandyism explored through eyes of local Los Angeles designers and tailors. The Nudie Suit (Santa Clarita, CA): A look at the historical hollywood Nudie suit and how it's being integrated into modern fashion. |
| 20241001 | 01:35:00 | 02:00:00 | RVERS EP 14 | All About Towbars: Towbars allow your car to tag along with you on your RV trip when you need more nimble wheels for around town. Now What?: Tank dumping. Inverters: Many of the electrical items in an RV are designed to work on 12 volts. But many kitchen appliances and consumer electronics need household 120 volt. That's why you need an inverter! On The Road: Ken and Bernice. |
| 20241001 | 02:00:00 | 02:35:00 | MAX FOODIE: BANGKOK | Sashi is in Bangkok, Thailand and exploring the stories of the city's brightest culinary stars. Chef Ton takes Sashi to his favorite hang out spots to eat around Bangkok. In the next episode, Sashi is hanging out at the illustrious Sukhothai where he's having lunch with Chef David Tamburini, the head honcho at La Scala. Sashi gets a taste of David's ethos of naturalmente, where David brings Sicilian home-grown authenticity to Asia. After a fantastic meal, Sashi meets back up with Chef Ton and they embark on a field trip to Koh Sichang. Chef Ton wants to illustrate the lengths he goes to, in order to support his suppliers like his fishermen. Sashi and Ton head into the Gulf of Thailand on a daring boat ride to catch a blue spotted grouper - a journey that showcases the arduous task of what it means to be an ethical chef. |
| 20241001 | 02:35:00 | 03:00:00 | AT HOME WITH DIDIAYER - NORTHERN CALIFORNIA, EP 7 | Exploring Northern California: Checking this one off the bucket list! Epic scenery produces lasting memories up here in the north-west. We learn the power of relaxation and nourishment at the Stanford Inn and get a second-hand experience of immigrating into San Francisco. |

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| 20241001 | 03:00:00 | 03:35:00 | MOST DANGEROUS FOOD IN AMERICA. | Best Ever Food Review Show is the fun and irreverent, ground-breaking series exploring unique foods from around the world. Every culinary destination is sprinkled with a fresh point of view and a punchy delivery, encouraging empathy and understanding of other cultures along the way. From the best street food to the most insane food markets, all in 4K. |
| 20241001 | 03:35:00 | 04:30:00 | WARRIORS FOR WILDLIFE, EP 1 | Get up close and personal with a group of International recruits as they tackle one of the toughest training courses on the planet, in order to become the next generation of Anti-Poaching Rangers, and help save endangered species from extinction. This returnable series, shot on 4k UHD over 5 weeks in three remote South Africa locations, gains exclusive access and gets close to the action and under the skin of these young people who are prepared to risk their own existence, to save the world's wildlife for future generations. Some recruits will succeed and some will have their dreams shattered and not make it to phase two. |
| 20241001 | 04:30:00 | 04:55:00 | MAX FOODIE: EMILIA ROMAGNA, EP 6 | The region of Emilia Romagna is lush with gentle rolling hills where time honored ingredients like truffles, olives, and vast vineyards can be found. But this region is usually overshadowed by it's more famous neighboring cities, Florence and Venice. To understand the food of this region, Liesel explores the quaint sea-side town of Rimini and the hugely impressive Bologna. It's a tale of discovering local foodie passion that allows Liesel to hunt for truffles and try her hand in making her own gelato, a the world's only Gelato University! |
| 20241001 | 04:55:00 | 05:30:00 | THE RED LIST - RHINOS | Since 2008 poachers have killed at least 5,940 African Rhinos...Rhino poaching is currently at a crisis point. By the end of 2015, the number of African Rhinos killed by poachers had increased for the sixth year in a row with at least 1,338 Rhinos killed by poachers across Africa in 2015. These statistics are compiled by International Union for Conservation of Nature (IUCN) Species Survival Commission's African Rhino Specialist Group (AfRSG). We head to the heart of the problem in South Africa, where we meet ordinary people going to extraordinary lengths to protect this species.08 poachers have killed at least 5,940 African Rhinos... |